

EASTLAKE SENIOR CENTER

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Newsletter online at
www.eastlakeohio.com
Hours: Mon-Fri, 8:00am-3:30pm

JULY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FOLLOW US ON 		1 Mayfield Village Concert-The Zoomies	2 Trip sign-ups start	3 CLOSED HAPPY 4 TH OF JULY
6	7	8 Produce Market Mayfield Village outdoor concert-Elvis (pick up at city hall)	9 Grand River Cellars	10 SENIOR ATTIC SALE 9-5 PM TODAY NO BINGO
13 Rivers Casino Attorney	14 Movie at Atlas	15 Station Dinner Theater	16 Veterans trip -sign up at Wickliffe Senior Center	17
20 Paint Night	21 Ice Cream Social and Show Biz Kidz	22 Mayfield Village outdoor concert-Frank & Dean Tech Help	23 Rabbit Run <u>Theater</u> National Gorgeous Grandma Day	24 Fat Heads Brewery
27	28 National Milk Chocolate Day	29 Smoothies and Smart Nutrition Talk Mayfield Village outdoor concert-Classic Rock	30 Book Club Kayak @ FHLP	31 Back 40 BBQ

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON – WED - FRI	9:00 am - 2:00 pm
EXERCISE ROOM *annual fee*	MONDAY - FRIDAY	8:00am – 3:30pm
SENIOR ZUMBA DANCE	MONDAY 10:00-10:30 AM	THURSDAY 10:00-10:30 AM
EXERCISE	MONDAY (Low Impact)	9:15am – 10:00am
LINE DANCING	MON (improver-intermediate)	1:30pm – 2:30pm
WOODBURNING	*off for the summer*	9:00 am – 11:00am
TOPS* fee to join*	TUESDAY	9:30am – 11:00am
PINOCHLE	TUESDAY	12:00pm – 2:00pm
COMFORT ELVES	1 ST and 3 rd WEDNESDAY	10:15am – 12:00pm
CHAIR YOGA WITH CHUCK	WEDNESDAY	9:00am – 10:00am
BLOOD PRESSURE CHECKS	3 RD WEDNESDAY	10:00am – 11:00am
EXERCISE	WEDNESDAY	10:15am – 11:00am
DIAMOND DOT PAINTING	THURSDAY	9:30am-11:00am
MAH JONG	THURSDAY	9:30am – 12:00pm
POKER	THURSDAY	11:00am – 1:00pm
LINE DANCING	THURSDAY (Beginners)	1:00pm – 2:00pm
BINGO	FRIDAY	11:30am - 1:30pm

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds Also, you can refer to the senior center Code of Conduct that is posted in each room for reminders on how to behave properly while here.

