EASTLAKE SENIOR CENTER

600 East 349th Eastlake, Oh 44095 440-975-4268

Grace Giangiacomo, Director E-Mail: gg@eastlakeohio.com Kerri Davidson, Assistant Director Email: kdavidson@eastlakeohio.com Newsletter online at

www.eastlakeohio.com Hours: Mon-Fri, 8:00am-3:30pm

DECEMBER 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FOLLOW US ON	2	3 Blood Pressure Checks	4 CLOSING AT 10 AM! Grand River Cellars	5 Rockefeller Gardens
tacebook.		Foot Dr.	NO LINE DANCE NO MAH JONG	Guruono
8 Attorney visit	9 Catherine's	10 Produce Market	LCCOA visit	12
Medicare Q & A and craft	Christmas		How the Grinch Stole Christmas	
15 <u>Tech Help</u> Hot Chocolate	16	Jacks Casino 17 Blood Pressure Checks Christmas Concert	18 Book Club	19 NO Bingo Christmas Party
Bar/Cookie Decorating Jewelry sale		with Longfellow singers	Christmas Light Trip	Center is closed
22	23 Holiday Pop-up surprise	Closed	25 Closed Merry Christmas!!	26 Closed
Closed	30 Closed	31 Closed	Closed Happy New Year!!	Closed See you on Mon. Jan. 5th

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON – WED - FRI	9:00 am - 2:00 pm			
EXERCISE ROOM *annual fee*	MONDAY - FRIDAY	8:00am – 3:30pm			
SENIOR ZUMBA DANCE	MONDAY 10:00-10:30 AM	THURSDAY 10:00-10:30 AM			
EXERCISE	MONDAY (Low Impact)	t) 9:15am – 10:00am			
BACKGAMMON	MONDAY	10:00am-2:00pm			
LINE DANCING	MON (improver-intermediate)	1:30pm – 2:30pm			
WOODBURNING	TUESDAY	9:00 am - 11:00am			
TOPS* fee to join*	TUESDAY	9:30am - 11:00am			
PINOCHLE	TUESDAY	12:00pm – 2:00pm			
COMFORT ELVES	1 ST and 3 rd WEDNESDAY	10:15am - 12:00pm			
CHAIR YOGA WITH CHUCK	WEDNESDAY	9:00am - 10:00am			
BLOOD PRESSURE CHECKS	1 st and 3 RD WEDNESDAY	10:00am – 11:00am			
EXERCISE	WEDNESDAY	10:15am – 11:00am			
DIAMOND DOT PAINTING	THURSDAY	9:30am-11:00am			
MAH JONG	THURSDAY	9:30am – 12:00pm			
POKER	THURSDAY	11:00am – 1:00pm			
LINE DANCING	THURSDAY (Beginners)	1:00pm – 2:00pm			
BINGO	FRIDAY	11:30am - 1:30pm			
Factballs Coming Contagnic founded by the City of Factballs and the Lake County Coming Citizania Comings I					

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds Also, you can refer to the senior center Code of Conduct that is posted in each room for reminders on how to behave properly while here.

HEALTH / WELLNESS / EDUCATIONAL

FOOT DOCTOR

Dr. Vadim Glukh will be here 1st Wednesday every other month. Must register and pay \$30 cash at appointment. Please arrive on time. Please let us know if you can't make it.

DATE: Wednesday, December 3rd

COST: \$30.00

TIME: 9 am start

NEXT VISIT: Wednesday, February 4th

BLOOD PRESSURE CHECKS

DATE: Wednesday, December 3rd and Wednesday, December 17th

TIME:10:00-11:00 am

<><><><><><><><><><><>

TECH HELP - (ONE ON ONE)

Sign up for a 15-minute session if you have any questions regarding your smartphone or computer. DATE: Monday, December 15th with John TIME:10:00-12:00 pm

LCCOA Q & A

Every 2nd Thursday at 10:30 am, they will be here to answer any questions you may have.

DATE: Thursday, December 11th

TIME: 10:30 am

MEDICARE Q & A

Join Ayeisha Alvarez from Zing Health, who can answer your questions, explain upcoming changes and help understand your options for 2026. She will also do a holiday craft with you! Monday, December 8th TIME: 10:15 am

BOOK CLUB - The new 2026 book list is available!

DATE: Thursday, December 18th - Reader's Choice-bring a book to recommend TIME: 10:00-11:00 am

DATE: Thursday, January 29th – Christmas in Bethel by Richard Paul Evans

ZUMBA

We will now have Zumba on Mondays and Thursdays from 10:00-10:30 am. Come join the fun!! <><><><><><><><><>

PARTIES AND GET-TOGETHERS

If anyone has any decks of cards that they won't be using anymore, we could use them for 50/50 raffles we will be doing at our parties.

HOT COCOA BAR/COOKIE DECORATING & JEWELRY SALE

Sponsored by Elara Caring and Home Instead - enjoy a hot cup of hot cocoa with fun toppings. Then you can decorate a cookie but you MUST sign up! 30 people max for the cookies. You do not need to sign up for hot cocoa (only cookie decorating). There will also be a discount jewelry sale. DATE: Monday, December 15th

TIME: 10:30 AM

CHRISTMAS CONCERT WITH THE LONGFELLOW SINGERS

The Longfellow Elementary School Singers will be here to put on a Christmas concert for us. We need as many people here as we can get to show our support!! Wear your festive outfit to put a little extra spirit in the air! There will be cookies and punch after!

DATE: Wednesday, December 17th

TIME: 11:30 AM

CHRISTMAS PARTY

Join us as we celebrate the holiday at Manakiki this year! Payment must be made before signing up for a table. Meal includes marinated chicken breast, Italian sausage and peppers, roast eye of round beef, cavatelli, garlic and basil mashed potatoes, green beans almondine, salad/rolls, dessert. Wickliffe Mayor Sakacs will DJ for us so we can dance the day away! Be prepared for some 50/50 raffles too, cards will be \$2 each. Exact change is helpful.

DATE: Friday, December 19th

COST: \$30

TIME: 12:00-3:00 PM

HOLIDAY POP-UP SURPRISE

DATE: Tuesday, December 23rd - Stop in anytime between 11-1 pm for a holiday send off!

CENTER NEWS (Newsletters come out the 1st of the month or first business day.)

HOLIDAY CLOSINGS

We will be closed starting Wednesday, December 24th and will reopen on Monday, January 5th.

Although we will miss you, enjoy this time with your family and friends.

GET WELL

We'd like to send get well wishes to Jackie Heckathorn, Donna Lishinsky and Denise Massey and our condolences to Mary Betarie on the sudden loss of her daughter.

<><><><><><>

CERAMICS DISPLAY

Check out the ceramics cabinet now located in the hallway by the front desk. Some great pieces could be great gifts for that someone you don't quite know what to buy. See Grace or Kerri for assistance.

<><><><><><>

TRIP SIGN-UPS

For the first day of trip sign-ups you will need to grab a number first thing in the morning when it's busy. Once you grab a number please take a seat in the auditorium and wait your turn. This makes it easier for the person at the front desk. We appreciate your cooperation.

**If you cancel prior to a trip 48 hours or less, refunds will not be given. Please check your calendars before you sign up for a trip. We understand things come up but if you sign up for a trip and can't go you are taking the place of someone who can go. **

***The first week of sign ups will be for senior center members only. The following week guests may sign up if there is still availability. Guests must be a guest of a member and needs to fill out the one-day membership disclaimer plus pay an extra \$1.

**Starting at the beginning of the new year, as a guest you can only participate in a maximum of 2 trips or activities then you must join the center in order to further your participation.

GUIDE TO LEVELS OF WALKING ON TRIPS

BUS ETIQUETTE

It is imperative that you come into the center and check in prior to leaving on a trip. We also ask you wait inside until we say it is time to head for the bus. Nobody should be boarding the bus without Grace or Kerri's direction. Also, we are now exiting the back of the building to board the bus. Upon return, you will be dropped off in the regular spot close to your cars. Remember to be patient and kind and let those with walkers or canes get in line to get on the bus first. Please stay in the same seat for the duration of the trip.

GREETING CARDS

For 25 cents, we have plenty of Christmas cards to choose from. Put a smile on someone's face because you thought of them. Pick out a blank card to write or design your own message of hope, Christmas blessings or happy birthday!!

FITNESS ROOM

For just \$20 for the year you can join our amazing fitness room. You can work on cardio, strength and flexibility. If you are already a member, be sure to check your card to see when you owe your yearly fee. For liability purposes it is important this is up to date. When you come in to use the fitness center, please tap fitness center on the computer as you sign in. With wet, muddy weather coming please be sure to have a change of shoes for the treadmill.

DAY TRIPS (please park in larger lot where bus drops you off)

** We plan on calling everyone the day before a trip as a reminder but sometimes it just doesn't happen. It is up to you to remember what's going on in your life, so mark your calendars. You are always asked to be here 15 minutes earlier than the stated departure time. Also, it is not recommended that you take a trip if you have something you need to be back for. Sometimes we don't make it back at the time we aim for due to out of control circumstances. **

If anyone would be interested in taking pictures during the trip you are on and sending them to our Facebook administrator so she can make a post about the trip, please see Janet at the front desk on Tuesday or Friday afternoons. If it's something you'd enjoy doing, we'd appreciate your help.

WHOBILATION AT GRAND RIVER CELLARS (L1/2) - this trip is full

DATE: Thursday, December 4th

COST: \$5.00

TIME: 10:15-2:00 pm

<><><><><><><> ROCKEFELLER PARK GREENHOUSE (L2)

Visit this annual "Friends of the Greenhouse Poinsettia Sale" to get your choice of holiday plants. We will go to Muldoon's for lunch after.

DATE: Friday, December 5th

COST: \$5.00

TIME: 10:00-3:00 pm

CATHERINE'S CHRISTMAS (L2/3) - this trip is full Lunch will be at the new Corkscrew Taphouse where you can pour your own drinks.

DATE: Tuesday, December 9th COST: \$5.00 TIME: 10:15-4:00 pm

<><><><><><>

HOW THE GRINCH STOLE CHRISTMAS (L2) – this trip is full

DATE: Thursday, December 11th COST: \$50.00

TIME:5:45-10:30 pm

<><><><><><><><> **JACKS DOWNTOWN CASINO (L1/2)**

DATE: Wednesday, December 17th

COST: \$5.00

TIME: 9:30-3:30 pm

<><><><><><><><> CHRISTMAS LIGHTS (L2)

We will travel to the Portage County Fairgrounds for their Elegant Illusions Christmas Drive Through Park. To break the trip in half, first, a stop in Streetsboro for dinner at Rockne's Pub. Then off to see lights! At the end of the tour, you can get off the bus to visit Santa Shack for hot cocoa and sweet treats (on your own) and photo ops with Santa, Mrs. Claus and The Grinch!

DATE: Thursday, December 18th

COST: \$7.00

TIME:3:30-9:30 pm

<><><><><><><>

MENOPAUSE 2 THE MUSICAL: Cruising Through the Change (L1/2)

Get ready to laugh your britches off at the Hanna Theater!

DATE: Thursday, January 8th COST: \$45.00

<><><><><><><>

THE HEART OF ROBIN HOOD (L1/2)

Brimming with daring feats, electrifying action and a hint of romance, this compelling saga will awaken the hero in all of us. We will stop for lunch after.

DATE: Thursday, February 12th

COST: \$25.00

TIME: 8:45-2:30 pm

TIME: 12:30-4:30 pm

<><><><><>

WHO'S GOT PENNIES!!!

With the production of pennies coming to an end, do you have so many at home you just don't know what to do with them? You can still use them in everyday living but if would like to unload some, think about making a donation to our center. We will use this as a fundraiser. THANK YOU!!

BASKETS!!!

Our basket making machine, aka Grace, has been super busy! Since we are not doing a holiday boutique this year we will rely on the baskets as our fundraiser. Please consider taking a peek at them and purchasing some tickets. All dollars raised helps us tremendously to continue putting on awesome programs and parties! They will be out and ready to go the first week of December sometime.