**EASTLAKE SENIOR CENTER**

**600 East 349th**

**Eastlake, Oh 44095**

**440-975-4268**

**Grace Giangiacomo, Director**

**E-Mail:** **gg@eastlakeohio.com**

**Kerri Davidson, Assistant Director**

**Email: kdavidson@eastlakeohio.com**

**Newsletter online at** [**www.eastlakeohio.com**](http://www.eastlakeohio.com/)

**Hours: Mon-Fri, 8:00am-3:30pm**

**APRIL 2025**



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| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  | **1** | **2****Coloring Crew** | **3****Diamond Dot Painting** | **4****Hartville Flea Market** |
| **7** | **8****Captains and Guardians Home Openers-wear your gear!** | **9****Produce Market** | **10****Closing at 10 am****Spring Fling at Chagrin Harbor Beach Association**  | **11****Fish Fry**  |
| **14****Attorney visit** | **15****Quilt Show** **Board mtg** | **16****Blood Pressure Checks****Bingo @ St. Noel****Coloring Crew** | **17****Diamond Dot Painting** | **18****Closed for Good Friday****HAPPY EASTER** |
|  **21****Presque Isle Casino****Volunteer Appreciation Week** | **22****Mystery Brunch****Cooking Demo Class** | **23****Downsizing seminar****Blanket Event** |  **24****Book Club** | **25****Art Museum** |
|  **28** | **29****Ethnic Lunch/Grocery Outlet** | **30****Lake County Crime Lab presentation** | **May 1****Diamond Dot Painting****Mind Challenge** | **2****Kentucky Derby Party****NO BINGO** |

**The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and**

**pre-registration is not required. (Unless noted below)**

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| **CERAMICS** | **MON – WED - FRI** | **9:00 am - 2:00 pm** |
| **EXERCISE ROOM \*annual fee\*** | **MONDAY - FRIDAY** | **8:00am – 3:30pm** |
| **SENIOR ZUMBA DANCE** | **MONDAY 9:00-9:15 AM** | **WEDNESDAY 10:00-10:15 AM** |
| **EXERCISE**  | **MONDAY (Low Impact)** | **9:15am – 10:00am** |
| **LINE DANCING** | **MON (improver-intermediate)** | **1:30pm – 2:30pm** |
| **WOODBURNING** | **TUESDAY** | **9:00 am – 11:00am** |
| **TOPS\* fee to join\*** | **TUESDAY** | **9:30am – 11:00am** |
| **MEDITATION WITH CHUCK** | **TUESDAY** | **10:30am - 11:15 am** |
| **PINOCHLE** | **TUESDAY** | **12:00pm – 2:00pm** |
| **COMFORT ELVES** | **1ST and 3rd WEDNESDAY** | **9:00am – 11:00am** |
| **CHAIR YOGA WITH CHUCK** | **WEDNESDAY** | **9:00am – 10:00am** |
| **BLOOD PRESSURE CHECKS** | **3RD WEDNESDAY** | **10:00am – 11:00am** |
| **EXERCISE** | **WEDNESDAY** | **10:15am – 11:00am** |
| **MAH JONG** | **THURSDAY** | **9:30am – 12:00pm** |
| **POKER** | **THURSDAY** | **11:00am – 1:00pm** |
| **LINE DANCING** | **THURSDAY (Beginners)** | **1:00pm – 2:00pm** |
| **BINGO** | **FRIDAY**  | **11:30am - 1:30pm**  |

**The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to “sign-in” with your BAR CODE! It helps with our share of levy funds. Attention: Please do not purchase anything for the Eastlake Senior Center without approval first from Grace or Kerri. If you have not gotten prior approval, you will not be reimbursed. Also, you can refer to the senior center Code of Conduct that is posted in each room for reminders on how to behave properly while you are here.**

**HEALTH / WELLNESS / EDUCATIONAL**

**FOOT DOCTOR – He will not be here in April**

**Dr. Ben will no longer be our foot doctor. We now have Dr. Vadim Glukh. He will be here 1st Wednesday every other month. Must register and pay $30 cash at appointment. Also, please arrive on time.**

**DATE: Wednesday, May 7th COST: $30.00 TIME: 9 am start**

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**BLOOD PRESSURE CHECKS**

**Richelle from Willoughby Post Acute will be here the 3rd Wednesday each month to check your BP.**

**DATE: Wednesday, April 16th TIME: 10:00–11:00 am**

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**COOKING CLASS – OILS/DRESSINGS 101**

**Learn how to infuse your own cooking and finishing oils also, learn how to make your own salad dressing and dipping oils. Samples and recipes will be given during this 1-hour demo. Limited space.**

**DATE: Tuesday, April 22nd COST: $5.00 TIME: 1:00 pm**

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**DOWNSIZING/SELLING SEMINAR**

**Join Keller Williams as they discuss keys to selling your home, methods for decluttering, finding a new home and estate planning. A light lunch will be provided. You must sign up by Monday, April 21st.**

**DATE: Wednesday, April 23rd TIME: 11:30-12:30 pm**

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**BOOK CLUB**

**April book will be West with Giraffes by Lynda Rutledge. A historic & adventurous cross-country road trip with two giraffes.**

**DATE: Thursday, April 24th TIME: 10:00–11:00 am**

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**LAKE COUNTY CRIME LAB PRESENTATION**

**An employee will be here to discuss the behind the scenes details of how crimes are solved.**

**DATE: Wednesday, April 30th TIME: 11:30–12:30 pm**

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**2025 MIND CHALLENGE**

**DATE: Thursday, May 1st, 8th, 15th Drive Yourself to Willowick Senior Center TIME: 1:00 pm**

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**PARTIES AND GET-TOGETHERS**

**BACKGAMMON**

**If anyone would be interested in playing Backgammon, let us know.**

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**SPRING FLING – TAKE ME OUT TO THE BALLGAME!- This is indoors!**

**Join us as we welcome the sights and sounds of Spring as we party at the Chagrin Harbor Beach Association in Eastlake. Wear your favorite Guardians or Captains gear and dance the day away with Wickliffe Mayor Joe Sakacs as the DJ. We will enjoy hot dogs, pizza, peanuts, popcorn, ice cream. There is limited parking so we have a bus available. Please sign up by Thursday, April 3rd. If we don’t get more to sign up this could be in jeopardy of being cancelled.**

**DATE: Thursday, April 10th COST: $7.00 TIME: 11:30-2:30 pm**

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**KENTUCKY DERBY PARTY**

**And they’re off!! Off to the races! Wear your derby hats and finest suits as we celebrate some amazing horses! We will enjoy a derby famous cuisine and have some friendly competitions!**

**DATE: Friday, May 2nd COST: $3.00 TIME: 12:00-1:30 pm**

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**SENIOR ATTIC – Indoor Garage Sale**

**Come shop for some treasures! Or if you’d like to buy a table to sell your “junk” see Grace or Kerri for an application. We will have concessions, bake sale, and plenty of raffles!**

**DATE: Saturday, May 17th COST: free admission TIME: 9:00 am-3:00 pm**

**CENTER NEWS**

**(Newsletters come out the 1st of the month so if the 1st is on Sat. or Sun. they will be ready on Monday.)**

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**NATIONAL VOLUNTEER APPRECIATION WEEK**

**The week of April 20th is a week to honor those special people who dedicate their lives in helping and want nothing in return. We’d like to take this opportunity to thank all our wonderful volunteers at the center for everything they do to help make this a nice place to spend your free time. We couldn’t do what we do without you. THANK YOU!!!!!!!**

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**GET WELL**

**We’d like to send our condolences to the family and friends of Jean Weir, James Ogrin and Paul Carani, who passed away recently. Paul had served on the Board for just over 2 years.**

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**EASTLAKE SENIOR CENTER BOARD**

**There is a group of members who donate their time with monthly meetings, fundraisers and the will to help make our center a great place to be, as do all of our volunteers. If you are interested in reading the minutes from their meetings, they are located in a binder in the library.**

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**LIONS CLUB**

**There is a box in the lobby where you can donate your unwanted glasses for the Lion’s Club.**

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**GREETING CARDS**

**Easter cards are out! Mother’s Day cards coming too! Don’t forget grandmas! Just 25 cents a card.**

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**FITNESS ROOM**

**For just $20 for the year you can join our amazing fitness room. You can work on cardio, strength and flexibility. If you are already a member, be sure to check your card to see when you owe your yearly fee. For liability purposes it is important this is up to date. When you come in to use the fitness center, please tap fitness center on the computer as you sign in.**

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**GUIDE TO LEVELS OF WALKING ON TRIPS**

**With each trip advertised, we will now label them with levels of walking.**

**LEVEL 1 – Very little to no walking LEVEL 3 – Excessive walking and/or stairs**

**LEVEL 2 – Minimal walking LEVEL 4 – Strenuous standing or walking and /or stairs**

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**BUS ETIQUETTE**

**When you come in for a trip, please remember to swipe your membership card upon arrival. Also remember to be patient and kind and let those with walkers or canes get in line to get on the bus first. Please stay in the same seat for the duration of the trip.**

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**Reminder that return times listed for trips are always approximate. There is no way to predict perfectly due to weather, traffic, etc. We recommend if you have plans later that day that you don’t take the chance by also going on a trip.**

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**Please DO NOT be a backseat driver on our trips. Laketran typically has a specific route they need to take plus it is very disruptive for the driver and everyone else on board.**

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**TO HELP YOU PLAN YOUR SOCIAL CALENDAR BETTER IN 2025**

**We will try and give you a heads up on trips coming up for the future. These won’t be able to be signed up for yet but you can plug it in your calendar so you know not to schedule doctor appointments. You will still have to come in and sign up once it is available. Each month we will try and add more things.**

**MAY 20TH SENIOR DAY AT THE MALL**

**JULY 24TH CALENDAR GIRLS AT RABBIT RUN THEATER**

**SEPTEMBER 3RD  STATON DINNER THEATER (Keep on Laughing – a comedy)**

**HARTVILLE FLEA MARKET (L3)**

**DATE: Friday, April 4th COST: $5.00 TIME: 9:00-4:00 pm**

**FISH FRY (L1)**

**Enjoy a delicious fish meal at Alfredo’s in Mayfield. There will be a few other meatless choices too.**

**DATE: Friday, April 11th COST: $5.00 TIME: 11:00-1:30 pm**

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**QUILT SHOW AT LAKE FARMPARK (L2)**

**Enjoy approximately 200 quilted works by regional artists and neighboring states on display. We’ll stop for lunch after at Tavern Six Kirtland.**

**DATE: Tuesday, April 15th COST: $13.00 TIME: 9:00-2:00 pm**

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**BINGO AT ST. NOEL CHURCH (L1)**

**Bingo! Bingo! It’s off to St. Noel we go! Join us for a delicious breakfast, 10 game sheets of 6 cards, 50/50 and side boards. A day of fun with friends to be had!**

**DATE: Wednesday, April 16th COST: $25.00 TIME: 8:30-12:00 pm**

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**PRESQUE ISLE CASINO (L1/2)**

**DATE: Monday, April 21st COST: $5.00 TIME: 9:00-4:00 pm**

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**MYSTERY BREAKFAST (L1/2)**

**Hope you like all the yummy breakfast foods!!**

**DATE: Tuesday, April 22nd COST: $5.00 TIME: 10:00-12:30 pm**

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**ART MUSEUM (L2/3)**

**So much to see in a peaceful setting. Grab lunch while you’re there in the café!**

**DATE: Friday, April 25th COST: $5.00 TIME: 9:45-2:00 pm**

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**ETHNIC LUNCH and GROCERY OUTLET (L1)**

**Ciao!! Before we head to Danny Boys Italian Eatery, we will check out the new Grocery Outlet in Parma. Bring a soft sided cooler with you. Then it’s lunch time. It’ll be buffet style. See flyer for menu. If you download the Grocery Outlet app there is a $5 coupon you can use, plus other savings.**

**DATE: Tuesday, April 29th COST: $30.00 (Incl. lunch) TIME: 9:30-2:00 pm**

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**NOISES OFF (L2) – at the Hanna Theater**

**This sidesplitting romp takes you behind the scenes as one hilariously dysfunctional cast stumbles through rehearsals, opening night jitters and several escalating disasters. Meal stop after.**

**DATE: Tuesday, May 6th COST: $25.00 TIME: 11:45-5:00 pm**

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**EUCLID CULINARY BISTRO – buffet lunch (L1)**

**DATE: Wednesday, May 7th COST: $5.00 TIME: 11:45-2:30 pm**

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**RABBIT RUN THEATER (L2)**

**We’ll head to Ferrante Winery for a chicken parm dinner then off to see the mystery, Wait Until Dark.**

**DATE: Thursday, May 29th COST: $58.00 (incl. dinner and show) TIME: 3:45-11:00 pm**

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**STATION DINNER THEATER (L2)**

**Show, lunch/dessert, coffee, tea, tax/tip are included in this fun day to see the comedy Holy Cannoli!**

**DATE: Wednesday, June 18th COST: $52.00 (incl. lunch and show) TIME: 10:00-5:30 pm**

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**LADY CAROLINE LUNCHEON CRUISE (L2) – trip is full!**

**DATE: Thursday, June 26th COST: $63.00 (Bus/boat/lunch) TIME: 10:30-3:00 pm**

**#2 LADY CAROLINE LUNCHEON CRUISE (L2)**

**Due to Laketran moving to smaller busses we had to separate the first trip into 2 trips.**

**DATE: Thursday, July 3rd COST: $63.00 (Bus/boat/lunch) TIME: 10:30-3:00 pm**