**EASTLAKE SENIOR CENTER**

**600 East 349th**

**Eastlake, Oh 44095**

**440-975-4268**

**Grace Giangiacomo, Director**

**E-Mail:** **gg@eastlakeohio.com**

**Kerri Davidson, Assistant Director**

**Email: kdavidson@eastlakeohio.com**

**Newsletter online at** [**www.eastlakeohio.com**](http://www.eastlakeohio.com/)

**Hours: Mon-Fri, 8:00am-3:30pm**

**DECEMBER 2024**



|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **2****Southpark Mall** | **3** | **4****Senior cycling Demo** | **5** | **No Bingo 6****BOUTIQUE TOMORROW** |
| **9****Attorney visit** | **10****A Christmas Carol****Board mtg** | **11****Produce Market** | **12****Jacks Thistledown Casino** | **13** |
| **16** | **17****Ugly Sweater Party****Christmas Lights** | **18****Christmas concert with the Longfellow Singers** | **19****Book Club****Christmas Party** | **20****Lunch Bunch** |
|  **23** | **24****CLOSED** | **25****MERRY CHRISTMAS!!****CLOSED** |  **26****CLOSED** | **27****CLOSED** |
|  **30****CLOSED** | **31****CLOSED** | **JAN. 1****HAPPY NEW YEAR!!****CLOSED** | **2****Welcome 2025!!****We are open!!** | **3****Pick up newsletter today!** |

**The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and**

**pre-registration is not required. (Unless noted below)**

|  |  |  |
| --- | --- | --- |
| **CERAMICS** | **MON – WED - FRI** | **9:00 am - 2:00 pm** |
| **EXERCISE ROOM \*annual fee\*** | **MONDAY - FRIDAY** | **8:00am – 3:30pm** |
| **EXERCISE**  | **MONDAY (Low Impact)** | **9:15am – 10:00am** |
| **LINE DANCING** | **MON (improver-intermediate)** | **1:30pm – 2:30pm** |
| **WOODBURNING** | **TUESDAY** | **9:00 am – 11:00am** |
| **TOPS\* fee to join\*** | **TUESDAY** | **9:30am – 11:00am** |
| **MEDITATION WITH CHUCK** | **TUESDAY** | **10:30-11:15 am** |
| **PINOCHLE** | **TUESDAY** | **12:00pm – 2:00pm** |
| **COMFORT ELVES** | **1ST and 3rd WEDNESDAY** | **9:00am – 11:00am** |
| **CHAIR YOGA WITH CHUCK** | **WEDNESDAY** | **9:00am – 10:00am** |
| **EXERCISE** | **WEDNESDAY** | **10:15am – 11:00am** |
| **MAH JONG** | **THURSDAY** | **10:00am – 12:00pm** |
| **POKER** | **THURSDAY** | **11:00am – 1:00pm** |
| **LINE DANCING** | **THURSDAY (Beginners)** | **1:00pm – 2:00pm** |
| **BINGO** | **FRIDAY**  | **11:30am-1:30pm**  |

**The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to “sign-in” with your BAR CODE! It helps with our share of levy funds. Attention: Please do not purchase anything for the Eastlake Senior Center without approval first from Grace or Kerri. If you have not gotten prior approval, you will not be reimbursed. Also, you can refer to the senior center Code of Conduct that is posted in each room for reminders on how to behave properly while you are here.**

**HEALTH / WELLNESS / EDUCATIONAL**

**ATTORNEY DEBORAH LOUGHNER**

**She is normally here the second Monday each month from 1-3 pm. If you’d like a free half hour consultation, please sign up at the front desk.**

**DATE: Monday, December 9th TIME: 1-3:30 pm**

**<><><><><><><><><><><><><><><><><><><><><><><><>**

**BOOK CLUB**

**If you can’t make it to the discussion, please return your book by December 19th. You can join us at any point throughout the year. December book: reader’s choice, bring a book to recommend to the others. Snacks will be served. The book list for 2025 is set and made up of recommended books from the readers. Sneak peek: January book will be Camino Ghosts by John Grisham.**

**DATE: Thursday, December 19th TIME: 10:00 am – 11:00 am**

**<><><><><><><><><><><><><><><><><><><><><><><><>**

**FOOT DOCTOR - DR. BEN \*please note the slight price increase**

**Must register and pay $30 cash at appointment. If you make an appointment it is extremely important that you let us know if you have to cancel. Also, please arrive on time.**

**DATE: Thursday, January 2nd COST: $30.00 TIME: 9 am start**

**<><><><><><><><><><><><><><><><><><><><><><><><>**

**SENIOR CYCLING (DEMO)**

**The Lake County General Health District is offering a new, active digitally enhanced cycling program designed to give seniors a chance to do low impact exercise with a focus on heart health and strengthening their muscles. This program will be here Thursdays starting on January 9th at 10 am for 6 weeks. Come to the demo and sign up for the 6-week session if interested. Limited spots available.**

**DATE: Wednesday, December 4th TIME: 10:30 am**

**<><><><><><><><><><><><><><><><><><><><><><><><>**

**PARTIES AND GET-TOGETHERS**

**UGLY SWEATER PARTY**

**Put on your best Christmas Sweater! Ugly, gaudy, cute, unique or creative! Wear it!! You just may win a prize! A very light lunch will be served.**

**DATE: Tuesday, December 17th COST: $5.00 TIME: 12:00-1:30 pm**

**<><><><><><><><><><><><><><><><><><><><><><><><><>**

**CHRISTMAS CONCERT WITH LONGFELLOW SINGERS**

**Join 45 fifth graders from Longfellow Elementary School as they fill you with some holiday cheer as they sing some classic tunes for you. Wear your favorite Christmas colors and have some cookies! Please sign up if you intend on coming.**

**DATE: Wednesday, December 18th TIME: 12:00-12:45 pm**

**<><><><><><><><><><><><><><><><><><><><><><><><><>**

**ANNUAL CHRISTMAS PARTY-deadline Dec. 12th**

**Former Mayor Dennis Morley had a wish for us to hold our party this year in Eastlake to help support our city. In his memory we will be having our party at Regovich’s Catering this year. Menu and entertainment TBA. When signing up, you will also have to sign up for a table, so decide who you want to sit with. There will be 8 people per table.**

**DATE: Thursday, December 19th COST: $30 TIME: 12:00-3:00 pm**

**<><><><><><><><><><><><><><><><><><><><><><><><><>**

**THE BLANKET EVENT**

**HELP SHELTER DOGS!! Sign up to help tie fleece into dog blankets. No more events for November or December. We will continue to meet the 4th Wednesday of the month in 2025. We could use donations of fleece or cash to buy the fleece. Check the after Christmas sales.**

**DATE: Wednesday, January 22nd COST: FREE TIME: 9:00-11:00 am**

**<><><><><><><><><><><><><><><><><><><><><><><><><**

**CENTER NEWS**

**(Newsletters come out the 1st of the month so if the 1st is on Sat. or Sun. they will be ready on Monday.)**

**<><><><><><><><><><><><><><><><><><><><><><>**

**GET WELL**

**We’d like to send get well wishes to Janice Brewer, Bob Creter and Debi Kurr. We would like to send our condolences to the friends and family of Nancy Siefert on her recent passing, especially to her daughter Dana who is a member here.**

**<><><><><><><><><><><><><><><><><><><><><><>**

**ALL AROUND TOWN COUPON BOOKS**

**2025 coupon books are here!! Lots of local deals inside! They would make a great gift for someone you aren’t sure what to get for them. They are $28 each. See Grace or Kerri if you’d like one.**

**<><><><><><><><><><><><><><><><><><><><><><><><>**

**GREETING CARDS**

**Need that perfect card for someone special during the holidays? We have a nice selection! Only 25 cents each!!**

**<><><><><><><><><><><><><><><><><><><><><><>**

**EASTLAKE SENIOR CENTER BOARD**

**There is a group of members who donate their time with monthly meetings, fundraisers and the will to help make our center a great place to be, as do all of our volunteers. If you are interested in reading the minutes from their meetings, they are located in a binder in the library.**

**<><><><><><><><><><><><><><><><><><><><><><>**

**LIONS CLUB**

**There is a box in the lobby where you can donate your unwanted glasses for the Lion’s Club.**

**<><><><><><><><><><><><><><><><><><><><><><>**

**FITNESS ROOM**

**For just $20 for the year you can join our amazing fitness room. You can work on cardio, strength and flexibility. If you are already a member, be sure to check your card to see when you owe your yearly fee. For liability purposes it is important this is up to date. When you come in to use the fitness center, please tap fitness center on the computer as you sign in.**

**<><><><><><><><><><><><><><><><><><><><><><>**

**GUIDE TO LEVELS OF WALKING ON TRIPS**

**With each trip advertised, we will now label them with levels of walking.**

**LEVEL 1 – Very little to no walking LEVEL 3 – Excessive walking and/or stairs**

**LEVEL 2 – Minimal walking LEVEL 4 – Strenuous standing or walking and /or stairs**

**<><><><><><><><><><><><><><><><><><><><><><>**

**BUS ETIQUETTE**

**When you come in for a trip, please remember to swipe your membership card upon arrival. Also remember to be patient and kind and let those with walkers or canes get in line to get on the bus first. Please stay in the same seat for the duration of the trip.**

**<><><><><><><><><><><><><><><><><><><><><><>**

**Reminder that return times listed for trips are always approximate. There is no way to predict perfectly due to weather, traffic, etc. We recommend if you have plans later that day that you don’t take the chance by also going on a trip.**

**<><><><><><><><><><><><><><><><><><><><><><>**

**Please DO NOT be a backseat driver on our trips. Laketran typically has a specific route they need to take plus it is very disruptive for the driver and everyone else on board.**

**HOLIDAY CLOSINGS FOR DECEMBER**

**The center will be closed December 24th – January 1st. We will open up on Thursday, January 2nd. Enjoy the holiday season with your friends and family, counting the many blessings you’ve received.**

**DAY TRIPS – WEATHER DEPENDANT FOR A FEW MONTHS**

**SOUTHPARK MALL IN STRONGSVILLE (L2/3)**

**Back by popular demand, another trip to Macy’s is in store. This time the mall is decorated for Christmas. Maybe you could even sit on Santa’s lap! Lunch on your own.**

**DATE: Monday, December 2nd COST: $5.00 TIME: 9:30-3:00 pm**

**<<><><><><><><><><><><><><><><><><><><><>**

**A CHRISTMAS CAROL (L2) – trip is full**

**Open your heart to Charles Dickens’ classic tale of one man’s ultimate redemption. Ohio Theater.**

**DATE: Tuesday, December 10th COST: $31.00 (bus/ticket) TIME: 9:45-2:30 pm**

**<<><><><><><><><><><><><><><><><><><><><>**

**JACK’S THISTLEDOWN CASINO (L1/2)**

**Wanna take a chance on winning some pre-Christmas cash?!**

**DATE: Thursday, December 12th COST: $5.00 TIME: 9:30-3:30 pm**

**CHRISTMAS LIGHT TOUR (L1)-trip is full**

**Sit back, relax and let us take you on a Christmas light tour. We’ll head to the Magic of Lights event at the Cuyahoga Fairgrounds, Public Square, Nela Park and Downtown Willoughby. We will make one bathroom stop after the fairgrounds and possibly a surprise stop at the end. You might want to bring a towel in case the windows get foggy.**

**DATE: Tuesday, December 17th COST: $8.00 TIME: 5:00-8:15 pm**

**<<><><><><><><><><><><><><><><><><><><><>**

**LUNCH BUNCH (L1)**

**Let’s get festive at Burgers 2 Beer in Highland Heights. Enjoy some lunch specials and fun décor!**

**DATE: Friday, December 20th COST: $5.00 TIME: 11:00-1:30 pm**

**PETER & THE STAR CATCHER (L2)**

**Set sail to explore the Neverland you never knew in this Tony Award winning Playful Peter Pan Prequel. We will stop for lunch after.**

**DATE: Tuesday, February 18th COST: $25.00 (bus/ticket) TIME: 8:45-2:30 pm**

**Annual Holiday Boutique**

**Saturday, December 7th from 9-3 pm**

**Free Admission Vendors / Craft Tables**

**Bake sale Raffle Baskets**

**50/50 Raffle Concession Stand**

**Hot chocolate Bar**

**\*raffle drawings to be held on December 17th**

 **(we will call the winners and you will have until the 20th to pick up your basket)**

**<<><><><><><><><><><><><><><><><><><><><>**

**BLIZZARD BAG FOOD DRIVE FOR SENIORS**

**The Lake County Council on Aging and Meals on Wheels is collecting shelf-stable, ready to eat food and will be distributed to home delivered meal seniors who are unable to stock their emergency food pantry. Peanut butter and single serve containers that may be opened without a can opener are preferred. THERE IS A BOX IN THE HALLWAY WHERE YOU CAN DROP OFF YOUR ITEMS TO DONATE.**

**<<><><><><><><><><><><><><><><><><><><><>**

**TEXAS ROADHOUSE GIFT CARD FUNDRAISER**

**Gift cards for dinner make the perfect gift. Purchase cards by December 2nd in order for them to be distributed the week of December 16th. The center will receive 10% of the total gift card purchase. See the front desk, Kerri or Grace to make your purchases.**

**<<><><><><><><><><><><><><><><><><><><><>**