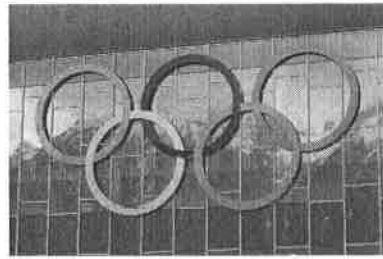


EASTLAKE SENIOR CENTER

600 East 349th
 Eastlake, Oh 44095
 440-975-4268

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 Email: kdavidson@eastlakeohio.com
 Newsletter online at
 www.eastlakeohio.com
 Hours: Mon-Fri, 8:00am-3:30pm

JULY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3 Back to the Future	4 Closed Happy 4 th of July	5
8 Attorney visit	9 Board Meeting Pickleball Meditation	10 Produce Market	11 Bob Hope Tribute	12
15	16 Cleveland Botanical Gardens Meditation	17 Pickleball	18 Lunch bunch & Umbrella Alley	19
22 Pickleball National ice cream day – let's have a social! USA USA	23 Willoughby Court Viewing Meditation	24 Blanket Event	25 Book Club Cleveland Guardians	26 Bell Tower Brewery USA USA USA
29 Mountaineer Casino	30 Pickleball Meditation	31	Aug. 1	Aug. 2 Rabbit Run Theater

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON – WED - FRI	9:00 am - 2:00 pm
EXERCISE ROOM *annual fee*	MONDAY - FRIDAY	8:00am – 3:30pm
EXERCISE	MONDAY (Low Impact)	9:15am – 10:00am
LINE DANCING	MON (improve r-intermediate)	1:30pm – 2:30pm
WOODBURNING	TUESDAY	9:00 am – 11:00am
TOPS* fee to join*	TUESDAY	9:30am – 11:00am
MEDITATION WITH CHUCK	TUESDAY	10:30-11:15 am
PINOCHLE	TUESDAY	12:00pm – 2:00pm
COMFORT ELVES	1 ST and 3 rd WEDNESDAY	9:00am – 11:00am
CHAIR YOGA WITH CHUCK	WEDNESDAY	9:00am – 10:00am
EXERCISE	WEDNESDAY	10:15am – 11:00am
CARDS/BOARD GAMES	WEDNESDAY	12:00pm – 2:00pm
POKER	THURSDAY	11:00am – 1:00pm
LINE DANCING	THURSDAY (Beginners)	1:00pm – 2:00pm
BINGO	FRIDAY	11:30am-1:30pm

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds. Attention: Please do not purchase anything for the Eastlake Senior Center without approval first from Grace or Kerri. If you have not gotten prior approval, you will not be reimbursed. Also, you can refer to the senior center Code of Conduct that is posted in each room for reminders on how to behave properly while you are here.

