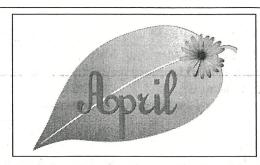
EASTLAKE SENIOR CENTER

600 East 349th Eastlake, Oh 44095 440-975-4268

Grace Giangiacomo, Director E-Mail: gg@eastlakeohio.com Kerri Davidson, Assistant Director Email: kdavidson@eastlakeohio.com

Newsletter online at www.eastlakeohio.com Hours: Mon-Fri, 8:00am-3:30pm

APRIL 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
		W	Cleveland Public	
APRIL FOOLS!			Library	Hartville
		A 2	Poker	
8	9	10	11	12
CLOSED	Attorney visit	Produce Market	LCCoA – Kelly	Mystery Brunch
HAPPY SOLAR	Board Meeting		N 197	Bunch
ECLIPSE DAY!!	BASEBALL			
	PARTY		Poker	
15	16	17	18	19
	Welcome to		Poker	Baseball Museum
Brain Push-ups	Medicare seminar			and League Park
			Stomp	
	Ethnic Lunch			
22	23	24	25	26
Dollar Bank		Presque Isle Casino	Book Club	
scams seminar		Mind Challenge		
		practice round	Poker	
29	30	May 1	May 2	May 3
		Brown Bag Concert	Vera Bradley	
	1.0	Mind Challenge		
	Y 4 1	a row it is	Center is closed	

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and

pre-registration is not required. (Unless noted below)

pro regionation to not required. (entess noted below)					
CERAMICS	MON – WED - FRI	9:00 am - 2:00 pm			
EXERCISE ROOM *annual fee*	MONDAY - FRIDAY	8:00am – 3:30pm			
EXERCISE WITH DIANE	MONDAY (Low Impact)	9:15am – 10:00am			
LINE DANCING	MON (improve r-intermediate)	1:30pm – 2:30pm			
WOODBURNING	TUESDAY	9:00 am - 11:00am			
TOPS* fee to join*	TUESDAY	9:30am – 11:00am			
PINOCHLE	TUESDAY	12:00pm – 2:00pm			
COMFORT ELVES	1 ST and 3 rd WEDNESDAY	9:00am - 11:00am			
CHAIR YOGA WITH CHUCK	WEDNESDAY	9:00am - 10:00am			
EXERCISE WITH DIANE	WEDNESDAY	10:15am – 11:00am			
CARDS/BOARD GAMES	WEDNESDAY	12:00pm – 2:00pm			
CHAIR MASSAGES *fee based*	THURSDAY	9:00am – TBA (sign-up)			
POKER	THURSDAY	11:30am – 1:00pm			
LINE DANCING	THURSDAY (Beginners)	1:00pm – 2:00pm			
BINGO	FRIDAY	11:30am-1:30pm 10¢ per card			

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds. Attention: Please do not purchase anything for the Eastlake Senior Center without approval first from Grace or Kerri. If you have not gotten prior approval, you will not be reimbursed. Also, you can refer to the senior center Code of Conduct that is posted in each room for reminders on how to behave properly while you are here.

HEALTH / WELLNESS / EDUCATIONAL

FOOT DOCTOR - DR. BEN-NOTE: DIFFERENT DATE THAN USUAL

Dr. Ben will be here on Monday, May 6th. Must register. \$25 cash donation at appointment. If you make an appointment it is extremely important that you let us know if you have to cancel.

DATE: Monday, May 6th COST: \$25.00 TIME: 9am start

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BOOK CLUB

If you can't make it to the discussion, please return your book by April 25th. The list of books for the year is at the front desk if you wish to see. You can join us at any point throughout the year. April book: Demon Copperhead by Barbara Kingsolver.

ATTORNEY DEBORAH LOUGHNER

She is normally here the second Monday each month from 1-3 pm. If you'd like a free half hour consultation, please sign up at the front desk. ** This month she will be here on Tuesday, the 9th instead of Monday.**

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2024 MIND CHALLENGE

The first round is April 24th at Willoughby Senior Center (NOT Willoughby <u>Hills</u> as previously mentioned) at 1 pm. It's once a week @ 1pm with the finals being May 22nd. Depending on how we do, we could go to May 22nd or we could end sooner. Wish us luck!

PARTIES AND GET-TOGETHERS

TAKE ME OUT TO THE BALLGAME

To kick off the 2024 season for the Lake County Captains and Cleveland Guardians wear your favorite baseball gear to enjoy hot dogs, peanuts and Cracker Jacks! (THIS IS HERE AT THE CENTER)

DATE: Tuesday, April 9th

COST: \$5.00

TIME: 12:00-2:00 pm

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CRAFT/COLORING TIME

Last month we had a fun and relaxing time coloring and working on a craft. Stop by and check it out. We tend to not take the time for this at home so here's your opportunity!

DATE: Thursday, April 11th

TIME: 10:30 am

BRAIN PUSH-UPS

Come get your wheels turning and stimulate your vocabulary, memory and problem-solving skills. This event is sponsored by Devoted Health. Please sign up in advance and you will receive a free pedometer and other health related gifts.

DATE: Monday, April 15th

TIME: 10:15 am

WELCOME TO MEDICARE SEMINAR

Allie from the Lake County Council on Aging will be here to discuss the Medicare world.

DATE: Tuesday, April 16th

TIME: 10:00 am

DOLLAR BANK - SCAMS SEMINAR

Debra from Dollar Bank will be here to discuss scams from the banking worlds point of view.

DATE: Monday, April 22nd

TIME: 10:15 am

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CENTER NEWS

Please like us on Facebook if you can. So much important information is put on there as well as fun pictures of our trips and events. The admin of the page really keeps us informed of what is happening at the center and around town. Lots of time and creativity goes into these posts.

A reminder that if you are 90 years or older, your membership is FREE! But please always "renew" each year so we know that you are still an active member.

OUR THOUGHTS

Thoughts and condolences to Jean Rowland on the passing of her son and to sisters Donna Riola and Theresa Smith on the passing of their father. Get well wishes to members Maxine Hutchinson and Karen Bucar on their recent illnesses.

GREETING CARDS

MEMBERSHIP RENEWAL REMINDERS

Memberships are due annually. Check the back of your card to see when yours is due. For liability purposes it's important you keep up with this. It's only \$4 for Eastlake residents and \$8 for non-residents. Take advantage of all the great things we offer!

WOODBURNING

This group meets in the Comfort Elves Room on Tuesdays from 9-11 am. Come check out the beautiful work they do! If interested, they'd be happy to teach you.

POKER

Join the group for some Texas Hold Em! Thursdays at 11:30 pm in the Comfort Elves room.

FITNESS ROOM

COMING SOON! SOME EXCITING NEWS WITH OUR NEW TV!

Also, if you'd like to sit and relax while watching the news or something else, let us know and you can do so in the tv room in a comfy seat.

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SAVE THE DATE FOR SENIOR ATTIC (Indoor Garage Sale)

Saturday, May 18th from 9:00-3:00 pm

GUIDE TO LEVELS OF WALKING ON TRIPS

With each trip advertised, we will now label them with levels of walking.

LEVEL 1 – Very little to no walking LEVEL 3 – Excessive v

LEVEL 3 – Excessive walking and/or stairs

LEVEL 2 – Minimal walking LEVEL 4 – Strenuous standing or walking and /or stairs

FUTURE TRIPS- LADY CAROLINE LUNCHEON CRUISE (L2/3 some steps)

Join us on this first day of summer, as we take a 2-hour cruise on this fancy new vessel to see the downtown sights. Lunch includes salad, beef or ham, chicken du jour, catch of the day, rice or pasta, fresh vegetable, potato, dinner rolls, dessert, coffee or tea. If interested, please sign up ASAP.

DATE: Thursday, June 20th

COST: \$70.00

TIME: 10:30-3:00 pm

DAY TRIPS

*Trips that are full have already been advertised a month

CLEVELAND PUBLIC LIBRARY (L3/4)

The Archive exhibit is a floor to ceiling display of 500,000 delicate flowers, designed to celebrate the beauty of life. Check out and enjoy this guided tour and immersive art installation by world renowned artist Rebecca Louise-Law. Lunch will be at the Hofbrauhaus after.

DATE: Thursday, April 4th

COST: \$5.00

TIME: 9:45-2:00 pm

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HARTVILLE FLEA MARKET (L3) – (trip is full)

It's been a few months since we've been. Shop til you drop and enjoy an amazing lunch at the Kitchen.

DATE: Friday, April 5th

COST: \$5.00

TIME: 8:30-3:30 pm

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MYSTERY BRUNCH BUNCH (L1/2)

Breakfast is the most important meal of the day. Let's enjoy it with friends!

DATE: Friday, April 12th

COST: \$5.00

TIME: 10:00-2:00 pm

This months lunch will be Italian (Pizzaz Pizza in Mayfield). We will make a stop after lunch at Gallucci's Italian Foods.

DATE: Tuesday, April 16th

COST: \$5.00

TIME: 10:45-2:30 pm

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STOMP AT PLAYHOUSE SQUARE (L2)- (trip is full)

This 8-member troupe uses unconventional instruments like brooms, garbage cans, hubcaps – to fill the stage with magnificent rhythms. A must-see unforgettable experience for all! No lunch stop for this.

DATE: Thursday, April 18th

TIME: 11:30-3:30 pm

BASEBALL HERITAGE MUSEUM AND LEAGUE PARK (L2)

Wear your Cleveland baseball gear to the home of the original home of Cleveland Baseball in the center of historic Hough neighborhood. We'll have a guided tour of the museum and grounds. What goes with baseball better than beer? We'll stop for lunch at nearby Goldhorn Brewery.

DATE: Friday, April 19th

COST: \$15.00

TIME: 10:30-2:45 pm

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PRESQUE ISLE CASINO (L1/2)

Presque Isle Downs & Casino has all your horse-racing, table games and slots you need!

DATE: Wednesday, April 24th

COST: \$5.00

TIME: 9:00-4:00 pm

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TRINITY CATHEDRAL BROWN BAG LUNCHEON (L2)

Enjoy the music of Clara Schumann Piano Trio and Brahms Quartet with cellist John Walz of the Los Angeles Opera Orchestra with renowned area musicians. Bring a brown bag lunch or you can grab Subway or something from Café Aroma. Concert is free but a free will offering will be accepted. DATE: Wednesday, May 1st COST: \$5.00 TIME: 10:45-2:30 pm

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VERA BRADLEY OUTLET (L3/4)- (trip is full / put your name on waiting list)

It's not just purses! It's a warehouse in Fort Wayne, Indiana, full of so many other things, something to check out for sure! We will stop for lunch and dinner on this trip.

DATE: Thursday, May 2nd

COST: \$15.00

TIME: 8:00 am-9:00 pm

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DITTRICK MUSEUM OF MEDICAL HISTORY (L2)-limited space

A museum, archive, artifact collection and more at Case Western Reserve.

DATE: Friday, May 10th

COST: \$5.00

TIME: 10:00-TBA pm

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RIVERS CASINO (L2/3)

This can be more than just a gambling trip. Enjoy the scenery in Pittsburgh too! No incentives.

DATE: Wednesday, May 15th

COST: \$5.00

TIME: 8:30-5:30 pm

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