

EASTLAKE SENIOR CENTER

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Newsletter online at
www.eastlakeohio.com
Hours: Mon-Fri, 8:00am-3:30pm
Monday-Friday

JANUARY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Happy New year! Welcome Back!	3 You can pick up newsletters today	4 Foot doctor	5
8 Attorney visit	9 Board meeting Elvis Party	10 Produce Market	11 LCCoA – Kelly Cleveland Museum of Art	12
15 MLK Day We are open!	16	17	18	19 Ethnic Lunch
22	23	24	25 Jacks (downtown) Casino Book Club	26
29	30	31		

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON – WED - FRI	9:00 am - 2:00 pm
EXERCISE ROOM *annual fee*	MONDAY - FRIDAY	8:00am – 3:30pm
EXERCISE WITH DIANE	MONDAY (Low Impact)	9:15am – 10:00am
LINE DANCING	MON (improve r-intermediate)	1:30pm – 2:30pm
WOODBURNING	TUESDAY	9:00 am – 11:00am
TOPS* fee to join*	TUESDAY	9:30am – 11:00am
PINOCHLE	TUESDAY	12:00pm – 2:00pm
COMFORT ELVES	1 ST and 3 rd WEDNESDAY	9:00am – 11:00am
CHAIR YOGA WITH CHUCK	WEDNESDAY	9:00am – 10:00am
EXERCISE WITH DIANE	WEDNESDAY	10:15am – 11:00am
CARDS/BOARD GAMES	WEDNESDAY	12:00pm – 2:00pm
CHAIR MESSAGES *fee based*	THURSDAY	9:00am – TBA (sign-up)
MAHJONG	Temporarily put on hold	11:00am – 1:00pm
MEDITATION	CANCELLED	12:00pm – 12:45pm
LINE DANCING	THURSDAY (Beginners)	1:00pm – 2:00pm
BINGO	FRIDAY	11:30am-1:30pm 1¢ per card

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds. Attention: Please do not purchase anything for the Eastlake Senior Center without approval first from Grace or Kerri. If you have not gotten prior approval, you will not be reimbursed.

HEALTH / WELLNESS / EDUCATIONAL

LAKE COUNTY COUNCIL ON AGING

Kelly Blauman, Information and Assistance Specialist from the Lake County Council on Aging will be here the second Thursday of every month from 10-11 am. Stop by to see her if you have any questions or concerns. She'd be happy to try and help and if she can't she will steer you in the right direction.

[illegible]

AARP TAX AIDE

Taxes will not be done at our center this year. You can call to make an appointment at the below sites.

Monday – Wickliffe Library 1713 Lincoln Ave. 440-944-6010

Monday – Willoughby S. C. 36939 Ridge Rd. 440-951-2832

Tuesday – Mentor Library 8215 Mentor Ave. 440-255-8811

Wednesday evening – Eastlake Library 36706 Lakeshore Blvd. 440-942-7880

Thursday – Mentor S. C. 8484 Munson Rd. 440-974-5725

Thursday – Madison S. C. 2938 Hubbard Rd. 440-428-6664

Friday – Fairport S. C. 1380 East St. 440-354-3674

FOOT DOCTOR – DR. BEN

Dr. Ben will be here on January 4th. Must register. \$25 cash donation at appointment. If you make an appointment it was extremely important that you let us know if you have to cancel.

DATE: Thursday, Jan 4th

COST: \$25.00

TIME: 9am start

BOOK CLUB

Our first discussion of the year. Be sure to finish your book! If you can't make it to the discussion, please return your book by this day.

DATE: Thursday, January 25th

TIME: 10:00 am – 11:00 am



MEDITATION CLASS

Due to lack of participation, this class has been cancelled.

CERAMICS ROOM

We will be back on Wednesday, January 3rd!



ATTORNEY DEBORAH LOUGHNER

Starting in January she will be here the second Monday each month. If you'd like a free half hour consultation, please sign up for a time slot at the front desk.

PARTIES AND GET-TOGETHERS

ELVIS BIRTHDAY PARTY

The King's birthday is January 8th! We will have his favorite peanut butter and banana sandwiches plus some other goodies as we honor this musical icon.

DATE: Tuesday, January 9th

COST: \$10.00

TIME: 12:00 pm

VALENTINES DAY PARTY

We'll be sure to have a heart-warming lunch. Of course, wear your red or pink and come full of love!

DATE: Thursday, February 15th

COST: \$10.00

TIME: 12:00 pm

CENTER NEWS

Please like us on Facebook if you can. So much important information is put on there as well as fun pictures of our trips and events. If you see any pictures on the frame in hallway that you'd like to have just let Grace or Kerri know.

[illegible]

Remember we are a warming center so even if local schools are closed due to the weather, we will remain open for anyone who needs a place to go to stay warm or enjoy a hot cup of coffee.

[illegible]

Our condolences to the friends and family of our members Ruth Jerdonek, Martha May (from Comfort Elves) and Eileen Stark (our decorating diva) who recently passed away.

[illegible]

MEMBERSHIP RENEWAL REMINDERS

Memberships are due annually. Check the back of your card to see when yours is due. Many of you owe in January. For liability purposes it's important you keep up with this. It's only \$4 for Eastlake residents and \$8 for non-residents. Take advantage of all the great things we offer!

[illegible]

*****BOOK CLUB ***New for 2024!!!**

Is it on your bucket list to start reading more? Here's your chance!! Starting in January, Tammy from the Willoughby Eastlake Library will come here to conduct a book club on the last Thursday of each month from 10-11:30 am. Discussion will be January 25th at 10 am, next months books will come this day as well. The list of books for the year is at the front desk if you wish to see. You can join us at any point throughout the year. February book: *The House Across the Lake* by Riley Sager

[illegible]

ALL AROUND TOWN COUPON BOOKS

We have a few left!! They make great gifts! See the front desk, Grace or Kerri if you'd like one. They are \$28 each with thousands of dollars of savings inside!

[illegible]

FITNESS ROOM

Anyone with a new years resolution of being healthy? We can help! For just \$20 for the year you can join our amazing fitness room. You can work on cardio, strength and flexibility. We even have tv's you can enjoy which helps the time pass as you work out. If you are already a member, be sure to check your card to see when you owe your yearly fee. With inclement weather heading our way, please be diligent about changing into a clean, dry pair of shoes when working on the machines. The water, dirt and salt will damage them. Thank you!

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THANK YOU FROM GRACE

I would like to thank everyone for the wonderful Christmas gift I received at the Christmas Party...I will be putting it towards a destination get away vacation. I promise I won't be gone long... but wait we have Kerri now! We want to also take this time to thank everyone for making this a very special place for so many. We've had a very busy year with all our events and trips, especially the celebration of the Senior Center being 50 years old. Thank you all for making this a very special place for so many. Even a bigger thank you for Kerri coming on board and giving us all so many new things to do and places to go. We couldn't do everything we wanted without so many dedicated volunteers, friends and family that have never let us down. Let's make this another great year, having a great time with all our get-togethers and trips. **HAPPY NEW YEAR!**

Love, GRACE AND KERRI

THANK YOU FROM KERRI

I would like to thank everyone from the bottom of my heart for the amazing year I've had here. You all couldn't have been more welcoming. From day 1, I truly felt like I belonged. No matter how old you are or the experience you have it's always a little scary starting at a new place. My nerves were quickly erased and it's been a fun pleasure getting to know you all. I have to thank Grace of course, for calling me up and asking me to join her here because she's the best! I also thank you for celebrating my big birthday even without me. 😊 And there's really no words that can truly express my gratitude for the Christmas gift I received. I appreciate your generosity immensely. Thank you again and I look forward to another fun filled year of memory making! Love, Kerri

DAY TRIPS

****There will be fewer trips and they will be weather dependent for the next few months. ****

GUIDE TO LEVELS OF WALKING ON TRIPS

With each trip advertised, we will now label them with levels of walking.

LEVEL 1 – Very little to no walking

LEVEL 3 – Excessive walking and/or stairs

LEVEL 2 – Minimal walking

LEVEL 4 – Strenuous standing or walking and /or stairs

CLEVELAND MUSEUM OF ART (L3)

Check out the groundbreaking exhibition of Impressionist artist Edgar Degas's representations of Parisian laundresses. These working-class women were a visible presence in the city. Their job was among the most difficult and poorly paid at the time. We will stop for lunch after at Scotti's Italian Eatery.

DATE: Thursday, January 11th COST: \$15.00 (includes special exhibit) TIME: 9:15-3:30pm

ETHNIC LUNCH (L1/2)

Ole! Our first ethnic luncheon of the year will be Mexican. We'll stop at Don Tequila's on Lakeshore Blvd.

DATE: Friday, January 19th COST: \$5.00 TIME: 10:45-1:00 pm

JACKS (DOWNTOWN) CASINO (L1/2)

Let's go downtown to see how lucky you are as we kick off the new year. No incentives but there's an ALL YOU CAN EAT buffet for \$5.50. Even if you don't gamble, join us for the day!

DATE: Thursday, January 25th COST: \$5.00 TIME: 11:00-3:00 pm

THE GREAT BIG HOME AND GARDEN SHOW (L3/4)

This is a vibrant marketplace where you can shop for home related products and services, enjoy presentations and view pretty landscapes to wash away the winter blues for the day.

DATE: Thursday, February 8th COST: \$15.00 TIME: 9:30-4:00 pm

GREAT LAKES THEATER- "MURDER ON THE ORIENT EXPRESS" (L2)

Let's head to the Hanna Theater for Agatha Christie's Mystery as we follow along to see who done it! We will stop for lunch after the show. There is a waiting list for this trip but we are trying to get more tickets.

DATE: Tuesday, February 13th COST: \$25.00 (bus/ticket) TIME: 9:00am-3:00pm

A LOOK BACK AT 2023

Lots of fun was had last year in the form of trips, luncheons and more! Some examples of in-house parties with yummy food and themed decorations and outfits are Chinese New Year, Valentine's Day, St. Patrick's Day, Cleveland Guardians opening day, Kentucky Derby Party, Halloween Party, Turkey Bowl, Ugly Sweater Party and White Elephant party. You all do a great job of "dressing up" for these events! Keep it up!! There's too many trips to list them all but here's a sample, casinos, restaurants, wineries, breweries, shows at Playhouse Square, Home and Garden Show, baseball games, Hartville Flea Market, Lehman's Hardware Store, Cleveland Signs, Rabbit Run Theater, Goodtime III, Put-in-Bay, Merry Go Round Museum, Kent State Fashion Museum, Geneva on the Lake, Erie Zoo, Amish County, CVSR Fall Train Ride, Football Hall of Fame, Kingwood Gardens, IKEA and so much more! We visited local parks and picnicked at Fairport Harbor Lakefront Park which of course ended in ice cream! In September, we celebrated our 50th anniversary with a super fun party in the pavilion. For 2024, we will definitely be repeating some popular trips but always looking for new ideas. If there's somewhere you've always wanted to check out, let Kerri know! She'd love to help you check off boxes on your bucket list!