

EASTLAKE SENIOR CENTER

600 East 349th
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Newsletter online at
www.eastlakeohio.com
Hours: Mon-Fri, 8:00am-3:30pm
Monday-Friday

SEPTEMBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Hartville
4  CENTER CLOSED	5 Woodburning Returns	6 Blood Pressure	7 Foot Doctor	8 Gatehouse Winery
11 Attorney	12 Board meeting	13 Produce Market	14 LLCoA – Kelly Senior Day at Lake Farm Park	15 50 th Anniversary Party Tomorrow!
18	19 Amish	20 Rivers Casino	21 The Winfield	22
25	26 Grand Pacific Junction	27	28	29 Lunch Bunch

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON – WED - FRI	9:00 am - 2:00 pm
EXERCISE ROOM *annual fee*	MONDAY - FRIDAY	8:00am – 3:30pm
EXERCISE WITH DIANE	MONDAY (Low Impact)	9:15am – 10:00am
LINE DANCING	MON (improve r-intermediate)	1:30pm – 2:30pm
WOODBURNING	Off until Tues, Sept 6th	9:00 am – 11:00am
TOPS* fee to join*	TUESDAY	9:00am – 11:00am
PINOCHLE	TUESDAY	12:00pm – 2:00pm
COMFORT ELVES	1 ST and 3 rd WEDNESDAY	9:00am – 11:00am
CHAIR YOGA WITH CHUCK	WEDNESDAY	9:00am – 10:00am
EXERCISE WITH DIANE	WEDNESDAY	10:15am – 11:00am
CARDS/BOARD GAMES	WEDNESDAY	12:00pm – 2:00pm
CHAIR MASSAGES *fee based*	THURSDAY	9:00am – TBA (sign-up)
MAHJONG	THURSDAY	11:00am – 1:00pm
MEDITATION	THURSDAY	12:00pm – 12:45pm
LINE DANCING	THURSDAY (Beginners)	1:00pm – 2:00pm
BINGO	FRIDAY	11:30am-1:30pm 1¢ per card

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds. Attention: Please do not purchase anything for the Eastlake Senior Center without approval first from Grace, Kerri or Ruth. If you have not gotten prior approval, you will not be reimbursed.

HEALTH AND WELLNESS

FOOT DOCTOR – DR. BEN

Dr. Ben will be here on September 7th. Must register. \$25 cash donation at appointment.

DATE: Thursdays, Sept 7th and Nov 2nd COST: \$25.00

TIME: 9am start

PARTIES AND GET-TOGETHERS

THE WINFIELD – GUEST SPEAKER

Michaela from the Winfield Inn at Richmond Heights Independent and Assisted Living will be here to administer blood pressure checks. Please register at the front desk. Bagels and muffins will be served.

DATE: Thursday, September 21st

COST: FREE

TIME: 9:00am –10:00am

[illegible]

ELDER LAW AND REAL ESTATE PLANNING SEMINAR

Key points will be discussed to help you plan & prepare for downsizing, moving or relocating. Please register at the front desk if you plan on attending so we can get an accurate count for a food order.

DATE: Thursday, October 12th

COST: FREE

TIME: 10:30am

[illegible]

50TH ANNIVERSARY PARTY/Register by September 8th

We made it! 50 Years! Sign up by September 8th to get in on the fun!

DATE: Saturday, September 16th

COST: \$2.00

TIME: 1:00pm – 4:00pm (Food 1-3pm)

MEMBERS ONLY!

MENU: Hot Dogs, Hamburgers, French Fries, Coleslaw, Drinks (adult too), Dessert sponsored by Judge Marisa Cornachio

**SPONSORED BY: Chagrin River
Salmon Assoc.**

~~50 YEARS!~~

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2023

OKTOBERFEST!! - SAVE THE DATE

The Oktoberfest, hosted by the city, will be located here at the center on Sunday, September 17th (the day after our party). Dig out your lederhosen and let's get ready to party!! Enjoy German themed food, music and adult beverages! Bring your friends and have a good time!

THINGS TO LOOK FORWARD TO: SAVE THE DATE!

Fall Foliage trip – Wednesday, October 18th

Fall Boutique – Saturday, October 21st

Halloween Party – Tuesday, October 31st

Cleveland Pops Concert – Sunday, November 26th

A Christmas Carol – Thursday, November 30th

Holiday Boutique – Saturday, December 2nd

Ugly Sweater Party – Wednesday, December 6th Christmas Party – TBD

