

EASTLAKE SENIOR CENTER

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 Hours: 8:00am-3:30pm

FEBRUARY 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Comfort Elves Blood Pressure	2 No Foot Doctor! Chair Massages	3
6 Attorney Visit Home & Garden Show	7 AARP Tax Prep Board Meeting Cards No Bingo or Billiards	8 Senior Market Board Games	9 Chair Massages LCCoA - Selena Lunch Bunch	10
13	14 AARP Tax Prep Hanna Theater Cards No Bingo or Billiards	15 Comfort Elves Board Games	16 Chair Massages Valentine's Day Party	17 Mardi Gras Takeout
20 PRESIDENT'S DAY - CENTER CLOSED	21 AARP Tax Prep Cards No Bingo or Billiards	22 Board Games	23 Chair Massages	24 Fish Fry Lunch
27	28 AARP Tax Prep Ethnic Lunch Cards No Bingo or Billiards	March 1 Board Games	March 2 Foot Doctor Chair Massages	March 3 Fish Fry Lunch

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON. WED. FRI.	9:00 am - 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	8:00am – 3:30pm
WOODBURNING	TUESDAY	9:00 am – 11:00am
BINGO	TUESDAY & FRIDAY	11:30am-1:30pm 1¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00 am – 11:00 am
LINE DANCING	MON (improve r-intermediate)	1:30pm – 2:30pm
EXERCISE WITH DIANE	MONDAY	9:15am – 10:00am
CHAIR YOGA WITH CHUCK	WEDNESDAY	9:00am – 10:00am
EXERCISE WITH DIANE	WEDNESDAY	10:15am – 11:00am

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds.

CENTER NEWS

OUR THOUGHTS

Our condolences to the family of Richard Foster; Richard was a long-time member of our Center.



WELCOME KERRI !

If you have not welcomed her, stop by Kerri's office and say hello!

MEMBERSHIP RENEWAL

Membership fees are due annually. Please check the back of your membership card to see the month you need to renew, so you can continue to enjoy everything our Center offers! If you have a Fitness Center membership, check the back of your card for that also; renew that for \$20.00.



VISITING ATTORNEY

Please sign up in the office for your 1/2 HOUR appointment with our attorney this month.

DATE: Monday, February 6th

COST: FREE

TIME: 1:00pm-3:00pm



NO BINGO OR BILLIARDS ON TUESDAYS IN FEBRUARY THRU APRIL

The Special Events Room and the Billiards Room will be used on TUESDAYS for tax preparation sessions February through April. Bingo and Billiards will resume on Tuesdays in May.



AARP TAX PREPARATION SESSIONS

AARP will be here to do tax preparation every Tuesday 9:00am-3:00pm, starting Tuesday February 7th through Tuesday April 11th. You must make an appointment at least one week in advance. You will be given a packet that you need to review prior to your time with AARP. In the packet will be details of what to bring with you to your appointment.



WE'RE STARTING TO PLAY CARDS!

Show up to play cards on Tuesdays, starting February 7th in the TV/movie room. Bring your favorite deck of cards. Table chooses the game.

DAYS: Tuesdays

TIME: 12:00pm-2:00pm

BOARD GAME DAY!

Show up to play board games on Wednesdays, starting February 8th in the TV/movie room. Bring your favorite game and claim a table!

DAYS: Wednesdays

TIME: 12:00pm-2:00pm

UPDATE ON CASINO TRIPS

Local casinos are no longer offering any incentive\$\$ for bus trips. If you are interested in a trip without incentives, please let the secretary at the front desk know. We are working out the logistics to have a bus trip without incentives.

PRESIDENT'S DAY – February 20th 2023

The Center will be CLOSED on Monday February 20th in honor of President's Day. Lake Tran is OPEN!



HEALTH AND WELLNESS

INCLEMENT WEATHER

When winter starts huffin' and puffin', we will remain open! Our Center will be open during normal business hours, and if needed, we can be open after hours. If the roads are dangerous with snow cover, please stay home.



CHAIR MASSAGES BY THOM POJE SR., LMT

Thom will be in the Center on Thursdays (unless scheduled differently with Thom). Sign up in the office for an appointment. Cash payments will be collected by Thom at the time of your appointment.

DATE: Thursday, Feb 2nd, 9th, 16th, 23rd COST: \$1/min or \$10/15mins TIME: TBA



SENIOR MARKET DAY

We will have another distribution of fresh produce at our SENIOR MARKET this month. Registration as you drive by. Please bring ID (name, address, etc.) with you.

DATE: Wednesday, February 8th COST: FREE TIME: 11:00am



FOOT DOCTOR – DR. BEN

Dr. Ben will be here the 1st Thursday of EVERY OTHER MONTH; e.g., January, March, May, July, Sept, Nov, etc. \$25 cash donation at time of your appointment.

DATE: Thursday, March 2nd & May 4th COST: \$25.00 TIME: 9am start



PARTIES AND GET-TOGETHERS

HAPPY VALENTINES'S DAY

Let's celebrate Valentine's Day together! Bring a small treat to share with someone (a candy bar or cookie, or your idea of a treat!). We will have a "heartfelt" lunch and play a game of LRC.

DATE: Thursday, February 16th COST: \$5.00 TIME: 12:00pm-2:00pm



MARDI GRAS CELEBRATION

Mardi Gras is French for "Fat Tuesday" but we will be celebrating "Fat Friday". Register to pick-up and take home your Mardi Gras lunch!

DATE: Friday, February 17th COST: \$5.00 (TAKE OUT!) TIME: 12:00pm-12:30pm ONLY



INTERESTED IN LEARNING HOW TO PLAY MAHJONG?

One of our members has offered to teach people how to play Mahjong. If you are interested, please let the secretary at the front desk know. If there is enough interest, we will schedule this ASAP.

DAY TRIPS

THE "GREAT BIG" HOME AND GARDEN SHOW

The Home + Garden Show is a vibrant marketplace where you can shop for home-related products and services and enjoy presentations from renowned local and international home professionals.

DATE: Monday, February 6th COST: \$15.00 (includes bus & ticket) TIME: 9:30am-4:00pm



LUNCH BUNCH

Day or night, sunny or grey, enjoy the *all-day breakfast, lunch and dinner* service at Concord Family Restaurant. They buy from local growers and suppliers whenever possible.

DATE: Thursday, February 9th COST: \$5.00 TIME: 10:30am – 1:30pm



HANNA THEATER (of the Great Lakes Theater Company)

Enjoy the playful adaptation of Jane Austen's beloved novel "Sense and Sensibility". This production gives a fresh female voice to 18th-century England. Exuberant and inventive, this show is full of humor, emotional depth, and bold theatricality. Lunch at Marie's in Cleveland after the show.

DATE: Tuesday, February 14th COST: \$25.00 (includes bus & ticket) TIME: 9:00am – 4:00pm



ETHNIC LUNCH at LI WAH

Li Wah is a Cleveland classic! It has been a mainstay of the area ever since it opened in 1991. Li Wah strives to be the best Chinese restaurant in Ohio. There will be time to shop after lunch.

DATE: Tuesday, February 28th COST: \$5.00 TIME: 10:15am – 3:00pm

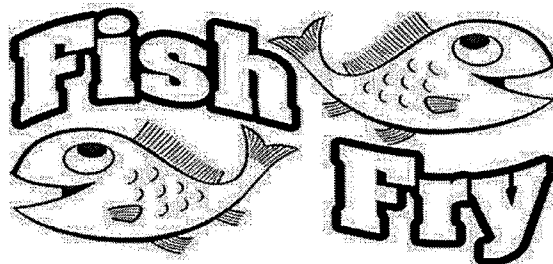


LENTEN FRIDAY FISH FRIES

We will be traveling around town on Fridays during Lent for Lunch Fish Fries. The first two are:

DATE: Friday, February 24th / Willowick Restaurant COST: \$5.00 TIME: 10:45am – 1:30pm

DATE: Friday, March 3rd / Firehouse Grill COST: \$5.00 TIME: 10:30am – 2:00pm



CLEVELAND ORCHESTRA

Experience the world renowned Cleveland Orchestra's interpretation of Shakespeare's "The Tempest". Pre-concert lecture at 10:20am. Please sign up by Wednesday March 1st. Lunch TBA.

DATE: Friday, March 31ST COST: \$40.00 (includes bus) TIME: 9:30am - TBD

