

EASTLAKE SENIOR CENTER

600 East 349th
 Eastlake, Oh 44095
 440-975-4268
 Grace Giangiacomo,
 Senior Center Director
 E-Mail: gg@eastlakeohio.com
 Brochure online at
 www.eastlakeohio.com
 Hours: 8:00am-3:30pm
 Monday-Friday

OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Attorney Visit	4	5 Comfort Elves Blood Pressure	6 Foot Doctor at Wickliffe SC	7 Wine Hop
10 Columbus Day! Center is OPEN Lake Tran is running!	11 Lunch Bunch	12 Senior Market	13 #1 Fall Travel to Smucker's Euclid Culinary Buffet	14 Cleveland Orchestra & Mama Catena's for Lunch
17	18	19 Comfort Elves	20	21 Shore Cultural Center & Maria's for Lunch
24	25 #2 Fall Travel to Smucker's	26 Jack's Casino	27 Medina Square Trip & Shop	28 Hartville
31 Halloween Party				Nov 5 CLOCKS FALL BACK AT 2AM ON NOV 6 TH !

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

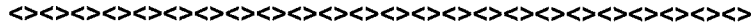
CERAMICS	MON. WED. FRI.	9:00 am - 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	8:00am – 3:30pm
WOODBURNING	TUESDAY	9:00 am – 11:00am
BINGO	TUESDAY & FRIDAY	11:30am-1:30pm 1¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00 am – 11:00 am
LINE DANCING	MON (improve r-intermediate)	1:30pm – 2:30pm
EXERCISE WITH DIANE	MONDAY	9:15am – 10:00am
CHAIR YOGA WITH CHUCK	WEDNESDAY	9:00am – 10:00am
EXERCISE WITH DIANE	WEDNESDAY	10:15am – 11:00am

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds.

CENTER NEWS

OUR THOUGHTS

Our condolences to the families in the passing of Paul Cudnik and Anne Lukanc, both long-time members. Get well thoughts to Maxine Hutchison, Janet McKee, Joyce McMahon, and Ruth Ortiz.



BUS TRIP ETIQUETTE

Our bus trips are planned for your enjoyment and with your safety in mind. However, not everything is guaranteed to go without a few hiccups! If you have other plans on the day of a scheduled trip, please do not register for the trip if you must be home at a certain time. Departure and arrival times are not written in stone. Things happen, e.g., longer stays at restaurants, traffic delays, detours, mechanical issues, etc. Delays are not what we want but are part of travel! Please follow our travel tips to ensure trips run more smoothly for a peaceful ride and an enjoyable trip!

- Be on time to get on the bus, both going and returning.
- Be courteous and obey the rules of etiquette at all times to fellow riders and respect their space. Please remember to "be kind" to everyone.
- Stay seated during the entire trip. Ride in the same seat both ways on the trip.
- Follow the driver's instructions. Drivers are responsible for transporting you quickly and safely and deserve your respect. Never talk nasty to the driver or tell them how to drive.



SAVE THE DATE FOR A PANCAKE BREAKFAST

This will be at the Wickliffe Senior Center to support our Seniors! Pre-sale tickets will be available in the office. AYCE pancakes, 2 sausages, coffee and juice.

DATE: Sunday, October 9th COST: \$10 adults/\$5 children TIME: 9am-12pm



COLUMBUS DAY – MONDAY OCTOBER 10th

The Center will be OPEN for normal hours and Lake Tran will be running as usual.



SENIOR MARKET DAY – WEDNESDAY OCTOBER 12TH

Our next distribution of fresh produce at our SENIOR MARKET is Wednesday October 12th at 11am with registration as you drive by. Please bring ID (name, address, etc.) with you.



NOVEMBER REMINDERS

Don't forget to turn your clocks BACK ONE HOUR at 2am Sunday, November 6th.



Are you registered to vote? Has your address or name changed?
Be informed on your choices.
Please vote on Tuesday November 8th!

