EASTLAKE SENIOR CENTER

600 East 349th
Eastlake, Oh 44095
440-975-4268
Grace Giangiacomo, Senior
Center Director

E-Mail: gg@eastlakeohio.com
Brochure on line at
www.eastlakeohio.com
Hours: 8:00am-3:30pm
Monday-Friday

SEPTEMBER 2022



VA CHONA	THEODAY	MEDNEODAY	THUDODAY	EDID AV
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Foot Doctor	
			Foot Doctor	
5	6	7	8	9
CLOSED		Comfort Elves	COA - Selina	
		Attorney		
		Blood Pressure		
12	13	14	15	16
	Rivers Casino	Senior Market	Lake Farm Park	Winery Trip
			Senior Day	
19	20	21	22	23
		Comfort Elves		
			Fall Shop Trip	
			i all ollop trip	
26	27	28	29	30
	Lunch Bunch	Sip-n-Paint		
	Lunch Dunch	Olp-II-Faiill		

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

MON. WED. FRI.	9:00 am - 2:00 pm	
MONDAY - FRIDAY	8:00am – 3:30pm	
TUESDAY	9:00 am – 11:00am	
TUESDAY & FRIDAY	11:30am-1:30pm 1¢ per card	
1st & 3rd WEDNESDAY	9:00 am – 11:00 am	
MON (improve r-intermediate)	1:30pm – 2:30pm	
MONDAY	9:15am – 10:00am	
WEDNESDAY	10:15am – 11:00am	
WEDNESDAY	10:15am – 11:00am	
	MONDAY - FRIDAY TUESDAY TUESDAY & FRIDAY 1st & 3rd WEDNESDAY MON (improve r-intermediate) MONDAY WEDNESDAY	

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to "sign-in" with your BAR CODE! It helps with our share of levy funds.

HEALTH AND WELLNESS

FOOT DOCTOR - DR. BEN

DATE: Thursday September 1st. Appointments start at 9:00am. \$25.00 donation (PRE-REGISTRATION IS REQUIRED)

Dr. Ben will NOT be here in October. He will be at the Wickliffe Senior Center if you want to make an appointment for that location, you can call 440-373-5015.

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BLOOD PRESSURE

Promedica of Willoughby is offering free Blood Pressure Clinics every 1st Wednesday of each month from 10am to 11am. Please come and join Richelle to get your blood pressure screening! Please sign up in the office.

DATE: Wednesday, September 7th

TIME: 10:00am - 11:00am

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SIP-N-PAINT EVENT WITH MATT MAVAR SPONSORED BY DEVOTED HEALTH

Matt Mavar, Medicare specialist is holding a sip and paint event. Come and relax and do some canvas painting. Please sign-up in the office as he will need a count for supplies and the Art Teacher. We will need at least 10 participants. It will be a fun and relaxing time. Come and join in.

DATE: Wednesday, September 28th

COST: FREE

TIME: Noon- 1:00pm

UNITED HEALTHCARE/CHARLES JENNINGS

Anyone wanting information, please sign in for his information.

DATE: Wednesday, November 2nd

TIME: 10:30am-11:30am

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FLU SHOTS

Flu Shots will be offered on Thursday, November 3rd 9:00am-12:00pm. Please sign up in the office.

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PARTIES AND GET-TOGETHERS

PARTY IN THE PAVILLION

Please join us for our one year celebration and end of the year picnic sponsored by Chagrin River Salmon Association. Menu options include hamburger, cheeseburger. grilled chicken, home-made coleslaw and mac-n-cheese. You must register in the office for this event.

DATE: Saturday, September 24th

COST: \$2.00

TIME: 2pm-5pm

CHRISTMAS PARTY

Mark your calendar for Friday, December 9th at the Pine Ridge Country Club. More info to follow.

CENTER NEWS

OUR THOUGHTS

Get well thoughts to Maxine Hutchison, Joyce McMahon, Maryann Slattery and Barbara Roberts.

EXERCISE CLASS/LINE DANCING

Remember the Center is closed on Monday, September 5th. There will be no Exercise or Dance Class.

VISITING ATTORNEY

In lieu of Monday, September 5th our visiting attorney Debra Loughner will be here on Wednesday, September 7th starting at 1:00pm. Mark your calendars for those of you that already have appointments.

DATE: Wednesday, September 7th

TIME: 1:00pm

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HOLIDAY BOUTIQUE

Just a reminder to tell all your friends and relatives about our Boutiques on Saturday. November 5th and Saturday, December 3rd. Pick up a copy of the flyers in the office and leave one at your doctor's office, your dentist's office, the grocery store...you get it. Help advertise for your Center!

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PARKING FOR TRIPS

When going on day trips, please park in the first parking lot to the left as you come in the lot and not in front of the building. Thank you.

DAY TRIPS RIVERS CASINO

This month we are traveling to Rivers Casino in Pittsburgh! The Casino is offering coupons for \$20 free slot play and \$5 food credit. All guests must have a valid state ID to receive the incentive.

DATE: Tuesday, September 13th COST: \$5.00

TIME: 8:30am -6:00pm

LAKE METROPARKS SENIOR DAY

Lake Health will offer free screening, register with them 440-358-7275. Enjoy speakers. and vendor showcases. Our lunch time is scheduled for 11:30am. Please sign-up in office; we need a count to order food. You must register in the office. Willowick has a bus going if you want to ride for \$5.00. Pay in the office.

DATE: Thursday, September 15th

COST: \$5.00

TIME: 9:00am-2:00pm

WINERY TRIP

We will be going to Michaelangelo's in Richfield. Details to be announced.

DATE: Friday, September 16th

COST: \$5.00

TIME: TBA

DAY TRIPS (continued)

SHOP...SHOP...SHOP

For those of you who have never taken this trip, please join us for our annual Amish trip. We travel down to Berlin where you will be dropped off at Sol's. There will be plenty of places to shop and have lunch. Be back to the bus at Sol's at 1:30 to go over to Hershberger's Farm & Bakery spend 45 Minutes there and then we stop at Walnut Creek for more shopping. Wear comfortable walking shoes!

LUNCH BUNCH

We are going back to Nak's Restaurant in Brookpark. Once again you can choose breakfast or lunch this month. Your choice!

DATE: Tuesday, September 27th COST: \$5.00 TIME: 9:45am – 1:15pm

WINE HOP - NEW DATE!

Our Wine Hop will be Friday October 7th. We will be stop at Dubonnet, Stone Gate, Grand Rivers and Ferrante. The order will be confirmed but the first stop will be your appetizer, then on to lunch, next stop is dessert and last stop will be your night cap!

DATE: Friday, October 7th COST: \$5.00 TIME: TB

FALL TRAVEL

We are going to are annual Smucker's trip. The trees should be showing their true colors. They will be offering 15% coupon off of whatever you purchase. Lunch on your own at Mrs. Yoder's. Time permitting a stop at Walnut Creek will be made.

DATE: Thursday, October 13TH COST: \$5.00 TIME: 8:00am-5:00pm

MATINEE CONCERT WITH THE CLEVELAND ORCHESTRA

SHORE CULTURAL CENTRE

Enjoy the presentation of the Beauty and the Beast at the SHORE CULTURAL CENTRE, this production is a musical for all ages. Come and see this well-known show! Show approximately 1.5 hours. Show will be slightly shortened with an intermission that will be a stay in your seats, stand and stretch. Lunch on your on at Maria's in Euclid. DATE: Friday, October 21st COST: \$17.00 TIME: 9:15am-2:00pm