

EASTLAKE SENIOR CENTER

600 East 349th Eastlake, Oh 44095

440-975-4268

Grace Giangiacomo, Senior Center Director

E-Mail: gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 8:00am-3:30pm

Monday-Friday

JULY 2022



The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to sign in; it helps with our share of levy funds.

**THE CENTER WILL BE CLOSED
MONDAY, JULY 4TH
HAPPY 4TH!!**

JULY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 Closed for 4 th of July	5	6 Comfort Elves	7 Foot Doctor	8
11	12 Board Meeting Senior Day at Captains	13 Senior Market	14 Celina w/COA	15 Winery
18	19	20 Comfort Elves MGM Attorney	21 Nautica Cruise	22
25	26 Lunch Bunch	27	28 Paint & Sip	29 Senior Day Lake County Fair Grounds

The Eastlake Senior Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

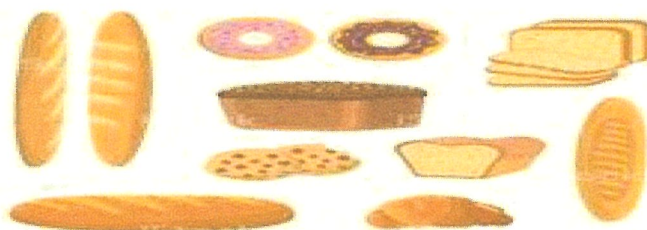
CERAMICS	MON. WED. FRI.	9:00 am - 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	8:00am – 3:30pm
WOODBURNING	TUESDAY	9:00 am – 11:00am
BINGO	TUESDAY & FRIDAY	11:30am-1:30pm 1¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00 am – 11:00 am
LINE DANCING	MON (improve r-intermediate)	1:30pm – 2:30pm
EXERCISE WITH DIANE	MONDAY	9:15am – 10:00am
CHAIR YOGA W/CHUCK	WEDNESDAY	9:00am – 10:00am
EXERCISE WITH DIANE	WEDNESDAY	10:15am – 11:00am

Please remember to contribute 25¢ for each cup of coffee. This helps our Senior Center pay for coffee supplies.



HEINENS BAKERY

Heinens bakery items are donated to our Center. We know we all love these treats! Please be considerate when taking them, so everyone gets their share. Our Thanks to the Gentlemen that drive out to Heinen's every Tuesday and Thursday to pick up these goodies. Thanks Woody, Jim, Otis and Jim, you are the best!



PARTIES AND GET-TOGETHERS NATIONAL MAC & CHEESE DAY

Never celebrated this day before, so let's give it a try. Who doesn't like ooey gooey Mac & Cheese.

DATE: Thursday, July 14th

COST:\$5.00

TIME: Noon



HEALTH AND WELLNESS

FOOT DOCTOR (PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, July 7th & August 4th

\$25.00 donation (PRE-REGISTRATION IS REQUIRED)

TIME:9:00am



SCP-HEAP

Selena will be here to help complete Heap applications for seniors in need of it. You will need Driver's License/State ID, SS Cards for all household members, proof of income for the past year including medical premiums paid out, and gas and electric bills, must be in the name of a household member. All this is needed at the time of their appointment. Make sure to sign up in the office for an appointment.

Date: Tuesday, July 19th



OUR THOUGHTS

**We extend GET WELL WISHES to: Diane Morony, Joyce McMahon & Maryann Minich.
Hope you are feeling better soon.**



OUR BEAUTIFUL VEGETABLE GARDEN

We are starting to see some growth in our garden. The crops will be coming up soon! Hopefully we can get some more help in keeping it going. Rady has been doing a great job with the watering. Thanks for keeping the plants healthy.

OUR LAWYER

In lieu of Monday, July 4th involving the lawyer appointments with our visiting attorney Debra Loughner. The appointment will take place on Wednesday July 20th starting at 1:00pm. Mark your calendars for those of you that already have appointments.

DATE: Wednesday, July 20th

TIME:1:00pm

SENIOR FARMER'S MARKET NUTRITION PROGRAM COUPONS

Every senior interested in the SFMNP coupons MUST call the Council on Agency to register for a pickup date/time slot. To be eligible for this program in Lake County, you must be a Lake County resident, age 60 or older with an annual income (from *all* sources) of less than \$25,142 for a household of one and \$33,874 for a household of two. Applications are available here and coupons will be picked up from the Mentor United Methodist Church. No walk-ins will be accepted. Seniors please DO NOT mail your applications to the WRAAA. For more information, please contact Jackie Oliverio, ADRC Manager at (440) 205-8111 ext. 236.



BUS TRIPS

Thanks for working with us on the bus seating. Sit in the same seat going and returning. It helps the escort in checking the count and making sure everyone is back on the bus before leaving for home. We wouldn't want to forget someone.



MONDAY EXERCISE CLASS



Remember the Center is closed on Monday, July 4th so no Exercise or Dance Class.

SENIOR DAY AWARD

Please be sure to congratulate Sally Fritsch. She is receiving the Senior of the Year award. Sally has been with the Senior Center since 2002. She started at the JFK Center at the Nike Site, then onto Taft School in 2004, and finally to our new site here at the New and Improved Eastlake Senior Center. Thank you for your continued help over the years. Not only in the Office, but all the other areas you have been a great help with. Don't forget to come to the award ceremony at the Fair Grounds on July 29th.

DATE: Friday, July 29th

TIME:10:00am-2:00pm

DAY TRIPS

MGM

Incentive will be \$20.00. Grab a friend and go have fun.

DATE: Wednesday, July 20th

COST:\$5.00

TIME: 9:30am-2:45pm



BUCCIA WINERY

Come and visit Buccia Vineyard. Their picturesque vineyards and grounds are influenced by the maritime climate of Lake Erie and Conneaut Creek proudly produces estate grown, cool climate wines. Take a stroll in their picturesque vineyard after enjoying some wine.

DATE:Friday, July 15th

COST:\$5.00

TIME:10:00am-3:00pm

NAUTICA CRUISE

Come take a cruise on the Nautica Queen. Enjoy a luncheon buffet with coffee, tea, or ice tea while cruising. Sign up by July 16th.

DATE: Thursday, July 21st

COST:40.00

TIME: 10:30am–3:00pm

BREAKFAST/LUNCH BUNCH

We are going back to Garden Family Restaurant in Brookpark. They took us on a whim in May and treated us great. So you can do breakfast or lunch this month. Your choice!

DATE: Tuesday, July 26th

COST:\$5.00

TIME:9:45am – 1:15pm

PAINT & SIP

Please sign up in the office if you are interested in painting a canvas drawing while enjoying time with your friends. We would go to Mayfield Hts. to the Studio for the project. It is a two hour class, the cost is for the bus and project you are painting.

DATE: Thursday, July 28th

COST:\$21.00

TIME:10:30am-1:30pm

LAKE COUNTY FAIR/SENIOR DAY

Enjoy the presentation of the “Outstanding Senior Citizen Awards at 10:30.

Senior Day at the Fair 2022 will also include free admission for seniors until 3:00 pm.

Free transportation to the Fair thru Laketrans, if you choose to take a bus. Free boxed

lunch, compliments of the Lake County Council on Aging, on a first come first served basis, with entertainment by "The Summit". Bingo, door prizes and information from a variety of seniors services will also be available.

DATE: Friday, July 29th

TIME:10:00am-3:00pm

GUARDIANS GAME

Sign up in the office for tickets to see Indians vs Arizona Diamond Backs. You can purchase a ticket for \$28.00 which covers the bus and ticket and pack a little lunch on your own. Or purchase a ticket for \$34.00 which covers the ticket, bus and a slider meal. Sign-up by July 29th. Game starts at 1:10pm.

DATE:Wednesday, August 3rd

COST:\$28.00/\$34.00

TIME:12:00pm