

EASTLAKE SENIOR CENTER

600 East 349th Eastlake, Oh 44095
440-975-4268

Grace Giangiacomo, Senior Center Director
E-Mail: gg@eastlakeohio.com
Brochure on line at www.eastlakeohio.com

Hours: 8:00am-3:30pm

Monday-Friday

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy.

Please continue to sign in, it helps with our share of levy funds.

JANUARY 2022

The City of Eastlake
SENIOR CENTER
THE FUN BEGINS AT 55!



HAPPY NEW YEAR TO ALL.
HERE'S TO ANOTHER GREAT YEAR AT
"OUR CENTER".
KEEP SMILING, IT'S THE BEST THERAPY!

January 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Attorney	4	5 Comfort Elves	6 Foot Dr.	7
10	11 Board Meeting	12 Senior Market	13 Celina w/COA	14
17	18 Lake County Treasurer Presentation Reiki	19 Rocksino Comfort Elves	20 Lunch Bunch	21
24 Hartville	25 Elvis Birthday Party	26	27 Ethnic Lunch	28
31				

The Eastlake Senior Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON. WED. FRI.	9:00am - 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	8:00am - 3:30pm
WOODBURNING	TUESDAY	9:00am - 11:00am
BINGO	FRIDAY	11:30pm-1:30pm 1¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00am - 11:00am
LINE DANCING	MON. (improve r-intermediate)	1:30pm - 2:30pm
Exercise with Diane	MONDAY	9:15am - 10:00am
Chair Yoga with Chuck	WEDNESDAY	9:00am - 10:00am
Exercise with Diane	WEDNESDAY	10:15am - 11:00am

CENTER NEWS CONTINUED
INFO ON THE COMING MONTHS

We will be having a few health clinics at the Center, along with some public speaking on different topics that may benefit you. If there is anything or anyone that you would like to hear from, just let me know and I will do my best to bring someone in on that topic. When the weather does warm up, we will continue with our regular happenings here at the Center. We hope you look forward to new things to do and see. I will always welcome any suggestions from you, whether it is for a trip, or a get-together. If there is a trip the first part of the new month, I will post it the previous month, so you will have enough time to sign up. Remember signing up early assures that the trip will go out...

LET'S KEEP THE EASTLAKE SENIOR CENTER A FUN PLACE TO BE!



CHRISTMAS HOLIDAY PARTY/VOTE

I would like to take a vote on where you would like to have our Christmas Party for 2022. We have three choices: Dubrovnik in Eastlake, Patrician in Eastlake, they now have a new chef, and Pine Ridge in Willoughby. The most votes will be the place. Let the office know. Thank you.



CONNECTIONS PROGRAM

Denise Powell/Director of Connections has given us the opportunity to be featured in made onsite video's promoting our facilities and members. They will be available to do a social gathering with membership interviews. Please let the office know if interested in being interviewed to help promote "our home-away-from-home".



TOPS

Taking Off Pounds Sensibly, meets every Tuesday morning here at the Center. The group is originally from the Eastlake Library. If you are thinking of taking off some unwanted weight, come over and sit in on a session. It is a very informative group.



IT'S THAT TIME OF THE YEAR AGAIN

AARP will be doing taxes every Tuesday from 9:30am-3:00pm, starting Tuesday, February 1st through Tuesday, April 12th. Sign up will start on Monday, January 10th



LAKE COUNTY TREASURER TO PRESENT A PRESENTATION

Mike Zuren will be here to present a presentation on programs about real estate property tax reductions, the homestead exemption and other programs that are available to Lake County residents.

DATE: Tuesday, January 18th

TIME: 11:00am-12:00pm



HEALTH AND WELLNESS

FOOT DOCTOR

DATE: Thursday, January 6th & Thursday February 3rd /TIME: 9:00am \$25.00 donation



REIKI (TIME: 12:30pm – 1:30pm)

Marla will be back with more Reiki sessions. If interested please sign up in the office. Stop by and see her while she is here, she will be glad to give you more information about this technique.

DATE: Tuesday, January 18th & February 15th COST: \$15.00 for 20 Minutes of Therapy

HEALTH AND WELLNESS

COUNCIL ON AGING

Selena Cox will be here to answer any questions you may have on upcoming insurance, your winter heating, or any other issues you may have.

DATE: Thursday, January 13th

TIME: 10:00am-11:30am



OUR THOUGHTS

Condolences to Easter in the passing of her husband Sam Kopacka. Sam and Easter have been long time members here.



CENTER NEWS SIGNING UP

Our annual membership has started for January, 2022. Stop in anytime to renew or if you haven't become a member of our "home away from home", come on over and see what we are all about. Residents pay \$4.00 and non-residents pay \$8.00. This membership will allow the use of the Center and all activities and trips, unless there is an extra charge for a trip. The only thing extra is the exercise room, which is a \$20.00 membership fee for the year. The exercise room membership fee can be renewed starting in January as well. Check the back of your card to see the month you should renew. I'd also like to thank everyone for signing in when you enter and using our new "chip system" it is working out well.



FOOD DRIVE

Thanks to everyone who contributed to the BLIZZARD BAG FOOD DRIVE. Council on aging was very grateful for the turnout of food they received.



GIFTS FOR KIDS

Also, a thank you to all who donated gifts for the kids. It helped a lot of families for a Happy Christmas.



INCLEMENT WEATHER

Just a reminder that when that "white stuff" starts to fall, we will remain open. We are a warming center for anyone who may lose power and need a place to warm up. Our doors will be open for you during regular working hours. We will accommodate and make the center available during after hours, if needed.



SENIOR MARKET REMINDER (WEDNESDAY, JANUARY 12TH)

It will now be on the second Wednesday of every month at 11:00am. Please bring proper ID with you.



NEED A RIDE TO THE CENTER

We can help with that. Just set up your ride with Laketrans to and from the Center and your fare will be paid for from the Lake County Senior Citizen's Services Levy. All this made possible by the partnership between the Lake County Commissioners and Laketrans.

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