

EASTLAKE SENIOR CENTER

600 East 349th Eastlake, Oh 44095

440-975-4268

Grace Giangiacomo, Senior Center Director

E-Mail: gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 8:00am-3:30pm

Monday-Friday

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy.

Please continue to sign in, it helps with our share of levy funds.

DECEMBER 2021



The Center will be CLOSED on DECEMBER 23th & 24th in honor of Christmas, as well as December 31st.



December 2021

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

		1 Comfort Elves	2 Foot Dr.	3
6 Attorney	7	8 Culinary Bistro	9 Celina w/COA	10 Christmas Party
13	14 Board Meeting	15 Rocksino Comfort Elves	16	17 Lunch Bunch
20	21 Ugly Sweater Party	22	23 Closed Today	24 Closed Today Merry Christmas
27	28	29	30	31 Closed Today

The Eastlake Senior Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON. WED. FRI.	9:00am - 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	8:00am - 3:30pm
WOODBURNING	TUESDAY	9:00am - 11:00am
BINGO	FRIDAY	11:30pm-1:30pm 1¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00am - 11:00am
LINE DANCING	MON. (improve r-intermediate)	1:30pm - 2:30pm
Exercise with Diane	MONDAY	9:15am - 10:00am
Chair Yoga with Chuck	WEDNESDAY	9:00am - 10:00am
Exercise with Diane	WEDNESDAY	10:15am - 11:00am

HEALTH AND WELLNESS

FOOT DOCTOR

DATE: Thursday, December 2nd and Thursday, January 6th
\$25.00 (PRE-REGISTRATION IS REQUIRED)



COUNCIL ON AGING

Selena Cox will be here to answer any questions you may have on upcoming insurance, your winter heating, or any other issues you may have.

DATE: Thursday, December 9th

TIME: 10:00am-11:30am



REIKI (TIME: 12:30pm – 1:30pm)

Marla will be back with more Reiki sessions. If interested please sign up in the office. It is a Japanese technique for stress reduction and relaxation. Stop by and see her while she is here, she will be glad to give you more information about this technique.

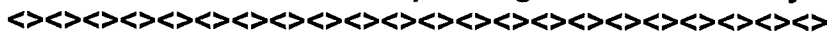
DATE: Tuesday, December 14th

COST: \$15.00 for 20 Minutes of Therapy



OUR THOUGHTS

Condolences to Tom Wheaton in the passing of his wife Caroline, they have been long time members of our Center. Condolences also to Gloria Brock, in the passing of her son David and to Patricia Osborne in the passing of her son Bobby. Both men passed in October.



CENTER NEWS

BLIZZARD BAG FOOD DRIVE

Council on Aging is looking for your help to fill bags. Each Blizzard Bag provides a 2-3 day supply of non-perishable food items for situations when storms, power outages or other events prevent our Meals on Wheels delivery or make it difficult to obtain or prepare food. The bags provide a supply of a few shelf-stable emergency meals to help assure no senior goes hungry during an emergency. If you can, please DONATE a non-perishable food item. There will be a box in the lobby.



INFORMATION ON CERMAMICS

The Ceramic Room will be closed Monday, December 20th reopening Monday, January 3rd. The Ceramic Volunteers will be away during that time. Have a great holiday from the Seniors in the Ceramic Room.



DIANE'S EXERCISE CLASS

Diane's exercise class will not meet the week of December 27th. There will be no class on Monday, December 27th or Wednesday, December 29th. She wishes everyone a wonderful Holiday Season.



SIGNING UP

We will be starting our annual sign up for membership in January, 2021. For those of you that already have a membership card, check the back to see what month you renew your membership. If January is your month, it is your time to renew. Residents will pay \$4.00 and non-residents will pay \$8.00. Anyone who does not have a membership, can sign up in January. This membership will allow the use of the Center and all trips and activities. The only thing extra is the exercise room, which is a \$20.00 membership for the year. Anyone up for renewal in the exercise room can renew starting in January, check the back of your card to see the month you should renew.

SIGN IN AT THE FRONT DOOR

It is very important that EVERYONE sign in EVERYTIME they come to the Center. This is because WE receive funding from the Lake County Senior Citizens Services Levy each year based on these numbers. So if you are here, we want to make sure we get that credit. We have now been asked to take a count of whatever activity you partake in. There will be boxes on a shelf stating all the activities here, just drop a chip into a box marked with what activity you are here for. Your cooperation will be greatly appreciated. Please understand, this is a requirement of the Lake County Commissioners, which goes along with the funding request.



WHAT'S HAPPENING FOR THE CHRISTMAS SEASON CHRISTMAS BOUTIQUE

Don't forget the Boutique this Saturday, December 4th. We have 30 Vendors participating. Let your family and friends know this is a good time to do your last minute Christmas Shopping. We will be having a bake sale, sign-up in the office if you would like to bake. All proceeds from the concession stand, the bake sale, the 50/50 raffle, and the Chinese Auction benefit "OUR CENTER "



Santa is Coming!
Stop by to See Him



CHRISTMAS DAY

Please note that the Center will BE CLOSED on Thursday the 23rd and Friday the 24th in honor of Christmas. The following week we will be closed on Friday, the 31st in honor of New Years Day. Enjoy!



CHRISTMAS FOR THE "KIDS"

Our Toys For Kids has started and will continue until the week before Christmas. If you can, please donate a new unwrapped toy. It would put a smile on a less fortunate child this season. All toys will be given to local families in need. A BOX WILL BE SET UP THE DAY OF THE BOUTIQUE.



CHRISTMAS HOLIDAY PARTY

Please sign up for our Christmas Holiday Party at Pine Ridge Party Center in Willoughby. Music by Al Bucco. It will be a sit down Family Style Dinner. Menu is listed below. Sign-up in the office at your convenience, but no later than December 6th

- Chicken Marsala
- Roast Eye of Round Beef
- Baked Eggplant Parmigiana
- Roasted Garlic & Basil Mashed Potatoes
- Cavatelli
- Green Beans and Carrot Almondin
- Banquet Salad
- Sherbet

DATE: Friday, December 10th

COST:\$25.00pp

TIME:11:30pm-4:00pm

DAY TRIPS

Travel will be slow during the winter months. There will be events and speakers here to keep you informed. So sit back & relax while we wait for the warmth to return and start our fun travel again.

Stay safe and warm, Old Man Winter will be here soon.



EUCLID CULINARY BISTRO HOLIDAY BUFFET

We will be going to Euclid Culinary Bistro for their Grand Prime Rib Holiday Buffet. Our reservation is for 12:15pm. The cost is for the bus and the buffet.

DATE: Wednesday, December 8th COST:\$17.00 TIME:12:15pm – 2:00pm



ROCKSINO

Incentive will be \$20.00, grab a friend and go have fun.

DATE: Wednesday, December 15th COST:\$5.00 TIME: 9:15am-3:00pm



LUNCH BUNCH

Burntwood Tavern in Solon is the choice for this month's restaurant. The menu is the office. We will make a stop at Peterson's Nut Factory to visit their new store.

DATE:Friday, December 17th COST:\$5.00 TIME:10:45am-2:30pm



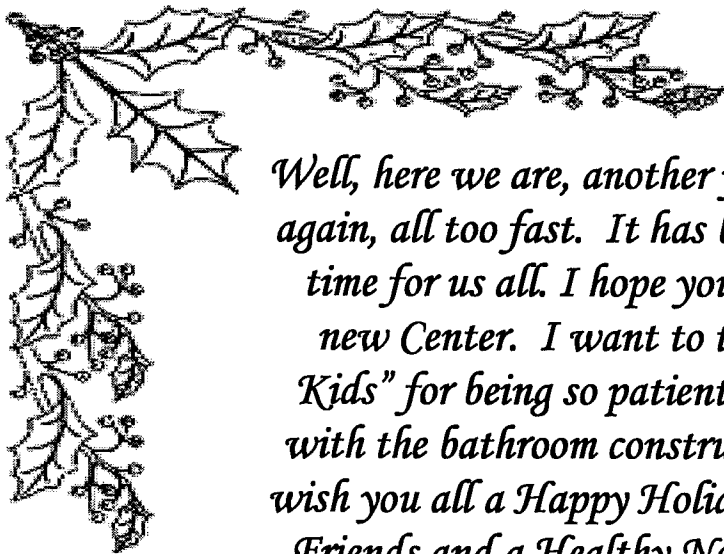
UGLY SWEATER PARTY

"Let's get tacky" wear a sweater that you just don't like or make one up. Be creative! We will have a light lunch, a game or two, a contest for the ugliest, most unique sweater. Make sure to sign up before the party, no sign ups the day of. Get your Christmas Cheer On!

DATE:Tuesday, December 21st COST:\$5.00 TIME:12:00 noon



MY CHRISTMAS WISH TO YOU



Well, here we are, another year passed and once again, all too fast. It has been a very different time for us all. I hope you are enjoying your new Center. I want to thank my "Center Kids" for being so patient during our closing with the bathroom construction. I once again wish you all a Happy Holiday with Family and Friends and a Healthy New Year that brings Peace and Love to You and Your Family!

Love Grace