#### **EASTLAKE SENIOR CENTER**

600 East 349<sup>th</sup> Eastlake, Oh 44095 440-975-4268

Grace Giangiacomo, Senior Center Director E-Mail: gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 8:00am-3:30pm Monday-Friday

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to sign in, it helps with our share of levy funds.



The Center will be CLOSED on November 25<sup>™</sup> & 26<sup>™</sup> in honor of Thanksgiving.

<u>ENJOY</u> your day.

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required.

(Unless noted below) noted below)

CERAMICS	MON. WED. FRI.	9:00am - 2:00pm	
EXERCISE ROOM	MONDAY - FRIDAY	8:00am – 3:30pm	
WOODBURNING	TUESDAY	9:00am - 11:00am	
BINGO	FRIDAY	11:30pm–1:30pm 1¢ per card	
COMFORT ELVES	1 <sup>st</sup> & 3 <sup>rd</sup> WEDNESDAY 9:00am – 11:0		
LINE DANCING	MONDAY(improve r- 1:30pm - 2:30pm intermediate)		
Exercise with Diane	MONDAY	9:15am – 10:00am	
Chair Yoga with Chuck	WEDNESDAY	9:00am - 10:00am	
Exercise with Diane	WEDNESDAY	10:15am - 11:00am	

#### **NOVEMBER 2021**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Attorney	2	3 Comfort Elves	4 Foot Dr.	5
8 Hartville CLOSED TODAY	9 CLOSED TODAY	10 Fine Arts Center CLOSED TODAY	11	12 CLOSED TODAY
15	16	17 Rocksino CLOSED TODAY	18 Garener Pie Outing	19 CLOSED TODAY
22 CLOSED TODAY	23 CLOSED TODAY	24 CLOSED TODAY	25 Happy Thanksgiving CLOSED TODAY	26 CLOSED TODAY
29 OPEN TODAY	30 Lunch Bunch			

## DON'T FORGET TO THANK A VETERAN 11/11/2021

# CENTER NEWS THANKSGIVING DAY

Please note that the Center will <u>BE CLOSED</u> on Thursday, Nov. 25<sup>th</sup> and Friday, Nov. 26<sup>th</sup> in honor of Thanksgiving Day. ENJOY YOUR HOLIDAY!! HAPPY EATING!

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### TURN YOUR CLOCKS BACK

### **HOLIDAY BOUTIQUE/CHRISTMAS BOUTIQUE**

Just a reminder to tell all your friends and relatives about our Boutiques on Saturday, December 4<sup>th</sup>. Pick up a copy of the flyers and leave them at the doctors office, your dentist's office, the grocery store...you get it. Help advertise for your Center!

### **DON'T FORGET TO VOTE**

Don't forget to get out and vote. Know all the issues and candidates before you vote. November 2<sup>nd</sup>

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### **NOTICE TO ALL SENIORS**

For those of you who don't know, thanks to a recently received grant, we are installing all new bathrooms, as well as doors in back of our center. Because of this, we thought it best that we temporarily close until the work is completed. I will be here during this time of closure, so if you have any questions feel free to call. As far as any trips being planned, they will still be going out. The bulletin will be out in enough time for sign ups. We will be closed from Monday, November 8<sup>th</sup> through Monday, November 29<sup>th</sup> which is the Monday after Thanksgiving. If the work is completed earlier, we will have it announced on the kiosk at the Fire Department. Thank you for your understanding.

I am sure you will like the improvements that are going to done on the bathrooms.

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### INFORMATION WHEN TRAVELING ON OUR BUS TRIPS

We need everyone traveling on our bus trips to please park in the lot on the side of the building. The south side of the building, which is the first lot when you pull into the Center. We need to keep the parking lot in the front free, so the bus can turn around to make the pick up easier. Thank you for your help in accommodating Laketran.

### **PARTY INFORMATION**

Here is some information on our scheduled parties we have from time to time. I will have info on what type of party and what date it will be held. Please note the day and time we will have these fun events. Please make sure you sign up and pay for the event before the party. We will not take any sign ups on the day of the get-together. We have to buy and prepare for the event beforehand.

# HEALTH AND WELLNESS FOOT DOCTOR

### **REIKI**

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and what causes us to be alive. Marla will be here for those of you that are interested in this technique. Stop by and see her.

DATE: Tuesday, November 30th

COST:\$15.00 for 20 Minutes of Therapy

TIME: 12:30pm – 1:30pm

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### UNITED HEALTHCARE

Charles Jennings will be here from United Healthcare to answer any questions regarding your health care and Medicare enrollment needs.

Date: Wednesday, November 3rd

Time: 10:00am-11:00am

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# PARTIES AND GET-TOGETHERS CHRISTMAS HOLIDAY PARTY

Please sign up for our Christmas Holiday Party at Pine Ridge Party Center in Willoughby. It will be a sit down Family Style Dinner. Menu is listed below. Sign-up in the office at your convenience, but no later than December 6<sup>th</sup>

DATE: Friday, December 10<sup>th</sup>

COST:\$25.00pp

TIME:11:30pm-4:00pm

Chicken Marsala Roast Eye of Round Beef

**Baked Eggplant Parmigiana** 

**Roasted Garlic & Basil Mashed Potatoes** 

Cavatelli

**Green Beans and Carrot Almondin** 

Banguet Salad

Sherbet

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# DAY TRIPS (ALL WILL BE WEATHER PERMITTING) TRAVEL DURING CONSTRUCTION CLOSING

Please note that even though we will be closed on the day of travel, the trip will still convene. We will just meet outside.

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### **HARTVILLE**

Weather permitting, we will travel to Hartville.

DATE: Monday, November 8<sup>th</sup>

COST:\$5.00

TIME:8:15am-3:30pm

#### **FINE ART CENTER**

Come see "Doris Day Retrospect" Music from the Movie Star's early years. The hour long show starts at 11:00am will be followed by a lunch. ?There will be a 50/50 raffle run by the Women's Club, that you will be able to purchase if interested.

### **ROCKSINO**

Grab a friend and go have fun.

DATE: Wednesday, November 17<sup>th</sup>

COST:\$5.00

TIME: 9:15am-3:00pm

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### **GARDNER PIE AND LEMBO'S RESTAURANT**

Let's go south! We'll stop by Gardner Pie to grab your holiday pies then stop at the Famous Lembo's Italian Restaurant for lunch. They still have a buffet, if you choose to do that, at this time it is only a pizza and salad buffet. You can still order off their fabulous menu.

Date: Thursday, Nov. 18<sup>th</sup>

Cost: \$5.00

Time: 9:45am-3:00pm

### **LUNCH BUNCH**

We are going back to the 50's. Lunch at Big Boy's in Valley View. Get your Bobby Socks and off we go!

DATE: Tuesday, November 30<sup>th</sup>

COST: \$5.00

TIME:11:30am - 1:30pm





