

EASTLAKE SENIOR CENTER

600 East 349th Eastlake, Oh 44095
440-975-4268

Grace Giangiacomo, Senior Center Director
E-Mail: gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 8:00am-3:30pm

Monday-Friday

OCTOBER 2021



The Eastlake Senior Center is funded by the
City of Eastlake and the Lake County
Senior Citizen's Services Levy.

The Eastlake Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required. (Unless noted below)

CERAMICS	MON. WED. FRI.	9:00am - 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	8:00am - 3:30pm
WOODBURNING	TUESDAY	9:00am - 11:00am
BINGO	FRIDAY	11:30pm-1:30pm 1¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00am - 11:00am
LINE DANCING	MONDAY(improve r-intermediate)	1:30pm - 2:30pm
Exercise with Diane	MONDAY	9:15am - 10:00am
Chair Yoga with Chuck	WEDNESDAY	9:00am - 10:00am
Exercise with Diane	WEDNESDAY	10:15am - 11:00am

October 2021

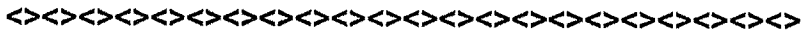
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 Attorney	5	6 Comfort Elves	7 Foot Dr.	8
11	12 Flu Shot Taco Tuesday	13 Euclid Culinary	14 Wine & Lunch	15 Hartville
18	19 Rocksino	20 Comfort Elves	21 Fall Travel	22
25	26 Berlin Trip	27	28 Halloween Party	29

INFO FOR THE COMING MONTH

We have been open for almost a month now. I hope you all enjoyed seeing your "New Digs". I am still working on setting up our trips and different pop-up events. Stop by and pick up a brochure in the office to see what we are about.

We will be having a few health clinics at the Center, along with some public speaking on different topics that may benefit you. If there is anything or anyone that you would like to hear from, just let me know and I will do my best to bring someone in on that topic.

We will be taking some trips this month ad a few in November. Through the winter months we will continue with our regular happenings. We hope you will look forward to new things to do and see. I will always welcome any suggestions from you, whether it is for a trip, or a get-together. The bulletin will still come out the last day of the month. If it is earlier, the rule is, sign-up is the first working day of each month. If there is a trip the first part of the new month, I will post it the previous month, so you will have enough time to sign up. Remember signing up early assures that the trip will go out...LET'S KEEP THE EASTLAKE SENIOR CENTER A FUN PLACE TO BE!



NEED A RIDE TO THE CENTER

We can help with that. Just set up your ride with Laketran to and from the Center and your fare will be paid for from the Lake County Senior Citizen's Services Levy. All this made possible by the partnership between the Lake County Commissioners and Laketran. They will also be providing free rides to vote...VOTE-N-RIDE. Please contact Laketran to make arrangements to receive a free ride to vote.



ALL ABOUT WHY WE SIGN IN

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. It is very important that everyone sign in every time they enter the center. Your signature and what program you're participating in helps with our share of levy funding based on these numbers. So if you are here we want to make sure we get this credit. It is our proof of attendance. Without this attendance our funding will be reduced, so please help out your center by signing in. Even if you are here to say jello to your fellow members that signature helps. ITREALLY DOES HELP IN OUR FUNDING!



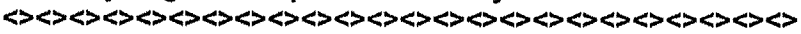
WHEN WE START OUR MEMBERSHIP SIGN UP

Sign up is on an annual basis now. For most of you, your sign up will be in January. However, check your card. You can still continue with the month you last signed-up in and continue annually from there. For all new members it will be this January, 2022. Signing up will allow you to continue to join all our free classes and go on our day trips. The cost of the bus trips will still be \$5.00 for the bus ride and any extra dollars if there is an entry fee to an event. Bring your membership card to make it easier for our volunteer secretaries to enter your information accurately.



HOLIDAY BOUTIQUE

Just a reminder to tell all your friends and relatives about our Boutique on Sat., December 4th Pick up a copy of the flyer's we have here and leave it at your doctor's office, your dentist's office, the grocery store...you get it. Help advertise for your Center!



HEALTH AND WELLNESS

FLU SHOTS

Flu Shots will be Tuesday, October 12th 9:00am-11:00am. Please sign up in the office.

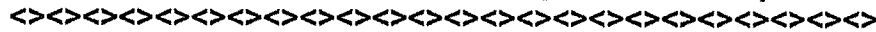


FOOT DOCTOR

DATE: Thursday, October 7th

Thursday, November 4th

(PRE-REGISTRATION IS REQUIRED, \$25.00)



COUNCIL ON AGING

Welcome back Selena Cox who will be here to answer any questions you may have on upcoming insurance, your winter heating, or any other issues you may have.

DATE: Wednesday, October 13th

TIME: 9:30



UNITED HEALTHCARE/CHARLES JENNINGS

DATE: Tuesday, October 29th

TIME: 9:30am-11:30am



LAKE COUNTY COUNCIL ON AGING

The Lake County Council on Aging offers direct service programs for those 60 years of age and older including: case management, nutrition services, in-home safety, homemaker services, information and referral, and much more. Please call (440) 205-8111 for more information or visit www.lccoa.org.



PARTIES AND GET-TOGETHERS

NATIONAL TACO DAY

OK, the most talked about day. Sign up in the office. Served in the open area of the center. Come and join in for our first pop-up event at our new center.

DATE: Tuesday, October 12th

COST: \$3.00

TIME: 12:00 Noon



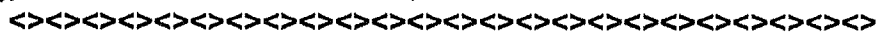
HALLOWEEN PARTY

Wear your funniest Hat or Shirt, and if in a costume...better yet! "Bring out the ghouls in you"

DATE: Thursday, October 28th

COST: \$3.00

TIME: Noon



CHAGRIN RIVER SALMON ASSOCIATION

Here for their yearly event Sat, Oct. 23rd between 3:00pm-5:00pm, as a drive-by. Sign-up in the office for their count. We will give you a ticket to show, so you can drive by to pick up your fish fry. It includes Fried Fish, Potato, Green Beans, Cole Slaw, Macaroni and Cheese and Roll & Butter.



CHRISTMAS PARTY

Mark your calendar for Fri. Dec. 10th at the Pineridge Country Club. More info to follow.



CENTER NEWS
COLUMBUS DAY OCTOBER 11th

Please note that the Center will BE OPEN on Columbus Day, as well as Lake Tran, for those who ride.



TOPS

Taking Off Pounds Sensibly. A great program to gain a healthier you! Held every Tuesday morning from 9:00am-10:00am, held in the Library room. Club details can be obtained by attending a session. All ages welcome. Come on in, they're a friendly group.



DAY TRIPS
BUFFETT EXTRAVAGANZA

Euclid Culinary School is having their Grand Buffet. I will post the luncheon in the office. Please sign by Monday, October 11th for the count. Our seating is 12:15.
DATE: Wednesday, October 13th COST: \$17.00 (Lunch & Bus) TIME: 11:30am-1:30pm



WINE & LUNCH

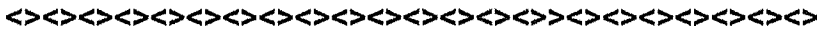
Grand River Cellars has their famous spaghetti dinner, or order off the menu. Relax and /enjoy.

DATE: Thursday, October 14th COST: \$5.00 TIME: 11:00am-3:00pm



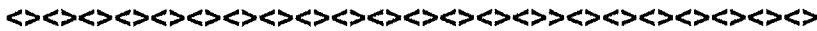
HARTVILLE

DATE: Friday, October 15th COST: \$5.00 TIME: 8:15am-3:30pm



ROCKSINO

DATE: Tuesday, October 19th COST: \$5.00 TIME: 9:15am-2:45pm



FALL TRAVEL

We are going to Smucker's to do some shopping. They will be offering 15% coupon off of whatever you purchase. Lunch on your own at Mrs. Yoder's. Time permitting a stop at Walnut Creek will be made.

DATE: Friday, October 21st COST: \$5.00 TIME: 8:00am-5:00pm



BERLIN TRIP

We will be going down to Berlin where you will be dropped off at Sol's. There will be plenty of places to choose to stop and have lunch. Be back to the bus at Sol's at 1:30 to go over to Hersbergers Farm & Bakery spend 45 Minutes there and off to Harry London Chocolate Factory. Wear comfortable shoes, there will be a lot of walking.

DATE: Tuesday, October 26th COST: \$5.00 TIME: 8:00am-5:00pm



FINE ART CENTER

Come see "Doris Day Retrospect" Music from the Movie Star's early years. The hour long show starts at 11:00am will be followed by a lunch. ?There will be a 50/50 raffle run by the Women's Club, that you will be able to purchase if interested.

DATE: Wednesday, November 10th COST: \$23.00 (Ticket & Bus) TIME: 10:00am-1:30pm





The most talked about day!
Come and join in for our first
Pop-Up Event at our New Center.

DATE: Tuesday, October 12th

COST: \$3.00

(Money due before the party)

TIME: 12 Noon



Sign in at the office by.
Monday, October 11th



**Wear your funniest hat
or shirt and if in a
costume...better yet!**

DATE: Thursday, October 28th

COST: \$3.00

(Money due before the party)

TIME: 12 Noon

GHOULISH MENU

Frankenstein Monster Wrap

Jack-O-Lantern Bites

Scary Smoothie

"Don't Forget Your Shot!"

Sign-up in the office.