



J.F.K. SENIOR CENTER BULLETIN

MARCH 2020

1580 East 332nd Street Eastlake, Ohio 44095 TEL440-975-4268
 Grace Giangiacomo, Senior Center Director E-Mail: gg@eastlakeohio.com
 Brochure on line at www.eastlakeohio.com Hours: 7:30 am. - 4:00 pm.

Monday, Tuesday, Thursday, Friday Wednesday, 7:30 am. - 8:30 pm.

The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass Music starts at 6:30 pm. A concession stand and lots of fun.
 Pop in and join us. It's Free to all



TIME TO TURN YOUR CLOCKS FORWARD ONE HOUR
SUNDAY, MARCH 8TH.



The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED.	9:00 am to 12:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUESDAY & FRIDAY	12:30-2:30 3¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00 am – 11:00 am
LCR	THURSDAY	12:30 pm
LINE DANCING	THURSDAY (Experienced Dancers)	1:00 pm (\$2.00 per class)

Low Impact Strength Training w/Diane N.	Mon., 1:15pm-2:00pm
Cardio & Core with Diane Nichols	Tuesday, 10:30am – 11:15am
Chair Yoga with Chuck Lehman	Wednesday, 9:00 am – 10:00am
Zumba Gold with Diane Nichols	Wednesday, 10:00 am – 10:45am
Exercise with Diane;Thurs., 9:15am-10:15am	Stretch & Core;Thurs.10:15am -10:45am

EASTLAKE SENIOR CENTER IS FUNDED BY THE CITY OF EASTLAKE AND THE LAKE COUNTY SENIOR CITIZENS LEVY.

CENTER NEWS

OUR THOUGHTS

We extend GET WELL WISHES to: Elaine Campbell, Madonna Knaus,
Hope your feeling better.

Condolences to the families of Tom and Jan Fritsch in the passing of Jan's father, Steve
Rady and her brother-in-law Richard Bentley, and to Barb Bentley in the passing of her
husband and father.



HAIR SALON

Hop into Spring and freshen up your hair with a hair cut and maybe a manicure!



RECYCLE

Please don't forget to bring in any pet food coupons, used eye glasses, or Cell Phones.



HEALTH AND WELLNESS

VETERANS PRESENTATION

Stop by in the Library to talk to a representative with any questions or concerns regarding
benefits. Fill out a ticket for a chance at a gift basket.

DATE: Monday, March 16th

TIME: 9:30am-10:30am



CLUTTER, I HAVE TOO MUCH STUFF!

Join Tami from Hilltop Village for this interesting presentation on Clutter...
what should I get rid of! The Best Clutter Clearing System.

Sign up in the office for her count.

DATE: Thursday, March 19th

TIME: 10:30am-11:30am



GRANDE POINTE

Julie will be here with breakfast.

Please sign up in the office for our count.

DATE: Wednesday, March 25th

TIME: 9:30am, In the Lobby



FOOT DOCTOR/

\$20.00 donation (PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, March 25th & Wednesday, April 29th

TIME: 9:00am – 2:00pm



HARTVILLE

DATE:Monday, March 9th COST:\$5.00 TIME:8:15am-3:30pm



100th BOMB GROUP

The VA group is enjoying a trip for lunch at this great restaurant. Hop on the bus to join them. Menu in the office.

DATE:Thursday, March 12th COST\$5.00 TIME:10:45am-2:30pm



ORCHESTRA

Enjoy another concert at the beautiful Severance Hall. Pre-concert lecture with muffins and coffee. (Cost is for Ticket & Bus Ride)

Date: Friday, March 13th Cost: \$32 per person Time: 8:45m-1:00pm



MGM

\$25.00 Free Play, a Lunch Buffet and a Wristband to an hour-long Elvis impersonator show starting at 3:00pm.

DATE: Thursday, March 19^h COST:\$5.00 TIME: 9:30am-4:30pm



FISH FRY DURING LENT

We will be going to different places on Fridays during lent.

March 6th at Kristy Tavern in Euclid, 11:00am, \$5.00 charge for bus. (SOLD OUT)

March 20th at Willowick Lounge, 11:30am, \$5.00 charge for bus;

March 27TH at Firehouse in Willoughby Hills, 11:00am \$5.00 charge for bus;

April 3RD AT VFW in Eastlake, 12:00 noon, drive yourself

Sign up for one or all. The cost listed above is for Bus Ride only. Enjoy.



WHITE HOUSE WEDDINGS

A talk about different White House Weddings. It includes a chicken parm meal at Skye Bistro. Only ten seats available.

DATE:Tuesday, March 27th COST:\$30.00 TIME: 11:00am-1:45pm



LUNCH BUNCH

Redhawk Grille in Concord. Good place to try. Menu in the office.

DATE: Tuesday, March 25th COST:\$5.00 TIME:11:00am-1:30pm



GREAT LAKES THEATER

Enjoy Much to do about Nothing a great play. Sign up by Thursday, February 13th.

DATE: Tuesday, March 26^h COST:\$23.00 TIME:9:00am- 1:00pm



ETHNIC LUNCH

Mediterranean is the food choice this month, Aladdin in Mentor. Menu is in the office, check it out.

DATE: Tuesday, March 31st COST: 5.00 TIME:11:15am – 1:15pm

MARCH BIRTHDAYS

Stanley	Vitovich	1	Barbara	Skrocki	10	Darlena	Webb	20
Linda	Gustie	1	Alexander	Virostko	10	Susan	Beam	21
Lucinda	Barnhart	2	Sherry	Seeman	10	Dorothy M	Hyder	22
William	Perusek	2	Kathleen	Morrison	11	Mary Ann	Schindel	22
Judy	Linn	2	Nancy	Goodrich	12	Somnuk	Khaikeaw	22
John F.	Barbato	4	Deborah	Ivans	12	Andrew	Gruber, Jr.	23
Thomas	Grahek	5	Debbie	Malovrh	12	David S.	Broda	24
Ann	Larkin	5	Mary Ann	Hauber	13	Nancy Carol	Zabjek	26
Sharon	Gargiulo	6	Patricia	McNutt	13	Theodore	Jenda	26
Nancy	Gansey	6	Diane	Raggets	14	Patricia	Kavalich	26
John	Zaharenwicz	7	Mary Ann	Natran	15	Anthony	Gonser	26
Lynda	Valletto	7	Sandra	Beard	15	Irene P	Vitolo	27
Evelyn	Nemerovsky	7	Mary	Betarie	18	Mary Ann	Slattery	27
Steve	Powell	7	Thomas L.	Wheaton	18	Gerald	Lombard	28
Joanne	Mohorcic	7	Jozefina	Pavic	18	Janice	Fritsch	28
Marge	Dipre	8	Mary	Patrick	18	Daniel	Beedlow	29
Carol	Trimboli	9	David	Clair	20	Delores	Malise	30
William	Smith	9	Audrey	Earley	20	Veronica	Harris	31
Faye	Svenwol	9				Teresa	Eubanks	31

**HAPPY
BIRTHDAY**

VALENTINES PARTY 2020



TO ALL A HAPPY VALENTINES DAY

VALENTINES PARTY 2020



YO' ALL COME AND JOIN US NOW