

J.F.K. SENIOR CENTER BULLETIN **FEBRUARY 2020**

1580 East 332nd Street Eastlake, Grace Giangiacomo, Senior Center Director E-Mail: gg@eastlakeohio.com Brochure on line at www.eastlakeohio.com

Ohio 44095 TEL440-975-4268

Hours: 7:30 am. - 4:00 pm.

Monday, Tuesday, Thursday, Friday Wednesday, 7:30 am. - 8:30 pm. The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass Music starts at 6:30 pm. A concession stand and lots of fun. Pop in and join us. It's Free to all

THE CENTER WILL BE CLOSED MONDAY, FEBRUARY 17TH IN HONOR OF PRESIDENTS DAY.

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The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED.	9:00 am to 12:00 pm		
EXERCISE ROOM	MONDAY - FRIDAY \$15.00* per year			
WOODBURNING	TUESDAY	9:00 am		
BINGO	TUESDAY & FRIDAY	12:30-2:30 3¢ per card		
COMFORT ELVES	1st & 3rd WEDNESDAY	9:00 am – 11:00 am		
LCR	THURSDAY	12:30 pm		
LINE DANCING	THURSDAY (Experienced Dancers)	1:00 pm (\$2.00 per class)		

Low Impact Strength Training w/Diane N.	Mon., 1:15pm-2:00pm
Cardio & Core with Diane Nichols	Tuesday, 10:30am - 11:15am
Chair Yoga with Chuck Lehman	Wednesday, 9:00 am - 10:00am
Zumba Gold with Diane Nichols	Wednesday, 10:00 am – 10:45am
Exercise with Diane; Thurs., 9:15am-10:15am	Stretch & Core;Thurs.10:15am -10:45am

DAY TRIPS

HOME & GARDEN SHOW

Get a little taste of "Spring Time" visit the beautiful gardens, watch some cooking demo's or just visit all the different vendors. (SIGN UP IN OFFICE BY February 5th)

DATE: Friday, February 7th Cost:\$14.00 TIME:10:30am-3:00pm

LUNCH BUNCH

We are going to the new Slyman's in Mentor. Bring your appetite.

DATE: Tuesday, February 11th COST: \$5.00 TIME:11:00am - 2:30pm

MGM NORTHFIELD

Incentive will be \$20.00. Grab a friend and go have fun.

DATE: Thursday, February 13th COST:\$5.00 TIME: 9:30am-1:45pm

BOTANICAL GARDENS

Anyone interested in the Botanical Gardens, sign-in the office to join the Willowick Center for Orchid Mania. Lunch on your own to be determined.

DATE:Friday, February 14th COST\$15.00 TIME:9:45am

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GREAT LAKES THEATER

Enjoy this Tony winning play of the Sleuth. Sign up by Thursday, February 13th. DATE: Tuesday, February 18th COST:\$20.00 TIME:9:00am- 1:00pm

THIS MONTH'S ETHNIC LUNCH

We are venturing to an Indian Buffet. Taj Palace in Richmond Heights DATE:Friday, February 21st COST:\$5.00 TIME:11:00am-2:00pm

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BOWLING WITH WILLOWICK

We are going to have a competition with the Willowick Center. The price includes 2 Games of Bowling, shoes and bus ride to Wickliffe Lanes. There will be prizes for different scores.

Lunch to follow on your own Gateway Diner in Wickliffe.

Cot a friend and sign up in the office

Get a friend and sign-up in the office.

Monday, February 24th COST:\$14.00 TIME: 8:45am – 2:15pm

THE START OF OF OUR LENTEN FISH FRY'S

We will be going to Kristy's in Euclid.

Date:Friday, March 6th COST:\$5.00 TIME:11:00am-1:30

SENIOR MARKET REMINDER

(WEDNESDAY, FEBRUARY 19TH)

The distribution will start at 11:00am with registration starting at 10:00am. Please bring proper ID with you. Once you sign in, you will be given a number for your place in line for the actual distribution.

The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to sign in, when you enter the center and in all the rooms you partake in

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CENTER NEWSOUR THOUGHTS

We extend GET WELL WISHES to: Mike Galgoczy, hope you are feeling better soon.

Condolences to the families of Lulu Brown in the passing of her son David, to Leo Ivec's in the passing of his nephew, Carl Ivec. Condolences to two of our long time members,

Blanche Loomis and Goldye Cooper at the age of 98 and 99 respectively.

They were both a big part of our Senior Center.

TAX AND AARP

AARP will be doing taxes every Tuesday from 9:30am- 3:00pm, starting Tuesday, February 4th through April 7th. Sign up in the office for an appointment. For those of you that have been here before, the AARP Tax Room will be located on other side of the Senior Center. Someone will be here to direct you.

You can still park on the same side of the building as before, just use the opposite door.

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HAIR SALON

Why not look nice for your sweetie on Valentines Day. Make an appointment and visit the hair salon. Your appointments supports our Senior Center.

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NATIONAL CANNED FOOD MONTH

Let's help the Food Bank with this cause. Bring any canned, unexpired food item to help Diane, who heads up the Food Bank here at the Center. There will be a box in the office for you drop off can items. Thank You.

YOGA

Don't forget we still are having YOGA here. The day has changed to Wednesday's morning's between 9:00 -10:00am. Chuck Lehman will be teaching the class. Reduce your stress and don't forget it's a chance to meet people and socialize. Hope to see you then.

LAKETRAN

Don't forget to take advantage of Laketran door-to-door transportation. Just set up your ride with Laketran to and from any Center and your fare will be paid for from the Lake County Senior Citizen's Services Levy. All this made possible by the partnership between the Lake County Commissioners and Laketran.



GARDEN CLUB

In the past we had a garden club. It was to started to have a memorial rose garden for members that have passed. Unfortunately, it all went to the wayside. We have a few Seniors that are interested in starting this up again.

If anyone is interested, let the office know. They are looking for someone to upkeep the memorial garden, weeding, ordering of stones and buying roses for the rose garden. We would also need help in helping Barbara with our vegetable garden and mowing the courtyards when needed.

CHRISTMAS HOLIDAY PARTY/VOTE

I still need more input on where you would like to have our Christmas Party for 2020. We have three choices: Dubrovnik in Eastlake, Patrician in Eastlake and Pine ridge in Willoughby. The most votes will be the place.

Let the office know. Thank you.

HEALTH AND WELLNESS BLOOD PRESSURE/HEARTLAND OF MENTOR

Heartland will be here to take your blood pressure on the first Friday of every month.

Stop by get your pressure taken between 9:00am-10:00am.

DATE:Friday, February 7th

TIME:9:00am-10:00am

HOLLY'S HEARING

They will be here Tuesday morning in the library. Sign up in the office. DATE:Thursday, February 13th TIME:9:00am-11:00am

VETERANS PRESENTATION

They will be in the lobby with any questions you may have on Thur. Feb. 20th @10:00am

FOOT DOCTOR

DATE: Wednesday February 26th & Wednesday, March 25st TIME:9:00am-2:00pm \$20.00 donation (PRE-REGISTRATION IS REQUIRED)

PARTIES AND GET-TOGETHERS VALENTINES DAY

Let's celebrate Valentines Day.

Bring a small treat to share with someone, (a small candy bar or a cookie, or your own idea of a treat!).

We will have punch and cookies sponsored by Tami from Hilltop Village and will play a game of LCR!

DATE: Friday, February 14th Cost:\$2.00 TIME:12:15pm – 1:30pm

FEBRUARY IS NATIONAL BREAKFAST MONTH

We will have breakfast every Thursday at 9:30am. Come and join us, sign-up in the office.

We will have something different every morning.

Date:Thursday, February 6th, 13th, 20st COST:\$2.00 TIME: 9:30am in the Lobby

MARDI GRAS

Enjoy a Rice and Bean Lunch with Paczki for dessert and a game of chance with your beads.

Sponsored by Wickliffe Country Place.

DATE: Tuesday, February 25th

COST:\$3.00

TIME:12:15pm - 1:30pm

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NATIONAL CLAM CHOWDER SOUP DAY

Enjoy a hot bowl of Clam Chowder Soup, made by our Renee in the Kitchen... YUM,YUM

DATE: Wednesday, February 26th COST: \$2.00

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GRANDE POINTE

Julie from Grande Pointe will be here with some breakfast goodies. Sign up in the office by February 21st for her count.

DATE: Thursday, February 27th

TIME9:30am

TIME:11:00am

LEAP YEAR

What? We have 29 days in February this year! In honor of the extra 24 hours this year, let's have a party... after all it only happens every 4 years! It was National Chili Day on the 27th, so guess what we are having!

Along with food there will be a fun game to play, so sharpen your brains and let's get a leapin!

DATE: Friday, February 28th COST:\$3.00 TIME:12:15pm-2:15pm

FEBRUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3	4	5	6	7	
		Comfort Elves	Breakfast	Home & Garden	
				Blood Pressure	
	AARP		Salon 9:15–2:00	Salon 9:15–3:00	
-		-			
10	11	12	13	14	
Attorney	Celina w/COA		Holly Hearing	Botanical Garden	
	Lunch Bunch		MGM	Valentine Party	
	Board Meeting		Breakfast		
	AARP		Salon 9:15–2:00	Salon 9:15–3:00	
17	18	19	20	21	
Closed	Great Lakes	Senior Market	Vets	Ethnic Lunch	
Today	Theater		Presentation		
	AARP	Comfort Elves	Breakfast		
			Salon 9:15–2:00	Salon 9:15–3:00	
24	25	26	27	28	
Bowling	Mardi Gras	Foot Dr.	Grande Pointe	Celebrate Leap	
	Party		Breakfast	Day	
		National Clam			
	AARP	Chowder Day			
			Salon 9:15–2:00	Salon 9:15–3:00	



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Pauline	Lattanzio	1	Robert	Smalley	9	Frieda	Lorik	17
Ray	Szymanski	1	Beth	Block	10	Carole	Snowfleet	18
Greg	Estep	2	Mary Jane	Mascella	10	Kathy	Brown	19
Dolores	Morelli	2	Donald	Cerne	11	Richard	Buehner	19
Dolores	DePaul	3	Florence	Lunato	11	Evelyn	Lekorich	19
Sandra K.	Gifford	3	Bernice	Merhar	11	John	Scott	19
Beatrice	Jerkich	5	Pat	Hassett	13	Peggy	Scott	19
Donna	Krejsa	5	Jennie	Panella	14	Erwin	Mandau	21
David	Knight	6	Robert	Panella	14	Monica	Smart	21
Jacquelyn	Aplis	7	James	Skrocki	14	Carmen	Schembre	22
Donna	Gliha	8	Gary	King	15	Rose	Wolf	22
Nancy	Gross	9	Dale	Pierce	15	Arrena	Landsmann	23
Irena	Johansonas	9	Margaret	Abel	17	Gloria	Brock	27
Crystal	Mars	9	-			Beatrice	Schaefer	27

HAPPY BIRTHDAY

THE GROUNDHOG DID-NOT SEE IT'S SHADOW, AND SAID IT WILL BE A EARLY SPRING
HOWEVER THE LITTLE BUGGER WAS WRONG LAST YEAR. SO WHO KNOWS.
ENJOY YOUR EXTRA DAY THIS YEAR.
FEBUARY THE 29th.

COUNTRY NEW YEAR 2020













TO ALL A HAPPY NEW YEAR

NEW YEAR PIG DROP 2020













10-9-8-7-6-5-4-3-2-1 HAPPY NEW YEAR