

J.F.K. SENIOR CENTER BULLETIN NOVEMBER 2019

1580 East 332nd Street Eastlake, Grace Giangiacomo, Senior Center Director Brochure on line at www.eastlakeohio.com

Ohio 44095 TEL440-975-4268

E-Mail: gg@eastlakeohio.com Hours: 7:30 am. - 4:00 pm.

Monday, Tuesday, Thursday, Friday Wednesday, 7:30 am. - 8:30 pm.

The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass

Music starts at 6:30 pm. A concession stand and lots of fun.

Pop in and join us. It's Free to all

The Center will be CLOSED on November 28[™] & 29[™] in honor of Thanksgiving.

The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED.	9:00 am to 12:00 pm	
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year	
WOODBURNING	TUESDAY (will return in Sept)	9:00 am	
BINGO	TUESDAY & FRIDAY	12:30-2:30 3¢ per card	
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00 am – 11:00 am	
LINE DANCING	THURSDAY (Experienced Dancers)	1:00 pm (\$2.00 per class)	
LCR	THURSDAY	12:30 pm	
PINOCHLE	FRIDAY	12:30 pm	

Chair Yoga with Diane Monaco	Monday, 9:00 am
Low Impact Strength Training w/Diane N.	Mon., 1:15pm-2:00pm
Cardio & Core with Diane Nichols	Tuesday, 10:30am – 11:15am
Zumba Gold with Diane Nichols	Wednesday, 10:00 am – 10:45am
Exercise with Diane;Thurs., 9:15am-10:15am	Stretch & Core;Thurs.10:15am -10:45am

OUR THOUGHTS

We extend Condolences to Sommai Rama on the loss of her son and Somnuk Khaikeaw on the loss of her nephew.

FOOD BANK

If you can, please BRING CANNED POTATOES or INSTANT POTATOES.

They are well needed for the Holiday Season.

The Food Bank will need our help with the Holiday Season.

THERE WILL BE A BOX IN THE OFFICE TO DROP THE FOOD OFF.

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HAIR SALON

The Holidays are getting near. Don't forget to make your appointments early.

NUTRITION SITE LUNCH

LUNCH WILL BE SERVED IN LOCATION TO BE ANNOUNCED BECAUSE OF VOTING DAY, Tuesday, November 5th.

THANKS FOR YOUR UNDERSTANDING.

TURN YOUR CLOCKS BACK

Sunday, November 3rd

BUSINESS SATURDAY, NOVEMBER 30TH (AT THE CENTER)

We will be hosting Local Businesses this day. Come and check it out. 9:00am-2:00pm

HOLIDAY BOUTIQUE/CHRISTMAS BOUTIQUE

Just a reminder to tell all your friends and relatives about our Boutiques on Sat., November 9th and Saturday, December 14th .

Pick up a copy of the flyers and leave them at the doctors office, your dentist's office, the grocery store...you get it. Help advertise for your Center!

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DON'T FORGET TO VOTE

Don't forget to get out and vote. Know all the issues and candidates before you vote.

NOVEMBER 5TH -- THIS IS AN IMPORTANT DAY.

MITTEN TREE

It's that time of year again. Winter is near-by, so the Christmas Tree for Mittens will be up. If you can, please donate any new Hats and Mittens (gloves). Irene and Brenda run this program for the kids of Head Start so that they can stay warm when the chill turns to cold,



The Eastlake Senior Center is funded by the City of Eastlake and the Lake County Senior Citizen's Services Levy. Please continue to sign in, it helps with our share of levy funds.

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HEALTH AND WELLNESS YOGA

Don't forget we are here on Monday for Chair Yoga. Reduce your stress and don't forget it's a chance to meet people and socialize. We meet at 9:00am on Monday mornings.

Hope to see you there

2020 MEDICARE PLAN

Pre-Open Enrollment Reviews available with Lori Lipton: Mon., Nov. 4th thru Fri., Nov. 8th. Review appointments are available starting at 9:30am. Please sign up in the office or call here for ½ hour pre-enrollment review appointments.

Open Enrollment Period for Medicare Advantage and Medicare prescription drug coverage. Each year, you can make changes to your Medicare Advantage or Medicare prescription drug coverage for the following year by filling applications.

FOOT DOCTOR

DATE:Wednesday, November 27th (TIME:8:00am – 2:00pm) \$20.00 donation (PRE-REGISTRATION IS REQUIRED)

ANTHEM MEDICARE PLAN REVIEW

Lori Bellman will be here to help you with all your Medicare enrollment needs. Date: Weds. Nov. 20th Time: 10:00-11:00

PARTIES AND GET-TOGETHERS BREAKFAST WITH GRANDE POINTE

Grande Pointe will be joining us again in the Lobby. Breakfast will be served at 9am.

Be sure to sign-up in the office by Nov. 11^h.

DATE: Friday, November 15th

TIME:9:00am in the Lobby

HILLTOP

Tami from Hilltop will be here hosting a good old ice cream social.

Stop by, have a bowl and socialize!

Date: Monday, Nov. 11th Time: 12:00-1:00pm

TURKEY BOWL

Enjoy a bowl of Turkey Soup & dessert sponsored by Heartland. TURKEY BOWL!!!!!!

DATE: Thursday, November 21st Cost:\$3.00 TIME:12:15pm-2:00pm

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CHRISTMAS HOLIDAY PARTY

Please sign up for our Christmas Holiday Party at Patrician Party Center in Eastlake.
It will be a sit down Family Style Dinner. Menu will be in the office.
Sign-up in the office at your convenience, but no later than December 9th
DATE: Friday, December 13th COST:\$25.00pp TIME:11:00pm-3:00pm

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NUTRITION SITE CLOSED MONDAY, NOVEMBER 11TH

The Nutrition Site is closed in honor of Veterans Day. The center will be open.

DAY TRIPS (ALL WILL BE WEATHER PERMITTING) GREAT LAKES THEATER

Please sign up for a matinee featuring Music Man at the Hanna Theater.

DATE:Tuesday, November 5th COST:\$25.00 TIME:9:00am-1:00pm

ROCKSINO

Incentive will be \$20.00. Grab a friend and go have fun.

DATE: Thursday, November 7^h COST:\$5.00

TIME: 9:15am-3:00pm

HARTVILLE

Weather permitting, we will travel to Hartville.

DATE: Monday, November 11th COST:\$5.00 TIME:8:15am-3:30pm

GRAYS ARMORY

Take a guided tour of the Armory and learn about its history in Cleveland.

Lunch at Petie's in Willowick on your own after!

Date: Tuesday, November 12th Cost: \$9 Time: 10:30am

LUNCH BUNCH

Riders Inn in Mentor is the place we are going to!

DATE:Wednesday, November 13th COST:\$5.00 TIME:11:30am-2:00pm

GARDNER PIE AND MAIZE WINERY

Let's go south! We'll stop by Gardner Pie to grab your holiday pies then stop at the Maize Winery for lunch and, perhaps, some wine and shopping!

Date: Thursday, Nov. 14th Cost: \$5 Time: 9:45-4:00pm

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LI WAH RESTAURANT

Enjoy Chinese and a bit of shopping at the plaza.

DATE:Tuesday, November 19th COST:\$5.00

CHRISTMAS CONNECTION

Trip to the IX Center for the FUN Christmas show.

Do some early Christmas Shopping.

If interested they're offering a special lunch for \$14 or \$7 (purchased that day). in DATE: Friday, November 22nd Cost:\$16.00 TIME:9:30am-3:00pm

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PRESQUE ISLE

We are off to Presque! Hop on the bus for some more Gambling Fun.

DATE: Tuesday, November 26th COST:\$5.00

TIME:9:30am-4:30pm

TIME:11:30am-2:00pm

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CHRISTMAS CAROL

Sign-up for this classic tale of one man's ultimate redemption at the Ohio Theater.

DATE:Wednesday, Dec. 4th COST:\$23.00 TIME:10.00am-1:30pm

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CLEVELAND ORCHESTRA

Enjoy the works of Berlioz and Tchaikovsky at beautiful Severance Hall.

Pre-concert lecture with muffins and coffee

Date: Friday, Dec. 6th Cost: \$32 per person Time: 9:15-1:00pm

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DON'T FORGET TO THANK A VETERAN 11/11/2019

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NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				1 Blood Pressure Salon 9:15–3:00	
4	5	6	7	8	
LORI LIPTON	vOTEVOTEVOTE LORI LIPTON Music Man	LORI LIPTON Comfort Elves	Rocksino LORI LIPTON Salon 9:15–2:00	LORI LIPTON Salon 9:15–3:00	
11	12	13	14	15	
Attorney Hartville Hilltop social	Grays Armory	Lunch Bunch	Gardner Pie/ Maize Winery	Grande Pointe	
Kitchen Closed		$\overline{}$	Salon 9:15–2:00	Salon 9:15–3:00	
18	19 Li Wah	20 Senior Market Comfort Elves Anthem Medicare	21 Turkey Bowl	Christmas Connection Salon 9:15–3:00	
25	26 Presque Isle	27 Foot Dr.	Closed Happy Thanksgiving!!	29 Closed	



NOVEMBER BIRTHDAYS

Ann	Harrivel	1	Marjorie	Vandestadt	10	Rosemarie	Kazar	18
Theresa	Smith	1	Elaine	Allen	11	Cindy	Lester	18
Marlene	Cameron	2	Dahlia	Braccia	11	Carmen	Tripepi	20
Margene	Calvo	3	Samia	Gad	11	Thomas	Fritsch	22
James	Sapio	3	Gary	Jacobs	11	Donna Marie	Gilbert	22
Paul	Castellano	4	lda	Vallo	11	Valeria	Korosec	22
Rick	Lasko	4	Julie	Scheuer	12	June	Slapnik	23
Marie	Lubecky	4	Angela	Bagliano	13	James	Albanese	25
Dennis	Brandt	5	Erline	Fletcher	13	Barb	Arbuckle	25
Rita	Clay	6	James	Janosky	13	John	Simpson	25
Gay	Goden	6	Richard	Karlovec	13	Rita	Mzik	26
Carol	Leder	6	Rosemary	Glogovsky	15	Janet	Pintar	27
Richard	Mook	6	Betty	Lopez	15	Carole	Zalokar	27
Ann	Klingman	7	Lorry	Lutz	15	John J.	Duka	28
Diane	Rogazione	8	William	Socha	15	Yvette	Ladiha	28
Delores	Green	9	James	St. Clair	15	James	Larkin	28
Celine	Burger	10	Lulubell	Brown	16	Kip	Nelson	28
Sandra Ann	Jenda	10	Carol	Szymanski	16	Catherine (K	aMinardo	29
Deborah	Jenkins	10	Paula	Iseman	17	Richard	Apicello	30
			Margaret	Mitch	17			

HAPPY BIRTHDAY

HALLOWEN 2019













WEDNESDAY NITES GREAT PARTYS

A WEDDING AT HALLOWEEN













Y'ALL COME ON DOWN AND JOIN US NOW