



J.F.K. SENIOR CENTER BULLETIN
OCTOBER 2018

1580 East 332nd Street Eastlake, Ohio 44095 TEL440-975-4268
 Grace Giangiacomo, Senior Center Director E-Mail: gg@eastlakeohio.com
 Brochure on line at www.eastlakeohio.com
 Hours: 7:30 am. - 4:00 pm.

Monday, Tuesday, Thursday, Friday Wednesday, 7:30 am. - 8:30 pm.
 The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass
 Music starts at 6:30 pm. A concession stand and lots of fun.
 Pop in and join us. It's Free to all



The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED.	9:00 am to 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUESDAY & FRIDAY	12:30-2:30 3¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00 am – 11:00 am
LINE DANCING	THURSDAY (Experienced Dancers)	1:00 pm (\$2.00 per class)
PINOCHLE	FRIDAY	12:30 pm
Chair Yoga with Kate	Monday, 9:00 am	
Aerobics and Cardio	Tuesday, 10:30am	
Low Impact Strength Training w/Diane		Monday, 1:15pm
Zumba with Diane (Low Impact)	Wednesday, 10:00 am	

Exercise with Diane; Thurs., 9:15 am	Core & Strength Class w/Diane; Thur., 10:00am
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UNITED HEALTHCARE

Charles Jennings from United Healthcare will be here to answer any questions you may have.

DATE: Monday, October 22nd

TIME: 9:30am



NOTES

***PLEASE NOTE YOU CAN STILL SIGN-UP FOR TRIPS, BUT WE WON'T KNOW IF IT WILL BE A GO UNTIL THE BUS IS REPAIRED.
IF THE OCTOBER 5TH TRIP CANNOT GO BECAUSE OF THE BUS, IT WILL BE RESCHUDULED FOR TUESDAY OCTOBER 23RD***



CENTER NEWS

OUR THOUGHTS

We extend GET WELL WISHES to: Grace Kaleal, and Margie Mayne, hope you are feeling better. Condolences to the families of Janet Kovach and John Dolce.



COLUMBUS DAY OCTOBER 8th

Please note that the Center will BE OPEN on Columbus Day, as well as Lake Tran, for those who ride. Although, if you plan on having lunch, the kitchen will be closed.



CERAMIC CLASS

Please note there is a change in the Ceramic Room Classes. The Room will only be open Monday, Tuesday, and Wednesday from 9:00am-2:00pm



FALL BOUTIQUE/HOLIDAY BOUTIQUE

Just a reminder to tell all your friends and relatives about our Boutiques on Sat., Nov 3rd & Sat, Dec. 8th. Pick up a copy of the flyer's and leave it at your doctor's office, your dentist's office, the grocery store...you get it. Help advertise for your Center!



JFK SENIOR CENTER BOARD

Want to be on the JFK Board, Sign-up now, for election is in Nov. This is your chance to help in the decisions of the future of our Center. If interested please contact any board member.



MITTEN TREE

It's that time of year again. Winter is near-by, so the Christmas Tree for Mittens will be up. Please donate any new Hats or Mittens (gloves). Irene & Brenda run this program for the kids.



SPOOKY BOUTIQUE...DON'T FORGET

Don't forget our Spooky Boutique on October 13th, MARK YOUR CALENDAR, and tell all your family and friends. Sign-up if interested in helping for the Bake Sale. 9-3.



CHRISTMAS PARTY

Mark your calendar for Fri. Dec.14th at the Patrician. More info to follow.



PARTIES AND GET-TOGETHERS

NATIONAL TACO DAY

Sponsored by Heather from Country Place. Sign up in the office. In the lobby.

DATE: Tuesday, October 2nd COST:\$2.00 TIME:12:00 Noon



BREAKFAST WITH GRAND POINTE

Jason will be in the Lobby, with muffins and yogurt. Sign-up by Oct. 6th.

DATE: Tuesday, October 9th TIME:9:30am



CHAGRIN RIVER SALMON ASSOCIATION

Here for their yearly event Sat, Oct. 20th at 6:00pm. Sign-up for tickets in the office.



HALLOWEEN PARTY

Let's scare up a chilling time with a cauldron of "Witch's Brew" and "Vampire Blood"

Wear your funniest Hat or Shirt, and if in a costume...better yet! "Bring out the ghoul in you"

DATE:Wednesday, October 31st COST:\$2.00 TIME:Noon



DAY TRIPS

FALL TRAVEL

We are going to Smucker's and other shopping surprises. Lunch on your own at Mrs. Yoder's

DATE: Friday, October 5th COST:\$5.00 TIME:8:00am-5:00pm



HARTVILLE

DATE:Monday, October 8th COST:\$5.00 TIME: 8:15am-3:30pm



EUCLID CULINARY BISTRO

Their Grand Opening Buffet, menu will be in the office.

DATE:Wednesday, October 10th COST:\$14.00 TIME:11:15am-1:15pm



HOLLYWOOD CASINO

We are traveling to Youngstown, grab a friend and go have fun.

DATE: Thursday, October 11th COST:\$7.00 TIME: 9:15am-4:30pm



OUR ANNUAL TRIP TO THE WESTSIDE MARKET

First stop Westside Market, then off to Peterson Nuts, and then Galluci's. Lunch on your own. Who knows we just might make another stop!

DATE:Friday, October 12th COST:\$4.00 TIME:9:30am- 2:00pm



TRINITY CATHEDRAL

Come and enjoy a tribute to Julie Andrews. Pack a lunch or buy Freewill Offering for \$7.00. Enjoy.

DATE:Wednesday, October 17th COST:\$4.00 TIME:11:15am-1:30pm



LUNCH BUNCH

Off to Beaus's on the River, in Cuyahoga Falls. Menu will be in the office.

DATE: Tuesday, October 16th COST: \$4.00 TIME:10:30am – 1:30pm



SHORE CULTURAL CENTRE

SHREK THE MUSICAL, this production is a musical for all ages. Come & see. Lunch TBD.

DATE: Friday, October 19th COST:\$15.00 TIME: 9:15am- 1:00pm



WINE HOP

Our venues will be determined later. It will 3 to 4 stops.

DATE:Friday, October 26th COST:\$5.00 TIME:11:00am-4:00pm



PRESQUE ISLE

DATE: Tuesday, October 30th COST:\$7.00 TIME:9:15am- 4:30pm



GREAT LAKES THEATER

Please sign up for a matinee featuring Mamma Mia at the Hanna Theater.

DATE:Wednesday, November 7th COST:\$24.00 TIME:9:00am 1:00pm



CLEVELAND ORCHESTRA

Please sign up for a matinee featuring RAVEL'S BOLERO

.DATE:Friday, November 9th COST:\$31.00 TIME:10:00am2:00pm<



OCTOBER BIRTHDAYS

Karen	Eichler	1	Doris	Wright	12	Barbara	Emig	23
Donna	Hoffman	1	Robert	Vidrick	14	Diana	Hiser	23
Margie	Mayne	1	Ann	Cinalli	16	Carol	Luich	23
Bernard	Goodrich	2	Mary Ann	Moore	16	Iris	Clarke	24
Diana L.	Helmink	2	Karen	Liming	17	Carol	Pietch	24
Rebecca	Podoba	2	Elaine	Marin	17	Justine (Kare)	Williams	24
Carol	Thobaben	3	James	Russell	17	Robert	Daubenmire	26
Stephen	Ellis	5	Hildy	Dugan	18	Thomas	Burd	27
Richard	Price	5	Ronald	Mona	18	David	Fabian	27
James	Floyd	6	Sheila	Griffin	20	Jean	Helmick	27
Lilliana(Cater)	Lazzano	7	Janice	Brewer	21	Mary	Sheplavy	29
Michele	Slokar	7	Patricia	Kremiller	21	Woodrow	Simpson	29
Alice	Smalley	7	Jeanne	Maloney	21	Ruth	Carani	30
Joyce	Creter	8	George	Petterson	21	Michael	Gill	30
David	Jacobson	8	Pauline	Barbish	22	James	Hradesky	30
Jeffrey	Simpson	8	Patricia	Burkey	22	Hubert (Bert)	Smith	30
Arthur	Klein	11	Janice	Rinaldi	22	Dorothy	Perkins	31
Katherine	Warren	11	Carmella	DiFrancesco	23	Frank	Smoley	31

HAPPY BIRTHDAY

The Eastlake Senior Center is funded by the City of Eastlake and the
Lake County

Senior Citizen's Services Levy.
Please continue to Sign-In upon Arrival.

OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Taco Day	3 Comfort Elves	4 Salon 9:15–2:00	5 Fall Travel Blood Pressure Salon 9:15–2:00
8 Hartville Attorney Nutrition Site Closed Today	9 Celina w/COA Board Meeting Grande Pointe Vets Table	10 Culinary Bistro	11 Hollywood Casino Salon 9:15–2:00	12 Westside Market Salon 9:15–3:00
15	16 Lunch Bunch	17 Comfort Elves Trinity Cathedral	18 Salon 9:15–2:00	19 Shrek Musical Salon 9:15–3:00
22 United Healthcare	23	24 Foot Dr. Senior Market	25 Gateway Salon 9:15–2:00	26 Wine Hop Salon 9:15–3:00
29	30 Presque Isle Medicare Check-up	31 Halloween Party Holly's Hearing		

TILL THE NEXT TIME
STAY SAFE AND WELL