J.F.K. SENIOR CENTER BULLETIN

1580 EAST 332 STREET EASTLAKE, OHIO 44095 (440) 975-4268

Grace Giangiacomo-Senior Coordinator E-Mail gg@eastlakeohio.com Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm

NOVEMBER 2012

The JFK Senior Center is open to the public every Wednesday Night. We have live country music, a concession stand and lots of fun.

Pop in and join us, it's Free to all.



HAPPY THANKSGIVING

THE CENTER WILL BE CLOSED THURSDAY, NOVEMBER 22ND AND FRIDAY, NOVEMBER 23RD

SEE YOU BACK HERE ON MONDAY NOVEMBER 26TH

"HAVE A WONDERFUL THANKSGIVING"

The JFK Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required.

(Unless noted below)

MON. TUES. WED. FRI.	9:00am to 2:00pm
MONDAY - FRIDAY	\$15.00* per year
TUESDAY	9:00 am
TUES. & FRI.	12:30-3:00 3¢ per card
WEDNESDAY	8:30 am
1st 2nd & 4th WEDNESDAY	9:00 am – 11:00am
THURSDAY	1:00 pm
THIRD WEDNESDAY	9:00am-11:00am
4 th Thursday	12:30 pm
FRIDAY	12:30 pm
	MONDAY - FRIDAY TUESDAY TUES. & FRI. WEDNESDAY 1st 2nd & 4th WEDNESDAY THURSDAY THURSDAY THIRD WEDNESDAY

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES NOVEMBER MOVIES ALL NEW RELEASES

November 1st "Darling Companion" (With Diane Keaton , Kevin Kline, Comedy) November 8th " October Baby" (With Rachel Hendrix, John Schneider, Drama) November 15th "People Like Us" (With Chris Pine, Michelle Pfeiffer, Comedy)

November 22nd CLOSED FOR THANKSGIVING

November 29th "Peace, Love and Misunderstanding(With Jane Fonda, Catherine Keener, Comedy)

The Movie will start again at 12:30 Check the day before the movie for any changes.

SENIOR INFO PAGE

OUR THOUGHTS

GET WELL WISHES are extended to: Jane Stern, Caroline Wheaton and June and Richard Bliss.

Hope you are all feeling better soon.

SYMPATHY is extended to the families of: Pearl Huff, Doris Sraj, and Philip Mattingly in the passing of his son William Mattingly.

CLEANING THE CENTER

DATE: Wednesday, November 7th& 21st

TIME: After Lunch

FREE COMPUTER CLASSES

VISITING ATTORNEY, FRANK MANNING

Frank Manning will not be here the month of November, if anyone needs to speak with him, you can call his office at 440.266.0700.

LOST AND FOUND

Check with the office, we have quite a few items that have been left behind and have not been claimed. If anyone is missing glasses or keys, stop by and see if they are yours.

JEAN KING

Jean King, Resource Specialist with the Lake County Council on Aging, will be here this month if you would like to speak with her. She will continue with her presentations at a later date.

BOARD MEMBERS

Anyone who is interested in joining the board, please let one of your officers know. Voting will be on election day, November 6th.

CHARTER BANK

Jen from Charter Bank will be here to speak about budgets and what to (In the Lunchroom) buy or not buy!

DATE: Friday, November 2nd TIME: 12:00pm - 12:30pm

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OSHIIP

Ken Selander will be in the office, to help any medical billing problems.

DATE: Thursday, November 8th & 15th

TIME: 10:00am - 12:00pm

HOME INSTEAD SENIOR CARE

Bill Widlits, owner of Chestnut Homes, will be here to talk about minor home repair with tips on do-it-yourself home repairs. (In the Library)

DATE: Friday. November 9th TIME:10:30am - 11:30am

BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, November 13th

TIME: 10:00am - 11:30am

FOOT DOCTOR

\$15.00 donation

DATE: Wednesday, November 21st

TIME: 8:00am - 4:00pm

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BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE: Tuesday, November 27th TIME:10:00am - 11:30am

LAKE COUNTY RECORDER

Jason will be here to talk about what the Recorder's Office does and what is provided by them to Lake County Citizens. Learn about why recording your Living Will or Power of Attorney would be an added convenience to (Interesting Information, well worth learning about) you.

DATE: Friday, November 30th TIME: 10:30am - 11:15am

GROUPS AND CLUBS

VETERANS CLUB

Come and enjoy a movie depicting a true story. The movie Honor and Glory will be shown. The movie will last 1½ hours, come and relax with your fellow veterans.

DATE: Friday, November 2nd

TIME:9:30am- 11:30am

BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, November 13th at 9:00am.

The Open Meeting will be at 11:00am.

L.C.R.

Join us to play a fun game of L.C.R. Beginners are encouraged to join in the fun and it's easy too! \$5.00 will allow you to play 6 games.

DATE: Thursday, November 15th

TIME: 12:30pm

RED HAT PEARL BELLES

The Red Hat Pearl Belles will be meeting at Peties at Shoregate for lunch.

DATE: Tuesday, November 20th

TIME: 12:30pm

WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player, all are welcome just show up or call the center for more info.



DAY TRIPS AND OUTINGS

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HARTVILLE

As long as the weather cooperates we will travel to Hartville!

DATE: Monday, November 5th COST: \$4.00 TIME: 8:15am – 3:30pm

AMISH CHRISTMAS TRIP

An Amish Christmas Trip guided by Sarah Grover. Jump on board and take this journey to Amish Country. Decorate some cookies, visit a bulk food store, enjoy some hot cider, then sit down to a fully cooked Amish Turkey Dinner with all the trimmings, and finish off with some Christmas shopping in a Bakery and Gift shop.

DATE: Tuesday, November 6th COST: \$42.00 TIME: 9:30am – 6:00pm

WHOLEFOODS/TRADER JOES

The trip will start out with lunch on your own at Five Guys Restaurant, then off to do a little shopping on Chagrin Blvd.

DATE: Monday, November 12th COST:\$4.00 TIME:11:15am – 3:00pm

LUNCH BUNCH

WESTSIDE MARKET

HIKE

A new Metro Park, Pete's Pond, is the place to hike this month, bundle up and join your fellow hikers and try this new trail by Wickliffe High School.

DATE:Tuesday, November 20th TIME: 10:30am –1:30pm

COST:\$4.00

TRINTY CATHEDRAL BROWN BAG CONCERTS

Cleveland's premier Big Band play tunes from the "Golden Years" DATE: Wednesday, November 28th COST: \$4.00 TIME:11:00am-1:30pm

WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday. Music starts at 6:30pm. ALL ARE WELCOME, SO BRING YOUR FRIENDS.

A Concession stand with coffee, donuts, and other items are available for purchase.

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BREAKFAST WITH JERRY'S GIRLS

French Toast Sticks, Sausage Patty & Scrambled Egg Juice, Coffee

(Sign up in the office)

DATE: Wednesday, November 7th

TIME:9:15am - 11:00am

COST: \$3.50

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"TURKEY" GET TOGETHER

Come and join us for some pre-thanksgiving fun.

Let's have some Turkey Soup & Pumpkin Pie. Bring some of your favorite holiday recipes to share and we will have a fun game of "Turkey Bowl"

DATE: Thursday, November 15st

TIME:12:15pm – 1:30pm

BRANSON MOVIE/ENTERTAINMENT

Dave and Louise Wayner are sharing the latest Branson Video with us.

Come and see the entertainment video and enjoy lunch and a show. We will have BBQ Pork Sandwich, Baked Beans and Cole Slaw. If we can't go to Branson...Branson is coming to us!

DATE: Tuesday, November 27th

TIME:1:00-3:30pm

COST: \$3.00

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SENIOR TRAVEL PAGE CASINO AND VACATION TRIPS

DATE	INFORMATION
Friday, Nov. 30 th Presque Isle and Station Dinner Theater \$48.00pp	Presque Isle Casino & Station Dinner Theater: Leave JFK Center 10:00am Arrive Presque Isle 11:30am Casino Bonus, \$20.00 Free Play \$5.00 Food Coupon Depart for Station Theater 5:30pm Sit Down Family Style Dinner with a Christmas Memories Show. Arrive Home Approximately 10:30pm

Please sign up early to assure Trips go out and are NOT CANCELLED.

Please check the office for any cancellations on trips, or if any partnered trips come up with other Centers.

IX CHRISTMAS CONNECTION

Come and join in on a full filled Christmas shopping with Live Holiday Music and lots of different vendor stands. Wear some comfortable shoes, for there is a lot of walking. You can pack a lunch or purchase something at the show. Enjoy.

DATE: Friday, November 16th TIME: 9:00am – 3:00pm

COST:\$11:00

BEAUTY SALON

OPEN EVERY FRIDAY 9:15am - 2:30pm

\$1.00 off Ladies Haircuts, with a FREE shampoo
Nail Shellac last for 2-3 weeks...the latest craze for your nails, the power
polish!

Men's Haircuts \$7.00

Come in and try the Salon's services and support your Senior Center.

INFORMATION ON MEMBERSHIP VOTING

Voting will take place the second Tuesday in the month of November, which will be November 6th. Voting will start at 8:30am and will end at 11:00am. Voting will take place in the main lobby, elected voting personnel will be there to supply ballots to eligible voters, ie. JFK members. Ballots will be deposited in a sealed box to be counted by an approved JFK member not later that end of the same day.

There is one position open and at this time we have two people that will be running for that position:

Barbara Arbuckle AND Elaine Allen

VETERANS DAY

The Nutrition Site will be closed on Veterans Day, November 12th. Anyone wanting lunch that day, please sign up in the office. We will have Chicken Soup, Pepperoni Pizza Slice and Salad.

DATE: Monday, November 12th

COST:\$1.25

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JFK TREASURE TABLE (FORMALLY WANDA'S TABLE)

Anyone bringing in items for our sale table, please bring them into the office so Maxine can price them. Thank you to everyone who helps us to keep the table full.

We are looking for donated items to sell on the JFK tables, also if you or anyone you know would like to sell their own merchandise spaces are available at 15 dollars



Sunday, November 18° 1:00 p.m. to 6:00 p.m.



1580 East 332rd Street Eastlake, OH 44095 440/975-4268 ang5kids@gmail.com

Boutique Tables Craft Tables Miscellaneous Items







Chinese Auction Concession Stand Hot Dogs, Chili Dogs & Hamburgers

> Bring the Whole Family Find Unusual Gifts & Treasurers Plus Good Food & Great Prices!



** ADMISSION FREE *

The JFK Senior Center is a non-profit organization. Any proceeds from this event will benefit the Center on its much needed repairs. For more information or to reserve a table call 440/975-4268

PLEASE SHOW THIS TO ALL YOUR FRIENDS AND REMEMBER THIS EVENT IS FOR OUR CENTER AND YOU, SO PLEASE SHOW US YOUR SUPPORT AND COME OVER AND VIST US THIS NOVEMBER 18th WE WILL HAVE SOMETHING FOR EVERYONE.

WEDNESDAY NITES

THANKSGIVING Wed November 14th

That's our next big party folks, It's a bring a dish to share party.

There will be lots of food and goodies for all, Dress as Pilgrims or Indians if you wish, but whatever come on down.

Good food, music, & company, only thing missing is you.

May your stuffing be tasty, May your turkey be plump,
May your potatoes and gravy, Have nary a lump.
May your yams be delicious, And your pies take the prize,
And may your Thanksgiving dinner, Stay off your thighs!
Happy Thanksgiving Folks

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Please find the following hidden words:

available, walking, allies, pronoun, adjust, whale, project, despair, respect, nourish, protect, advice, joint, seal, season, plural, wheel, lucky, congeal, aplomb, knowledge, whimsy, quiz, quantum

NMDMETEIMWEYAPAS

NOVEMBER

MON	TUE	WED	THU	FRI	
			1 Movie Darling Companion	2 Charter Bank Veterans Club	
5 Hartville	6 Voting Day Amish Christmas	7 Cleaning Breakfast	8 Movie/October Baby Oshiip	9 Home Instead	
12 Whole Foods Trip Nutrition Site Closed	13 Jean King Blood Pressure Board Meeting	14 Lunch Bunch	15 Movie/People Like Us Oshiip/LCR Turkey Get Together	16 IX Christmas Connection	
19 West Side Market	20 Red Hats Hike	21 Cleaning Foot Dr.	22 Closed Today Happy Thanksgiving	23 Closed Today. Relax, Enjoy the Leftovers!	
26	27 Blood Pressure Branson Video	28 Trinity Cathedral	29 Movie Peace Love & Understanding	30 Lake County Recorder	

HOPE YOU HAVE A GREAT MONTH.

NOVEMBER BIRTHDAYS

John	Olwert	1	Julie	Scheuer	12	Valeria	Korosec	22
Margene	Calvo	3	Richard	Karlovec	13	Ruth	Jerala	23
Marie	Lubecky	4	Bernedette	Izzi	14	Wanda	Marcum	23
Carol	Kothera	5	Linda	Frame	15	Jennie	Greenwald	24
Patricia	Lariccia	5	Patricia	Hubany	15	James	Albanese	25
Jeannie	Pengal	5	Lois	Phillips	15	Barb	Arbuckle	25
James	Kisela	6	James	St. Clair	15	Phyllis	Brussee	25
Emilia	Kvasty	6	Lulubell	Brown	16	Stanley	Good	25
Richard	Mook	6	Karen	Preto	16	Betty	Wilson	25
Fred	Kitchen	7	Carol	Szymanski	16	Linda	Battaia	26
Ann	Klingman	7	Catherine	Thomas	16	Dale	Beckford	26
Harry	Zingale	7	Joe	Vaidean	16	Jan	Boyd	26
Judy	Bruss	8	Patricia	Adler	18	Karen M.	Kolish	26
Celine	Burger	10	Martha	Pollizi	18	Rita	Mzik	26
Marjorie	Vandestadt	10	Rita	Farley	19	Carol	Andrews	27
Elaine	Allen	11	Margaret	Ruff	19	Janet	Pintar	27
Hattie	Pizzi	11	Catherine	Lewis	20	Yvette	Ladiha	28
lda	Vallo	11	Bruce	Stevens	20	James	Larkin	28
Anne	Helmick	12	Carmen	Tripepi	20	Catherine (KaMinardo		29
Richard	Kelso	12	Betty	Meskunas	21	Arlene	Wagemaker	29
Blanche	Loomis	12	Jeff	Selander	21	Catherine	Skrinjar	30
Ellen	Mitchell	12	Thomas	Fritsch	22	Barbara	Taraska	30

PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP

IF YOUR BIRTHDAY IS IN NOVEMBER 2012
AND IS NOT ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2012

J.F.K. CENTER IN PICTURES



HAPPY NOW THE CLOWN AT SUMMERS END PARTY



WEDNESDAY NITE HALLOWEEN PARTY



Y'ALL COME AND JOIN US NOW