J.F.K. SENIOR CENTER BULLETIN

1580 EAST 332 STREET EASTLAKE, OHIO 44095 (440) 975-4268

Grace Giangiacomo-Senior Coordinator
E-Mail gg@eastlakeohio.com
Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm

MARCH 2012

The JFK Senior Center is open to the public every Wednesday Night. We have live country music, a concession stand and lots of fun.

Pop in and join us, it's Free to all.



Paid for by Save our Seniors Committee - John Crocker Treasurer, 7758 Primrose Dr. Mentor-on-the-Lake, OH 4406

S. O. S. S.
SAVE OUR SENIOR SERVICES

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DON'T FORGET TO RENEW YOUR MEMBERSHIP...AND MOST OF ALL... Please REMEMBER to SIGN IN...regardless of what door you enter through!

The JFK Center offers many programs that meet on a weekly basis.

These activities are free and pre-registration is not required.

(Unless noted below)

| | (Offices fields below) | |
|----------------------|---------------------------|------------------------|
| CERAMICS | MON. TUES. WED. FRI. | 9:00am to 2:00pm |
| EXERCISE ROOM | MONDAY - FRIDAY | \$15.00* per year |
| WOODBURNING | TUESDAY | 9:00 am |
| BINGO | TUES. & FRI. | 12:30-3:00 3¢ per card |
| TAI CHI | WEDNESDAY | 8:30 am |
| COMFORT ELVES | 1st 2nd & 4th WEDNESDAY | 9:00 am – 11:00am |
| LINE DANCING | THURSDAY | 1:00 pm |
| CRAFTY CROCHETERS | FIRST & THIRD THURSDAY | 9:00am-11:00am |
| LCR | 4 th Thursday | 12:30 pm |
| PINOCHLE | FRIDAY | 12:30 pm |

AS OF JANUARY 1, 2012

The cost to join the exercise room will go from \$12.00 to \$15.00 for the year.

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

| Sit Down Exercise | Monday, 12:45pm | Thursday, 9:15am |
|---------------------|-----------------|-------------------|
| Low Impact Aerobics | Monday, 1:30pm | Thursday, 10:00am |
| Stretch & Tone | Tuesday, 9:15am | |

THURSDAY AFTERNOONS AT THE MOVIES ACADEMY AWARD NOMINEES...YOU BE THE JUDGE!

March 1st THE HELP...(With Viola Davis, Emma Stone...PG 13)

March 8th.... WAR HORSE...(With Jeremy Irvine, Emily Watson...PG13)

March 15th...THE ARTIST...(With Jean Dujardin, Al Zimmer...PG13)

March 22nd... HUGO...(With...Ben Kingsley...PG)

March 29th MIDNIGHT IN PARIS...(With Owen Wilson, Rachel McAdams)

WE ARE OPEN FOR ANY MOVIE THAT ANYONE WANTS TO VIEW...JUST BRING IT IN!

SENIOR HELP PAGE OUR THOUGHTS

GET WELL WISHES are extended to: Mary Parks, Margaret Simpson Margherita Newman, Kathy Rogers, and Marilyn Futkos.

Hope you are all feeling better soon.

SYMPATHY is extended to the families of: Stewart W. Morris, Barbara Kramulski in the passing of her brother-law, and Louis Ben Komarony.

Thanks to Edith Di Renzo our "Sunshine Girl" for all our updates.

Please help us keep Edith informed.

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CLEANING THE CENTER:

Our cleaning crew meets on every other Wednesday, if anyone is interested in giving us a helping hand, please let the office know.

WE HAVE <u>2</u> PEOPLE...VOLUNTEER...VOLUNTEER...

DATE: Wednesday, March 14th & 28th TIME: After Lunch

FREE COMPUTER CLASSES

The JFK Center and Tech Wise have partnered with Connect Ohio to bring "Every Citizen Online" training program to Lake County Seniors. There will be a series of three classes, Understanding your Computer, The Internet, and e-mail. You will be registering for all three.

DATE: Monday, March 12th 19th & 26th TIME: 9:30am - 11:30am Wednesday, March 7th 14th & 21st TIME: 6:00pm - 8:00pm

VISITING ATTORNEY:

DATE: Monday, March 26th TIME: 1:30pm to 3:30pm

REGISTER IN OFFICE

IMPORTANT PLEASE READ

Please REMEMBER to SIGN IN...regardless of what door you enter through...It is so important to "YOUR" Center...

Show that you Care and let us know you are there. Your signature helps us with our funding...which we really need!

FOOT DOCTOR

(PRE-REGISTRATION IS REQUIRED)

\$15.00 donation

DATE: Wednesday, March 7th.

TIME: 8:00am- 4:30pm

OSHIIP

The Ohio Senior Health Insurance Information Program is a powerful resource. Ken Selander will help you with any medical billing problems.

DATE: Thursday, March 8th & 22nd

TIME: 10:00am - 12:00pm

SENIOR INDEPENDENCE

BLOOD PRESSURE CHECK (Check Time Change)

DATE: Tuesday, March 13th

TIME: 10:00 - 11:30am

EMBASSY HOMECARE

BLOOD PRESSURE CHECK

DATE: Tuesday, March 27th

TIME: 10:00 - 11:30am

COME LEARN HOW TO SAVE MONEY

Jean King, Resource Specialist with Lake County Council on Aging, will discuss ways for Seniors to take advantage of various discounts available in our community. Presentation at 10:00 with questions and answers to follow, all will take place in the library.

DATE:Tuesday, March 27th

TIME: 10:00am - 11:30am

T.O.P.S.

It's a new year, what a great time to join T.O.P.S., Taking Off Pounds Sensibly. Come and start the new year out with us.

DATE: Wednesday Nights

TIME:5:00pm - 6:30pm

WESTERN & SOUTHERN LIFE

Subject will be listed on the information board in the lobby.

DATE: Tuesday, March 20th TIME: 10:30am

GROUPS AND CLUBS BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, March 13th at 9:00am. The Open Meeting will be at 11:00am.

RED HAT PEARL BELLES

The Red Hats will be joining the JFK Center for the St. Patrick's Day Party. DATE: Thursday, March 15th TIME: After Lunch

L.C.R.

Join us to play a fun game of L.C.R. Beginners are encouraged to join in the fun and it's easy too! \$5.00 will allow you to play 6 games.

March 6th Voting

Don't forget to Vote on March 6th THE LAKE COUNTY SENIOR CITIZENS SERVICES LEVY will be on the ballot. This Levy is for all of Lake County...not just EASTLAKE!

WEAR YOUR LAPEL STICKER EVERYWHERE YOU GO...BE A WALKING BILLBOARD!

CASINO AND VACATION TRIPS

| DATE | INFORMATION |
|--|---|
| April Overnight Trip | Jamestown, New York to see Lucy and Desi Museum. Trip to Museum followed by a lunch then on to a tour of the town they lived in. Final stop Seneca Allegheny Casino for the night. |
| May 20-26, 2012 | Savannah TripFINAL PAYMENT DUE, TUESDAY, MARCH 13 TH |
| July 16 th 17 th | Look for Barb's Casino Hop. Visiting Three Casino's and spending one night at one of the Casino's. |

DAY TRIPS AND OUTINGS HIKE

We are having a much milder Winter...Let's try going to the Chagrin River Park. There is a Fire Ring located there...maybe you can roast hot dogs...just a thought!

DATE: Tuesday, March 20th COST: \$4.00 TIME: 11:00am – 2:00pm SAVE THE DATE: THURSDAY, APRIL 26TH AT PENITENTIARY GLEN NATURE CENTER, A NEW <u>FREE</u> PROGRAM... SENIOR SAFETY SPRING OPEN HOUSE!

LUNCH BUNCH

Culinary Bistro in Euclid located at the old Shore School. You can order off the menu, which will be listed on the information board in the lobby. DATE: Wednesday, March 21st TIME: 11:30am- 1:30pm

\$4.00 (Trans)

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TRINITY CATHEDRAL

Presentation with Violin, Piano, and Strings, featuring Matt Allen and Elizabeth DeMio.

DATE: Wednesday, March 28th Time: 11:30am – 2:30pm

COST: Brown Bag Lunch & Trans. \$5.25

LAKETRAN

FUTURE JFK DAY TRIPS

Tuesday, April 17th ...MUSEUM OF DIVINE STATUES, 1:00PM, COST \$16.00.

Wednesday, April 25th ...TRI C PRESENTS, SWING KIDS AT THE STATE THEATRE, 11:00AM, COST \$4.00.

Friday, May 4th ...CLEVELAND ORCHESTRA, MOZART SYMPHONY, 8:30AM. COST \$20.00.

Wednesday, June 6th...FINE ARTS CENTER PRESENTS, HAIRSPRAY HAIRSPRAY, 12:30PM, COST \$16.00

PARTIES AND COOKOUTS **WEDNESDAY COUNTRY NITE:**

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

Music starts at 6:30pm

A Concession stand with coffee, donuts, pizza and other items are available for purchase.



ST. PATTY'S DAY PARTY

A Mini Corn Beef Sandwich with Green Beer and a "Wee Bit O' the Irish Spirit" (Murphy told Quinn that his wife was driving him to drink: Quinn thinks he's very lucky because his own wife makes him walk!)

DATE: Thursday, March 15th **TIME: Noon Time, After Lunch**

COST: \$3.00 (Sign up in the office)



BREAKFAST WITH JERRY'S GIRLS

We are having a breakfast again, come and join us for some good food, good company, and a good time. We will be having Sausage, Eggs, Hash Browns.

Relax have a cup of coffee and enjoy your friends.

DATE: Friday, March 16th TIME:9:30am - 11:00am

COST: \$2.50 (Sign up in the office)

FISH SANDWICH ON FRIDAY'S

Barb will be selling Fish Sandwich's on Friday's during Lent. Come and **COST: \$1.50** eniov.

DATE: Friday, March 2nd, 9th, 16th, 23rd, 30th TIME: 10:00AM

SENIOR MESSAGE BOARD RECYCLE OLD CELL PHONES

If you have an old cell phone to get rid of just bring it in, they are being sent to our troops overseas. THANKS EVERYONE FOR BRINGING IN YOUR OLD PHONES. I HAVE A LOT TO SEND!

SOUPS ON AGAIN

Every Tuesday we'll be having soup, which will be served in the Lobby by Barb Kramulski. It will be Chicken Noodle and another choice of the day all from "Flavors on the Vine". We are also going to be selling a Breakfast Sandwich; Egg, Sausage, and Cheese on a bun. ENJOY!

DATE: TUESDAY, MARCH 6th 13th 20TH & 27th TIME: 9:30am – 11:00am COST: Soup \$1.25. Sandwich \$1.50

AARP TAX PREPARATION

EVERY Tuesday Starting February 7th through April 10th.

TIME: 9:30am - 2:30pm

(excluding their lunch hour from 12:30pm – 1:30pm)

Come in and book your appointment ...We are now booked thru March 6th!

PET COUPONS

Heavens Homeless Angels has asked anyone to save pet coupons for them. It's to help defray the cost of pet food for their rescue shelter, if so please turn the coupons into the office.

CELLULAR FROM ASSURANCE

A tip from another fellow senior...a discount on cell phones for Seniors..if interested call Assurance at 1-877-566-1281

MARCH FOR MEALS

Join Lake County Council on Aging as they walk to ensure that no Lake County Senior goes hungry!

DATE: Saturday, March 31st TIME: 8:00am – 10:00am

CENTER NEWS

BEAUTY SALON

The Beauty Salon is going well, if you haven't checked it out, take a walk and see what a great place we have...so "close to home".

ST. PATTY'S DAY SPECIAL

\$1.00 off Haircuts \$1.00 off Shampoo & Sets \$5.00 off Perms Manicures \$13.00 Waxing Special \$5.00

ELECTION DAY FUND RAISER

With Eastlake City finances in such a precarious position, our senior center has to raise money if we hope to keep our doors open next year. We've been blessed these past couple of difficult years with a generous donation from deceased member, Robert Nelson. This donation has helped us fill the budget gap, but all good things must come to an end. For next year, we need to find additional funding. Our first major fund raiser of 2012 is an Election Day "JFK Cafe." We will be operating this cafe from 7am to 7pm or until the food runs out. We need a lot of volunteers to make this a success.

First, we are asking all our wonderful bakers to do "their thing" and provide us with muffins, cupcakes, brownies, cookies and other delicious pastries. June Taylor has volunteered to coordinate the BAKE SALE. Stop in the office and sign up. We will also be serving an assortment of beverages and foods, including soup, pizza, and chili. We need volunteers to staff our sales table. Please sign up for one or more hours to help with this activity. We are also asking each Center member to donate one lottery scratch off so that we can create a "lottery scratch off tree" to raffle. Please bring your ticket donation to the Office.

Time is short, Election Day if Tuesday, March 6. If we all pull together we can make this a success. Plan on picking up something for your supper and/or dessert that day – good home cooking for a great cause.

MARCH OUR PAGE

On Friday February 17th the Center lost a very good friend CHAYA

She was a very special dog, who did a lot of good for us. She visited the sick, she visited schools, and promoted United Way, and on top of all this she greeted and made friends with everyone.

She will be greatly missed and impossible to replace.

We Will Remember You Always Chaya.

Brenda, Harry And Sophie

LAKE COUNTY SENIOR LEVY

On March 6th 2012 all of us in Lake County will have the opportunity to vote on a levy which is very important and indeed vital to Senior Centers and Senior Services.

This critical funding helps protect thousands of local seniors and their families. Without these funds from this levy, thousands of Lake County seniors will be left without the help they need to remain safe and independent in their own homes.

The Levy funds ten Senior Centers in Lake County, (our Center is one of these) it also helps to fund "Meals on wheels" for nearly 1,000 home bound seniors and over 50,000 meals that are served by 5 groups in dining sites across Lake County, (including ours), plus Information and referral services to make sure seniors get the help they need.

This levy renews the existing funding (0.4 mills) and adds 0.1 mills to help

make up a funding gap due to our aging population. This issue adds less than \$4 a year per \$100,000 of home value...

that's less than 35 cents per month!



The new 5-year levy would produce \$3,159,248 for senior services in Lake County while costing property owners \$15.31 annually per \$100,000 valuation, according to the Lake County Auditor's Office

The outcome of this levy will play a very important part in all senior services. Please make sure that you and all the people you know.

VOTE ON ISSUE 5 MARCH 6th, 2012.

If you are not a member or have not renewed your membership for 2012 and use the center or any of the activities and trips, you are cheating our payed up members, in fact if you think about it it's a violation of this Centers polices. Please make sure your membership is up to date as during the next month we will be checking our computers against membership cards.



Please find the following hidden words:

support, levy, centers, seniors, assistance, nutrition, exercise, funding, socialize, excursions, parties, laughter, comfort, osha, taxes, bingo, entertainment, volunteers, hospice, woodburning, computers, ceramics,

Two more words are hidden in this puzzle, these words are very important to this Center. (clue the words can be found on page one) ???????

Words by Brenda

MARCH BIRTHDAYS

| Stanley | Vitovich | 1 | Janice | Quinlivan | 11 | William | Ruby | 21 |
|----------|------------|----|--------|------------|----|-----------|--------------|----|
| Lucinda | Barnhart | 2 | John | Cirino | 12 | Robert | Yarker | 21 |
| Jackie | McIntire | 2 | Nancy | Goodrich | 12 | Dorothy M | Hyder | 22 |
| William | Perusek | 2 | Donna | Petkus | 12 | Clara | Seese | 22 |
| Ann | Larkin | 5 | Mary | Young | 12 | Gloria | Dibbin | 23 |
| Phillip | Willoughby | 5 | Janet | Malloy | 13 | Lee | Bidlingmayer | 24 |
| Carl | Adler | 6 | Diane | Raggets | 14 | Alice | Dragolich | 27 |
| Betty | Hupp | 6 | Alfred | Klug | 17 | Joyce | Hall | 27 |
| John | Dolce | 9 | Mary | Betarie | 18 | Edward | Pasternak | 27 |
| Patricia | Herroon | 10 | Thomas | Wheaton | 18 | Irene P | Vitolo | 27 |
| Glenn | Livingston | 10 | Winnie | Rutherford | 20 | Walter | Schilling | 28 |
| Mary Ann | Stark | 10 | George | Whaley | 20 | Marie | Snodgrass | 30 |

PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP

IF YOUR BIRTHDAY IS IN MARCH 2012
AND IS NOT ON THIS SHEET IT IS BECAUSE WE HAVE
NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2011

WISHING YOU ALL A GREAT DAY





HOPING YOU ALL HAVE A GREAT MONTH

MARCH

| MON | TUE | WED | THU | FRI |
|--|---|--|--|---|
| | | | 1 Movie (The Help) | 2 Fish Sandwich Today |
| 5 | 6 VOTING DAY Soup Today Laketran Rep Here | 7 Computer 6:00-8:00 Foot Dr. | 8 Movie (War Horse) Oshiip | 9 Fish Sandwich Today |
| 12 Computer 9:30-11:30 | 13 Blood Pressure Board Meeting Soup Today | 14 Cleaning Computer 6:00-8:00 | 15 Movie (The Artist) St. Patrick Day Party Red Hats | 16 Jerry's Girl Breakfast Fish Sandwich Today |
| 19 Computer 9:30-11:30 | 20 Hike Soup Today Western & Southern | 21 Computer 6:00-8:00 Lunch Bunch | 22 Movie (Hugo) Oshiip LCR | 23 Fish Sandwich Today |
| 26 Computer 9:30-11:30 Attorney | 27 Blood Pressure Jean King Soup Today | 28 Cleaning | 29 Movie (Midnight in Paris) | 30 Fish Sandwich Today Laketran Rep Here |

J.F.K. CENTER IN PICTURES



MAE'S 90th BIRTHDAY



WELCOME BACK EMIKO



VALENTINE'S PARTY KISS THE PIG FOR A ROSE





YO ALL COME AND JOIN US NOW