

J.F.K. SENIOR CENTER BULLETIN

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EASTLAKE, OHIO 44095 (440) 975-4268

Grace Giangiacomo-Senior Coordinator e-mail gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 7:30am – 4:00pm

FEBRUARY 2013



CENTER CLOSED

FEBRUARY 18th FOR PRESIDENTS DAY

DAY TRIPS AND OUTINGS

HARTVILLE

We will be going to Hartville for some shopping, have lunch AND back on the bus at 1:00 to drive down the road to visit “Twice as Nice” and “Hartville Thrift Shop” both consignment shops. We will leave at 3:00 to head back home. (As long as the weather cooperates we will travel to Hartville!)

DATE: Monday, February 4th COST: \$4.00 TIME: 8:15am – 4:45pm



CLEVELAND IX CENTER

Home and Garden Show, get a little taste of “Spring Time” take time to smell the roses, visit the beautiful gardens, watch some cooking demonstrations, or visit the 4,000 sq. ft. designer home and 2,000 sq. ft. basement! Stroll at your leisure, pack a lunch or purchase food at the show. (SIGN UP IN OFFICE BY JANUARY 30TH)

DATE: Wednesday, February 6th TIME: 10:30am-3:00pm

COST:\$15.00



LUNCH BUNCH

Taters Restaurant in Mentor is our location this month. A new place to try.

DATE: Wednesday, February 20th TIME:11:30am – 1:30pm

COST: \$4.00



CLEVELAND ORCHESTRA

Matinee with the Cleveland Orchestra, with complimentary coffee, tea, and pastries and a Concert Preview before the Concert. All tickets are on the main floor. Dvorak's New Symphony.

DATE: Friday, February 22nd TIME:9:30am-1:30pm

COST \$31.00



RECYCLED ART EXHIBITION

Geauga Park's Recycled Art Exhibit is back by popular demand! Visit this exhibit, visit their gift shop, featuring some of the artists' work, on a cash & carry basis, or take a brisk walk on their Discovery Trail. On our way home we will stop at Zeppe's Tavern for some lunch on your own.

DATE: Thursday, February 28th COST:\$4.00 TIME: 9:30am – 1:30pm

SENIOR INFO PAGE
OUR THOUGHTS

GET WELL WISHES are extended to: Anne Novince and Fred Sheridan.
Hope you are all feeling better soon.

SYMPATHY is extended to the families of: Betty Meskunas and Carole M. Williams.

Thank you to Edith Di Renzo for keeping us updated.



CLEANING THE CENTER

DATE: Wednesday, February 13th & 27th

TIME: After Lunch



FREE COMPUTER CLASSES

Wednesday, February 13th, 20th, 27th 6:00pm – 8:00pm

Thursday, February 14th, 21st, 28th 10:00am – 12:00pm

TAKE ADVANTAGE OF A MONTHLY DRAWING FOR A LEXMARK PRINTER.

Complete all three classes to be entered in the drawing.
CALL THE CENTER OR STOP IN THE OFFICE TO SIGN UP.

Don't forget if you did complete a class and have not picked up your certificate, please do so. Just stop by the office and we will get it for you.



CHARTER BANK

Jen will be here to talk about living comfortably in retirement. Stay and listen after lunch, it will be an interesting talk. (In the Lunchroom)

DATE: Friday, February 1st

TIME: 12:00pm



UNWANTED CHRISTMAS GIFTS

Anyone have any unwanted Christmas gifts? If you received one too many ties, or another planter, or maybe something that you just didn't want. Please bring it to the Center, as long as it is in its original package (ie, never opened!) Bring it in for a game we will be playing for Christmas in July.



SENIOR HEALTH AND WELLNESS

BLOOD PRESSURE CHECK

Sponsored by Interim Healthcare

DATE: Tuesday, February 5th

TIME: 10:00am – 11:30am



OSHIIP

Ken Selander will be in the office to help you with any medical billing problems.

DATE: Thursday, February 7th & 21st

TIME: 10:00am - 12:00pm



BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, February 12th

TIME: 10:00am – 11:30am



JEAN KING

Jean King, Resource Specialist with the Lake County Council on Aging, will be here this month if you would like to speak with her.

DATE: Tuesday, February 12th & 26th

TIME: 10:00am-11:30am



OHIO CONSUMERS' COUNSEL

Comparing your home phone vs cell phone

DATE: Friday, February 15th

TIME: 10:00am-10:30am



FOOT DOCTOR

\$15.00 donation

DATE: Wednesday, February 20th

TIME: 8:00am - 4:00pm



BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE: Tuesday, February 26th

TIME: 10:00am-11:30am



CENTER NEWS FEBRUARY SALON NEWS

NOW OPEN

THURSDAY 9:15am-2:00pm

& FRIDAY 9:15am-3:00pm

KEEP ON MAKING THOSE APPOINTMENTS

WE ARE KEEPING THE SHOP BUSY!

FIRST TIME LADY CLIENTS

\$10.00 HAIRCUTS!

\$1.00 off Shampoo & Set \$5.00 Eye Brow Waxing

REDKIN CONDITIONER TREATMENT, NOW AVAILABLE...\$5.00

Men....Haircuts \$7.00

**Keep those nails going with the Creative Nail Shellac for your nails,
polish last for 2-3 weeks!**

\$2.00 OFF Nail Shellac

Those of you who haven't come in, now's the time!



CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY	8:30 am
Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

COMFORT ELVES	1st 2nd & 4th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	THIRD WEDNESDAY	9:00am-11:00am
LCR	4th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

PARTIES AND COOKOUTS

WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday. Music starts at 6:30pm. **ALL ARE WELCOME, SO BRING YOUR FRIENDS.** A Concession stand with coffee, donuts, and other items are available for purchase.



SUPER BOWL 2013

San Francisco 49ers VS Baltimore Ravens, wear your favorite team color on Friday, February 1st, Let's see if we can predict the winner on Sunday!



MARDI GRAS/FAT TUESDAY

Join us and help celebrate Fat Tuesday, enjoy a bowl of New Orleans Red Beans and Rice, a Paczki "Punchki", and play a game of "Heads and Tails" with your Mardi Gras Beads that we will provide. Don't forget, be festive and wear your most colorful mask. SIGN UP IN THE OFFICE

DATE: Tuesday, February 12th

TIME: 12:15pm-1:30pm

COST: \$3.00



VALENTINE PARTY

Not to party you out, but Valentine's Day is here, come and get your Valentine Treat and play a game of Corn Hole. We will have cookies and punch for you to enjoy. Wear something red, it is the fashion tip for the day! SIGN UP IN THE OFFICE

DATE: Thursday, February 14th

TIME: 12:15PM-1:30PM



BREAKFAST WITH JERRY'S GIRLS

Enjoy Breakfast with your friends.

Egg Omelet with sausage, onion, green pepper, & ham. Juice, & Coffee
SIGN UP IN THE OFFICE & PICK UP YOUR TICKET

DATE: Wednesday, February 20th

TIME: 9:15am – 11:00am

COST: \$3.00

SENIOR TRAVEL PAGE
CASINO AND VACATION TRIPS

DATE	INFORMATION
TBD	PLANS ARE BEING MADE FOR NEXT YEAR'S DAY TRIPS AND OVERNIGHT TRAVELS.

HERE IS A REMINDER OF THE RULES FOR SIGN UP AND TRAVEL WITH JFK TRIPS, ALONG WITH SOME CHANGES.

SIGN UP PROCEDURES FOR 2013:

Beginning in January 2013, there will be a few modifications in our procedures for signing up for Center trips.

During the first week after the monthly bulletin comes out, sign up will be restricted to Center MEMBERS only. If, after the first week, there are still open places, a member may sign up a non-member guest at the cost of the trip plus a \$1 one-day membership pass.

While every effort to provide refunds are made, if a replacement cannot be found, we may not be able to make a refund.

Additionally, you can't just be a no show, if possible a 24 hour notice is required.

No refunds are made until AFTER the trip has been completed. The only exception is if the trip is canceled by the Center. Once the trip is over, contact Celine Burger or Irene Vitolo about the possibility of a refund.

Please sign up early to assure Trips go out and are NOT CANCELLED. Also, please check with the office for any cancellations on trips, or if any partnered trips come up with other Centers

FLU SEASON

That time of the year again, some of us have got it, some of us have had it and some of us will get it. I cannot tell you how to stop it but you can help prevent it, Watch what your touching, door handles, books, keyboards, phones, bathroom taps, etc, etc. WASH your hands regularly then turn off taps with a paper towel.

We are doing our best to keep the Center clean and are spraying down bathrooms plus some most used surfaces the rest is up to you.

If you do get the flu or any other bug please take good care of yourself, and do not be afraid to seek medical help.



WEDNESDAY NITES

OK guys we have had our New Years Party and the lights have gone off the pig for another year. Now it's time to think about the party's for 2013, the Wednesday Nites team are all on line and this is what we have come up with,

VALENTINE'S PARTY FEBRUARY 6TH.

Bring your honey to this one, put on your valentine gear because I am sure that the pig will be going around looking for kissers and giving out rose's, oh I also think there will be cake and stuff.

MARDI-GRAS PARTY FEBRUARY 20th

We all know what this is , So dress yourself up come on down and celebrate.

ST. PATRICKS DAY and THE 200th. WEDNESDAY NITE

MARCH 13th.

This is a big one guys, we will celebrate 200 nites of country music, many party's, good food, and great company plus as it is also our St. Patrick's Day party there will be green beer.

This party will be a day of sharing party so anyone who can bring a dish to share please do so and lets make this a feast to remember.

EASTER BUNNY HOP MARCH 20th.

Put on those bunny ears hop on down and we will celebrate Easter.

Remember what happens on Wednesday Nites, stays on Wednesday Nites and Wednesday Nites as and always will be free to the public and everyone.



JFK MEMBERSHIP 2013

Your dues must be paid for you to continue in any JFK center activities.

The grace period for paying your due's ends on January 31th.

This year because of changes in our record keeping for funding our

Center and it's activities we are asking you all to please

PRINT YOUR NAME ON THE SHEETS PROVIDED FOR CENTER ACTIVITIES.

This is for ALL the rooms and all members also all members entering the center must sign in on the lobby attendance sheets this is for both funding and security needs.



O M E R D S V P P Y W A O A M U
P C I Q I E Y S L B G Y H A E E
E N T E R M U P A R O Z F H E A
N O I T R O P R O F I L E E S I
A I I E I A L I C E N S E E S H
O G U C L O C A T I O N C B E C
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S S O H T I C I L O S A C S K I
L I E L C I H E V S T B P E E Z

Please find the following hidden words:

advocate, license, portion, alliance, variable, vocation,
lurid, apply, vertigo, location, poison, history, persuade,
language, solace, spoil, spacious, profile, solicit, venom,
solstice, seasons, vehicle, savory,

FEBRUARY CALENDER

				1 Veterans Club Charter Bank Salon 9:15am-3:00pm
4 Hartville	5 Blood Pressure	6 IX Center	7 Oshipp Salon 9:15am-2:00pm	8 Salon 9:15am-3:00pm
11	12 Board Meeting Jean King Blood Pressure Mardi Gras/Fat Tuesday	13 Cleaning	14 Salon 9:15am-2:00pm Valentine Day	15 Ohio Consumers Salon 9:15am-3:00pm
18	19 Red Hats	20 Lunch Bunch Foot Doctor Breakfast Jerry's Girls	21 LCR Oshipp Salon 9:15am-2:00pm	22 Cleveland Orchestra Salon 9:15am-3:00pm
25	26 Blood Pressure Jean King	27	28 Art Exhibition Salon 9:15am-2:00pm	

SIGNING UP

We still need everyone to remember to please print your name when signing in for classes and at the front door. Our volunteers have hard time trying to make out some of your names, and don't forget "your name" helps us in funding!

FEBRUARY BIRTHDAYS

Irene	Barrera	1	Rita	White	8	Liljana	Batalovska	16
Amelia	Cirino	1	Nancy	Gross	9	Stan	Kollar	16
Harry	Mathews	1	Irena	Johansonas	9	Margaret	Abel	17
Ray	Szymanski	1	Frank	Piunno	9	Frieda	Lorik	17
June	Gruber	2	Kellee	Shaw	9	Joseph	Zuzek	17
Ernie	Lamanna	2	Robert	Smalley	9	Dorothy	Nemura	18
Susan	Morrison	2	Larry	Rush	10	Judith	Schilling	18
Somma	Rama	2	Dolores	Brinizer	11	Evelyn	Cekorich	19
Helen	Reed	2	Donald	Cerne	11	Jennie	Sinkovec	19
Jack	Wyland	2	Florence	Lunato	11	Erwin	Mandau	21
Dolores	DePaul	3	Bernice	Merhar	11	Ann	King	22
William	Papineau	3	Bob	Bogert	12	Carmen	Schembre	22
Mary H.	Sanders	3	Mario	Matijasic	12	Rose	Wolf	22
Ann	Layman	4	Betty	Schnell	12	Ann	Lloyd	23
Nancy	Rice	4	Martha J	Anderson	13	Paul	Weiss	24
Beatrice	Jerkich	5	Pat	Hassett	13	Martha	Clemente	26
Jolanda	King	5	George	Sample	14	Wilma	Nixon	26
Donna	Krejsa	5	Norma	Linger	15	Gloria	Brock	27
Dolores	Mehollin	6	Ruth	Pickett	15	Beatrice	Schaefer	27
Jacquelyn	Aplis	7	Genevieve	Pursch	15	Dragan	Skrtic	27
Patricia	Toplak	7	Marilyn	Smith	15	Florence	Smithson	27
			Mildred	Urban	15			

PLEASE DON'T FORGET TO RENEW YOUR
MEMBERSHIP

**IF YOUR BIRTHDAY IS NOT SHOWN ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2013**

JFK IN PICTURES



COUNT DOWN TO 2013 AS THE PIG DROPS



Y'ALL COME AND JOIN US NOW

