### J.F.K. SENIOR CENTER BULLETIN

1580 EAST 332 STREET EASTLAKE, OHIO 44095 (440) 975-4268

Grace Giangiacomo-Senior Coordinator
E-Mail gg@eastlakeohio.com
Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm

### **FEBRUARY 2012**



The JFK Senior Center is open to the public every Wednesday Night. We have live country music, a concession stand and lots of fun. Pop in and join us, it's Free to all.

<><><><><><><><><><><><>

**MONDAY FEBRUARY 20, 2012** 

**CENTER CLOSED** 

The JFK Center offers many programs that meet on a weekly basis.

These activities are free and pre-registration is not required.

(Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	8:00am to 4:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY	8:30 am
COMFORT ELVES	1st 2nd & 4th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
LCR	4 <sup>th</sup> Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

**AS OF JANUARY 1, 2012** 

The cost to join the exercise room will go from \$12.00 to \$15.00 for the year.

#### A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

# THURSDAY AFTERNOONS AT THE MOVIES IT'S FEBRUARY...IT'S AMORÉ

February 2<sup>nd</sup> Ever After (With Drew Barrymore, Anjelica Houston...PG 13) February 9<sup>th</sup>...3 Gifts for Cinderella, (...PG13)

February 16<sup>th</sup>...Notes from Juliet...(With Amanda Seyfried, Vanessa Redgrave...PG)
February 23<sup>th</sup>...An Affair to Remember, (with...Cary Grant and Debra Kerr)

WE ARE OPEN FOR ANY MOVIE THAT ANYONE WANTS TO VIEW ...JUST BRING IT IN!

# SENIOR INFO PAGE OUR THOUGHTS

GET WELL WISHES are extended to: Donna Krejsa, Doris Sraj, Emiko Stidd, and Gussie Finotti.

Hope you are all feeling better soon.

SYMPATHY is extended to the families of:

Ann Pedry, Daniel K. Zioko, Jim Ferencie, Matthew E. Biscotti, Robert Turner, and Trixie Moran's Daughter Janice.

Thanks to Edith Di Renzo our "Sunshine Girl" for all our updates.

Please help us keep Edith informed.

#### **CLEANING THE CENTER:**

Our cleaning crew meets on every other Wednesday, if anyone is interested in giving us a helping hand, please let the office know. VOLUNTEER...VOLUNTEER...VOLUNTEER...VOLUNTEER DATE: Wednesday, February 1st 15th & 29th TIME: After Lunch

#### FREE COMPUTER CLASSES

The JFK Center and Tech Wise have partnered with Connect Ohio to bring "Every Citizen Online" training program to Lake County Seniors. There will be a series of three classes, Understanding your Computer, The Internet, and e-mail. You will be registering for all three.

#### **VISITING ATTORNEY:**

DATE: Monday, February 27<sup>th</sup> TIME: 1:30pm to 3:30pm

**REGISTER IN OFFICE** 

#### IMPORTANT PLEASE READ

Please REMEMBER to SIGN IN...regardless of what door you enter through...It is so important to "YOUR" Center...

Show that you Care and let us know you are there. Your signature helps us with our funding...which we really need!

#### SENIOR INDEPENDENCE

**BLOOD PRESSURE CHECK (Check Time Change)** 

DATE: Tuesday, February 14<sup>th</sup> TIME: 10:00 – 11:30am

#### **OSHIIP**

The Ohio Senior Health Insurance Information Program is a powerful resource. Ken Selander will be in the main office, in a private room to help you with any medical billing problems.

DATE: Thursday, February 9<sup>th</sup> & 23<sup>rd</sup> TIME: 10:00am - 12:00pm

#### FOOT DOCTOR

(PRE-REGISTRATION IS REQUIRED)

\$15.00 donation

DATE: Wednesday, February 1st. TIME: 8:00am- 4:30pm

**<a></a></a></a></a></a></a></a></a>** 

#### **EMBASSY HOMECARE**

**BLOOD PRESSURE CHECK** 

DATE: Tuesday, February 28th TIME: 10:00 – 11:30am

<><><><><><><><><>

#### **AARP TAX PREPARATION**

EVERY Tuesday Starting February 7th going through April 10th.

TIME: 9:30am - 2:30pm

(excluding their lunch hour from 12:30pm - 1:30pm)

Make your appointment in the office.

#### T.O.P.S.

It's a new year, what a great time to join T.O.P.S.,

Taking Off Pounds Sensibly. Come and start the new year out with us.

#### OLD PRESCRIPTIONS

If anyone has any expired pills that they no longer need, please drop them off in the office and we will properly discard them. Empty or full.

### **GROUPS AND CLUBS BOARD AND LUNCH ROOM MEETINGS**

The Board Meeting will be Tuesday, February 14th at 9:00am. The Open Meeting will be at 11:00am.

#### RED HAT PEARL BELLES

The Red Hats will be having a Valentines Party at the JFK Center, please bring a snack to share.

DATE: Tuesday, February 21st

TIME: 12:30pm

Call Queen Millie if you have any questions.

<><><><><><><><><><><><>

#### L.C.R.

Join us to play a fun game of L.C.R. Beginners are encouraged to join in the fun and it's easy too! \$5.00 will allow you to play 6 games.

DATE: Thursday, February 23rd 

TIME: 12:30pm

#### WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player, all are welcome. Just show up or call the center for more info.

<><><><><><><><><><><><>

#### **BREAKFAST WITH SANTA.**

The winners of the Baskets in December Were:

The Candy Box: Jane Stern

The Pasta Basket: Nancy Sydenstricker

The Craft Basket: Ron Hoffman **Baking Basket: Betty Nemeth** 

Thanks to everyone who participated in the basket raffles, along with everyone who donated to make the raffle such a success.

<><><><><><><><><><><><><>

#### **MEMBERSHIP RENEWAL**

Thanks to all who have already signed up for your new membership. For those of you who haven't signed up, please do so in the office, so you can continue to participate in all the activities.

Make sure to bring your yellow membership cards when you renew.

# DAY TRIPS AND OUTINGS HIKE

The Hike never made it out in January, let's try Geauga Park again, not to disappoint the hikers who wanted to go there!

If you don't want to hike, go and see their newest exhibition "Snow Belted" discover Geauga Parks nature center.

A Boxed lunch will be included in this time frame.

A Boxed lunch will be included in this time frame.

day, February 7<sup>th</sup> TIME: 11:00am – 2:00pm

DATE: Tuesday, February 7<sup>th</sup>

COST: \$5.25 (Trans. Plus lunch)

<><><><><><><><><><><><>

#### IX CENTER...HOME & GARDEN SHOW

DATE: Wednesday, February 8<sup>th</sup>

TIME: 10:30am - 3:00pm

COST: \$14.00 (Trans & Ticket)

<><><><><><><><><>

#### **LUNCH BUNCH**

Auburn Career Center is now open! Yeah, we are going to have lunch there.

DATE: Wednesday, February 22<sup>nd</sup>

TIME: 11:30am- 1:30pm

\$4.00 (Trans)

<><><><><><><><><>

#### TRINITY CATHEDRAL

Valentine Concert with a Tenor who was formerly from Cleveland.

Brown Bag lunch and Trans. Cost \$5.25.

DATE: Wednesday, February 15th

Time: 11:30am - 2:30pm

<><><><><><><><><><><><>

#### THE CLEVELAND ORCHESTRA

Schubert's "Great" Symphony paired with Carl Marie von Weber Overture, The Ruler of Spirits. There will be a Concert preview at 10:00am before the concert with complimentary coffee, tea, and pastries which will be available beginning at 9:00am. There will be a packed lunch available to have on the bus following the concert.

DATE: Friday, February 24th

TIME: 8:45am – 1:00pm

COST: (\$20.00 ticket, transportation & bag lunch

#### PAGE 7

# PARTIES AND COOKOUTS WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm.
Live Country and Blue Grass Music will be performed by an array of
special guests (about 10-15 players) every Wednesday.
ALL ARE WELCOME, SO BRING YOUR FRIENDS.

Music starts at 6:30pm

A Concession stand with coffee, donuts, pizza and other items are available for purchase.

#### **VALENTINE PARTY**

Come join us on Valentines Day for some good desserts and fun games.

Senior Independence and Gateway are co-sponsoring,
we will be in the lunch room. Don't forget to wear some red!

DATE: Tuesday, February 14<sup>th</sup>

TIME:12:00 AFTER LUNCH

<><><><><><><><><>

#### **BREAKFAST WITH JERRY'S GIRLS**

We are having a breakfast again, come and join us for some good food, good company, and a good time.

Relax have a cup of coffee and enjoy your friends.

DATE: Friday, February 17th

TIME: 9:15am - 11:00am

**COST: \$2.00** 

#### **FAT TUESDAY**

Let's share, if you'd like. A smorgasbord of fun desserts. Bring your weirdest looking cake or dessert. Use your imagination! It will be fun.

DATE: Tuesday, February 21<sup>st</sup>

TIME:12:00 AFTER LUNCH

#### **LEAP YEAR**

Let's celebrate a day that only comes every four years. Karen from Continuum will play Bingo with prizes, and we will have a light dessert.

DATE: Wednesday, February 29<sup>th</sup> TIME: 12:00 AFTER LUNCH

#### PAGE 8

# SENIOR MESSAGE BOARD RECYCLE OLD CELL PHONES

If you have an old cell phone to get rid of just bring it in, they are being sent to our troops overseas. THANKS EVERYONE FOR BRINGING IN YOUR OLD PHONES. I HAVE A LOT TO SEND!

#### **SOUPS ON**

Every Tuesday we will be having soup, which will be served in the Lobby by Barb Kramulski. It will be Chicken Noodle and another choice of the day all from "Flavors on the Vine".

**DATE:** February 7<sup>th</sup> 14<sup>th</sup> 21<sup>st</sup> & 28<sup>th</sup>

TIME: 9:30am - 11:00am

**COST: \$1.25** 

<><><><><><><><><>

#### **CASINO AND VACATION TRIPS**

DATE	INFORMATION
Feb. 22, 23, 2011	Seneca Niagara, Overnight Trip, Leaving Kmart at 7:30am & returning on the 23 <sup>rd</sup> approximately 8:30pm. Note: anyone wishing to receive ashes on the 22 <sup>nd,</sup> which is Ash Wednesday, there is a church next door to the casino within walking distance*.
April Overnight Trip	Jamestown, New York to see Lucy and Desi Museum. Trip to Museum followed by a lunch then on to a tour of the town they lived in. Final stop at Hotel at Seneca Allegheny Casino for the night.
May 20-26, 2012	Savannah, Jekyll Island & Beaufort
July 16 <sup>th</sup> 17 <sup>th</sup>	Look for Barb's Casino Hop. Visiting Three Casino's and spending one night at one of the Casino's.

The bus driver will take anyone wanting to go for ashes on Ash Wednesday, once we are at the Casino. Time to follow.

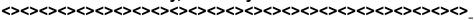
#### **CENTER NEWS**



#### WANDA'S SPA

Wanda will no longer be coming here, but Ashley is going to be here the first Tuesday of the month starting February 7<sup>th.</sup>

Anyone interested in seeing what Ashley's does, please see her on Tuesday, February 7<sup>th</sup> at 9:30am.



#### **BEAUTY SALON**

The Beauty Salon is going well, if you haven't checked it out, take a walk and see what a great place we have...so "close to home".

Give it a try, you will like what you see!

#### **VALENTINE SPECIAL**

WHY NOT LOOK NICE FOR YOUR SWEETIE!

\$1.00 off Haircuts \$1.00 off Shampoo & Sets \$5.00 off Perms Manicures \$13.00 Waxing Special \$5.00

Don't forget...We have Nail Shellac...

#### CELLULAR FROM AARP

#### LICENSED THERAPIST

We have a local person that would like to offer services for seniors when needed. If there is enough interest, it will be on a weekly basis. The charge is \$1.00 a minute with a minimum of 15 minutes. For Seniors the charge will be \$12.00. It is basically a chair massage concentrating on the upper and lower back, along with the neck and arm areas. Let the office know if interested.

#### **FEBRUARY OUR PAGE**

#### WINTER

We thought we would beat it,
We should have known
The good weather we had was only on loan.
So here comes the snow and wind and ice
If we have to go out, we really think twice
Oh! well while we had it, it was very good
But I guess things got back to normal as they should.

Well guys, Santa has been and gone and by now most of us have broken any resolutions we made for the New Year. During the past year or so I have used this page to keep you all informed about our Center, What's happening, how we are doing, and what is needed. However this month I don't have any definite things to report, only that many plans for the future are being discussed and that as soon as we have resolved some issues and plans we have I will keep you informed and up to date.



#### A QUESTION FOR YOU

What happens when you miss a Wednesday Nite???.

ANSWER well all the music, all the partying, and free food, all the good company, all the fun and laughter, all the dancing and all the togetherness are GONE, gone forever because ever Wednesday Nite is different and we never really know what will happen, except that it will be a great time.

Oh! And one more thing the rest of us MISS you.

Yo all come and join us now. Don't miss another Wednesday Nite.



#### **A REQUEST**

If any you have or know someone who as a VCR and or DVD player that they could donate to the center it would be very much appreciated. ( working models only please ).

Hi! Folks this Chaya. I just wanted to say how great it was to be able to visit with you on Wednesday Nites. So many of you came over to say hello because as you know my old legs don't work to well now. You all really got my New Year off to a good start and I went home with a lot of good memory's, so thanks a bunch.

Woof!! Woof!! Chaya



Please find the following hidden words:

tomorrow, weigh, suddenly, tangent, beware, forgotten, salute, common, market, solstice, ididarod, template, design, propose, admire, seasonal, corrode, complete, wayfarer, collage, pungent, popular, width, lamaze, forbid, colony,

### **FEBRUARY**

MON	TUE	WED	THU	FRI
		1 Center Cleaning Foot Dr.	2 Movie (Ever After)	3
6 Computer 1:30-3:30	<b>7</b> Hike Soup Today	8 Computer 6:00-8:00 IX Center	9 OSHIIP Movie Gifts for Cinderella	10
13 Computer 1:30-3:30	14 Blood Pressure Board Meeting Valentine Party Soup Today	15 Center Cleaning Computer 6:00-8:00 Trinity Cathedral	16 Movie (Notes from Juliet)	17 Pancake Breakfast
20 Laketran Closed Nutrition Site Closed	21 Red Hats Fat Tuesday Soup Today	22 Computer 6:00-8:00 Lunch Bunch	23 OSHIIP LCR Movie (An Affair to Remember)	24 Cleveland Orchestra
27 Computer 1:30-3:30 Attorney	28 Blood Pressure Soup Today	29 Center Cleaning Leap Year Party		

### HOPING YOU ALL HAVE A GREAT MONTH

## FEBRUARY BIRTHDAYS

Irene	Barrera	1	Nancy	Gross	9	Stan	Kollar	16
Amelia	Cirino	1	Irena	Johansonas	9	Sandy	Levine	16
Ray	Szymanski	1	Frank	Piunno	9	Margaret	Abel	17
June	Gruber	2	Robert	Smalley	9	Frieda	Lorik	17
Anne	Gurry	2	Larry	Rush	10	Shelby	Howiler	18
Ernie	Lamanna	2	Lillian M	Wells	10	Richard	Levine	18
Stewart	Morris	2	Frank	Artino	11	Dorothy	Nemura	18
Sommai	Rama	2	Dolores	Brinizer	11	Judith	Schilling	18
Helen	Reed	2	Donald	Cerne	11	Jennie	Sinkovec	19
Jack	Wyland	2	Florence	Lunato	11	Wanda	Fiorilli	20
William	Papineau	3	Bernice	Merhar	11	Donna	Vaughn	20
Ann	Layman	4	Bob	Bogert	12	Erwin	Mandau	21
Beatrice	Jerkich	5	Mario	Matijasic	12	Monika	Smart	21
Jolanda	King	5	Andy	Phillips	12	Ann	King	22
Donna	Krejsa	5	Martha J	Anderson	13	Carmen	Schembre	22
Dolores	Mehollin	6	Pat	Hassett	13	Rose	Wolf	22
Dorothy	Wagner	6	Anna	Mocz	14	Paul	Weiss	24
Jacquelyn	Aplis	7	Jennie	Panella	14	Lawrence	McGarry	25
Betty	Hoye	7	Norma	Linger	15	Martha	Clemente	26
Patricia	Toplak	7	Ruth	Pickett	15	Wilma	Nixon	26
Max	Weiss	7	Marilyn	Smith	15	Gloria	Brock	27
Barbara	Tackett	8	Mildred (Ma	ae]Urban	15	Beatrice	Schaefer	27
Rita	White	8						

#### PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP

IF YOUR BIRTHDAY IS IN FEBRUARY 2012
AND IS NOT ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2011

WISHING YOU ALL A GREAT DAY





#### J.F.K. CENTER IN PICTURES





#### **WEDNESDAY NITE CHRISTMAS PARTY 2011**





**GIFTS FROM SANTA** 

YO ALL COME AND JOIN US NOW

#### **WEDNESDAY NITE NEW YEAR PARTY**





#### **GOOD COMPANY GOOD MUSIC**





GIRL SCOUTS HELPING OUT BEFORE THE PIG DROPS TO BRING IN THE NEW YEAR 2012

YO ALL COME AND JOIN US NOW