

J.F.K. SENIOR CENTER BULLETIN

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EASTLAKE, OHIO 44095

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Brochure on line at www.eastlakeohio.com

Hours: 7:30am – 4:00pm

AUGUST 2012

The JFK Senior Center is open to the public every Wednesday Night.

We have live country music, a concession stand and lots of fun.

Pop in and join us, it's Free to all.



EASTLAKE RIVERFEST

Don't forget Eastlake's Riverfest the first weekend of August, Thursday the 2nd thru Sunday the 5th. JFK has a craft table. Anyone interested in working or supplying items, please do! We still need more "hand made" things to display and sell. All proceeds come back to the Senior Center. The Craft Table will be set up on Sunday, August 5th. Also, Sunday is the Parade, anyone interested in participating, please let the office know.

The JFK Center offers many programs that meet on a weekly basis.

These activities are free and pre-registration is not required.

(Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY	8:30 am
COMFORT ELVES	1 st 2 nd & 4 th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES

SOME COMEDY FOR THE MONTH OF AUGUST !

August 2nd "Big Miracle"(With Drew Barrymore, John Krasinski, Family/Drama)

August 9th "The Artist"(With Jean Dujiardin, John Goodman, Drama/Comedy)

August 16th "The Note III" (With Genie Frances, Ted McGinley, Drama/Family)

August 23rd "Salmon Fishing in the Yemen"(With Emily Blunt, Ewan McGregor, Comedy)

August 30th "Smitty" (With Mira Sorvino, Peter Fonda, Family Adventure)

The Movie will start again at 12:30

Check the day before the movie for any changes.

SENIOR HEALTH AND WELLNESS

SENIOR INDEPENDENCE

Speak Up and Stay Alive

Book Signing & One-hour Presentation on preventing infections and avoiding hospital hazards. Local radio host Pat Rullo shares healthcare and hospital safety tips. (Meet in the Library)

DATE: Tuesday, August 7th TIME: 10:30am – 11:30am



OSHIIP

Ken Selander will be in the main office, in a private room to help you with any medical billing problems.

DATE: Thursday, August 9th & 23rd TIME: 10:00am - 12:00pm



BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, August 14th TIME: 10:00am – 11:30am



FOOT DOCTOR

\$15.00 donation

(PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, August 15th TIME: 8:00am - 4:30pm



Senior Savings, Part 2

Jean King, Resource Specialist with the Lake County Council on Aging, will discuss ways for Seniors to take advantage of various discounts available in our community. Come learn how to save money!
(Meet in the Library)

DATE: Tuesday, August 28th TIME: 10:30am – 11:30am



BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE: Tuesday, August 28th TIME: 10:00am – 11:30am

GROUPS AND CLUBS

BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, August 14th at 9:00am.

The Open Meeting will be at 11:00am.



GOLF CLUB

Every Thursday Morning during the summer months, weather permitting.

TIME: Leave at 9:30am.



RED HAT PEARL BELLES

The Red Hat Pearls will be meeting at Mario Fazio's for Lunch.

DATE: Tuesday, August 21st

TIME: 12:30pm



L.C.R.

Join us to play a fun game of L.C.R. Beginners are encouraged to join in the fun and it's easy too! \$5.00 will allow you to play 6 games.

DATE: Thursday, August 23rd

TIME: 12:30pm



WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player, all are welcome. Just show up or call the center for more info.



RUMMY ROYAL (AKA) GAME OF HEARTS

Looking for 3-5 players to enjoy the game of Rummy Royal on a Wednesday or Thursday after lunch. If you have a limited knowledge of cards there is NO heavy thinking required, only smiles! We would like to meet soon to show you a run down and to agree on a day...I am in the Bingo Room on Tuesday and Friday. My Name is Rita.



ANOTHER TIP FOR USING COFFEE FILTERS

Use as a disposable "snack bowl" for popcorn, chips, etc....

DAY TRIPS AND OUTINGS
MYSTERY LUNCH/DESSERT

Come and join in on a "Lunch Time Goodie." (it has been requested several times!)

DATE: Friday, August 3rd COST: \$16.00 TIME: 11:30am – 2:30pm



HARTVILLE

DATE: Monday, August 13th COST: \$4.00 TIME: 8:15am – 3:30pm



CLEVELAND AQUARIUM

Enjoy the new Aquarium, pack a lunch and you can sit out by the water and enjoy the scenery.

DATE: Wednesday, August 15th COST: \$22.00 TIME: 11:00am – 2:00pm



LAKE METRO PARKS PANCAKES IN THE PARK

Environmental Learning Center. After pancakes, enjoy a hike or hear a presentation on the underground railroad. Sponsored by Laketran, Metro Parks, and Council on Aging. **LAKETRAN PROVIDING TRANSPORTATION:**

Be here at 8:00am. Pancakes will be served at 9:15am.(Sign up in the office)

DATE: Thursday, August 16th COST: FREE TIME: 8:00am – 11:00am



Lake County Fair

DATE: Friday, August 17th COST: \$4.00 TIME: 11:15am – 3:00pm



HIKE

It's Hidden Valley Park again, bring a packed lunch and enjoy a nice hike.

DATE: Tuesday, August 21st COST: \$4.00 TIME: 11:00am – 2:00pm



LUNCH BUNCH

We are headed to "Big Boy" in Brookpark, bring some extra \$...we are stopping at Sweeties Candy Store.

DATE: Wednesday, August 22nd COST: \$4.00 TIME: 11:00am – 3:00pm



CLEVELAND ZOO

It's Senior Day!

DATE: Friday, August 31st COST: \$4.00 TIME: 9:00am-3:00pm

PARTIES AND COOKOUTS

WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday. Music starts at 6:30pm. **ALL ARE WELCOME, SO BRING YOUR FRIENDS.** A Concession stand with coffee, donuts, and other items are available for purchase.



FAIRPORT HARBOR

Come join our annual fun beach trip to Fairport Harbor. Bring your sunscreen and enjoy an afternoon at the beach, Hot Dog, Potato Salad, and a Bottled Water. (Sign up in the office)

DATE: Tuesday, August 7th COST:\$5.00 TIME:9:30am – 2:30pm



BREAKFAST WITH JERRY'S GIRLS

Relax have a cup of coffee and enjoy your friends.

We are having pancakes, sausage, & juice this month.

DATE: Wednesday, August 8th TIME:9:15am – 11:00am
COST: \$2.50 (Sign up in the office)



GRANDPARENTS DAY

Fun Games, Lunch, Prizes, Ice Cream Social, Bring your "KIDS"
(Sign up in the office)

DATE: Friday, August 10th TIME:12:00pm – 3:00pm
COST: \$3:00



LET'S HAVE ICE CREAM ON MONDAY'S

After Lunch in the Lobby

Monday, August 6th... Ice Cream Cake
Monday, August 13th ...Ice Cream Sundae
Monday, August 20th ...Rootbeer Float
Monday, August 27th ... Milk Shake
(Sign up in the office)

COST: \$1.00

CENTER NEWS
BEAUTY SALON

“Sizzling Summer Specials”

- \$12.00 Ladies Haircuts with Free Shampoo**
- \$5.00 OFF Pedicures or \$3.00 OFF Manicures**
- \$5.00 OFF Perm Special**
- Men's Haircuts \$7.00**

Refer someone and get a chance to win a Basket from the Salon



STEAK DINNER DANCE

A TREMENDOUS THANK YOU to everyone who helped to make the Dinner/Dance such a success! Kudos to Barb Krawulski for arranging the DRIFTERS to perform for us and MARINO'S to cook the food, which was fabulous. The core volunteer team we have did a remarkable job in setting up before and taking down after the event...This was a great effort on everyone's part. THANK YOU TO ALL WHO HAD A HAND IN THIS AFFAIR.



LIBRARY/BOOK TALK

Anyone interested in starting a book club? You would read the book and then have a discussion. A librarian from the Eastlake Library would like to start such an event here. Let the office know if there is an interest.



A BARON BUCK THANK YOU

Denise Massey would like to thank everyone who helped her collect the Baron Bucks from the News-Herald. She didn't get the carpet she was going for...but she did win Gutter Helmet for her home. “60 Million” Baron Bucks was collected. Thanks Again, Denise.



SHOP FOR A CAUSE AT MACY'S

Purchase a shopping pass for \$5.00, 100% of all proceeds come back to the JFK Center. The passes can then be used at Macy's Department Store on Saturday, August 25th and you will receive 25% off on regular, sale and clearance merchandise., as well as 10% off furniture, mattresses and area rugs. And, you will be eligible to win a \$500 gift card.

SENIOR TRAVEL PAGE

CASINO AND VACATION TRIPS

DATE	INFORMATION
Wednesday, September 12th \$25.00 Sign up in office	Rivers Casino Trip: <ul style="list-style-type: none"> ◆ Casino Bonus \$15.00 Free Play ◆ \$5.00 Food Coupon. ◆ Report 7:30am Sears, Leave Casino 5:30pm
November, 2012 Sunday, Nov. 4th – Saturday, Nov 10th \$599.00pp with Diamond Tours Pick up a Flyer	Branson Show Extravaganza: <ul style="list-style-type: none"> ◆ 6 Nights Lodging ◆ 10 Meals, 6 Breakfast & 4 Dinners ◆ Admission to 7 Shows Featuring Tony Orlando ◆ Motor Coach Driver Gratuity Included ◆ \$75.00 Deposit upon signing
Presque Isle and Station Dinner Theater \$48.00pp Friday, Nov. 30th	Presque Isle Casino & Station Dinner Theater: <ul style="list-style-type: none"> ◆ Leave JFK Center 10:00am ◆ Arrive Presque Isle 11:30am ◆ Casino Bonus, \$20.00 Free Play ◆ \$5.00 Food Coupon ◆ Depart for Station Theater 5:30pm ◆ Sit Down Family Style Dinner with a Christmas Memories Show. ◆ Arrive Home Approximately 10:30pm

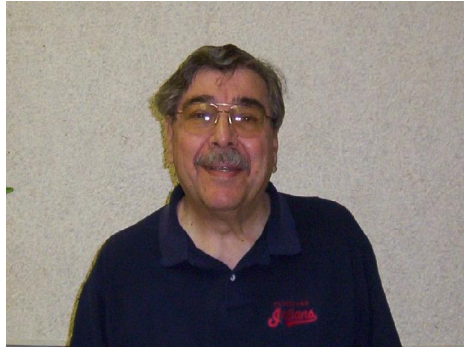
- Please sign up early to assure Trips go out and are not Cancelled.
- Please check the office for any cancellations on trips, or if any partnered trips come up with other Centers.

FUTURE TRIPS/DAY PARTIES (Info to follow on all trips)

- Wednesday, September 12th Mystery Trip
- Thursday, September 13th Senior Day at Lake Metroparks Farmpark
- Thursday, September 20th Indians Baseball Game
- Tuesday, September 25th Amish Wedding Dinner
- Thursday, October 18th Progressive Wine Tour
- Tuesday, November 6th Amish Christmas Trip

YOUR BOARD MEMBERS

For the past two months I have interviewed the new members of the board all were asked the same set of questions, this month John called and did his interview.

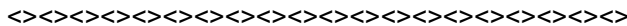


JOHN OLWERT

I asked John why he had run for a place on the board and he told me he wanted to help out in someway. He also said he was very surprised with the amount of work there was. A lot more than he had realized. In his term of office he would like to get more people involved in the lunch program. He would not like to commit to any changes in the center as he still learning. To the center members he would like them to come to the board and tell them what they want. He isn't at the center too much, but he has volunteered at a couple of fund raises.

As a final word John would welcome suggestions. Thank You John

Interviewed By Brenda



A WORD OF THANKS

A Big thank-you to Puul Priebe, Paul a long time donate-tor to our Wednesday Nites party's as now donated a electric scooter to the center. He also had the scooter all checked out and installed new batteries. Thank-you Paul.

THINGS TO DO PLACES TO GO

Well folks it's August already. that means it will not be long before the leaves start falling and the days will be getting shorter.

But summer is not over yet so lets get ourselves together and make the best of the sunny days we have left, lets go look at the new hardware store or the flea market at Hartville, take one of our hikes, spend the day at the beach and the zoo, bring your grand-kids and their kids to grandparents day, enjoy great food with the lunch bunch, start your day of right with a breakfast prepared by Jerry's girls, maybe even come with us to the fair or our other day out adventures. Whatever takes your fancy lets make the next few months a time to enjoy ourselves before that white stuff starts flying again.

MORE TO DO

Wednesday Nites are still doing well, we have just had two great parties in the last few weeks and are always planning more. Wednesday Nites are always free to all of you and the public, (remember you do not need to be a member). We always have great Country Music, a very well stocked concession stand and run a 50/50, many times we have free Birthday cake. Our theme parties are always lots of fun, we never know what is going to happen, how do you know when our next party is, that's easy you just come to Wednesday Nites and we will announce it.

Cause (what happens on Wednesday Nites, stays on Wednesday Nites).

Table Tennis is now being played at the center, (Tri- County Table Tennis Club)

Monday & Thursday 7pm to 10pm and Saturday 1pm to 5pm. Plus we are still doing FREE computer Classes (Connect Ohio) both day and night classes, all open to the public, so tell your friends tell your neighbors lets keep this center hopping.



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R E G T I Y R T R T C U T M Q M
T S K T G W G Y R E Z O N F L E
Q C D R N L D N T S S M E H G V
U K E G O P F F J D V O S R Z E
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I Y E M U F R E P E A Q Z A F E

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Please find the following hidden words:

- recognize, perfume, political, persuasion, plus, attention, allotted,
 - calender, yearly, yield, complete, arraigned, briefcase, perplexed,
 - cognizant, debrief, denial, energy, feather, seasons, caftan, coerce, poison,
 - emerge,
- words by Brenda

AUGUST

MON	TUE	WED	THU	FRI
		1 Cleaning	2 Movie Big Miracle Golf	3 Mystery Lunch
6 Ice Cream	7 Speak up & Stay Alive Fairport Harbor	8 Breakfast Pavilion	9 Movie "The Artist" Oshiip Golf	10 Grandparents Day
13 Computer 1:30-3:30 Hartville Ice Cream	14 Blood Pressure Board Meeting	15 Cleaning Computer 6:00-8:00 Foot Doctor	16 Movie "The Note" Metro Parks Golf	17 Lake County Fair
20 Computer 1:30-3:30 Ice Cream	21 Red Hats Hike	22 Computer 6:00-8:00 Lunch Bunch	23 Movie "Salmon Fishing in the Yemen" Oshiip/Golf	24
27 Computer 1:30-3:30 Attorney Ice Cream	28 Blood Pressure Jean King	29 Computer 6:00-8:00 Cleaning	30 Movie "Smitty" Golf	31 Zoo

HOPE YOU HAVE A GREAT MONTH.

AUGUST BIRTHDAYS

Michael	Jaskiewicz	2	Caroline	Wheaton	10	Betty	McNeill	21
Mary	Madachy	2	Nick	Lonesky	11	Billie	Simmons	21
Rose Marie	Torok	2	Marilyn	Tutolo	11	Michael	Yeckley	21
Ann	Bove	3	Eileen	Wilder	12	Rose	Mramor	22
Judy	Jonas	5	Sherri	Weaver	13	Phyllis	Druckenbrod	23
Anna	O'Grady	5	Jeanne	Wiehn	14	Audrey	Kilrain	23
Eleanor	Wiley	5	Rose	Koss	16	Edward	Nowakowski	23
Patricia	Rumble	6	Sue	Beam	17	Carl	Stump	27
Christine	Fiorello	7	Dorothy	Moran	17	Emma	Walker	27
Raymond	Schindel	7	Marlene	Pedder	17	Reta	King	28
Norma	Bryant	8	Judith	Sluga	17	Nancy	Schaefer	28
Phyliss	Delzoppo	8	Stella	Korecko	18	Darlene	Wolfson	28
Philip	Mattingly	8	Linda	Petkosek	18	George	Kistner	29
Kathy	Rodgers	8	Loretta	Adamson	19	Patricia	Kaluga	30
Janet	Azusenis	9	Donna	Good	19	Judy	Mathews	30
Millie	McDaniel	9	Harry	Simpson	19	Angela	Ruggiero	30
Richard	Suydam	9	Marilyn	Vidmar	19	Frank	Daniels	31
Mary Ellen	Driscoll	10	Terry	Agnes	20	Victor	Hubany	31
Dorothy	Kilian	10	Robert	Bennett	20	Brenda	Simpson	31
Yelena	Radocaj	10	Cathy	Krupka	21	Barbara	Tamblyn	31
Joseph	Stefka	10						

PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP

**IF YOUR BIRTHDAY IS IN AUGUST 2012
AND IS NOT ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2012**

J.F.K. CENTER IN PICTURES



JULY 4th DAY OF SHARING PARTY



JFK AT THE STADIUM PLUS TIM'S BIRTHDAY



Y'ALL COME AND JOIN US NOW