

# J.F.K. SENIOR CENTER BULLETIN

1580 EAST 332 STREET  
EASTLAKE, OHIO 44095

(440) 975-4268

Grace Giangiacomo-Senior Coordinator

E-Mail [gg@eastlakeohio.com](mailto:gg@eastlakeohio.com)

Brochure on line at [www.eastlakeohio.com](http://www.eastlakeohio.com)

Hours: 7:30am - 4:00pm

## DECEMBER 2012

The JFK Senior Center is open to the public every Wednesday Night.

We have live country music, a concession stand and lots of fun.

Pop in and join us, it's Free to all.



### HOLIDAY SCHEDULE

**WE WILL BE CLOSED**

**MONDAY, DECEMBER 24 & TUESDAY, DECEMBER 25**

**& TUESDAY, JANUARY 1**

**HAVE A BLESSED CHRISTMAS**

**AND A WONDERFUL NEW YEAR!**

The JFK Center offers many programs that meet on a weekly basis.  
 These activities are free and pre-registration is not required.  
 (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY	8:30 am
COMFORT ELVES	1 <sup>st</sup> 2 <sup>nd</sup> & 4 <sup>th</sup> WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	THIRD WEDNESDAY	9:00am-11:00am
LCR	4 <sup>th</sup> Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

## A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

## THURSDAY AFTERNOONS AT THE MOVIES

### DECEMBER MOVIES ALL CHRISTMAS MOVIES

December 6<sup>th</sup> "Christmas Miracle " (With Randal Edwards, Family)

December 13<sup>th</sup> "Christmas with a Capital C" (With Ted McGinley & Daniel Baldwin, Family)

December 20<sup>th</sup> "On Strike for Christmas" (With Joy Robinson & Julia Duffy, /Comedy)

December 27<sup>th</sup> "New Year's Eve" (With Michelle Pfeiffer & Josh Duhamel /Comedy/Romance)

The Movie will start again at 12:30  
 Check the day before the movie for any changes.

# SENIOR INFO PAGE

## OUR THOUGHTS

GET WELL WISHES are extended to: Ann Lloyd, Eleanor (Ellie) Wiley, Rose Mramor, Delores Chase, Con Doptis, Bob Kless.  
Hope you are all feeling better soon.



## CLEANING THE CENTER

DATE: Wednesday, December 5<sup>th</sup> & 19<sup>th</sup> TIME: After Lunch



## FREE COMPUTER CLASSES

Computer classes will be starting in January, 2013.  
Monday, January 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>. 10:00am – 12:00pm  
Wednesday, January 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>. 6:00pm – 8:00pm

CALL THE CENTER OR STOP IN THE OFFICE TO SIGN UP.  
ALSO, ANYONE WHO HAS TAKEN THE CLASSES AND HAVE NOT RECEIVED THEIR CERTIFICATE, STOP IN THE OFFICE AND PICK IT UP.



## VISITING ATTORNEY, FRANK MANNING

Frank Manning will not be here the month of December, if anyone needs to speak with him, you can call his office at 440.266.0700.



## LOST AND FOUND

Check with the office, we still have some items that have been left behind and have not been claimed. If anyone is missing glasses or keys, stop by and see if they are yours.



## JFK BOARD SENIOR

Carol Chesnes was voted in as a new JFK Board Member. Welcome Carol, the Board looks forward to working with you.



## CHARTER BANK

Jen from Charter Bank will be here to speak about budgets and what to buy or not buy! (In the Lunchroom)  
DATE: Friday, December 7<sup>th</sup> TIME: 12:00pm – 12:30pm

**BLOOD PRESSURE CHECK**

Sponsored by Senior Independence

DATE: Tuesday, December 11<sup>th</sup>

TIME: 10:00am – 11:30am



**JEAN KING**

Jean King, Resource Specialist with the Lake County Council on Aging, will be here this month if you would like to speak with her.

DATE: Tuesday, December 11<sup>th</sup>

TIME: 10:00am 11:30am



**OSHIIP**

Ken Selander will be in the office to help you with any medical billing problems.

DATE: Thursday, December 13<sup>th</sup>

TIME: 10:00am - 12:00pm



**FOOT DOCTOR**

\$15.00 donation

DATE: Wednesday, December 19<sup>th</sup>

TIME: 8:00am - 4:00pm



**OHIO CONSUMER COUNCIL**

Chris, a Senior Outreach Specialist will be here to talk about managing your utility bills. Come and listen, it is some good information. (In the Library)

Please sign up in the office to let Mr. Verich know who will be attending.

DATE: Friday, December 21<sup>st</sup>

TIME: 9:30am – 10:30am



**BRECKENRIDGE THERAPIST**

Mimi Pekarek, will be here to talk with you about "Managing Balance to Avoid Falls". As a person ages, many risk factors for falls become more apparent, but can be controlled or eliminated. A light snack will be served. Sign up in office to let us know who will be attending. (In the Library)

DATE: Friday, December 28<sup>th</sup>

TIME: 9:30am – 10:30am

**VETERANS CLUB**

In honor of Pearl Harbor day, December 7<sup>th</sup> Dennis will be showing some original footage in this Pearl Harbor Film, a black and white DVD lasting 1 hour and 45 minutes, tell some of your fellow veterans to come and join in on this interesting footage.

DATE: Friday, December 7<sup>th</sup>

TIME: 9:30am – 11:30am



**BOARD AND LUNCH ROOM MEETINGS**

The Board Meeting will be Tuesday, December 11<sup>th</sup> at 9:00am.

The Open Meeting will be at 11:00am.



**RED HAT PEARL BELLES**

The Red Hat Pearl Belles will be having their Christmas Party at JFK Center. The meat will be provided, please bring a dish to share.

DATE: Tuesday, December 11<sup>th</sup>

TIME: 12:30pm



**L.C.R.**

Join us to play a fun game of L.C.R. Beginners are encouraged to join in the fun and it's easy too! \$5.00 will allow you to play 6 games.

DATE: Thursday, December 20<sup>th</sup>

TIME: 12:30pm



**WEDNESDAY NIGHTS PINOCHLE**

Players meet at 6:00pm in the card room. Must have some skills as a card player, all are welcome just show up or call the center for more info.



**TOPS**

Taking Off Pounds Sensibly, will meet every Wednesday Night, come and join in.

DATE: Wednesday's Night

TIME: 5:00pm – 6:30pm

HARTVILLE

As long as the weather cooperates we will travel to Hartville!

DATE: Monday, December 10<sup>th</sup> COST: \$4.00 TIME: 8:15am – 3:30pm



LUNCH BUNCH

A local Restaurant in Willoughby Pickles and Pints, this month's choice, they feature 13 different burgers and also serve soup, salad and pierogies. Sign up in office.

DATE: Thursday, December 13<sup>th</sup> TIME: 11:30am – 2:00pm

COST: \$3.00



BOTANICAL GARDENS

Come and see the wonderful gingerbread houses, beautiful decorated Christmas Trees, ride the train and visit the Glass House. Pack a lunch, hop on the bus and have some Christmas Fun.

DATE: Friday, December 14<sup>th</sup> TIME: 10:30am – 3:30pm

COST: \$12.50



HIKE

A new Metro Park, Pete's Pond, is the place to hike this month, bundle up and join your fellow hikers and try this new trail by Wickliffe High School.

DATE: Tuesday, December 18<sup>th</sup> TIME: 10:30am – 1:30pm

COST: \$3.00



TRINITY CATHEDRAL BROWN BAG CONCERTS

Annual Messiah Sing with the Trinity Chamber Orchestra. Bring a packed lunch or purchase one there.

DATE: Wednesday, December 19<sup>th</sup> TIME: 11:00am – 1:30pm

COST: \$4.00



**PARTIES AND COOKOUTS**

**WEDNESDAY COUNTRY NITE:**

Don't forget that the Center will be open on Wednesdays until 8:30pm.

Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday. Music starts at 6:30pm. ALL ARE WELCOME, SO BRING YOUR FRIENDS.

A Concession stand with coffee, donuts, and other items are available for purchase.



**BREAKFAST WITH JERRY'S GIRLS**

Enjoy a Christmas Breakfast Casserole.

Juice, Coffee

(Sign up in the office)

DATE: Wednesday, December 12<sup>th</sup>

TIME: 9:15am – 11:00am

COST: \$2.00



**CHRISTMAS GET TOGETHER**

Catered by Mama Primozz

Chicken with Wine Sauce

Cabbage Rolls

Rigatoni

Green Beans Almondine

Tossed Salad

Garlic Cheese Bread

Tea/Coffee

Entertainment by Ron Sluga

DATE: Thursday, December 20<sup>th</sup>

TIME: 12:30pm – 3:00pm

COST: \$13.00

**SIGN UP IN THE OFFICE**



**NEWS YEAR EVE GET-TOGETHER**

Dessert and Punch and a fun game of LCR. Let's get together and celebrate the end of 2012!

**SIGN UP IN THE OFFICE**

DATE: Monday, December 31<sup>st</sup>

TIME: 12:30pm – 2:00pm

COST: \$2.00

**SENIOR TRAVEL PAGE**  
**CASINO AND VACATION TRIPS**

<b>DATE</b>	<b>INFORMATION</b>
<b>TBD</b>	<b>PLANS ARE BEING MADE FOR NEXT YEAR'S DAY TRIPS AND OVERNIGHT TRAVELS.</b>

**HERE IS A REMINDER OF THE RULES FOR SIGN UP AND TRAVEL WITH JFK TRIPS, ALONG WITH SOME CHANGES.**

**SIGN UP PROCEDURES FOR 2013:**

Beginning in January 2013, there will be a few modifications in our procedures for signing up for Center trips.

During the first week after the monthly bulletin comes out, sign up will be restricted to Center MEMBERS only. If, after the first week, there are still open places, a member may sign up a non-member guest at the cost of the trip plus a \$1 one-day membership pass.

While every effort to provide refunds are made, if a replacement cannot be found, we will not be able to make a refund.

Additionally, you can't just be a no show, if possible a 24 hour notice is required.

No refunds are made until AFTER the trip has been completed. The only exception is if the trip is canceled by the Center. Once the trip is over, contact Celine Burger or Irene Vitolo about the possibility of a refund.

Please sign up early to assure Trips go out and are **NOT CANCELLED**. Also, please check with the office for any cancellations on trips, or if any partnered trips come up with other Centers



# CENTER NEWS

## BEAUTY SALON

**OPEN EVERY FRIDAY 9:15am – 2:30pm**

**Ladies look your best for Santa Claus**

**\$1.00 off Ladies Haircuts, with a FREE shampoo**

**Men we can't forget you...you need to look your best and be festive**

**....Haircuts \$7.00**

**Nail Shellac last for 2-3 weeks...the latest craze for your nails,  
the power polish!**

**Ladies get your nails done early and let it last for the Holiday's!**

**Support your Senior Center**

**Come in and try the Salon's services.**



## SPECIAL CENTER SALE

**For the month of December there will be a sale every Tuesday in the Lobby. A little bit of everything...Christmas items, glassware, kitchen items...a little bit of this and a little bit of that.**

**DATE: Tuesday, December 4<sup>th</sup>, 11<sup>th</sup>, & 18<sup>th</sup>**

**TIME: 9:00am – 11:30am**



## HAPPY HOLIDAY'S

**To a well remembered past with your fondest memories of family and friends, to traditions and customs, and to newly made memories with new friends, may everyone have a wonderful holiday season. There is no time more filling to say "Thank You" to all who have been a part of the Center that made this year a fun filled place to go.**

**Merry Christmas**

**and**

**Happy New Year**

Well folks it's that time of year again, ( CHRISTMAS TIME ) yes another year has come and gone, for us at the JFK we have had the good times and stood together through the sad times, we have said goodbye to some of our friends and loved ones and welcomed some new faces and changes.

However the important thing is that if you are reading this we are still together and looking forward to what the New Year will bring. I hope you all have a peaceful Christmas and wish you good health and happiness for the New Year.

Now that the year is coming to the end I would like to thank all the volunteers that have helped to keep our center running and in good shape I wish I could mention you all by name and tell everyone what you do, but there is so many, plus there are others that work behind the scenes. So THANK-YOU all you are the heart of our center.



**OUR CENTER'S GENEROSITY**

One thing to be said about the members of the JFK Senior Center, whenever there is a cause to help people we always seem to step up to the plate and turn every drive into a success

The Food for the food bank, The Mitten Tree, The donations and gifts. You have made these worthy projects a success, so many thanks to all that participated. Now we start our Christmas TOYS FOR KIDS, last year our center collected many boxes of toys and put a smile on faces of children of family's less fortunate than us.

Lets not forget the Christmas is the season of good will and Christmas is for kids. thank-you



**OUR HOLIDAY BOUTIQUE**

This was joint venture between the center and Grace's daughter Angela, it turned out a great success and all proceeds for the event will go to benefit the center, it is hoped we can continue this relationship and possibly run another event in the spring.

# WEDNESDAY NITES

To all of you that missed the Day of Sharing Party, we are sorry. Our regular Wednesday Nites family really out did themselves, we have never seen so much delicious food you all gave more that enough for the over 100 people that helped us celebrate Thanksgiving. From the team that makes Wednesday nites work, the musicians, the concession team, and all the people behind the scenes, we wish to thank you and all the people that join us, ( no matter what the weather ) for a year of great parties.

## LAST PARTY OF THE YEAR

COUNTRY CHRISTMAS Dec. 19th-----Wear your Christmas gear for this one, Santa Hats, Elf Ears, or anything for the season. Who knows Santa may show up.

## FIRST PARTY OF 2013

COUNTRY NEW YEAR JAN. 2<sup>nd</sup> -----Start the year off right, we will ring in the New Year at 8.00pm with a drink and the Wednesday Nite traditional Pig Drop.

<><><><><><><><><><><><><><><><><><><><><><><><>

O Z P R B F T F I K E N O P C I  
E C N A T S I D I L A G O O N Q  
Z I F M S N F H A R E E N I C G  
E F E E A O A N O B H D P U S L  
E B G R L R R P I X U M O S O E  
R R E R U U I R R C R L F A R L  
B O L Y T F C E T O P M O C O O  
Z K L C E S L H F E M P T C R V  
A E O H E I G S T C S O J E R I  
Z N C R O I N E V A E H T J D N  
U D P I L A E S I M O R P E Q G  
R U B S R O E Y O V A E E O L A  
E R U T P I R C S A V A G E V E  
E E O M N Z N U P C M B U R Z G  
E E A A D V E N T U R E A M S I  
E K T S K L X I A H E Y W R A F

Please find the following hidden words:

azure, speak, light, broken, promote, promise, salute, compote, heaven, breeze, lounge, conduct, savage, nocturnal, prescribe, lagoon, scripture, adventure, distance, noise, endure, loving, college, transform, -----Now find hidden our wish for you this Christmas, 15 letters

From the writers of "OUR PAGE"

*A MERRY CHRISTMAS TO ALL AND TO ALL A GOOD NIGHT*

BRENDA & HARRY

# DECEMBER

MON	TUE	WED	THU	FRI
<b>3</b>	<b>4</b>	<b>5</b> Cleaning	<b>6</b> Movie Christmas Miracle	<b>7</b> Charter Bank Veterans Club
<b>10</b> Hartville	<b>11</b> Brd Meeting Blood Pressure Jean King Red Hats	<b>12</b> Breakfast with Jerry's Girls	<b>13</b> Movie Christmas with a Capital C Lunch Bunch OSHIP	<b>14</b> Botanical Gardens
<b>17</b>	<b>18</b> Hike	<b>19</b> Cleaning Foot Doctor Trinity Cathedral	<b>20</b> Movie On Strike for Christmas LCR CHRISTMAS PARTY	<b>21</b> Managing your Utility Bills
<b>24</b> Closed for the Holiday	<b>25</b> Closed for the Holiday Merry Christmas	<b>26</b>	<b>27</b> Movie New Years Eve	<b>28</b> Breckenridge Therapist/Speaker
<b>31</b> News Year Eve Day Get Together				

**HOPE YOU HAVE A GREAT MONTH.**

# DECEMBER BIRTHDAYS

Raymond	Miller	1	Vivian	Balester	10	Dominic	Raider	20
Ardelle	Thomas	2	Betty	Kacholek	10	Joseph	Hooper	21
Ross	Armelli	3	Robert	Might	10	Louis (Ben)	Komaromy	21
Pauline	Fredriks	3	Alice	Resetic	10	Sally	Fritsch	22
Amelia	Locke	4	Dorothy	Urbancic	10	Casimir	Jablonski	23
Fran	Morris	4	Karleen	Powalie	11	Joe	Stehulak	25
John	Russ	4	Robert	Mahler	12	Nancy	Vitovich	25
Henry	Sutton	4	Christa	Mandau	13	Louise	Wayner	26
Laverne	Walker	4	Judith	Galippo	14	Marilyn	Futkos	27
Mary	Miller	5	Goldye	Cooper	15	Dorothy	Ferguson	28
Janet	Orr	5	Judith	Selander	15	Mary Ann	St. Clair	28
Mary	Parks	5	Patricia	Osborne	17	Dorothy	Balogh	29
Joza	Vujica	6	Fred	Sheridan	17	Barbara	Caddell	29
Adeline	Grum	7	Richard	Bliss	18	Billy	Frame	30
Irvan	Hammond	8	Deborah	Eubank	18	Mark	Hassett	30
Raymond	Balester	9	Patricia	Baffer	19	Jean	Toth	30
			Charles	Vandestadt	19	Karen	Buss	31

**PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP**  
**IF YOUR BIRTHDAY IS IN DECEMBER 2012**  
**AND IS NOT ON THIS SHEET**  
**IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED**  
**MEMBERSHIP FOR 2012**

WISHING YOU ALL  
A GREAT DAY



# J.F.K. CENTER IN PICTURES



**WEDNESDAY NITE THANKSGIVING PARTY**



**HOIDAY BOUTIQUE**



**Y'ALL COME AND JOIN US NOW**