#### J.F.K. SENIOR CENTER BULLETIN



## **AUGUST 2016**

1580 East 332<sup>nd</sup> Street

Eastlake,

Ohio 44095

TEL440-975-4268

**Grace Giangiacomo, Senior Center Director** 

E-Mail: gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 7:30 a.m. - 4:00 p.m.

Monday, Tuesday, Thursday, Friday Wednesday, 7:30 a.m. - 8:30 p.m.
The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass
Music starts at 6:30 p.m. A concession stand and lots of fun.
Pop in and join us. It's Free to all

The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00 am to 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9.00 am
ART CLASS	TUESDAY	10.00 am
BINGO	TUESDAY & FRIDAY	12:30-3:00 3¢ per card
COMFORT ELVES	1 <sup>st</sup> & 3 <sup>rd</sup> WEDNESDAY	9:00 am- 11:00 am
LINE DANCING	THURSDAY	1.00 pm
PINOCHLE	FRIDAY	12.30 pm
Chair Yoga with Kate	MONDAY,	9 :00 am
Low Impact Strength Training with Diane	MONDAY,	1.15 pm
Zumba (Low Impact)	WEDNESDAY,	10.00 am
EXERCISE WITH T.V.	TUESDAY,	9.00am
EXERCISE WITH DIANE	THURSDAY,	9.15 am and 10.00am

#### **OUR THOUGHTS**

We extend GET WELL WISHES to: Orville Vernon, Renee Sonnie, Delores Hanko, Joan Nowakowski, and Joan Evans. Hope you are feeling better soon.

Condolences to the family of Kathryn Flanagan.

## HEALTH AND WELLNESS HOLLY HEARING

DATE: Tuesday, August 2<sup>nd</sup> TIME:10:00am-12:00pm

#### **REIKI**

Reiki, for relaxation, relieves stress, can reduce pain, strengthen one's immune system, promotes an overall sense of well being. Maria Katz will be here with 20 minute sessions.

Please sign up in the office for an appointment.

\$15.00 (PRE-REGISTRATION IS REQUIRED)

Wednesday, August 3rd & 17th

TIME:1:00pm-2:30pm

#### FOOT DOCTOR

DATE:Wednesday, August 17<sup>th</sup> (TIME:8:00am – 4:00pm) Wednesday, September 7<sup>th</sup> \$15.00 donation (PRE-REGISTRATION IS REQUIRED)

## **CENTER NEWS**

#### **THANK YOU FOR BEING THERE**

We would like to thank our regular team who pitched in to help with our Flea Market.

We had a lot of items that needed separated, cleaned and priced.

There was set up, manning the tables, take down and clean up.

baking for the bake sale, selling of raffle tickets (including 50/50 raffle);

We had a lot that needed done. So whatever you volunteered for,

we thank you for helping "Your Center".

#### SELF-HIKE

We are going to do a "Self-Hike" again at Chagrin River Park.

Please meet on the Erie Road Entrance. Don't forget your water and if you'd like to pack a lunch, we will eat at the Pavilion when we hike over to Reeves Road.

DATE:Thursday, August 11<sup>th</sup> TIME:Meet at 10:00am on the Erie Rd Entrance

### PARTIES AND GET-TOGETHERS

#### **ICE CREAM TREAT**

It's <u>JUST HOT</u>, let's have an Ice Cream Day Treat! After lunch in the Lobby. DATE:Tuesday, August 9<sup>th</sup> COST:\$1.00 TIME:12 Noon After Lunch

#### ANOTHER NATIONAL HOLIDAY?

Let's make our own! How about walking taco day! After lunch in the Lobby.

Sign up in the office

DATE:Monday, August 15<sup>th</sup>

COST:\$2.00

TIME:12 Noon After Lunch

# DAY TRIPS CLEVELAND INDIANS

Don't forget the Indian's Game. Tickets are purchased, pack a lunch or purchase one there. Your tickets are in Section 130. The game starts at 12:10pm.

DATE: Thursday, August 4<sup>th</sup> COST:\$23.00 TIME:10:45am

#### **HARTVILLE**

It's the second Monday of the Month, Hartville it is!

DATE:Monday, August 8<sup>th</sup> COST:\$5.00

TIME: 8:15am-3:30pm

#### <u>ROCKSINO</u>

Incentive will be \$20.00, grab a friend and go have fun.

DATE: Thursday, August 11<sup>th</sup>

COST:\$4.00

TIME: 9:30am-3:00pm

#### RABBIT RUN

The Complete Works of William Shakespeare. Very funny comedy!! Transportation, and a chicken/rib dinner with dessert and a wine tasting at Grand River Winery.

There will be refreshments at intermission at the theater.

DATE: Friday, August 12<sup>th</sup>

COST:\$47.00

TIME:4:00pm-?

#### **STANCATO'S ITALIAN BUFFET**

The restaurant this month is Stancato's, Italian Buffet. Lunch on your own. Enjoy! DATE: Friday, August 19<sup>th</sup> COST:\$4.00 TIME:11:00am-1:30pm

#### **FAIRPORT HARBOR TRIP**

We are venturing to the Beach again.

Wear comfortable clothes and take a walk along the beach. We will be roasting hot dogs, with all the fixings! Potato salad, chips and bottled water.

Don't forget your sunscreen!

If we are not too "full" we will be stopping for ice cream afterward, on your own.

DATE: Tuesday, August 16<sup>th</sup> COST:\$5.00 TIME:10:15am-2:00pm

## MANSFIELD REFORMATORY

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Join us for a tour and walk through the halls of this majestic structure.

After visiting this site we will stop at the Blueberry Patch for lunch on your own at their cafe.

You will be able to pick blueberries, check out their plants, shop at the beanery,
or visit their gift shop.

DATE: Wednesday, August 17<sup>th</sup>

COST:\$13.00

TIME:8:30am-3:30pm

#### SENIOR DAY AT LAKE COUNTY FAIRGROUNDS

Free admission for Seniors over 60. Noon time is when Senior Activities will start, with WINT Radio doing their fabulous Bingo Games. Free Lunch for the first 200.

Tickets will be available the day of the event at the Senior Day Tent Area.

DATE:Thursday, August 18<sup>th</sup> COST:\$3.00 TIME:9:30am-1:30pm

#### **MATHER STEAMSHIP**

Come visit the Mather Steamship in Downtown Cleveland and a visit to the Coast Guard Station. Lunch on your own is after the tours. Restaurant to be determined. DATE: Wednesday, August 24<sup>th</sup> COST:\$11.00 TIME:9:15am-1:30pm

#### **AUGUST WINERY TRIP**

We are going to Emerine Estates Winery in Jefferson. Enjoy a nice lunch or sample some wine and cheese or just check out their Wine Shakes Dessert...YUMMY! After eating we will stop at a bulk store and do a little shopping.

DATE:Thursday, August 25<sup>th</sup> COS<sup>-</sup>

COST:\$5.00

TIME:10:00am-2:30pm

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#### **SUGAR CREEK**

We are off to "Amish Land", First Stop Walnut Creek Flea Market, then to Mrs. Yoder's, for lunch. After lunch to Berlin to shop. Time allowing we will visit Hershberger Farm.

DATE:Friday, August 26<sup>th</sup> COST:\$5.00 TIME:8:00am- 5:30pm

#### PRESQUE ISLE

50+Club Members will receive \$25.00 free play, subject to change. Sign up in office. DATE: Tuesday, August 30<sup>th</sup> COST:\$7.00 TIME:9:15am- 4:30pm

#### SENIOR SAFARI AT THE CLEVELAND ZOO

The animals can't wait to see us!

Get your sun screen, comfortable shoes and hop on the bus for our annual trip to the Cleveland Zoo. Come and see the new Snow Leopard Cub who was introduced on July 13<sup>th</sup> DATE: Wednesday, August 31<sup>st</sup> COST:\$4.00 TIME:9:15am- 4:30pm

#### **GEAUGA FAIRGROUNDS**

Senior Day at the Geauga County Fairgrounds.

Senior "Hang-Out"is between 9am-2pmin the Vernon Howard Pavilion

Walk or just around the fair get some good fair food and have a good "old fashion" time!

DATE:Friday, September 2<sup>ND</sup> COST:\$4.00 TIME:9:30am-1:30pm

#### **TRAVELING VIETNAM WALL**

"The Wall That Heals" will be coming to Geauga County Fairgrounds.

Come and visit this moving exhibit. We will be stopping for lunch, which will be posted later.

DATE: Friday, September 9<sup>th</sup> COST:4:00 TIME:9:00am-1:00pm

#### **ERIE STATION DINNER THEATER**

Enjoy "Legends of Broadway" Tickets will include the show, Sit down family style Luncheon from soup to dessert. MONEY WILL BE DUE BY SEPTEMBER 1<sup>ST</sup>

DATE:Wednesday, September 21<sup>ST</sup> COST:\$40.00 TIME:10:30AM-4:30PM

#### **GREAT DAY TOURS**

Please join us for two trips with GREAT DAY TOURS. Friday, September 16<sup>th</sup>, to Grove City Outlets for \$34.00 MONEY DUE FOR GROVE CITY BY AUGUST 22<sup>ND</sup>

<u>DON'T MISS OUT ON THIS FUN TRIP</u> and Thursday, November 10<sup>th</sup>, to Cambridge, Ohio to tour Dickens Victorian Village, for \$86.00. Stop by for a flyer to get more information.

#### **FUTURE TRIPS**

Trader Joes/Whole Foods, Nautica Trip, My Fair Lady October 27<sup>th</sup> (Great Lakes Theater), Museum of Divine Statues.

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### **AUGUST 2016**

MONDAY	<b>TUESDAY</b>	WEDNESDAY	<b>THURSDAY</b>	<b>FRIDAY</b>
1	2	3	4	5
	Holly's Hearing Art Class	Reiki	Indians Game	Vets Meeting
				0 1 0 45 0 00
		Comfort Elves	Salon 9:15–2:00	Salon 9:15–3:00
8	9	10	11	12
Hartville			Rocksino	Rabbit Run
Attorney Deb	Board Meeting Ice Cream Treat		Self-Hike	
	ice Cream Treat		Salon 9:15–2:00	Salon 9:15–3:00
15	16	17	18	19
Walking Taco	Fairport Harbor	Foot Dr.	Senior Day	19
Walking raco	Beach Picnic	Comfort Elves	Fairgrounds	Lunch Bunch
	Art Class	Mansfield Trip	]	
		Reiki	Salon 9:15–2:00	Salon 9:15–3:00
22	23	24	25	26
	Tech Class Phones	Mather Trip	Winery	Sugar Trip
			Salon 9:15–2:00	Salon 9:15–3:00
29	30	31		
	Presque Isle Art Class	Cleveland Zoo		
		Comfort Elves		

Now you can look your best for less Come support your Senior Center by stopping by at the Beauty Salon. Open Thurs/Fri.

Did you know that the cigarette lighter was invented BEFORE the match!!



MAKE SURE YOU DRINK PLENTY OF WATER IN THIS VERY HOT WEATHER WE HAVE BEEN EXPERIENCING!

## **AUGUST BIRTHDAYS**

John	Bielawski	1	Betty	Monroe	10	Cathy	Krupka	21
Robert	Fleming	1	Jelena	Radocaj	10	Betty	McNeill	21
Connie	<b>Fitzsimmons</b>	2	Harry	Spencer	10	Celeste	Myers	21
Victoria	Hayes	2	Joan	Spring	10	Michael	Yeckley	21
Ann	Bove	3	Linda	Vilcheck	10	Harry	Clay Sr.	23
Mary Lou	Gomez	4	Caroline	Wheaton	10	Audrey	Kilrain	23
<b>Patricia</b>	Ozello	4	Nick	Lonesky	11	Dorothy	Jaklitsch	24
Betty	Balint	5	Jerry	Sevilla	11	Mary Lou	Clark	25
Eleanor	Dombrowski	5	Jim	Titgemeyer	11	Claudia	Cornwell	25
Eleanor	Wiley	5	Sally	Stavange	12	Lori	Faust	25
<b>Patricia</b>	Rumble	6	Eileen	Wilder	12	Lois	Smoley	25
Nancy	Bernard	7	<b>Antoinette</b>	Delahanty	13	Connie	Trunkely	25
Christine	Fiorello	7	Richard	Foster	13	Monica	Vlasz	25
Joanne	Kuchar	7	Catherine	Splete	13	Gloria	McFeely	26
Christine	Risher	7	Sherri	Weaver	13	Chester	Cutshall	28
Phyliss	Delzoppo	8	Jeanne	Wiehn	14	Reta	King	28
Karen	Dymanski	8	Brenda	Collins	15	Kathleen	Lind	28
Hope	Kazek	8	Elizabeth	Small	16	Nancy	Schaefer	28
Leslie Jr.	Landis	8	Lester	Hoppert	17	Joe	Stavange	28
Philip	Mattingly	8	Marlene	Pedder	17	Darlene	Wolfson	28
Kathy	Rodgers	8	Donna	Good	19	George	Kistner	29
Janet	Azusenis	9	Janet	Jodlowski	19	Helene	Zgela	29
Mildred	McDaniel	9	Harry	Simpson	19	Angela	Ruggiero	30
Richard	Suydam	9	Marilyn	Vidmar	19	Charlene	Thomas	30
<b>Mary Ellen</b>	Driscoll	10	Terry	Agnes	20	Frank	<b>Daniels</b>	31
Gary	Gaerttner	10	Frank	Mohoric	20	Darlene	Harrris	31
Dorothy	Kilian	10	Frank G.	Parks	20	Lee	Schroer	31
Sharon	Knight	10				Brenda	Simpson	31

# HAPPY BIRTHDAY

## JFK WALK IN THE PARK





#### **FAIRPORT HABOUR BEACH PARTY**









## **4TH JULY AT THE CAPTAINS**













Y'ALL COME ON AND JOIN US NOW