J.F.K. SENIOR CENTER BULLETIN

1580 EAST 332 STREET EASTLAKE, OHIO 44095 (440) 975-4268

Grace Giangiacomo-Senior Coordinator E-Mail gg@eastlakeohio.com Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm

June 2014

The JFK Senior Center is open to the public every Wednesday Night. We have live country music, a concession stand and lots of fun.

Pop in and join us, it's Free to all.



ENJOY THE WARM WEATHER IT IS FINALLY HERE!

OUR THOUGHTS

GET WELL WISHES are extended to : Catherin Skrinjar.
Hope you are feeling better soon.

Sympathy is extended to the families of: Sharon Thomas in the passing of her father Howard. June Lesica, wife of Bruno Lesica, to the family of Rose Stipcic, Joseph Hrvatin, Harry Shouse and to the family of Mary Kay Schlatt, who recently joined our center.

VISITING ATTORNEY

Deborah Loughner, from the firm Hanahan & Hinton, LLC will be taking 30 minute appointments between 1:00pm-4:00pm, the second Monday of every month. Sign up in the office if you would like to speak to her.

KEY VAULT

The Fire Department is offering a Key Vault for the Senior Citizens of Eastlake for a nominal fee. In case of an emergency this Key Vault will help the Paramedic's to gain entry during rescue. The Fire Chief will be here to explain more, mark your calendar and come and be informed.

EASTLAKE SUMMER FEST

The Eastlake Summerfest is taking on a new venue, it will now be at the Captain's Stadium parking lot. It is the last weekend of June, the 27th 28th and 29th. The parade will be on Saturday, June 28th with a new route starting at North High School and ending at the Stadium Parking Lot. The JFK Bus will be in the parade along with a float that JFK will represent. Anyone wishing can either ride on the bus or walk along side of the float. Also, the Bus will be at the event for around an hour, if anyone wishes to walk around the fair. The bus will then return to the Senior Center and you can retrieve your car. Sign up in the office if you plan on joining the festivities on Saturday, June 28th.

WEDNESDAY COUNTRY NITE

Don't forget that the Center is open every Wednesday until 8:30pm.

Live Country and Blue Grass Music will be performed by our band and special guests (about 10-15 players) plus many theme parties.

Music starts at 6:30pm.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

A Concession stand with coffee, donuts, and other items are available for purchase.

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OUR LADIES TEA

Come and join us for an "old fashioned tea party" with finger sandwiches, desserts and of course tea.

Please sign-up in the office

DATE: Friday, June 13th

COST:3.00

TIME:12:30pm-2:00pm

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PANCAKES IN THE PARK

Pancakes in the Park sponsored by Lake Metroparks. Enjoy a pancake breakfast at Penitentiary Glen Reservation. Visit the wildlife center or take a cart ride though the meadow or woods. Transportation by Laketran. Sign up in the office.

DATE: Wednesday, June 18th

TIME:8:45am - 10:30am

BREAKFAST IN THE PAVILION

Let's enjoy pancakes on the patio. Sausage, juice and coffee will be served. Enjoy.

Sign up in the office.

DATE: Monday, June 30th COST:\$3.00

TIME:9:30am

HARTVILLE

Hop on the bus, the weather is warming up and the outside vendors will be back!

LUNCH BUNCH

The restaurant this month is China Buffet in Mentor. Lunch on own, Sign up in the office. Enjoy!

DATE: Wednesday, June 11th COST:\$3.00 TIME:10:45am-1:30pm

HIKE/WALK

Our Hike this month is Holden Arboretum. Pack a lunch or purchase a salad or wrap at their snack bar. The cost of entry is now \$5.00.

DATE: Tuesday, June 17th COST:\$8.00 TIME:10:00am-1:00pm

JUNE'S WINERY TRIP

We are going to Deer's Leap Winery in Geneva, enjoy a nice lunch, sample some wine and check out there gift shop and bird viewing.

DATE:Friday, June 20th COST:\$5.00 TIME:11:30am-2:30pm

MYSTERY LUNCH

First of our summer ethinic mystery lunches. Come and be adventurous and join in on a fun lunch. Olé!

The JFK Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required.

(Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
ZUMBA (Low Impact)	WEDNESDAY	10:00am – 11:00am
BALANCE CLASS	WEDNESDAY	2:30 pm-3:30 pm
COMFORT ELVES	1st 2nd & 4th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	THIRD THURSDAY	9:00am-11:00am
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Low Impact Aerobics	Monday, 12:45pm	Thursday, 9:15am
Sit Down Exercise	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES

Thursday, June 5th "Blue Jasmine" (with Alex Baldwin, Cate Blanchett, Drama)
Thursday, June12th "The Monuments Men" (with, George Clooney, Mat Damon)
Thursday, June 19th "Grace Unplugged" (with, James Denton, Drama)
Thursday, June 26th "Grudge Match" (with, Sylvestor Stallone, Robert DiNiro, Drama)

Movie starts at 12:30pm
Check the day before the movie for any changes.

POPCORN INCLUDED!

THE EASTLAKE SUMMERFEST 2014

JUNE 27th. 28th. & 29th.

Well folks we still have a lot of work to do on this but all is looking good for a weekend of fun and enjoyment for the whole family, our center will have a booth there and if you are interested in helping please see Maxine or Grace. The parade this year will be on Saturday June 28th and assemble at North High School at 12 noon, then make its' way to the Festival at the Captains Ballpark, our bus will be in the parade, so if you would like to ride or walk with us please sign up in office.

As for a float in the parade, I am still working on it and will post details if I can get something together.

At the Summerfest there will be something for everyone we will have:

FOOD, BEER, RIDES.
MONTE CARLO, TEXAS HOLDEM, & LIVE MUSIC.

WITH PERFORMANCES BY

MARION AVENUE, ROCK RADIO, WHISKEY COURAGE, SAFFRON DAZE,ERIN & THE USUAL SUSPECTS, JUKEBOX HEROES, SAY'S SHE, THOSE GUYS, JASMINE DRAGONS, ERIN BURKE & FRIENDS, VENDORS & MORE.

For full details and times, please check fliers in the Lobby. You all come on down and see us now, we'll be looking for you.



LIKE US ON FACEBOOK @facebook.com/eastlake summerfest VISIT US @eastlakealliance.org

WEDNESDAY NITES

PAGE 7

I would like to thank all of you that attended our Memorial Service, and all who participated in it. They made it a very memorable evening of honoring the many women and men that gave so much to make America the country of freedom that we love today. May they never be forgotten. To those that were not listening last Wednesday, there are no parties planned for the month of June, as Brenda and I will be busy with the Eastlake Summerfest. We will just have our regular Wednesday Nites. Our next big party will be on July 2^{nd,} which will be a night of sharing (bring a dish to share) to celebrate the 4th of July.

Wednesday Nites is and always will be FREE to you and the public.



Please find the following hidden words:

weird, wield, weir, realty, reality, worm, warm, hostel, host, hosta, close, closet, swap, swamp, polite, police, desert, dessert, lunge, plunge, word, sword, flower, lower,

JUNE 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Blood Pressure Interium Health	4	5 Salon 9:15-2:00 Movie blue Jasmine	6 Salon 9:15-3:00 Vets Meeting
9 Hartville Attorney	10 Blood Pressure Senior Independence Board Meeting	11 Lunch Bunch	12 Hard Rock Salon 9:15-2:00 Movie Monuments Men Emeritas	13 Salon 9:15-3:00 Rabbit Run Ladies Tea
16	17 Key Vault Hike Red Hats	18 Pancakes In Pard	19 Salon 9:15-2:00 Movie Grace Unplugged	20 Salon 9:15-3:00 Winery
23	24 Blood Pressure Embassy Health Care Presque Isle	25 Mystery Lunch	26 Salon 9:15-2:00 Movie Grudge Match	27 Salon 9:15-3:00
30 Breakfast with Barb				

July 25th Ye Olde Mill July 2nd Food Doctor

SENIOR TRAVEL/INFO PAGE HARD ROCK ROCKSINO

Page 9

Your incentive for this trip is \$10.00 and \$5.00 food voucher.

DATE: Thursday, June 12th COST:\$4.00 TIME: 9:30am-3:00pm

PRESQUE ISLE

All 50+ Club members will receive 5X points from their play on Tuesdays. However, the points will not appear on their card until their next visit. Also, 50+ Club members will receive \$5 off the Backstretch Buffet good on Tuesdays only! Your incentive will be \$30.00.

DATE: Tuesday, June 24th COST:\$5.00 TIME:9:15am-4:30pm

RABBIT RUN THEATER

The hilarity never ends in Noises Off, a wild glimpse behind the scenes on a runaway production. When an overzealous director and his troupe of mediocre actors allow their personal lives to overshadow their new play, the backstage hi-jinks becomes even funnier than what is happening onstage!

DATE: Friday, June 13th COST:\$23.00 TIME:6:00pm-9:00pm Next Rabbit Run Trip will be The Odd Couple on Friday, August 29th The Cost will be \$23.00



YE OLDE MILL

Let's celebrate National Ice Cream month by visiting this old fashion Ice Cream Parlor. There will be a ½ tour of their ice cream factory. Then you can leisurely enjoy the grounds. There is a Museum, a Viewing Gallery, an Ice Cream Parlor, a walking trail with a fishing pond, and Restuarant where you can enjoy lunch on your own, the menu is in the office. This trip will be listed with June's events.

Trip is in Utica, 2½hr. away

DATE:Friday, July 25th COST:\$5.00 TIME:8:00am-4:30pm

VETERANS CLUB

The Veterans Club will see a movie every other month and the off month there will be a meeting. Tell your fellow Vets and join in. Meeting this month.

DATE: Friday, June 6th TIME:9:30-11:00am

BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, June 10th at 9:00am with the Open Meeting at 11:20am.

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RED HAT PEARL BELLES

They are going to Market Street Family Restaurant for lunch on 615, across from Ollie's. Call Queen Millie if you have any questions.

DATE: Tuesday, June 17th TIME: 12:30pm

L.C.R. Join us to play a fun game of L.C.R. \$5.00 will allow you to play 6 games.

DATE: Thursday, June 26th TIME:12:30pm

WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player. All are welcome just show up or call the center for more info.

T.O.P.S.

The members meet every Wednesday Night, from 5:00pm-6:30pm. Stop by and see them, they meet in the Comfort Elves Room.

TOM STRONG

"Bladder Problems & Incontinence"

Join us for this informative talk as noted medical lecturer and patient advocate Tom Strong explains why bladder problems affect both men and women. Learn the latest treatmant options for incontinence.

Sponsored by Govenor's Port in Mentor and Governor's Village in Mayfiled Village

BLOOD PRESSURE CHECK

Sponsored by Interim Healthcare

BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, June 10th TIME:10:00am – 11:30am

BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE: Tuesday, June 24th TIME: 10:00am-11:00

FOOT DOCTOR

\$15.00 donation (PRE-REGISTRATION IS REQUIRED)

ZUMBA and BALANCE CLASS

Don't forget to come in on Wed. mornings 10:00am-11:00am for Zumba and Wed. afternoons 2:30pm-3:30pm for the Balance Class. No Charge.

NOTE FROM THE EXERCISE ROOM

Please note that no one is allowed to remove the free-weights from the exercise room, they seem to be disappearing.

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CENTER NEWS HAIR SALON

SUMMER WILL BE HERE IN A COUPLE OF WEEKS!
ARE YOUR FEET READY FOR SANDAL WEAR?
Pedicure \$28.00/Shellac \$23.00/Manicure \$14.00
Lady Waxing, Eyebrows, Lip, & Chin...\$5.00
Men Haircuts...\$7.00

HAPPY FATHERS DAY

All you Dad's enjoy your day, Sunday, June 15th!

ZUMBA AND YOGA

Come and join our New Summer Evening Zumba Classes here at the JFK Center, along with YOGA Classes with Diane Monaco. The Classes will begin June 3^{rd.} Diane Nichols, who teaches our day classes will be teaching the evening Zumba class as well. A flyer will be posted, so please tell all your friends and relatives about these fun and energetic classes. All classes will be open to the public. The charge for the Zumba Class is \$5.00 and the class hours are Tuesdays 6:30pm to 7:15pm. The YOGA class charge is \$8.00 and the class hours are also Tuesday 6:30 – 7:15pm

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EMERITUS AT WILLOUGHBY

Emeritus is having a Summer Wellness Clinic. Blood Pressure Checks, Blood Sugar Screening, as well as Gait and Balance Screening. Refreshments will be served. Sign up in the office, a bus from Emeritus will be provided.

DATE: Thursday, June 12th TIME:1:00pm-3:00pm

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FUTURE TRIPS

Garage Sale with Willowick Senior Center: July 10th
Mystery Trip in August/Historical Tour at Lakeview Cemetery
Sugarcreek Trip in July
West Side Market/Grandparents Day in August

JUNE BIRTHDAYS

Carol	Ackerson	1	Edna	Parisi	10	Ellen	Miecznikowski	21
Steve	Martin	1	Linda	Davis	11	Cheryl	Nicolosi	22
William	Moster	1	Betty	Nemeth	12	Michael	Vaccariello	22
Betty	Triplett	1	James	Ogrin	12	Bernice	Zabroski	23
Dorothy	Hartman	3	Dorothy	Jankowski	13	Katherine	Kirsh	24
June	Bliss	4	Anthony	Minardo	13	Charles	Overberger	24
Kathleen	DeFrank	4	Charles F	Rumble	14	June	Taylor	24
Alice	Kingzett	4	Corie	Hildebrant	15	Fred	Grodell	25
Denise	Massey	4	Roy	Page	15	Tina	Sherrick	26
Ken	Selander	4	Carol	White	15	Robert	Creter	27
Richard	Miecznikowski	5	Anthony	Angelo	16	Domenic	Talladino	27
Louise	Pennza	5	Flo	Schucker	16	Lucille	Myotte	28
Sandra	Fischer	7	Genevieve	Deleandro	17	Rosemary	Baranuskas	29
Millie	Huber	8	Leonard	Mullen	18	Marie	Gearhart	29
Sue	Sorensen	8	Lucille	Porten	19	Marty	Hric	29
Dorothy	Bradac	9	Robert G.	Shirer	19	Nello	Chiudioni	30
Janice	Konte	10	Jack	Adams	21	Arlene	Hull	30
			Roberta	Hufnagle	21			

WISHING YOU ALL A GREAT DAY





PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP

J.F.K. CENTER IN PICTURES





MEMORIAL SERVICE 2014









MAY WE NEVER FORGET











Y'ALL COME AND JOIN US NOW