

J.F.K. SENIOR CENTER BULLETIN



APRIL 2016

1580 East 332nd Street Eastlake, Ohio 44095 TEL440-975-4268
 Grace Giangiacomo, Senior Center Director E-Mail: gg@eastlakeohio.com
 Brochure on line at www.eastlakeohio.com

Hours: 7:30 a.m. - 4:00 p.m.

Monday, Tuesday, Thursday, Friday Wednesday, 7:30 a.m. - 8:30 p.m.

The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass Music starts at 6:30 p.m. A concession stand and lots of fun.
 Pop in and join us. It's Free to all



The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00 am to 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
ART CLASS	TUESDAY	10:00:00 AM
BINGO	TUESDAY & FRIDAY	12:30-3:00 3¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00 am– 11:00 am
LINE DANCING	THURSDAY	1:00 pm
PINOCHLE	FRIDAY	12:30:00 PM
Chair Yoga with Kate	Monday, 10:00 am	
Low Impact Strength Training with Diane		Monday, 1:15 pm
Zumba (Low Impact)	Wednesday, 10:00 am	
Exercise with Diane Exercise with Diane	Thursday, 9:15 am	Thursday, 10:00 am

AARP

Thanks to AARP for doing our taxes. We always look forward to you coming every year



SPRING BOUTIQUE

Save the date for our Spring Boutique on Saturday, April 9th from 9:00am to 4:00pm.

Make sure you pick up a flyer and let your friends know.

We will be looking for volunteers to help with set up and tear down.

Anyone interested stop by the office.



SENIOR DAY AT THE MALL

Don't forget Senior Day at the mall is coming up.

There will be a lot of new things happening this year...

Games, walks, prizes, hands-on activities. Save the date for Tuesday, May 17th.

Tickets will be on sale for a \$1.00 in the office after April 20th.



TOPS

Taking Off Pounds Sensibly, meet every Wednesday Night. They are looking for new members...it is open to all ages. It's April, summer will be here soon, what better time to start getting healthy. Come and join in, what do you have to lose.

DATE: Wednesday Nights

TIME: 5:00pm – 6:30pm



PARTIES AND GET-TOGETHERS

INDIANS OPENER/CAPTAINS OPENER

The Indian's and Captain's opening games are April 4th and 7th respectively, so we are going to celebrate their opening days together, with hot dog, chips, and a pop.

Meet in the Lobby, wear your Indian or Captain's gear. Sign up in the office.

DATE: Wednesday, April 6th

COST: \$3.00

TIME: 12:00 Noon



CINCO DE MAYO

Join us after lunch in the Lobby for a Taco and a bit of dessert. Sign up in the office.

DATE: Thursday, May 5th

COST: \$3.00

TIME: After Lunch



DAY TRIPS
ROCKSINO

Incentive will be \$20.00, grab a friend and and go have fun.

DATE:Thursday, April 7th COST:\$4.00 TIME: 9:30am-3:00pm



HARTVILLE

We are venturing out to Hartville and will be traveling with the Willowick Center.

DATE:Monday, April 11th COST:\$5.00 TIME: 8:15am-3:30pm



LEARN TO NAVIGATE YOUR DEVICE

Melanie will be back. She will have 5 thirty minute sessions from 9am-11:00 and 6 ten minute follow up sessions from 11:30-12:20, to recap for those of you who already have met with her and have more questions. Please sign-up in the office. Melanie will also be at Senior Day at the Mall with her expertise.

Don't forget your devices!

DATE: Wednesday, April 13th TIME:9:00am-12:30pm



CAFÉ 4250

Another Culinary School, hop on the bus for a fun luncheon and a stop at Trader Joe's.

DATE:Tuesday, April 19th COST:\$4.00 TIME:10:30am-2:30pm



TRINITY CATHEDRAL

CSU Wind Ensemble will be performing. Hop on the bus. Willowick Senior Center will be joining us. Bring a lunch or purchase one there. Enjoy.

DATE: Wednesday, April 20th COST:\$4.00 TIME:11:00am-1:30pm

DATE: Next month, Wednesday, May 11th for a Jazz Quartet



LUNCH BUNCH

We are going to Golden Corral. Put your britches on and saddle-up. We are going to chow down!

DATE: Thursday, April 21st COST:\$4.00 TIME:11:00am – 1:30pm



MAPLE FESTIVAL

We are joining Willowick and venturing to the Maple Festival.
There will be an all you can eat pancake breakfast for \$8.00, if you choose.
Visit at your own pace.

DATE:Friday, April 22nd COST:\$4.00 TIME:10:00am-2:00pm



PRESQUE ISLE

50+Club Members will receive \$5.00 off The Back Stretch Buffet good on Tuesday's.
DATE: Tuesday, April 26th COST:\$7.00 TIME:9:15am- 4:30pm



DENNISON RAILROAD DEPOT MUSUEM

Come learn about this National Historic Landmark from WWII. Enjoy lunch on your own at
the original cateen.

DATE:Wednesday, April 27th COST:\$11.00 TIME:8:00am-2:30pm



GREAT LAKES BREWING COMPANY AND TOUR

Tour the Brewery downtown and then have lunch.

DATE:Thursday, April 29th COST:\$9.00 TIME:10:00am-2:00pm



CULINARY BUFFET

Join us for the end of the year buffet at the Culinary School in Euclid.

DATE:Wednesday, May 4th COST:\$3.00 TIME:10:45am



Lets think about the word UP.

You can look UP, We can go Up stairs, UP town, Up the hill, Up the street, UP in a plane.

SO WHAT'S UP

I'll tell you whats UP,

This morning I woke UP, opened my eyes UP, decide to get UP, sat UP, stood UP
and saw the sun was UP.

Turned UP the radio and heard, today it will cloud UP then clear UP and brighten UP sounds
to me like it's messed UP.

Didn't feel UP to going to work so I looked UP my work number and called UP, told them I
was UP late drinking now I'm throwing UP, they said " get UP here or your jobs UP for grabs"

I said that's UP to you and hung UP.

Now I feel UP set, so I'm giving UP and now its UP to you,



CENTER NEWS
"COMMUNITY CHAMPIONS DAY"

March for Meals on Saturday March 19th was a success, as well as Community Champions Day for Meals on March 23rd. We had a great turnout at our Center on Wednesday. Thanks to all.



VOLUNTEER LUNCHEON

Anyone who volunteered to benefit our Center, twenty five (25) hours or more in 2015, is invited to our Luncheon. Please stop by the office to RSVP, and if unsure of your hours we will check for you. The Luncheon will be Friday, April 15th at 1:30pm.



MUSIC ENRICHMENT CLASS

Isn't anyone interested in listening to music for relaxation therapy? We haven't heard from anyone yet! Feel the positive difference music makes in your life! Lucy would like to set something up if there is an interest. Sign up and let's see what this is all about.



ART CLASS

If you haven't tried it, come on in and sit in on one of the classes on Tuesday. The only expense would be your own art supplies...no other expense. Meet in the Bingo Room.
DATE: Tuesday Mornings TIME:10:00am-
12:00pm



TO REFRESH YOUR MEMORY

We really need **EVERYONE** to park in the first parking lot when going on a trip. It eases up the lot in front of the building to have more open parking. The seniors that are attending the Center for the day find it hard to find a place to park on days there is a trip. Unless needing a handicap space, please park in the first lot when attending a trip.

APRIL 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 Vets Meeting Salon 9:15-3:00
4	5 Art Class AARP	6 Comfort Elves Indians/Hot Dogs Foot Dr. REIKI	7 Rocksino Salon 9:15-2:00	8 Salon 9:15-3:00
11 Hartville Attorney	12 Anthem Art Class Board Meeting AARP Celina w/COA	13 Know Your Device Hospice Trip	14 Salon 9:15-2:00	15 Volunteer Lunch Salon 9:15-3:00
18	19 Medicare Art Class CAFE 4250	20 REIKI Trinity Cathedral Comfort Elves	21 Lunch Bunch Salon 9:15-2:00	22 Maple Festival Salon 9:15-3:00
25	26 Presque Isle Art Class	27 Dennison Railroad	28 Great Lakes Brewing Co. Salon 9:15-2:00	29 Salon 9:15-3:00

5th ANNUAL SPRING BOUTIQUE

Saturday, April 9th

9:00am to 4:00pm

1580 East 332nd Street

Eastlake, OH 44095

440-223-9713

ang5kids@gmail.com

Boutique Tables/Craft Tables

Bake Sale

Chinese Auction

Concession Stand

Hot Dogs, Chili Dogs &

Hamburgers

ADMISSION FREE!

THE JFK CENTER IS A NON-PROFIT ORGANIZATION.

APRIL BIRTHDAYS

Wilma Jean Cooper	1	Dan Lawson	11	Michael Galgoczy	22
Lorraine Longo	1	Ronald Lutz	13	Kathleen Ogrin	22
Margaret Richardson	1	Savitaben Patel	13	Louise Ward	22
Cheryl Wardega	1	Sharen McDivitt	14	Jerry Carr	23
Nellie Hartley	2	Irvin Taylor	14	Sue Gearity	23
Emiko Stidd	3	David Lashuk	15	James Lucas	23
Anna Zorko	3	Louie Lezark	15	Dennis Anderson	24
William Billhardt	4	Louis Stromsky	16	Sharon Hannan	24
Judith Komyati	4	Kathleen Becerra	17	George Futkos	25
Sally Cellini	5	Doris Hayes	17	Marilynn Nagy	25
Florence Lovas	5	Florence Edelman	18	Peter Palicia	25
Edmond Rosemond-Benn	5	Virginia (Jean) Lynn	19	Yvonne Sanger	25
Gerry Gillespie	7	Cathy Omelia	20	Joann Yeckley	25
Donna Komaromy	8	Joseph Trunkely	20	Rose Hixenbaugh	26
Fran Pavlik	8	Beverly Yando	20	Theresa Phalen	26
Cheryl Wolenski	8	Kenneth Bruss	21	Gayle Sellitto	27
Mary Buhner	9	Roseann Crow	21	Mary Ann Thomas	27
Leo Ivec	10	David Pardee	21	Linda M. Davis	28
Joanne Suydam	10	Joan E Reba	21	Jean Zukowski	28
Janja Vidovic	10	Richard Sabo	21	Mary Hradesky	29
Ronald Backos	11	Bette Urquhart	21	Tricia Kostura	29
Kenneth Kothera	11	Orval Vernon	21	Ruth Ann Stone	29
		Malise (Pixie)Wiles	21	Mary Ann Surtz	30

**HAPPY
BIRTHDAY**

WEDNESDAY NITES ST. PATRICKS PARTY 2016



GREAT PARTY

350th. WEDNESDAY NITES



**YES FOLKS 350 NITES, WE ARE NOW IN OUR SEVENTH YEAR.
WE HAVE WELCOMED LOTS NEW FACES AND SADLY SAID GOODBYE TO TOO MANY OF
OUR FRIENDS.
THROUGHOUT THE YEARS AND OUR MANY PARTIES WE HAVE ENJOYED
GREAT MUSIC, GOOD FOOD AND THE VERY BEST OF COMPANY.
WEDNESDAY NITES HAVE ALWAYS BEEN FREE AND OPEN TO EVERYONE.
OUR MASCOT IS THE PIG, OUR MOTTO IS
(WHAT HAPPENS ON WEDNESDAY NITES, STAYS ON WEDNESDAY NITES)
I WOULD LIKE TO TAKE THIS OPPORTUNITY TO THANK OUR WONDERFUL MUSICIANS
AND THE WEDNESDAY NITES TEAM, ALL WHO HAVE VOLUNTEERS THERE TIME AND
EFFORT TO MAKE THIS POSSIBLE,
AND LAST BUT NOT LEASE YOU THE THE AUDIENCE, WITHOUT YOU THERE WOULD BE
NO WEDNESDAY NITE.
SO YO,ALL COME ON DOWN AND JOIN US NOW,
WE'LL KEEP THE LIGHTS ON FOR YOU.**

HARRY