

J.F.K. SENIOR CENTER BULLETIN

**1580 EAST 332 STREET
EASTLAKE, OHIO 44095
(440) 975-4268**

Grace Giangiacomo-Senior Coordinator

E-Mail gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm

APRIL 2014

**The JFK Senior Center is open to the public every Wednesday Night.
We have live country music, a concession stand and lots of fun.
Pop in and join us, it's Free to all.**



**THE CENTER WILL BE CLOSED
FRIDAY, APRIL 18TH
IN OBSERVANCE OF GOOD FRIDAY**

Page 2

GET WELL WISHES are extended to: Val Oliveri, Bob Chesnes,
and Bob Creter. Hope you are feeling better soon.

Sympathy is extended to the families of: Hazel Tambascio and Ernie LaManna in their passing. To Ron and Barbara Sutton in the passing of Ron's sister Cathern, to Tina Sherrick in the passing of her sister Sarah, and to Barb Krawulski in the passing of her sister-in-law Laura.

VISITING ATTORNEY

Deborah Loughner, from the firm Hanahan & Hinton, LLC will be taking 30 minute appointments between 1:00pm-4:00pm, the second Monday of every month. Sign up in the office if you would like to speak to her.

DATE: Monday, April 14th **TIME: 1:00pm – 4:00pm**



HOSPICE IN NEED OF YARN

We are still in need of yarn to make items for Hospice. Anyone having yarn they would like to donate, please bring it in to the Center and it will be given to our Seniors to make some much needed slippers, hats and lap robes.

JFK SHIRTS

Anyone interested in purchasing a JFK Shirt there are a few left. We have size small and large left. Let someone in the office know and you can purchase one for \$5.00.

STEPHANIE'S EXERCISE CLASS

Stephanie will be on vacation from April 22nd through May 1st. She will return to her class here, on Monday, May 5th.

Stephanie, Enjoy Your Vacation.

KEY VAULT

The Fire Department is offering a Key Vault for the Senior Citizens of Eastlake for a nominal fee. In case of an emergency this Key Vault will help the Paramedic's to gain entry during rescue. If interested in this valuable offer, check with the office for more information.

Page 3

Don't forget that the Center is open every Wednesday until 8:30pm.

Music starts at 6:30pm.

A Concession stand with coffee, donuts, and other items are available for purchase.

Let's celebrate the Indians Home Opener and our Lake County Captains by having Hot Dogs, Peanuts, and Soda! We will meet in the Lobby, wear your Indians Gear, bring your Baseball Spirit and enjoy the goodies with your friends at JFK.

DATE: Friday, April 4th COST:\$1.25 TIME:12:15pm

(SIGN UP IN THE OFFICE FOR OUR COUNT)



Gail will be back to see if anyone would like to bring in any gold they may have to sell. She has been here several times and have helped many of your fellow seniors in getting some extra cash.

DATE: Tuesday, April 8th **TIME: 10:00am-11:30am**

Egg's Benedict, is on the menu.

Come and join your fellow Seniors for some comfort food and social time.

(PLEASE SIGN UP IN THE OFFICE)

DATE: Monday, April 28th **TIME: 9:15am – 11:00am**

COST: \$3.50



Eligible volunteers can pick up your invitation after April 4th

Page 4

The restaurant this month is the Polaris Culinary Restaurant in Middleburg Hts, Lunch on own, Sign up in the office. Enjoy!

TRI-C JAZZ FEST

HARTVILLE

EASTER TRIP

HIKE/WALK

TRINITY CATHEDRAL

Come and enjoy The Three Counter Tenors, David Acres, John McElliott and Robert Vanceas as they combine their talents in a truly unique program!

The JFK Center offers many programs that meet on a weekly basis.

These activities are free and pre-registration is not required.

(Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
ZUMBA (Low Impact)	WEDNESDAY	10:00am – 11:00am
BALANCE CLASS	WEDNESDAY	2:30 pm-3:30 pm
COMFORT ELVES	1st 2nd & 4th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	THIRD THURSDAY	9:00am-11:00am
LCR	4th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all **FREE** programs

Low Impact Aerobics	Monday, 12:45pm	Thursday, 9:15am
Sit Down Exercise	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES

Thursday, April 3rd "Dallas Buyers Club" (with Matthew McConaughey, Drama)

Thursday, April 10th "12 Years a Slave" (with Chivette Ejofor, Drama)

Thursday, April 17th "Saving Mr. Banks" (with Tom Hanks, Emma Thompson, Drama)

Thursday, April 24th "The Wolf of Wall Street" (with Leonardo DiCaprio, Drama)

Movie starts at 12:30pm

Check the day before the movie for any changes.

POPCORN INCLUDED!

Page 6



THE JFK SENIOR CENTER IS A NON-PROFIT ORGANIZATION.

PAGE 7

Our next party is the Bunny Hop on April 19th. Put on them bunny ears and tails it's only a few weeks away and hopefully by that time Mother Nature will have warmed things up for us. Remember now Wednesday Nites is and always will be FREE to you and the public.

Q	N	F	B	E	R	N	X	K	T	C	F	G	E	S	E
P	M	X	M	H	C	P	I	F	F	O	Z	M	G	G	D
A	W	E	G	R	O	F	K	I	E	L	T	I	A	J	O
E	A	I	L	E	N	A	H	C	E	D	R	L	R	G	N
S	N	Z	N	C	T	E	N	I	E	U	L	P	O	P	G
Y	T	I	V	A	R	G	C	T	E	O	C	O	F	A	U
I	E	O	I	N	O	I	S	A	C	C	O	Y	C	V	A
A	D	S	D	G	L	A	T	C	O	C	N	F	D	S	I
O	L	A	R	U	W	R	O	O	C	M	T	C	S	T	Y
A	H	C	T	I	D	E	N	L	C	T	R	G	T	O	Z
E	C	A	P	S	H	G	E	L	U	J	A	F	X	R	G
S	T	N	C	H	A	N	N	E	L	L	S	E	K	E	O
N	I	F	L	E	V	A	R	G	T	E	T	A	C	P	M
F	B	R	E	S	E	I	Z	E	D	E	G	O	C	A	X
L	I	O	D	S	E	T	B	F	H	C	G	C	W	A	P
F	E	D	S	L	E	T	G	E	R	E	L	F	N	H	E

occasion, occult, anguish, anger, wasted, wanted, pace, space,
control, contrast, forge, forage, cold, scold, channel, chanel,
gravity, gravel, stone, store, collage, college, ditch, bitch,
words by Brenda

APRIL 2014

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1 Blood Pressure Interium Healthcare	2	3 Movie Dallas Buyers Club Salon 9:15-2:00	4 Hot Dogs in the Lobby Salon 9:15-3:00
7	8 Brd Meeting Tom Sawyer Blood Pressure Senior Independence Scam /Talk	9 Lunch Bunch	10 Movie 12 Years a Slave Tri C Salon 9:15-2:00	11 Salon 9:15-3:00
14 HARTVILLE	15 Easter Trip	16	17 Movie Saving Mr. Banks Salon 9:15-2:00	18 Salon 9:15-3:00
21	22 Hike	23 Trinty	24 Movie The Wolf of Wall Street Salon 9:15-2:00	25 Volunteer Lunch Salon 9:15-3:00
28 Barb Breakfast	29 Blood Pressure Embassy Healthcare	30 Foot Dr.		

--There will be free health fair with screening's at Council on Aging in Mentor on April 22nd between 9:30am-4:00pm. Stop in and see the

--Senior Games May 31- June 7, if interested in particpateing contact
Lake Metroparks

--Pancakes in the Park will start in June. Look for info next month.

Page 9

Your incentive for this trip is \$10.00 and \$5.00 food voucher.

DATE: Thursday, April 17th COST:\$4.00 TIME: 9:30am-3:00pm

All 50+ Club members will receive 5X points from their play on Tuesdays. However, the points will not appear on their card until their next visit. Also, 50+ Club members will receive \$5 off the Backstretch Buffet good on Tuesdays only! Your incentive will be \$30.00.

DATE: Tuesday, April 29th COST:\$5.00 TIME:9:30am-4:30pm

When going on a trip, please park in the first lot in front, (unless you need a handicap space). It is easier for the Seniors that are visiting for the day to find a place to park.

North High National Honor Society is having a prom for Senior Citizens, let's support their group, sign up in the office, if there is enough participation, I will get the bus to take everyone over. There will be music by North High's Jazz Band and refreshments will be provided.

DATE:Friday, May 9th **COST: \$2.00** **TIME:6:30pm-8:00pm**



Sign up in the Office

Tri C Concert: May 9th 12 Noon \$4.00

Tea Party May 9th (info to follow)

Senior Day at the Mall: May 13th, Pick up your ticket in the office \$1.00

Hands on Pottery: May 16th \$19.00

(Lunch Plate, Bowl, or Mug. More Info to follow)

VETERANS CLUB

The Veterans Club will see a movie every other month and the off month there will be a meeting. Tell your fellow Vets and join in. Check the travel page for a trip with the Veterans.

DATE: Friday, April 4th

TIME:9:30-11:00am

[illegible]

BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, April 8th at 9:00am with the Open Meeting at 11:20am.

[illegible]

RED HAT PEARL BELLES

They are going to Flavors on the Vine for lunch.

Call Queen Millie if you have any questions.

DATE: Tuesday, April 15th

TIME: 12:30pm

CRAFT CLASS

Craft Class will meet every other month. See you next month with a new idea. The Bird feeders last month turned out nice, it was a fun class.

[illegible]

L.C.R.

Join us to play a fun game of L.C.R. \$5.00 will allow you to play 6 games.

DATE: Thursday, April 24th

TIME:12:30pm

[illegible]

WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player. All are welcome just show up or call the center for more info .

CRAFTY CROCHETERS

Thanks to all who have turned in beautiful items for the Comfort Elves to pass onto Hospice. Great Job.

T.O.P.S.

The members meet every Wednesday Night, from 5:00pm-6:30pm. Come and see them at the Boutique and pick up some valuable information.

Sponsored by Interim Healthcare

[illegible]

Sponsored by Senior Independence

Please join Tom for information on Magnifers and how helpful they can become as we age. He will be in the Lobby to answer any questions you may have.

Come and listen to a speaker from the Eastlake Police Department on how not to get scammed. It should be a very informative talk. Come and join us in the Lobby Tuesday morning.

Sponsored by Embassy Homecare



\$15.00 donation (PRE-REGISTRATION IS REQUIRED)

Don't forget to come in on Wed. mornings 10:00am-11:00am for Zumba and Wed. afternoons 2:30pm- 3:30pm for the Balance Class. No Charge.



Page 12

HAIR SALON

HOP ON IN AND GET YOUR HAIR OR NAILS DONE FOR EASTER!

Pedicure \$28.00/Shellac \$23.00/Manicure \$14.00

Lady Waxing, Eyebrows, Lip, & Chin...\$5.00

Men Haircuts...\$7.00

Ladies Haircuts...New Clients \$10.00

THE SALON HOURS:

THURS 9:15am-2:00pm & FRIDAY 9:15am-3:00pm?



VOLUNTEER LUNCHEON

Anyone who volunteered to benefit our Center, twenty five (25) hours or more in 2013, will be invited to our Luncheon. Please stop by the office after April 4th to check on this years invite.



SPRING BOUTIQUE

Mark your calendar for our Spring Boutique on Saturday, April 12th from 9am-4pm. We will be looking for volunteers to help with set up and tear down. Anyone interested, stop by the office to sign up.



LOST AND FOUND

Don't forget if you have lost anything, please check with the office, we just might have it...a car charger, eye glasses, personal water bottles, keys...we have a lot!...since last month...We still have a lot!

Recycle

Don't forget to bring in your old eye glasses and cell phones for recycling. Also, any pet coupons for our Pet Angels who rescue abandoned animals.

EASTER

We hope everyone has a wonderful Easter Sunday, enjoy the weather, the extended forecast is predicting a nice day.

Hopefully it will be a sunny warm day.

*HAPPY EASTER
YOUR JFK BOARD*

APRIL BIRTHDAYS

Wilma Jean	Cooper	1	Dan	Lawson	11	Jerry	Carr	23
Lorraine	Longo	1	Joan	Kelso	12	Sue	Gearity	23
Shelia	Lucas	1	Nancy J	Bryson	13	James	Lucas	23
Victoria	Yaksic	1	Helen	Mason	13	Donna	Moses	23
Nellie	Hartley	2	Sharen	McDivitt	14	Herman	Rains	23
Marlene	Roach	2	Irvin	Taylor	14	John	Thomas	23
Emiko	Stidd	3	Rose	Coan	16	Francis	Zsaludko	23
Sally	Cellini	5	Grace	Deguzman	16	Dennis	Anderson	24
Florence	Lovas	5	Virginia (Jean)	Lynn	19	George	Futkos	25
Dolores	Spaid	5	Cathy	Omelia	20	Jean	Gorisek	25
Beverly	Legat	6	Minnie	Richards	20	Peter	Palicia	25
Gerry	Gillespie	7	Beverly	Yando	20	Yvonne	Sanger	25
Donna	Komaromy	8	Kenneth	Bruss	21	Dorothy	Trunkely	25
Fran	Pavlik	8	Clara	Cunningham	21	Joann	Yeckley	25
Mary	Buhner	9	Joan E	Reba	21	Carol	Carpinello	26
Nancy	Gray	10	Orval	Vernon	21	Madelyn	Moses	26
Leo	Ivec	10	George	Zadzora	21	Theresa	Phalen	26
Dona	Mason	10	Michael	Galgoczy	22	Mary	Thomas	27
Donald	Nason	10	John	Manchen	22	Linda M.	Davis	28
Joanne	Suydam	10	Kathleen	Ogrin	22	Jean	Zukowski	28
Ronald	Backos	11	Donald	Carpinello	23	Bruce	Rutherford	29

**PLEASE DON'T FORGET TO RENEW YOUR
MEMBERSHIP**

WISHING YOU ALL
A GREAT DAY



J.F.K. CENTER IN PICTURES



WEDNESDAY NITE ST. PATRICK'S PARTY



Y'ALL COME AND JOIN US NOW

250th WEDNESDAY NITES

