J.F.K. SENIOR CENTER BULLETIN

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Grace Giangiacomo-Senior Coordinator E-Mail gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm NOVEMBER 2013

The JFK Senior Center is open to the public every Wednesday Night. We have live country music, a concession stand and lots of fun.



THE CENTER WILL BE CLOSED
THURSDAY, NOVEMBER 28TH AND
FRIDAY, NOVEMBER 29TH
SEE YOU BACK HERE ON MONDAY, DECEMBER 2ND
"HAPPY THANKSGIVING"

SENIOR INFO PAGE OUR THOUGHTS

GET WELL WISHES are extended to: Madonna Knaus, Bernice Hicks, Gloria Insana, Marilyn Smith, Nello Chiudioni, and Ona Labadie.

Hope you are feeling better soon.

Sympathy is extended to the families of: Ronald Gorisek in the passing of his wife Jean and to Barbara Tamblyn, in the passing of her husband Al.

CLEANING THE CENTER

Our cleaning crew meets on every other Wednesday. If anyone would like to give a hand in our lunchroom, that would be great! DATE: Wednesday, November 6th & 20th TIME: After Lunch

ZUMBA

Don't forget to come and join in on Wednesday mornings between 10:00am and 11:00am. It is officially on our Weekly Programs. If interested please stop by and join your fellow seniors for this fun class. It is a low impact class and it is free of charge.

BALANCE CLASS

Paul Wallace is now teaching a balance class once a week on Wednesday's from 2:30pm to 3:30pm. Come and try this relaxing class. We all can use a little help with our balance.

There is no charge on this class, just come in.

VISITING ATTORNEY

Please welcome Amy Pennza as our new visiting attorney, she has taken over for Frank Manning. She will be taking 15 minute appointments between 1:00pm- 2:30pm.

Sign up in the office if you would like to speak to her.

Please let the office know if anyone has an interest in attending a 1:00pm Cavaliers game on Monday, January 20th, on MLK day.

WEDNESDAY COUNTRY NITE

Don't forget that the Center is open every Wednesday until 8:30pm.

Live Country and Blue Grass Music will be performed by our band and special guests (about 10-15 players) plus many theme parties.

Music starts at 6:30pm.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

A Concession stand with coffee, donuts, and other items are available for purchase.

A NOTE FROM JERRY'S GIRLS

"I want to thank everyone for their kindness to me and to especially thank you for rememering my husband Jerry, through your participation in the "Jerry's Girls' Events" held at the center. Jerry would have been so proud. This remembrance has meant a great deal to me, but it is time for "Jerry Girls" to retire. It has been a fun time that will be cherished always". Thank You, Jackie Jaskiewicz.

"Thanks to the team for all you have done".

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BREAKFAST FROM BARB'S KITCHEN

Barb would like to carry on in serving breakfast to our members, anyone interested in joining her, please let the office know. We are having French Toast Sticks, Sausage Patty, & Scrambled Eggs.

DATE: Monday, November 25th

TIME:9:15am - 11:00am

COST: \$3:50

TURKEY GET TOGETHER

Let's have some pre-thanksgiving fun! Enjoy a fun game of "Turkey Bowl" after enjoying a bowl of Turkey Soup and a slice of Pumpkin Pie and a bit of entertainment from the Mentor Follies Dancers.

DATE: Thursday, November 21st

TIME: 12:15 (after lunch)

COST:\$3.00

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HARTVILLE Weather Permitting

DATE: Monday, November 11th

TIME: 8:15am - 3:30pm

COST: \$4.00

TRINITY CATHEDRAL

Enjoy the fabulous musicians of the TOPS Big Band, rock the house with music by George Gershwin and Cole Porter!

Pack a lunch or purchase one there.

PRESQUE ISLE

Weather Permitting: \$35.00 in free play, first come...first serve.

HIKE/WALK

We are going to Chagrin River to hike, bundle up and let's go for a brisk walk this month.

LUNCH BUNCH

We are having lunch at Balaton in Shaker Heights. It is a Hungarian Restaurant.

DATE: Wednesday, November 20th TIME: 10:45am-1:00pm

COST:\$4.00

X CHRISTMAS CONNECTION

Visit the IX Center for the start of some Christmas Cheer. There are over 500 Vendors to see, Festive Light Entertainment, Wine Cellar and much more. Spend an afternoon of shopping or just looking, sit and listen to the Entertainment, have lunch and Enjoy!

Date:Friday, November 22nd Cost:\$12.00 TIME: 10:00am-2:00pm

The JFK Center offers many programs that meet on a weekly basis.

These activities are free and pre-registration is not required.

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
ZUMBA (Low Impact)	WEDNESDAY	10:00am – 11:00am
BALANCE CLASS	WEDNESDAY	2:30 pm-3:30 pm
COMFORT ELVES	1 st 2 nd & 4 th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES

Thursday, November 7th "The Seven Year Hitch" (with Natalie Hall, George Wendt)
Thursday, November 14th "After all these Years"(with Wendie Malich, Gregory Harrison)
Thursday, November 21st "A Taste of Romance"(with, Teri Polo, James Patrick Stuart)

Thursday, November 28th NO MOVIE TODAY, CLOSED FOR Thanksgiving Movie starts at 12:30pm

Check the day before the movie for any changes.

POPCORN INCLUDED!

HOLIDAY BOUTIQUE SATURDAY NOVEMBER 9TH

Still a bit of time left if you have any stuff to donate, or if you need a table to make yourself a bit of money selling your own stuff.

Remember that all proceeds from this event benefit you and the center, tell your friends, take a flyer, advertise for your center, and most of all come on down and have a walk around you never know what you may find.

WEDNESDAY NITES

Big Halloween Party October 30th, don't be scared now, just put on something ghoulish and come on over.

Fun, Music, Food and Drinks, Good Company and a Costume Contest.

The scary thing is It's FREE.

Every Wednesday Nite is open to you and the public. 6:00pm to 8:30pm.

Our annual Thanksgiving Party will be November 20th. We all know that this is our (Day of Sharing) and we ask those who can to prepare a dish or bake goodies so we can make a feast to celebrate and give thanks for the harvest.

As usual on November the 27th (the Wednesday before Thanksgiving) we will NOT be having a Wednesday Nite so you can all get ready for Thanksgiving Day.

We have already made plans for the Wednesday Nite Christmas Party it will be December 18th. And our New Year Party will be on the 8th of January, this is because of how the holidays fall this year.

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THE MITTEN TREE

It's that time of year again when we start to feel a chill and the threat of winter is near by, this is why every year we put up a Christmas tree early and ask if you possibly can decorate it with Hats and Mittens (gloves). Irene and Brenda run this program for the kids of Head Start so that they can stay warm when the chill turns to cold, Brrrrr.

OCTOBER SOUP AND DOLLARS DRIVE

Many thanks to all of you that donated dollars and cans of soup for the Food Bank, you did extremely well. Most of you do not see the amount of dollars and cans that we collected. On the first Wednesday Nite we collected seventy-seven dollars and over 80 cans of soup, since then we have collected many more dollars and cans from Wednesday Nites along with the cans of soup that you have put in the box in the Lobby. We will keep the box in the Lobby, as the need for food never stops, because in these unsettled times many more families are in need.

Once again WELL DONE FOLKS.

All the food and money is given to Diane in the food bank in our center.



Please find the following hidden words:

avoid, avid, avail, wales, whole, howl, haul, thought, throw, through, polite, police, prowl, proud, prod, drought, draft, jewel, jowl, crowd, crouch, bridge, bride, brag,

NOVEMBER 2013 TUESDAY WEDNESDAY THURSDAY **MONDAY FRIDAY** 1 8 4 Voting Day Cleaning Movie **Don't Forget Foot Doctor** Seven year Hitch 11 12 13 14 15 Hartville **Board Meeting** Trinity Cathedral Movie Veterans Day Vote for JFK Visiting Attorney After all these years **Board Today Nutrition Site** Presque Isle Closed 19 20 21 22 18 IX Center Hike/Walk Cleaning Movie Lunch Bunch A Taste of Romance Turkey **Get-Together** 26 27 25 28 29 Breakfast Visiting Attorney Happy Closed Today **Thanksgiving** Closed Today

Mark Your Calendar for our Holiday Boutique November 9th

VETERANS CLUB

The Veterans Group will be having a Free breakfast for Veterans at the Mentor Senior Center, there will be a \$4.00 charge for guests. They will be featuring two Guest Speakers. Please call the Mentor Center at 440.350.0000 to make reservations to secure a spot.

We will be back at our Center for the Movie on Friday, December 6th

DATE: Saturday, November 9th

TIME:9:30-11:00am

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BOARD AND LUNCH ROOM MEETINGS

There will be voting for Board Members, between 8:30am-11:00am in the lobby on Tuesday, November 12^{th,} The Board Meeting will commence at 9:00am and The Open Meeting will be at 11:20am as usual. Please check the board in the lobby to see who is running this year, and please vote.

RED HAT PEARL BELLES

They will be going to the China Buffet in Eastlake for lunch.

DATE: Tuesday, November 19th

TIME: 12:30pm

CRAFT CLASS

We will be making Holiday "Mini" crafts for Christmas.

Just bring scissors, glue, & a ruler.

DATE: Wednesday, November 19th COST:\$1.00 TIME:9:30am-11:30am

L.C.R.

Join us to play a fun game of L.C.R. \$5.00 will allow you to play 6 games. DATE: Thursday, November 21th TIME:12:30pm

WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player. All are welcome just show up or call the center for more info.

TOPS: Taking Off Pounds Sensibly, meet every Wed. Night 5pm to 6:30.

FLU SHOTS

Our Thanks to Walgreens for coming every Tuesday in October to ensure everyone got their Flu Shots. The coffee and donuts was a added pleasure.

Thanks for keeping us healthy.

BLOOD PRESSURE CHECK

Sponsored by Interim Healthcare

DATE: Tuesday, November 5th TIME: 10:00am – 11:30am

FOOT DOCTOR

\$15.00 donation (PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, November 6th TIME:8:00am – 4:00pm

BLOOD PRESSURE CHECK

Sponsored by Senior Independence

Digital Photography Class

Join Eileen for a program on beginning digital photography. Explore fstops, shutter speed, ISO and how they relate to camera icons for better control of your final image.

Then enjoy a presentation of Eileen's work from her favorite collections.

STEPHANIE HEARING

Anyone needing your hearing checked, see Stepahine, she will be in the library.

DATE: Tuesday, November 26th TIME:10:00am-11:00am

BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE:Tuesday, November 26th TIME: 10:00am –11:00am

THE SALON HOURS: THURSDAY 9:15am-2:00pm

& FRIDAY 9:15am-3:00pm

Fall is here, which means the holiday's are coming up soon, book your appointments early and beat the rush!

The dates Helen has open are:

Nov: 7/8, 14/15 and 21/22. Dec: 5/6, 12/13, and 19/20.

Helen is sill offering a savings of \$2.00 each!

Pedicure now \$28.00/Shellac now \$23.00/Manicure now \$14.00

\$5.00 Lady Waxing, Eyebrows, Lip, & Chin.

Men....Haircuts \$7.00

New Clients \$10.00 for Ladies Haircuts

REMINDER: The Salon will be closed the week of Thanksgiving,

November 28th and 29th



JFK BOARD

Our election for the JFK Board will be on Tuesday, November 12th. Please take time to check out the candidates who will be running. We will vote between 8:30am and 11:00am that morning in the lobby.

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HOLIDAY BOUTIQUE

Don't Forget Saturday, Nov. 9th is our Boutique, tell your family & friends, check out the Green Screen and have your holiday picture taken.

Our Beauty Salon will be open for your convenience.

CHRISTMAS HOLIDAY PARTY

We are having our Christmas Party at Dubrovnik Croatian Lodge in Eastlake. It will be a sit down Family Style Luncheon, with Entertainment by Ron Sluga. The Menu is posted in the office.

DATE: Friday, December 20th COST:\$20.00 TIME:1:00pm-4:00pm

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INCLEMENT WEATHER

Just a reminder, if the Willoughby-Eastlake School System is closed due to severe weather, the Nutrition Kitchen is also closed. THAT DOES NOT APPLY TO THE SENIOR CENTER, WE WILL REMAIN OPEN.

NOVEMBER BIRTHDAYS

John	Olwert	1	Hattie	Pizzi	11	Carmen	Tripepi	20
Marlene	Cameron	2	lda	Vallo	11	Thomas	Fritsch	22
Edward	Legat	2	Donald	Battista	12	Valeria	Korosec	22
Cheryl	Mattice	2	Richard	Kelso	12	Wanda	Marcum	23
Julia	Parker	2	Julie	Scheuer	12	James	Albanese	25
Margene	Calvo	3	Richard	Karlovec	13	Barb	Arbuckle	25
Patricia	Lariccia	5	Bernedette	Izzi	14	Stanley	Good	25
Rita	Clay	6	Rosemary	Glogovsky	15	Betty	Wilson	25
James	Kisela	6	James	St. Clair	15	Linda	Battaia	26
Emilia	Kvasty	6	Karen	Preto	16	Dale	Beckford	26
Richard	Mook	6	Carol	Szymanski	16	Jan	Boyd	26
Paula	Iseman	7	Catherine	Thomas	16	Karen M.	Kolish	26
Carol	Johnston	7	Patricia	Adler	18	Rita	Mzik	26
Ann	Klingman	7	Martha	Pollizi	18	Janet	Pintar	27
Albertine	Unick	7	Anthony	Tarantino	18	Yvette	Ladiha	28
Harry	Zingale	7	Rita	Farley	19	James	Larkin	28
Thomas	Maholivch	8	Larry	Isom	19	Ronald	Hoffman	29
Joe	Petsche	8	Margaret	Ruff	19	Catherine (KaMinardo		29
Celine	Burger	10	Catherine	Lewis	20	Arlene	Wagemaker	29
Elaine	Allen	11	Shirley	Markley	20	Catherine	Skrinjar	30
			Bruce	Stevens	20		-	

IF YOUR BIRTHDAY IS NOT SHOWN ON THIS SHEET IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED MEMBERSHIP FOR 2013

WISHING YOU ALL A GREAT DAY





J.F.K. CENTER IN PICTURES





CITY OFFICIALS





ALL HELPED WITH FISH FRY





MANY THANKS TO THE EASTLAKE SALMON CLUB







Y'ALL COME AND JOIN US NOW