

J.F.K. SENIOR CENTER BULLETIN



OCTOBER 2016

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Grace Giangiacomo, Senior Center Director E-Mail: gg@eastlakeohio.com
Brochure on line at www.eastlakeohio.com

Hours: 7:30 a.m. - 4:00 p.m.

Monday, Tuesday, Thursday, Friday **Wednesday, 7:30 a.m. - 8:30 p.m.**

The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass Music starts at 6:30 p.m. A concession stand and lots of fun.

Pop in and join us. It's Free to all

**The Center will be opened on Columbus Day,
Please Note, LakeTran will be open as well, but
THE NUTRITION SITE WILL BE CLOSED**

The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00 am to 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9.00 am
ART CLASS	TUESDAY	10.00 am
BINGO	TUESDAY & FRIDAY	12:30-3:00 3¢ per card
COMFORT ELVES	1 st & 3 rd WEDNESDAY	9:00 am– 11:00 am
LINE DANCING	THURSDAY	1.00 pm
PINOCHLE	FRIDAY	12.30 pm
Chair Yoga with Kate	MONDAY,	9 :00 am
Low Impact Strength Training with Diane	MONDAY,	1.15 pm
Zumba (Low Impact)	WEDNESDAY,	10.00 am
EXERCISE WITH T.V.	TUESDAY,	9.00am
EXERCISE WITH DIANE	THURSDAY,	9.15 am and 10.00am

YOGA

We meet at 9:00am on Monday mornings, hope to see you then.

Please sign up in the office for an appointment.

DATE:Wednesday, October 19th (TIME:8:00am – 4:00pm) Wednesday, November 16th
\$15.00 donation (PRE-REGISTRATION IS REQUIRED)

Please sign for the appropriate date.

[illegible]

Taking Off Pounds Sensibly, meet every Wednesday Night between 5:00pm– 6:30pm.

MEET AND GREET

Please come and meet the candidates who are running for commissioner in November. They will be here Tuesdays in October. Judy Moran, October 4th, Jerry Cirino, October 11th, Kevin Malecek, October 18th, and John Hamercheck, October 25th. They are the people who will be responsible for determining distribution of our senior funds and the requirements to be met, such as our sign in methods. Have your questions ready.

LAKE COUNTY COUNCIL ON AGING

The Lake County Council on Aging offers direct service programs for those 60 years of age and older including: case management, nutrition services, in-home safety, homemaker services, information and referral, and much more.

Please call (440) 205-8111 for more information or visit www.lcco.org

DAY TRIPS

ROCKSINO

Incentive will be \$20.00, grab a friend and go have fun.

DATE: Thursday, October 6th **COST:** \$4.00 **TIME:** 9:30am-3:00pm

FALL TRAVEL

We will be going Dover to visit P. Graham Dunn, and The Barn for lunch on your own.

We will be able to see the start of the fall foliage.

DATE: Friday, October 7th **COST:\$5.00** **TIME:8:00am-3:00pm**

HARTVILLE

We are back to Monday for Hartville. Get your friends together & hop on the bus.

After this, our trips to Hartville will only be weather permitting until next year.

DATE: Monday, October 10th **COST:\$5.00** **TIME:8:15am-3:30pm**

[illegible]

MUSEUM OF DIVINE STATUES

Come see the this work of art done by Lou McClung on rescued and restored artifacts from different area parishes. A very interesting site to see. There will be time to explore and shop after viewing the museum. Photos allowed, but no flash.

Lunch on your own at Friends Family Restaurant.

DATE: Wednesday, October 12th COST:\$19.00 TIME:9:15am-2:30pm

NAUTICA QUEEN

Still a few seats for the Nautica Cruise. Enjoy a great lunch buffet while cruising.

DATE: Thursday, October 13th COST:\$30.00 TIME:10:30am-2:30pm

CHAGRIN RIVER HIKE

The "Self-Hike" at Chagrin River Park was successful and is on again!

Please meet on the Erie Road Entrance. Don't forget your water and if you'd like to pack a lunch, we will eat in the Pavilion when we hike over to Reeves Road.

DATE: Tuesday, October 18th

TIME:Meet at 10:00am on the Erie Rd Entrance

LUNCH BUNCH

We are going to Dravenstott's Restaurant in Orville. Another fall foliage trip!

MENU IS IN THE OFFICE.

DATE: Tuesday, October 18th

COST:\$5.00

TIME:10:30am – 2:00pm



JACK THISTLEDOWN RACE TRACK

We are off to Thistledown this month, hop on the bus for some more Gambling Fun.

DATE: Wednesday, October 19th

COST:\$4.00

TIME:10:30am-3:00pm

[illegible]

PRESQUE ISLE

50+Club Members will receive \$5.00 off The Back Stretch Buffet good on Tuesday's only.

This will be our last trip here until next year.

DATE: Tuesday, October 25th

COST:\$7.00

TIME:9:15am- 4:30pm

[illegible]

MY FAIR LADY

Enjoy this great production preformed at the Hanna Theater. Sign up in the office

DATE: Thursday, October 27th

COST: \$22:00

TIME:9:15am-1:30pm

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WINE HOP

We will be stopping at three different Wineries, TBD, info will be posted later.

DATE:Friday, October 28th

COST:\$5.00

TIME:11:00am-4:00pm

[illegible]

DITTRICK MUSUEM

The Dittrick Medical History Center is comprised of the museum, archives, and collections of rare books, artifacts, and images. Come and visit the Medical Museum at Case Western

Reserve University. Lunch to be determined.

DATE: Wednesday, November 3rd

COST: \$4.00

TIME:10:00am 1:00pm

LOLLY THE TROLLEY

A look of Downtown and its surroundings, it will be a two hour tour. Pickup is here.

DATE:Wednesday, November 9th

COST:\$27.00

TIME:10:00am – 2:00pm

[illegible]

GREAT DAY TOURS

Please join us for our trip with GREAT DAY TOURS. Thursday, November 10th, to Cambridge, Ohio to tour Dickens Victorian Village, for \$86.00.

Money due by Stop by for a flyer to get more information.

[illegible]

Cleveland Orchestra

Please sign up for a matinee featuring the George Balanchine's The Nut Cracker.

DATE: Friday, December 2nd

COST:\$30.00

TIME:10:00am-2:00pm

[illegible]

PARTIES AND GET-TOGETHERS

BREAKFAST WITH JOYCE

Sit down with a hot cup of coffee and your friends. Enjoy a Breakfast of Sausage Gravy over biscuits, apple cake and a fruit.

DATE:Friday, October 14th

COST:\$3.00

TIME: 9:30am

LUNCH AND LEARN

Learn about Winter Safety while enjoying a lunch, sponsored by Karen Farrow.

DATE: Wednesday, October 26th

TIME:12:30

[illegible]

NUTRITION SITE GET-TOGETHER

How about joining us for a fall harvest get-together. If you haven't tried our daily luncheon's, this is a good way to get to know our nutrition center. We will be having a A BBQ Rib Patty with Scalloped Potatoes, Broccoli, and Sliced Peaches. \$1.50 is a suggested donation to help support the program, but is not required. Look for a surprise dessert after your lunch.

For ordering purposes, please sign up at the Nutrition Site by Tuesday, October 18th

DATE: Monday, October 24th

TIME:11:30am

HAIR SALON

Fall in love with your hair again, stop by the salon for quick trim, new clients welcome.

OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Walgreens Flu Shot Judy Moran Visit	5 Old Stone Church Reike	6 Rocksino Salon 9:15–2:00	7 Fall Trip Salon 9:15–3:00
10 Attorney Hartville	11 Art Class Celina w/COA Jerry Cirino Visit Board Meeting	12 Comfort Elves Divine Statue	13 Nautica Queen Salon 9:15–2:00	14 Breakfast with Joyce Salon 9:15–3:00
17	18 Visit K. Malcek Lunch Bunch Walgreens Flu Shot Self Hike	19 Foot Dr. Reike Thistledown	20 Salon 9:15–2:00	21 Winery Salon 9:15–3:00
24	25 Art Class Presque Isle Visit Hamercheck	26 Lunch & Learn Comfort Elves	27 My Fair Lady Salon 9:15–2:00	28 Wine Hop Salon 9:15–3:00
31 Halloween Surprise				

FUTURE TRIPS: LOLLY THE TROLLY, Wed., Nov. 9th INFO TO FOLLOW,
(Can sign up this month), A CHRISTMAS CAROL,
OUR CHRISTMAS PARTY AT DUBROVNIK'S

DON'T FORGET

THE 6TH. ANNUAL FALL BOUTIQUE

SATURDAY OCTOBER 29th. 9-00am To 4.00pm

OCTOBER BIRTHDAYS

Donna	Hoffman	1	Margaret	Reiman	9	Patricia	Burkey	22
Anne	Lukanc	1	Theodore	Taubert	9	Allison	Occhionero	22
Margie	Mayne	1	Johanna	Lucas	10	Janice	Rinaldi	22
Bernard	Goodrich	2	Pamela	Vaccariello	11	Carmella	DiFrancesco	23
Diana L.	Helmink	2	Katherine	Warren	11	Barbara	Emig	23
Rebecca	Podoba	2	Doris	Wright	12	Iris	Clarke	24
Penny	Oran	3	Victor	McIntire	14	Justine (Kare	Williams	24
Carol	Thobaben	3	Robert	Vidrick	14	Roger	Marin	25
William	Thome	3	Mary Ann	Batton	16	Mary	Tuft	25
Nita	Bunt	4	Donna	Geer	16	Marie	Daubenmire	26
Chestana	May	4	Carol	Hotchkiss	16	Barbara	Sutton	26
Rosa	Ortiz	4	Mary Ann	Moore	16	Darlene	West	26
Dale	Barnhart	5	Kathy	Chapin	17	Thomas	Burd	27
Stephen	Ellis	5	Karen	Liming	17	David	Fabian	27
James	Floyd	6	James	Russell	17	Andy	Gruber	27
Dorothy	Mance	6	Hildy	Dugan	18	William	Collins	29
Sam	Santangelo	7	Ronald	Mona	18	Mary	Sheplavy	29
Michele	Slokar	7	Howard	Eimer	20	Woodrow	Simpson	29
Alice	Smalley	7	Connie	Pasko	20	Ruth	Carani	30
Bob	Andrikanich	8	Janice	Brewer	21	Michael	Gill	30
Joyce	Creter	8	Patricia A	Kremiller	21	James	Hradesky	30
David	Jacobson	8	Jeanne	Maloney	21	Hubert (Bert)	Smith	30
Jeffrey	Simpson	8	Marge	McNamara	21	Robert	Panella	31
Jim	Brenner	9	William	Melson	21	Dorothy	Perkins	31
Karen	Little	9	Pauline	Barbish	22	Frank	Smoley	31

HAPPY BIRTHDAY

DAY AT THE ZOO



THE ANIMALS WERE SO PLEASED TO SEE US

WEDNESDAY NITE'S LAST BLAST OF SUMMER



Y'ALL COME ON AND JOIN US NOW