

J.F.K. SENIOR CENTER BULLETIN DECEMBER 2018

1580 East 332nd StreetEastlake,Ohio 44095TEL440-975-4268Grace Giangiacomo, Senior Center DirectorE-Mail: gg@eastlakeohio.comE-Mail: gg@eastlakeohio.comBrochure on line at www.eastlakeohio.comHours: 7:30 am. - 4:00 pm.

Monday, Tuesday, Thursday, Friday Wednesday, 7:30 am. - 8:30 pm. The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass Music starts at 6:30 pm. A concession stand and lots of fun. Pop in and join us. It's Free to all

<

The Center will be CLOSED on DECEMBER 24th. and 25th. in honor of CHRISTMAS.

The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

| CERAMICS | MON. TUES. WED. | 9:00 am to 12:00 Noon |
|---|---|----------------------------|
| EXERCISE ROOM | MONDAY - FRIDAY | \$15.00* per year |
| WOODBURNING | TUESDAY | 9:00 am |
| BINGO | TUESDAY & FRIDAY | 12:30-2:30 3¢ per card |
| COMFORT ELVES | 1 st & 3 rd WEDNESDAY | 9:00 am – 11:00 am |
| LINE DANCING | THURSDAY (Experienced Dancers) | 1:00 pm (\$2.00 per class) |
| PINOCHLE | FRIDAY | 12:30 pm |
| Chair Yoga with Kate | Monday, 9:00 am | |
| Aerobics and Cardio | Tuesday, 10:30am | |
| Low Impact Strength Training w/Diane | | Monday, 1:15pm |
| Zumba with Diane (Low Impact) | Wednesday,10:00 am | |

Exercise with Diane; Thurs., 9:15 am Core & Strength Class w/Diane; Thur., 10:00am

CENTER NEWS MITTEN TREE

The Mitten Tree is up again, with winter near-by the kids will need your help again. Donate if you can, any new hats, mittens/gloves. Irene and Brenda handle this for the children of Head Start so that they can stay warm and cozy, Brrrrr.

FOOD BANK

The food bank is looking for your help again this year. If you can, please DONATE A CAN OF SOUP, CANNED POTATOES or INSTANT POTATOES to help the less fortunate this Holiday Season. There will be a box in the office.

HAIR SALON

The Hair Salon will be closed from Monday, December 24th and reopen on Thursday, January 3rd. So make sure you check your calendar to make your appointments early. Happy Holidays.

CHRISTMAS DAY

Please note that the Center will <u>BE CLOSED</u> on Monday the 24th and Tuesday the 25th in honor of Christmas.

The following week we will be closed on Tuesday, January 1st in honor of New Years Day. Enjoy!

BUSINESS SATURDAY

Thanks to all that helped on Business Saturday. It helped make yet another event at our Senior Center a success.

CHRISTMAS BOUTIQUE

Don't forget the Boutique this Saturday, December 8th we have 50 Vendors participating. Let your family and friends know this is a good time to do your last minute Christmas Shopping. We will be having a bake sale, sign-up in the office if you would like to bake. All proceeds from the Concession Stand, the 50/50 sale, and the Chinese Auction benefit "OUR CENTER "

GIFT CERTIFICATES FOR SALE

The perfect gift for someone at the Center. JFK Bucks are available in \$1 increments and may be used for Center trips and events.

OUR FOOD DONATIONS ARE PROVIDED BY:

Giant Eagle, BJ's Wholesale Club, and Heinen's Market, donate to us. While shopping at these stores, stop in and let them know how appreciative we are. Along with Woody Simpson and Alice Kingzett who go and pick-up and deliver to us. A Thank you goes a long way.

NUTRITION SITE (Change in Winter Weather Policy)

The kitchen will <u>NO LONGER</u> be closing their MOW sites when the area school districts close for snow days.

The Nutrition Site will determine when to cancel. Please watch Channels 3 & 5.

Listen for LAKE COUNTY EASTLAKE MEALS ON WHEELS BEING CLOSED.

That determination will close our <u>LUNCH PLACE</u> here at the Center.

INFORMATION ON CERAMICS

Please note that the Ceramic Room will close on Monday, December 17th and return on Monday, January 7th 2019. Have a great holiday from the Seniors in the Ceramic Room.

OUR THOUGHTS

We extend GET WELL WISHES to: Dennis Anderson and Jan Konte. Hope you are feeling better soon.

Condolences to the families of Hildy Dugan, Betty Nemeth, and Karen Walker in the passing of her brother David.

Jason is joining us again in the Lobby. Be sure to sign-up in the office by Dec. 10th. DATE: Tuesday, December 11th TIME:9:30am in the Lobby

CHRISTMAS HOLIDAY PARTY

Please sign up for our Christmas Holiday Party at Patrician Party Center in Eastlake. It will be a sit down Family Style Dinner with entertainment by "REMEMBER THEN", a four piece band.

Sign-up in the office at your convenience, but no later than Tuesday, December 11th DATE: Friday, December 14th COST:\$23.00pp TIME:11:00pm-2:00pm

WEDNESDAY NITE COUNTRY CHRISTMAS

Join in and celebrate the festivities of the Christmas Season.

You can stop in on either Wednesday, December 5th or Wednesday, December 12th after 6:30pm to pick up a ticket for the dinner on Wednesday, December 19th. Tickets are limited to one per person. If you prefer you can bring your own food and still join in the festivities which are free to everyone.

The festivities starts at 5:00pm on Wednesday, December 19th.

INFORMATION

When signing up for a party or get-together and you have to cancel before the party. Please note, the money you paid may not be able to be refunded, if the food has already been purchased.

HEALTH AND WELLNESS FOOT DOCTOR

DATE:Wednesday, December 5th (a make-up date for the November 28th date.) & Wednesday, December 26th TIME:8:00am –

2:00pm

\$20.00 donation (PRE-REGISTRATION IS REQUIRED)

<u>YOGA</u>

Don't forget we are here on Monday, December 3rd for Chair Yoga. Monday, December 10th is Kate's last day to teach this class. I want to thank her for the great job she did in helping everyone reduce their stress in teaching this class, she will be greatly missed. Good Luck Kate on your next journey in life.

<u>N.E.O.H.</u>

Jennifer from North East Ohio Hearing will be here for a hearing test. Stop by. DATE:Monday, December 3rd TIME:10:00am—12:00pm

<u>KUDOS</u>

A big Thank You to Hugh O'Brien at AGILE SIGN & MAINTENANCE INC. for providing a wonderful sign to help advertise for our Boutique.

DAY TRIPS

Travel will be slow during the winter months, there will be events and speakers here to keep you informed. So sit back & relax while we wait for the warmth to return and start our fun travel again. Stay safe and warm, Old Man Winter will be here soon.

TRINITY CATHEDRAL

Enjoy Ceremony of Carols, a seasonal favorite, sign up in the office. DATE:Wednesday, December 5th COST:\$4.00 TIME:11:15am-1:30pm

ROCKSINO

Incentive will be \$20.00, grab a friend and go have fun. DATE: Thursday, December 6th COST:\$4.00 TIME: 9:30am-3:00pm

EUCLID CULINARY BISTRO HOLIDAY BUFFET

We will be going to Euclid Culinary Bistro for their Grand Holiday Buffet. Our reservation is for 11:45am. The menu will be in the office.

DATE: Wednesday, December 12th COST:\$11.00 TIME:11:20am – 1:00pm

LAKE COUNTY LIGHT TOUR

Hop on the Bus and enjoy the Holiday Lights around the Lake County area. We will try and see all the big displays in the area.

Date:Thursday, December 13th COST:\$5.00 TIME:5:00-?

LUNCH BUNCH

Fuji Buffet & Grill in Mentor will be our choice this month, a little bit of everything for you to choose.

DATE:Tuesday, December 18th COST:\$4.00

TIME:11:00am-1:30pm

<

CLEVELAND CAVS GAME

We are going to a Cavs game again. Sign-up for this fun time. It is open to all, so bring the grandkids, what a great Christmas gift this would be.

We are traveling on the CAVS FAN EXPRESS which is a wrapped motor coach with pick up & return. Our seats are in Section 100 in the lower bowl.

The trip includes bus and game time ticket. Go CAVS! Watch the CAVS vs Portland Trailblazers. More information to follow.

DATE: Monday, February 25th COST:\$45.00 TIME:7:00pm-11:00pm

CHRISTMAS CARD

Well, here we are, another year passed and once again, all too fast.

I want to thank my "JFK Family" for attending all our great get-togethers and trips.

A special Thank You for your endless help and giving to make this Center the wonderful place it is.

My wish to all is a Happy Holiday with Family and Friends and a Healthy New Year that brings peace and love to you and your Family!

Mare

December 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--------------|--------------------------------|-------------------|-----------------|-----------------|--|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 3 | 4 | 5 | 6 | 7 | |
| Hearing Test | | Trinity Cathedral | | | |
| | | Foot Dr. | Rocksino | | |
| | | Comfort Elves | Salon 9:15–2:00 | Salon 9:15–3:00 | |
| 10 | 11 | 12 | 13 | 14 | |
| Attorney | Celina w/COA | Culinary Bistro | Light Tour | Christmas Party | |
| | Grande Pointe Board Meeting | | | | |
| | Board Meeting | | Salon 9:15–2:00 | Salon 9:15–3:00 | |
| 17 | 18 | 19 | 20 | 21 | |
| IBB HERE | Lunch Bunch | | | | |
| | | Comfort Elves | | | |
| | | Comort Elves | Salon 9:15–2:00 | Salon 9:15–3:00 | |
| 24 | 25 | 26 | 27 | 28 | |
| Closed | Closed | Foot Dr. | | | |
| Today | Today | | Salon Closed | Salon Closed | |
| | | | | | |
| | | | | | |

TO YOU AND YOURS D WDSH YOU THE VERY BEST FOR THE HOLDDAYS AND FOR THE NEW YEAR GOOD HEALTH DEACE AND HAPPDNESS



TO ALL AND TO ALL A GOOD NIGHT

Harry

DECEMBER BIRTHDAYS

| Gary | Adkins | 1 | Barbara | Szabo | 10 | Vicky | Raider | 24 |
|-----------|------------------|----|-------------|----------------|----|----------|-----------|----|
| Barbara | Kostelac-lorillo | 1 | Steve M. | Zapotosky | 10 | Ron | Schulz | 24 |
| Ross | Armelli | 3 | Ann | Ginevra | 12 | James | Sharp | 24 |
| Irene | Halaburda | 3 | Fred | Haas | 12 | Carol | White | 24 |
| Amelia | Locke | 4 | Duane | Garrett | 13 | Laurie | Bousquet | 25 |
| Mary | Miller | 5 | Christa | Mandau | 13 | Holly | North | 25 |
| Mary | Parks | 5 | Tina | Vernon | 13 | Ruth | Valentino | 25 |
| Phongpan | Swope | 5 | Alan | Helmink | 14 | Nancy | Vitovich | 25 |
| Carolyn B | Duka | 6 | Judith | Selander | 15 | Alice | Slokar | 26 |
| Jozo | Vujica | 6 | Dorothy | Romeo | 16 | Louise | Wayner | 26 |
| Glenna | Wanchisn | 6 | Patricia | Osborne | 17 | Dolly | Ward | 27 |
| Sue | Winters | 6 | Jayantibhai | Patel | 17 | Grace | Kaleal | 28 |
| Martha | Fedor | 7 | Betty | Fabec | 19 | Michael | Patrick | 28 |
| Mary | Fresenko | 8 | Charles | Vandestadt | 19 | Holly | Poole | 28 |
| Irvan | Hammond | 8 | Cathy | Wilkinson | 19 | Mary Ann | St. Clair | 28 |
| Marietta | Santucci | 8 | Dominic | Raider | 20 | Dorothy | Balogh | 29 |
| Ruth Ann | Spahlinger | 8 | Joseph B. | Hooper | 21 | Elaine | Bielawski | 29 |
| Chuck | Jackson | 9 | Penka | Kazandjiev | 21 | Barbara | Caddell | 29 |
| Harriet | Gournic | 10 | Sally | Fritsch | 22 | Mary B. | Casey | 29 |
| Betty | Kacholek | 10 | Sharon | Crotser-Chiang | 23 | Gerry | Funari | 30 |
| Jane | Sweeney | 10 | Cheryl | Roberts | 23 | Theresa | Jacobson | 30 |

HAPPY BIRTHDAY