

J.F.K. SENIOR CENTER BULLETIN

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Hours: 7:30am – 4:00pm

JANUARY 2012



The JFK Senior Center is open to the public every Wednesday Night.
We have live country music, a concession stand and lots of fun.
Pop in and join us, it's Free to all.



WELCOME TO 2012

HAPPY NEW YEAR AND A GREAT YEAR TO EVERYONE.
THANK YOU FOR A GREAT FIRST EIGHT MONTHS.
I HAVE BEEN WELCOMED SO GRACIOUSLY BY EVERYONE.
LET'S MAKE 2012 AN OUTSTANDING YEAR!

The JFK Center offers many programs that meet on a weekly basis.
 These activities are free and pre-registration is not required.

(Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	8.00am to 4.00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY*	8:30 am
COMFORT ELVES	1 st 2 nd & 4 th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY*	1:00 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

AS OF JANUARY 1, 2012

The cost to join the exercise room will go from \$12.00 to \$15.00 for the year.

Paul from Tai Chi will commence his class on January 11, 2012

Just a reminder to all line dancers, Sharon will return on January 12th.



A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES

IT'S A NEW YEAR...SO HERE ARE SOME NEW MOVIES!

January 5th ...The Beaver, (with Mel Gibson, Jodi Foster...PG 13)

January 12th ...Something Borrowed, (with Kate Hudson, Romance...PG13)

January 19th...Soul Surfer,(with Helen Hunt, Dennis Quaid Drama..PG)

January 26th...Larry Crowne (with Tom Hanks, Julia Roberts... Comedy PG13)

SENIOR INFO PAGE
OUR THOUGHTS

GET WELL WISHES are extended to: Marie Farinacci, Rose Torok, Doris Sraj, Barbara Wright, Ann Pedry, and Donna Krejsa.

Hope you are all feeling better soon.

SYMPATHY is extended to the families of Ruth McCord, Robert Gates, and to Maxine Hutchison in the passing of her mother.

Thanks to Edith Di Renzo our "Sunshine Girl" for all our updates.

Please help us keep Edith informed.



CLEANING THE CENTER:

Our cleaning crew meets on every other Wednesday, if anyone is interested in giving us a helping hand, please let the office know.

DATE: Wednesday, January 4th & 18th

TIME: After Lunch



FREE COMPUTER CLASSES

The JFK Center and Tech Wise have partnered with Connect Ohio to bring "Every Citizen Online" training program to Lake County Seniors. There will be a series of three classes, Understanding your Computer, The Internet, and e-mail. You will be registering for all three.

DATE: Monday, January 9th 23rd, & 30th **TIME:** 9:30am – 11:30am

Wednesday, January 11th 18th, & 25th **TIME:** 6:00pm – 8:00pm



VISITING ATTORNEY:

DATE: Monday, January 30th

TIME: 1:30pm to 3:30pm

REGISTER IN OFFICE



IMPORTANT PLEASE READ

Please **REMEMBER** to **SIGN IN**...regardless of what door you enter through...It is so important to "YOUR" Center...

Show that you Care and let us know you are there.

PLEASE...PLEASE...PLEASE...PLEASE...PLEASE...PLEASE

Your signature helps us with our funding...which we really need!

SENIOR HEALTH AND WELLNESS
SENIOR INDEPENDENCE

BLOOD PRESSURE CHECK (Check Time Change)

DATE: Tuesday, January 10th TIME: 10:00 – 11:30am



OSHIIP

The Ohio Senior Health Insurance Information Program is a powerful resource. Ken Selander will be in the main office, in a private room to help you with any medical billing problems.

DATE: Thursday, January 12th & 26th TIME: 10:00am - 12:00pm



TOM STRONG

Sponsored by Grande Pointe Healthcare Community.

As we age, cataracts, macular degeneration and glaucoma are threats to our vision. Tom will cover preventive measures and treatments for these serious eye disorders.

DATE: Tuesday, January 17th TIME: 1:00pm



FOOT DOCTOR

(PRE-REGISTRATION IS REQUIRED)

\$15.00 donation

DATE: Wednesday, February 1st. TIME: 8:00am– 4:30pm



EMBASSY HOMECARE

BLOOD PRESSURE CHECK

DATE: Tuesday, January 24th TIME: 10:00 – 11:30am



DIABETES AND YOU

Come join a session on learning more about diabetes, sponsored by Lake Health System and Maryellen from the Diabetes and Renal Care Center.

She will be here for an hour to talk about the disease and answer any questions you may have. Come sign up in the office.

DATE: Thursday, January 27th TIME: 9:30am – 10:30am

COST: FREE

GROUPS AND CLUBS

BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, January 10th at 9:00am.

The Open Meeting will be at 11:00am.



RED HAT PEARL BELLES

There will no meeting in January...See you all next month on Feb. 21st

Call Queen Millie if you have any questions.



L.C.R.

Join us to play a fun game of L.C.R. Beginners are encouraged to join in the fun and it's easy too! \$5.00 will allow you to play 6 games.

DATE: Thursday, January 26th

TIME: 12:30pm



WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player, all are welcome. Just show up or call the center for more info.



T.O.P.S.

It's a new year, what a great time to join T.O.P.S.,

Taking Off Pounds Sensibly. Come and start the new year out with us.

DATE: Wednesday Nights

TIME: 5:00pm – 6:30pm



WESTERN AND SOUTHERN FINANCIAL

Brent Affolter and Patrick Dulzer will be here to talk to you about wealth transfer. Come and join us after lunch and they will inform you on different aspects of their company.

DATE: Tuesday, January 31st

TIME: 12:00pm

DAY TRIPS AND OUTINGS

HIKE

The Hikes have not had a good participation the last couple of months, so we are going to try going to Geauga Park to see their newest exhibition "Snow Belted" discover their nature center with a short paved walking loop for your enjoyment.

A Boxed lunch will be included in this time frame.

DATE: Monday, January 9th

TIME: 11:00am – 2:00pm

COST: \$5.25 (Trans. Plus lunch)



LUNCH BUNCH

Bravo's in Mentor is the place this month. Come and enjoy.

DATE: Wednesday, January 18th

TIME: 11:15am – 2:00pm

\$4.00 (Trans)



FUTURE TRIP FOR FEBRUARY

Please mark your calendar and sign up in the office, if interested to a trip to the IX Center for the Home & Garden Show.

DATE: Wednesday, February 8th

TIME: 10:30am – 3:00pm

COST: \$14.00 (Trans & Ticket)



PARTIES AND COOKOUTS

WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

Music starts at 6:30pm

A Concession stand with coffee, donuts, pizza and other items are available for purchase.



SENIOR MESSAGE BOARD

ALL AROUND TOWN BOOKS

Anyone interested in purchasing a book let the office know...the Center will receive an \$11.00 profit. Thank you.



RECYCLE OLD CELL PHONES

If you have an old cell phone to get rid of just bring it in, they are being sent to our troops overseas. THANKS EVERYONE FOR BRINGING IN YOUR OLD PHONES. I HAVE A LOT TO SEND!



OLD PRESCRIPTIONS

If anyone has any expired pills that they no longer need, please drop them off in the office and we will properly discard them.



BREAKFAST WITH SANTA.

Thanks to everyone who came to our Breakfast with Santa. I hope you all enjoyed your time with Santa and the wonderful breakfast "Jerry's Girls" prepared for us. The Candy and Basket Raffle raised over \$150.00 for the center. The winners for the baskets will be announced next month. Thanks to Wednesday Nites for letting us provide the Santa Breakfast to you and for the wonderful job everyone did in helping make it such a wonderful affair.



MEMBERSHIP RENEWAL

Remember to sign up for your new membership in January, Harry has something written on "Our Page" about the membership. Make sure you have your yellow membership cards ready.



CENTER NEWS

The Center opens to everyone at 7:30am Monday through Friday. The Center's time is controlled by the City, therefore for liability reasons no one who is not authorized by the city can be in the building before 7:30am. The Nutrition Site and the Day Care employees are here earlier, but they are not city employees, therefore they cannot allow anyone in the building, or be responsible for anyone who is here earlier than 7:30am.

Thank you for your cooperation.



WANDA'S SPA

Wanda will no longer be coming here, but Ashley is going to be here the first Tuesday of the month starting February 7th , We welcome Ashley to our center.



STILL LOOKING FOR PARTICIPANTS

Anyone interested in a Class learning Art or Stained Glass, please let us know in the office. We have someone interested in teaching the class. If we have enough interest, will we start up some classes.



HARTVILLE FLEA MARKET will start up again in April... start saving your money!



BEAUTY SALON

The Beauty Salon is going well, if you haven't checked it out, take a walk and see what a great place we have...so "close to home". Give it a try, you will like what you see!

JANUARY SPECIAL

Let's ring in the New Year with a fresh new look!

\$1.00 off Haircuts

\$1.00 off Shampoo & Sets

\$5.00 off Perms

\$3.00 off Manicures

Don't forget...we now have eye brow waxing and Nail Shellac...

CASINO AND VACATION TRIPS

DATE	INFORMATION
January 11, 2012	Presque Isle, Leaving Kmart 7:30am & returning 6:15pm. Trip cost is \$30.00 with \$20.00 in free play & \$5.00 in food.
Feb. 22, 23, 2011	Seneca Niagara, Overnight Trip, Leaving Kmart at 7:30am & returning on the 23 rd approximately 8:30pm. Note: anyone wishing to receive ashes on the 22 nd , which is Ash Wednesday, there is a church next door to the casino within walking distance.
April Overnight Trip	Jamestown, New York to see Lucy and Desi Museum. More to follow with date and more agenda.
May 20-26, 2012	Savannah, Jekyll Island & Beaufort

There will be a travel meeting for the Savannah Trip. Please bring your final check with you. If anyone is getting insurance you need to also pay at this time. The meeting will be held in the Bingo Room.

DATE: Monday, January 9th

TIME: 11:00AM



JANUARY OUR PAGE

New Year

Santa is gone, the tree's packed away
 Now it's time for us to say,
 A Happy New Year and we hope it's good
 We hope it unfolds as we think it should.
 January and February will go so fast
 And soon it will be spring at last.



HAPPY NEW YEAR

Well that's my wish for us all at the center, we are all aware of the country's economy and the fact that the Eastlake levy did not pass plus the senior levy will be drastically reduced to all Lake County Senior Centers. The City has to make cuts in services and at this time I do not have all the facts on how this will effect the center, (but I do know it will effect us). This year we have a completely new Board except for two members the retiring Board members have left the Center in very good standing however the new Board will need to keep up standards and continue to find ways to combat our depleting funds and services. Our past Board introduced many ways, programs, methods and events to do this and it was not easy. It will not be easy for the new Board either but with the help of all our member we can and must achieve this.

The new Board will take over on January 11th 2012. I would like to offer my congratulations and wish them every success.

The members are as follows.

Returning Celine Burger and Dorothy Jankowski
New Members Gloria Brock, Ken Bruss, Robert Chesnes,
 George Fischer, Maxine Hutchison, John Olwert, Michelle Slokar

Harry



January

MON	TUE	WED	THU	FRI
2	3	4 CENTER Cleaning	5 Movie : The Beaver	6
9 Computer 9-11:30 Hike	10 Blood Pressure Board Meeting	11 Computer 6-8	12 Movie : Something borrowed OSHIIP	13
16	17 Tom Strong	18 CENTER Cleaning Computer 6-8	19 Movie :Soul Surfer	20
23 Computer 9-11:30	24 Blood Pressure	25 Computer 6-8	26 Movie : Larry Crowne OSHIIP LCR	27 Diabetes & you
30 Computer9-11:30 Attorney	31 Western & Southern Financial			

HOPING YOU ALL HAVE A GREAT MONTH

JANUARY BIRTHDAYS

Karl	Elbrecht	1	Edwin	Smart	11	Margaret	Meier	20
Donald	Meier	1	Sam	Kopacka	12	Richard	Taylor	20
Diane	Morony	2	Leslie	Miller	12	Kathryn	Ludwick	21
Bonnie	Raferly	2	Patty	Watson	12	Sarah	Burd	23
Barbara	Vara	2	Thurman	Cornwell	13	Marge	Gole	23
Patricia A	Hoppert	3	Rosemary	Lynch	13	Sandie	Mahler	23
Dorothy	Sklenar	3	Delores M	McConnell	13	Marie	Wilson	23
Virginia	Jares	4	Margaret	Moore	13	Irene	Cudnik	24
Evangeline	Smith	4	Mary	Powell	13	Elaine	Riha	24
Anthony	Vitolo	4	Judy Ann	Kozitko	14	Reta	Ritondaro	24
David T.	Wayner	4	Elsie	Lowery	14	Deborah	Seal	24
Mary Ann	Yeckley	4	Nancy	Rush	14	Susan	Bencina	25
Helen	Jacobs	5	Margaret	Simpson	14	Barbara	Chester	25
Janet	Kovach	5	Francine	Vitale	14	Marion	Hanna	26
Kurt	Schneider	5	Eleanor	Ambrose	15	Barbara	Wright	27
Joyce	Crease	6	Janet	Cerri	15	Erna	Hammond	28
Jerry	Bals	8	Edith	Insana	15	Jack	Mason	28
Patti	Hanley	8	Patricia	Jones	15	Virginia	McDowell	28
Violet	Rupena	9	Robert	Pengal	15	Leslie	Obryan	28
Barbara	Strickland	9	JoAnn	Witter	15	Julie	Millican	29
Elaine	Delzoppo	10	Luella	Adams	16	Gerry	Staab	29
Gloria	Insana	10	Russell	Insana	18	Ruth	Arbuckle	30
Nancy	Siefert	10	Nikola (Nick)	Kovacevic	18	Nancy	Petrolewicz	30
Anna	Zadzora	10	Dolores	Dull	19	Robert	Perkins	31
Elizabeth	Kuhel	11	George	Fischer	20	John	Simpson	31

IF YOUR BIRTHDAY IS IN JANUARY 2012
AND IS NOT ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2011

WISHING YOU ALL
A GREAT DAY



J.F.K. CENTER IN PICTURES



WANDA'S BIRTHDAY



WEDNESDAY COUNTRY NITE AND TOY FOR KIDS DRIVE

FROM ALL OF US TO ALL OF YOU ALL THE BEST FOR THE
NEW YEAR 2012

YO ALL COME AND JOIN US NOW