

J.F.K. SENIOR CENTER BULLETIN
1580 EAST 332 STREET. EASTLAKE, OHIO 44095
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Grace Giangiacomo-Senior Coordinator
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Brochure on line at www.eastlakeohio.com
Hours: 7:30am - 4:00pm

APRIL 2013

The JFK Senior Center is open to the public every Wednesday Night.
We have live country music, a concession stand and lots of fun.
Pop in and join us, it's Free to all.



HOPEFULLY THE SNOW IS NO LONGER...
AND MOTHER NATURE WILL BRING THE
SHOWERS, SO WE CAN ENJOY THE MAY
FLOWERS!

CENTER NEWS

WE ARE OPEN

THURSDAY 9:15am-2:00pm

& FRIDAY 9:15am-3:00pm

FOR ALL YOUR "BEAUTY" NEEDS

\$1.00 off Shampoo & Set

\$5.00 Lady Waxing, eyebrows, lip, & chin.

REDKIN CONDITIONER TREATMENT, NOW AVAILABLE...\$5.00

Men....Haircuts \$7.00

New Clients \$10.00 for Ladies Haircuts

Spring should be here soon, get \$2.00 off a pedicure.

Come in and see us, it is easier with our extended hours!



GOLF NEWS

There will be a meeting for all golfers in the Bingo Room.

DATE: Thursday, April 18th

TIME: 10:00am



HIKE

We had several seniors interested in hiking again, we will have a meeting to get started so everyone can give their input on what they would like.

Will meet in the Bingo Room.

DATE: Tuesday, April 23rd

TIME:9:30am



SPRING BOUTIQUE

Mark your calendar for our Spring Boutique on Saturday, April 20th from 9:00am to 4:00pm. Make sure you pick up a flyer and let your friends know. We will be looking for volunteers to help with set up and tear down.

Anyone interested stop by the office.



VOLUNTEER BREAKFAST

Reminder, our volunteer breakfast is Tuesday morning, April 16th.

Stop by the office if you have not picked up your invitation.



Thanks to the people from AARP for doing our taxes.

BLOOD PRESSURE CHECK

Sponsored by Interim Healthcare

DATE: Tuesday, April 2nd TIME: 10:00am – 11:30am



FOOT DOCTOR

\$15.00 donation (PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, April 3rd TIME: 8:00am - 4:00pm



OSHIIP

Ken Selander will be in the main office, in a private room to help you with any medical billing problems.

DATE: Thursday, April 4th & 18th TIME: 10:00am - 12:00pm



BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, April 9th TIME: 10:00am – 11:30am



BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE: Tuesday April 23rd TIME: 10:00am – 11:30am



SENIOR DAY AT THE MALL

Don't forget our annual day at the mall is coming up, mark your calendars.

DATE: Tuesday, May 14th



FUTURE NOTE, MORNING AT THE CLEVELAND ORCHESTRA

Save the date and your money if you are interested in the last matinee this year. The cost is \$31.00 on Friday, May 3rd.

**THE JFK CENTER OFFERS MANY PROGRAMS
ON A WEEKLY BASIS.
THESE ACTIVITIES ARE FREE AND PRE-REGISTRATION IS
NOT REQUIRED.**

(UNLESS NOTED BELOW)



- CERAMICS: Monday, Tuesday, Wednesday, Friday, 9:00am - 2:00pm**
- EXERCISE ROOM: Monday – Friday, \$15.00 per year**
- WOODBURNING: Tuesday 9:00 am**
- BINGO: Tuesday & Friday, 12:30pm-3:00pm 3¢ per card**
- TAI CHI: Wednesday, 8:30 am**
- COMFORT ELVES: 1st 2nd & 4th Wednesday, 9:00 am – 11:00am**
- CRAFTY CROCHETERS: 1st & 3rd Thursday, 9:00am-11:00am**
- LCR: 4th Thursday, 12:30 pm**
- PINOCHLE: Friday, 12:30 pm**



A "BODY IN MOTION" IS A HEALTHY BODY

EXERCISE WITH STEPHANIE...ALL FREE PROGRAMS

- SIT DOWN EXERCISE: Monday: 12:45pm and Thursday 9:15am**
- LOW IMPACT AEROBICS: Monday, 1:30pm and Thursday, 10:00am**
- STRETCH & TONE: Tuesday, 9:15am**



THURSDAY AFTERNOONS AT THE MOVIES

- Thursday, April 4th "Water for Elephants", (with Reese Witherspoon, PG-13)**
- Thursday, April 11th "A Thousand Woods", (with Eddy Murphy, PG-13)**
- Thursday, April 18th "Playing for Keeps", (with Dennis Quaid)**
- Thursday, April 25th "Argo", (with Ben Affleck)**

**Movie starts at 12:30pm
Check the day before the movie for any changes.
POPCORN INCLUDED!**

EASTLAKE SENIOR CENTER
Spring BOUTIQUE



Saturday, April 20th
9:00 a.m. to 4:00 p.m.

1580 East 332nd Street
Eastlake, OH 44095
440/975-4268
ang5kids@gmail.com

Boutique Tables
Craft Tables
Miscellaneous Items

Plus

Bake Sale
Chinese Auction
Concession Stand
Hot Dogs, Chili Dogs & Hamburgers

*Bring the Whole Family
Find Unusual Gifts & Treasures
Plus Good Food & Great Prices!*

***** ADMISSION FREE *****



The JFK Senior Center is a non-profit organization. Any proceeds from this event will benefit the Center and its members. For more information or to reserve a table call 440/975-4268

PLEASE SHOW THIS TO ALL YOUR FRIENDS

APRIL 2013

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Hartville	2 Blood Pressure	3 Foot Dr.	4 Oshiiip Movie Water for Elephants Salon Open 9:15-2:00	5 Veterans Club Salon Open 9:15-3:00
8 Indians opener party	9 Board Meeting Blood Pressure	10 Center Clean	11 Movie A Thousand Words Salon Open 9:15-2:00	12 Craft Meeting Salon Open 9:15-3:00
15 Computer 1:30-3:30	16 Volunteer Breakfast	17 Lunch Bunch	18 Movie Playing for Keeps Golf Meeting/Oshiiip Salon Open 9:15-2:00	19 Salon Open 9:15-3:00
22 Computer 1:30-3:30	23 Red Hats Hiking Meeting Blood Pressure	24 Center Clean Trinity Cathedral Nice Jazz Trio	25 Movie Argo TRI-C Jazz Fest LCR Salon Open 9:15-2:00	26 Charter Bank Racino at Thistledown Salon Open 9:15-3:00
29 Computer 1:30-3:30 Breakfast Jerry Girls	30 Museum Natural History			

**HOPE YOU ALL HAVE A GREAT MONTH
 SPRING BOUTIQUE APRIL 20TH 9:00am-4:00pm**

PARTIES AND COOKOUTS
WEDNESDAY COUNTRY NITE

Don't forget that the Center will be open on
Wednesdays until 8:30pm.

Live Country and Blue Grass Music will be performed by an array of
special guests (about 10-15 players) every Wednesday.

Music starts at 6:30pm.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

A Concession stand with coffee, donuts, and other items are
available for purchase.



BREAKFAST WITH JERRY'S GIRLS

A change in the Breakfast date, (AGAIN) we will be having it on the last
Monday of every month. Hope you can join your fellow seniors for a
relaxing breakfast.

This month it is waffles with a fruit topping and a sausage patty,
accompanied by Juice and Coffee.

(SIGN UP IN THE OFFICE BY APRIL 24TH)

DATE: Monday, April 29th

TIME: 9:15am – 11:00am

COST: \$3:00



INDIANS OPENER

Let's celebrate opening day of the Cleveland Indians Opener, we will have
hot dogs, chips, and a pop. Don't forget to wear your favorite Indian's
gear. Let's cheer our home team! Sign up in the office if you will be
present for our get-together.

DATE: Monday, April 8th

TIME: 12:15pm

COST \$1.00



APRIL

BIRTHDAYS

Wilma Jean Cooper	1	Ronald Backos	11	James Lucas	23
Lorraine Longo	1	Joan Kelso	12	John Thomas	23
Shelia Lucas	1	Nancy J Bryson	13	Dennis Anderson	24
Victoria Yaksic	1	Helen Mason	13	George Futkos	25
Marlene Roach	2	Sharen McDivitt	14	Jean Gorisek	25
Emiko Stidd	3	Irvin Taylor	14	Peter Palicia	25
Sally Cellini	5	Rose Coan	16	Yvonne Sanger	25
Florence Lovas	5	Virginia (Jean)Lynn	19	Dorothy Trunkely	25
Dolores Spaid	5	Beverly Yando	20	Joann Yeckley	25
Gerry Gillespie	7	Clara Cunningham	21	Carol Carpinello	26
Donna Komaromy	8	Joan E Reba	21	Madelyn Moses	26
Fran Pavlik	8	Orval Vernon	21	Theresa Phalen	26
Mary Buhner	9	George Zadzora	21	Mary Thomas	27
Nancy Gray	10	Michael Galgoczy	22	Linda M. Davis	28
Leo Ivec	10	Donald Carpinello	23	Jean Zukowski	28
Joanne Suydam	10	Jerry Carr	23	Bruce Rutherford	29

PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP
IF YOUR BIRTHDAY IS NOT SHOWN ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2013

WISHING YOU ALL
A GREAT DAY



J.F.K. CENTER IN PICTURES



OUR 200th WEDNESDAY COUNTRY MUSIC NITE



WEDNESDAY NITE ST. PATRICKS DAY PARTY



Y'ALL COME AND JOIN US NOW