J.F.K. SENIOR CENTER BULLETIN

1580 EAST 332 STREET EASTLAKE, OHIO 44095 (440) 975-4268

Grace Giangiacomo-Senior Coordinator E-Mail gg@eastlakeohio.com Brochure on line at www.eastlakeohio.com Hours: 7:30am - 4:00pm

DECEMBER 2013

The JFK Senior Center is open to the public every Wednesday Night. We have live country music, a concession stand and lots of fun.



THE CENTER WILL BE CLOSED TUESDAY, DECEMBER 24TH AND WEDNESDAY, DECEMBER 25TH &

WEDNESDAY, JANUARY 1ST
"HAVE A WONDERFUL CHRISTMAS"
& A "HAPPY NEW YEAR"

OUR THOUGHTS

GET WELL WISHES are extended to: **Bill Moster and Pat Hoppert.** Hope you are feeling better soon.

Sympathy is extended to the families of: John Manchen and to George and Sandy Fischer in the passing of Sandy's sister Flora Fye.

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CLEANING THE CENTER

Our cleaning crew meets on every other Wednesday. If anyone would like to give a hand in our lunchroom, that would be great!

DATE: Wednesday, December 4th & 18th <><><><><><><><><><><><><>

TIME: After Lunch

VISITING ATTORNEY

Please welcome Amy Pennza as our new visiting attorney, she has taken over for Frank Manning. She will be taking 15 minute appointments between 1:00pm- 2:30pm. Sign up in the office if you would like to speak to her.

DATE: Wednesday, December 11th

LAKETRAN

Just a reminder to Laketran Riders, Laketran will be closed Wednesday. December 25th in honor of Christmas & Wednesday, January 1st for New Years Day.

HOSPICE IN NEED OF YARN

The Comfort Elves are in need of yarn to make items for Hospice. Anyone having yarn they would like to donate, please bring it in to the Center and it will be given to our Seniors to make some much needed slippers, hats and lap robes.

Please let the office know if anyone has an interest in attending a 1:00pm Cavaliers game on Monday, January 20th, on MLK day.

WEDNESDAY COUNTRY NITE

Don't forget that the Center is open every Wednesday until 8:30pm.

Live Country and Blue Grass Music will be performed by our band and special guests (about 10-15 players) plus many theme parties.

Music starts at 6:30pm.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

A Concession stand with coffee, donuts, and other items are available for purchase.

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BREAKFAST FROM BARB'S KITCHEN

We are having Biscuits & Sausage Gravy & Hash Browns. Come and join your fellow Seniors for some comfort food and social time and maybe a little New Year Celebration!

DATE: Monday, December 30th

TIME:9:15am - 11:00am

COST: \$3:50

CHRISTMAS HOLIDAY PARTY

Please don't forget to sign up for our Christmas Holiday Party at Dubrovnik Croatian Lodge in Eastlake. I will have a bus going from here, for those of you that can't drive. It will be a sit down Family Style Luncheon, with Entertainment by Ron Sluga. Sign up in the office at your convenience, but no later than December 13th

DATE: Friday, December 20th COST:\$20.00pp TIME:1:00pm-4:00pm <><><><>><>><>><>><>>

SURFSIDE TOWERS

Surfside Towers is having a Benefit for Meals on Wheels. It will be a Spaghetti Dinner with a 50/50 Raffle, a Chinese Raffle and Door Prizes. Please help support this cause. Tickets will be sold in the office.

Date: Thursday, December 12th

TIME:3:00pm-6:00pm

COST:\$5.00

All Trips Going Out Will Be Weather Permitting

TRINITY CATHEDRAL

You have two chances to enjoy Trinity this month, choose one or go to both if you can! Enjoy the Gateway Jazz Band swing into the Holiday Season and the annual Messiah Sing. Pack a lunch or purchase one there.

DATE: Wednesday, December 4th (Gateway Jazz) TIME:11:00am – 1:30pm DATE: Wednesday, December 18th (Messiah) TIME:11:00am – 1:30pm COST:\$2.00 per ride (Merry Christmas)

RACINO TRIP

ROCKERFELLER GARDEN GREENHOUSE

Hop on the Bus to see the wonderful display of poinsettias at the Greenhouse, their annual sale of flowers is that day, poinsettias for are \$5.00. We will stop for lunch on your own, info to follow.

HARTVILLE

HIKE/WALK

We are going to Chagrin River to hike, bundle up and let's go for a brisk walk this month.

DATE: Tuesday, December 17th COST:\$3.00 TIME:10:00am-1:00pm

LUNCH BUNCH

The restaurant this month is the Chinese Buffet in Mentor, sign up in the office. Enjoy!

DATE: Thursday, December 19th TIME: 10:45am-1:00pm

COST:\$3.00

The JFK Center offers many programs that meet on a weekly basis. These activities are free and pre-registration is not required.

(Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
ZUMBA (Low Impact)	WEDNESDAY	10:00am – 11:00am
BALANCE CLASS	WEDNESDAY	2:30 pm-3:30 pm
COMFORT ELVES	1st 2nd & 4th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	THIRD THURSDAY	9:00am-11:00am
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES

Thursday, December 5th "Storm Rider" (with Kevin Sorbo, Kristy Swanson, Family) Thursday, December 12th "Parkland"(with Paul Giamatti, Billy Bob Thorton, Drama) Thursday, December 19th "Paradise" (with Julianne Hough, Russel Brand, Comedy)

Thursday, December 26th "The Family Man"(with Nicolas Cage, Tea Leoni, Drama)

Movie starts at 12:30pm
Check the day before the movie for any changes.

POPCORN INCLUDED!

HOLIDAY BOUTIQUE

I suppose by now that you all know that the JFK Holiday Boutique was a success, and I would like to thank all the volunteers and the members that donated items to help make this possible. This was the largest single event we have ever undertaken and was largely due to a lady named Angela, without her help and her vendors it would not have happened. Thank-you all and Thank-you Angela.

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WEDNESDAY NITES

Our annual Thanksgiving Party (Day of Sharing) is over and we hope all of you that came on down to help us celebrate and give thanks for the harvest had a good time and enjoyed the feast, we thank all our volunteers, all the people that made food to share and not forgetting the band of musicians that make every Wednesday Nite possible.

November the 27th (the Wednesday before Thanksgiving) we will NOT be having a Wednesday Nite, so you can all get ready for Thanksgiving Day.

WEDNESDAY NITE CHRISTMAS PARTY December 18th

Put on your Christmas gear, Santa Hats, Reindeer Ears, etc. and bring the joy of Christmas, let's make this last party of the year a Blast.

Our New Year Party will be on the 8th of January, this is because of how the holidays fall this year.

The Wednesday Nites' Team would like to say THANKS for a great year of good music, good food and the best company anywhere. We think of Wednesday Nites as a family of friends, we have had many parties and lots of fun times, and as a family we have always stepped up to the plate for the causes and drives that we promote. During the past years we have welcomed many new friends, and sadly said goodbye to too many old friends. We wish you all good health and peace for the season and look forward to doing it again next year.

CHRISTMAS IS FOR CHILDREN

Remember the excitement and joy on a child's face as they sit besides the tree opening their gifts on Christmas morning, sadly today there are many families that if not for the good people that help make a Christmas day for them, they would not see this. Our Toys For Kids Drive has started and will continue till a week before Christmas. We are asking for new unwrapped toy or donations and they can be brought to the office or you can bring them with you to Wednesday Nites. All toys will be distributed by the Eastlake Police to local families in need.

PLEASE HELP, PUT A SMILE ON A CHILDS FACE THIS CHRISTMAS



Please find the following hidden words:

prior, priority, alias, alliance. candy, canoe. wild, will, zero. society, social, drain. drawn, extra. exile. fair. fairy. zumba. compost, complete, compose, elite. elate. wilt. Words by Brenda

DECEMBER 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Blood Pressure Victorian House Tour	4 Trinity Cathedral Cleaning Salon Open Today	5 Racino	6 Veterans Meet Salon Open Rockerfeller Park
9 Hartville Hands on CPR	10 Blood Pressure Red Hats	11 Attorney Amy Pennza	12 Salon Open Craft Class Surfside Towers Benefit	13 Salon Open Light Trip
16	17 Hike/Walk	18 Trinity Cathedral Cleaning Foot Doctor	19 Lunch Bunch Salon Open LCR	20 Christmas Party Salon Open
23	24 Closed Christmas Eve	25 Closed Merry Christmas	26 Salon Open	27 Salon Open
30 Breakfast with Barb	31 Blood Pressure	1 Closed New Year's Day Happy New Year		

WISHING YOU ALL THE VERY BEST FOR THE HOLIDAYS AND A HAPPY NEW YEAR

SENIOR TRAVEL/INFO PAGE VICTORIAN HOUSE TOUR

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Christmas luncheon and tour at a Victorian House in Millersburg. Enjoy of lunch of a Chicken Salad Croissants, Soup, Dessert, and Coffee.

DATE: Tuesday, December 3rd COST:\$26.00 TIME:8:30am-4:30pm

CHRISTMAS LIGHT DISPLAY

Hop on the bus to see some Christmas Light displays in the general Lake County area. It will be around a three hour trip, weather permitting.

Sign up in the office

COLLETTE TOURS

Collette Tours presents AMERICA'S MUSIC CITIES featuring New Orleans, Memphis and Nashville. Stop by and pick up a Flyer.

DATE:May 18-25, 2014 COST:\$2,429pp(Double Occupancy)

MY HOLIDAY THOUGHTS AND WISHES

I would like to thank everyone for another wonderful year at our Senior Center.

We have had a lot of parties, trips and impromptu get togethers.

I have a special "core group" of volunteers
that help make everything here run so smoothly,
and with all their endless help, they make my job much easier.
Thank you to all my "JFK Family". My wish to all is a Happy Holiday
with family and frends and a New Year that brings thoughts of peace to
you and your family.







GROUPS AND CLUBS VETERANS CLUB

The movie will be Battle of the Bulge, a World War II Movie. Get a buddy to come and watch this with your fellow Veterans.

DATE: Friday, December 6^{th.}

TIME:9:30-11:00am

BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, December 10th at 9:00am with the Open Meeting at 11:20am.

RED HAT PEARL BELLES

The Red Hat Belles will be having their Christmas Party at the JFK Center.

The meat will be provided, please bring a dish to share.

DATE: Tuesday, December 10th

TIME: 12:30pm

CRAFT CLASS

We will be making Holiday Gift Tags for Christmas. Just bring scissors, glue, & a ruler.

DATE: Thursday, December 12th COST:\$1.00 TIME:9:30am-11:30am

L.C.R.

Join us to play a fun game of L.C.R. \$5.00 will allow you to play 6 games. DATE: Thursday, December 19th TIME:12:30pm

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WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player. All are welcome just show up or call the center for more info.

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CRAFTY CROCHETERS

The Crafty Crocheters are back at it again, they met in November and had a very successful class. They are starting up again, if anyone is interested please join in. They are going to meet on the Third Thursday starting in January. Just show up if you like, or if interested in crocheting at home just let the ladies in the Comfort Elves Room know.

SENIOR HEALTH AND WELLNESS Page 11

BLOOD PRESSURE CHECK

Sponsored by Interim Healthcare

DATE: Tuesday, December 3rd TIME: 10:00am - 11:30am

HANDS ON CPR

The Eastlake Fire Department will be here to teach Hands-on-CPR for anyone that is interested. We will meet in the Bingo Room.

PLEASE SIGN UP IN THE OFFICE

DATE: Monday, December 9th TIME:10:00am-11:00am

BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, December 10th TIME:10:00am - 11:30am

FOOT DOCTOR

\$15.00 donation (PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, December 18th TIME:8:00am - 4:00pm <><><><><><><><>

BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE: Tuesday, December 31st TIME: 10:00am -11:00am

ZUMBA

Don't forget to come and join in on Wednesday mornings between 10:00am and 11:00am. If interested please stop by and join your fellow seniors for this fun class. It is a low impact class and it is free of charge. **♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦**

BALANCE CLASS

Paul Wallace is now teaching a balance class once a week on Wednesday's from 2:30pm to 3:30pm. Come and try this relaxing class. We all can use a little help with our balance. There is no charge on this class, just come in.

CENTER NEWS

THE SALON HOURS: THURSDAY 9:15am-2:00pm

& FRIDAY 9:15am-3:00pm

The dates Helen has open for the Holiday are:

Dec: 4/6, 12/13, and 19/20, & 26/27.

Helen is still offering a savings of \$2.00 each!

Pedicure now \$28.00/Shellac now \$23.00/Manicure now \$14.00

\$5.00 Lady Waxing, Eyebrows, Lip, & Chin.

Men....Haircuts \$7.00

New Clients \$10.00 for Ladies Haircuts

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JFK BOARD

Thank you to all who voted in our election for the JFK Board. There were 89 Seniors who cast their votes for our 2014 Board. We will be welcoming five new Board Members along with the four Seniors that were re-elected.

Please take time to congratulate Elaine Allen, Gloria Brock, Maxine Hutchison, Lucy Morris, Celine Burger, George Fischer, Donna Hoffman, Diane Morony and Irene Vitolo.

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A NOTE FROM MAXINE

I would like to take this opportunity to thank everyone for all their help in making our flea market such a success. I am not going to name names for fear of leaving someone out, but I appreciate you all. Thank you, thank you, thank you! We couldn't have done it without you.

With Gratitude: Maxine Hutchison

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NEW BOARD RULE

It has been determined by the board that anyone using the center needs to show a current membership card. Please cooperate with our volunteers, it just makes signing up for trips and things much easier for them; correct spelling of name and etc.

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INCLEMENT WEATHER

Just a reminder, if the Willoughby-Eastlake School System is closed due to severe weather, the Nutrition Kitchen is also closed. THAT DOES NOT APPLY TO THE SENIOR CENTER, WE WILL REMAIN OPEN.

DECEMBER BIRTHDAYS

Ross	Armelli	3	Doris	Thompson	8	Sally	Fritsch	22
Pauline	Fredriks	3	Betty	Kacholek	10	Betty L.	Neely	22
Irene	Halaburda	3	Robert	Might	10	Casimir	Jablonski	23
Amelia	Locke	4	Karleen	Powalie	11	Carmela	Tripodo	23
Fran	Morris	4	Ann	Ginevra	12	Nancy	Vitovich	25
Henry	Sutton	4	Robert	Mahler	12	V. Diane	Reed	26
Laverne	Walker	4	Lucy	Brodnik	13	Louise	Wayner	26
Mary	Miller	5	Goldye	Cooper	15	Marilyn	Futkos	27
Mary	Parks	5	Judith	Selander	15	George	Sari	27
Phongpan	Swope	5	Michele	Hayes	16	Mary Ann	St. Clair	28
Joza	Vujica	6	Dorothy	Romeo	16	Dorothy	Balogh	29
Glenna	Wanchisn	6	Patricia	Osborne	17	Barbara	Caddell	29
Irvan	Hammond	8	Darlene	Herbert	19	Karen	Buss	31
Lilian	Mauer	8				Patty	Sullivan	31

WISHING YOU ALL A GREAT DAY





IF YOUR BIRTHDAY IS NOT SHOWN ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED

MEMBERSHIP FOR 2013

J.F.K. CENTER IN PICTURES





2013 HOLIDAY BOUTIQUE









WEDNESDAY NITES THANKSGIVING PARTY









Y'ALL COME AND JOIN US NOW



