



# CENTER NEWS

## OUR THOUGHTS

We extend GET WELL WISHES to: Joan Ragozzino and Nellie Hartley & Jackie Jaskiewicz, hope your feeling well soon. Condolences to the families Nello Chiudioni, Flo Lunato in the passing of her daughter Tina Merkys, and to Elaine Allen in the passing of her daughter Tracy.



## INFO TO SHARE

The Eastlake Senior Center is funded in part by the Lake County Senior Citizens Levy. As Lake County ages, so will disability, chronic disease, elder abuse and neglect. The accessible and affordable housing poverty, isolation and inadequate nutrition will continue to present challenges.



## YMCA/SILVER SNEAKERS

For your information, all Silver Sneakers Members, who are registered with the YMCA, can use that membership to use the pool at Houston Fisher at Jaske Park in Eastlake. So take advantage of your Silver Sneaker Membership and use Jaske Pool for exercise and relaxation.



## HEALTH AND WELLNESS

### YOGA

Please mark your calendar. Kate will be on vacation, so there is no Yoga on July 3<sup>rd</sup> or 10<sup>th</sup>. She will resume on Monday, July 17<sup>th</sup>.



## FOOT DOCTOR

DATE: Wednesday July 5<sup>th</sup> & Wednesday, August 2<sup>nd</sup> TIME: 8:00am – 4:00pm  
\$15.00 donation (PRE-REGISTRATION IS REQUIRED)



## LEGACY PLANNING WORKSHOP

Look for Mark Fishwick to learn your rights and options regarding Medical Expenses, Long-Term Care, Final Expenses, and Retirement Income.  
DATE: Tuesday, July 11<sup>th</sup> TIME: 9:30am In the Lobby



## BREAKFAST WITH GRAND POINTE

Lynda is joining us again in the Lobby, with her famous Egg Frittata. For those of you that haven't met her, please come by. Be sure to sign-up in the office by July 7<sup>th</sup>.  
DATE: Tuesday, July 11<sup>th</sup> TIME: 9:30am



**REIKI** [\\_www.reikiloveandlight.com](http://www.reikiloveandlight.com)

Marla will be in the lobby to talk to anyone interested in Reiki. What it is, how it works, and the benefits to having it done. Stop by, you'll find it interesting! Fri. July 14<sup>th</sup> 10am  
Wednesday, July 12<sup>th</sup> for her regular 3 sessions between 1-2:30pm, \$15.00 per session.



**DIANE'S EXERCISE**

Just a reminder to mark your calendar. Diane will be taking some time off starting August 28<sup>th</sup> through Sept 4<sup>th</sup>. She will be back on Tuesday, September 5<sup>th</sup>.



**DAY TRIPS**  
**ROCKSINO**

Incentive will be \$20.00. Grab a friend and go have fun.

DATE: Thursday, July 6<sup>th</sup> COST:\$4.00 TIME: 9:30am-2:45pm



**OLD FIREHOUSE WINERY**

For those of you who have signed up for this trip, please check in with the office. The Restaurant has a limited menu that they have set, please come by and choose your option.

DATE:Friday, July 7<sup>th</sup> COST:\$16.00 TIME:11:00am-3:00pm



**HARTVILLE**

DATE:Monday, July 10<sup>th</sup> COST:\$5.00 TIME:8:15am:30pm



**LUNCH BUNCH**

We are going Italian! Lembo's in Akron, which is a favorite place to dine.

DATE: Wednesday, July 12<sup>th</sup> COST: 4.00 TIME:10:15am – 1:15pm



**MOUNT ST. JOSEPH**

We are visiting Mount St. Joseph for a cooking demo by their chef. It will be Italian themed.

We will visit Our Lady of Lourdes Shrine afterward.

DATE:Thursday, July 13<sup>th</sup> COST:\$4.00 TIME:11:00am-2:30pm



**LUNCH & LEARN WITH SYMPHONY AT MENTOR**

Valerie Armstrong from Home Instead will be here to talk about "Protecting Seniors from Fraud". The lunch will be Pizza and Salad.

Sign up in the office by Thursday, July 13<sup>th</sup> for the count.

DATE:Monday, July 17<sup>th</sup> TIME:12:15pm in the lunch room



**PANCAKES IN THE PARK**

Enjoy a free pancake breakfast at Fairport Harbor, then head to the water for a boating experience. Shoes and clothing from waist down may get wet, so dress accordingly. Sixteen tickets are available, your serving is scheduled for 10:00am.

Sponsored by Laketrans and Lake Metro Parks.

DATE: Wednesday, July 19<sup>th</sup>

TIME: 9:00am-12:00pm



**FRESH THYME FARMERS MARKET**

We are going shopping! How about the new store in Mayfield. Organic, bulk, and fresh produce among other good buys. Some of our Seniors have highly suggested we shop here.

Lunch on your own at Five Guys. Don't forget your cooler.

DATE: Wednesday, July 19<sup>th</sup>

COST: \$4.00

TIME: 10:00am-2:00pm



**PICNIC AT THE BEACH**

We are going to Fairport again. Wear your sunscreen. We're stopping for ice cream.

DATE: Thursday, July 20<sup>th</sup>

COST: \$5.00

TIME: 11:00am -2:00pm



**RABBIT RUN THEATER**

Theater with Dinner at Spring Hill Winery. The play is Peter & the Star Catchers.

DATE: Friday, July 21<sup>st</sup>

COST: \$46.00

TIME: 3:45pm



**PLAYHOUSE TOUR**

Behind the Scenes look at all the theaters at Playhouse Square. Lunch on your own will follow at Green Rooster Farms. The menu will be in the office.

DATE: Monday, July 24<sup>th</sup>

COST: \$5.00

TIME: 9:15am-1:30pm



**PRESQUE ISLE**

DATE: Tuesday, July 25<sup>th</sup>

COST: \$7.00

TIME: 9:15am-4:30pm



**INDIANS GAME**

Sign up for an afternoon game against the Angels. If you choose, you can bring in a small soft sided cooler or lunch bag and one 20 ounce factory sealed bottle water.

DATE: Thursday, July 27<sup>th</sup>

COST: \$26.00

TIME: 11:15am



**LAKE COUNTY FAIR**

It is Senior Day at the Fair. Grab your friend and enjoy this annual fair. Starting at Noon Free Seniors Activities, Bingo by WINT Radio, Vendor Displays, and Lunch for 200 Seniors provided by Lake County Council on Aging (receive lunch ticket at the tent, 1<sup>st</sup> come, 1<sup>st</sup> served).

DATE: Friday, July 28<sup>th</sup>

COST: \$3.00

TIME: 10:00am-1:30pm





**PARTIES AND GET-TOGETHERS**

**NATIONAL MILKSHAKE DAY**

Sign up and enjoy a refreshing milkshake with your friends.

DATE:Wednesday, July 26<sup>th</sup> COST:\$2.00 TIME:After Lunch in the Lobby



**PERRY PICNIC**

Once again we will be venturing out to Perry to join Willowick, Wickliffe, Fairport, and Painesville for a fun picnic. Lunch and Entertainment.

DATE:Wednesday, August 2<sup>nd</sup> COST:\$10:00 TIME: 10:15-3:00



**WILLOWICK TRIP**

Phil Dirt & the Dozers, Lunch & Show at Dubrovniks's. Sign up here.

DATE:Friday, August 4<sup>th</sup> COST:\$48:00 TIME:11:15am



**HEALTH FAIR**

Sign-up in the office for Cholesterol, Blood Pressure, Glucose screening, oxygen saturation, and pulse all given by the Nurses from Lake Hospital. Come and check out the rest of the vendors at this Health Fair from 9-12 in the lunch room.

DATE: Tuesday, August 22<sup>nd</sup> TIME:9:00am-12:00pm



**GARAGE SALING WITH WILLOWICK CENTER**

Be at the Willowick Center at 8:30, Friday, July 14<sup>th</sup> Sign up here.



**FUTURE TRIPS/INFORMATION ONLY**

Remember these dates and mark your calendars if interested.

Winery Trips:Fri., August 11<sup>th</sup>; Fri., September 8<sup>th</sup>; Fri. October13<sup>th</sup>

Summer Travel to Amish; August 15<sup>th</sup>

Picnic at the Beach: Thur. August 17<sup>th</sup>

Island Hopping; Wed., August 23<sup>rd</sup> (Kelly's Island & Put-n-Bay (all day Trip)

Senior Day at Cleveland Zoo; Wed.,August 30<sup>th</sup>

West Side Market Trip, Friday, August 25<sup>th</sup>

**SIGN-UP WILL START THE MONTH OF THE TRIPS**



# JULY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Closed for July 4 <sup>th</sup>	5 Comfort Elves  Foot Dr.	6 Rocksino  Salon 9:15–2:00	7 Firehouse Winery  Salon 9:15–3:00
10 Attorney Hartville	11 Grande Pointe Celina w/COA Board Meeting Legacy Planning	12  Lunch Bunch	13 Mount St. Joseph  Salon 9:15–2:00	14 Reike in Lobby Garage Saling  Salon 9:15–3:00
17 Lunch & Learn	18	19 Pancakes in Park Comfort Elves Fresh Thyme	20 Picnic Fairport  Salon 9:15–2:00	21 Rabbit Run  Salon 9:15–3:00
24 Playhouse Tour	25 Art Class Presque Isle	26 National Milk Shake Day	27 Indians Game  Salon 9:15–2:00	28 Senior Day Lake County Fair Grounds Salon 9:15–3:00
31	28			

THE CENTER WILL BE CLOSED  
TUESDAY, JULY 4<sup>TH</sup> IN HONOR OF 4TH OF JULY.



## JULY BIRTHDAYS

Richard	Foxen	1	Ralph	West	12	Marge	Toth	22
Betty	Armelli	2	Bonita	Boyd	13	Thomas	Mospens	24
Andrew	StevRysko	2	Marietta	Simone	14	Mary	Strope	24
Barbara	Dvorak	3	Karen	Klobas	15	Susan	Filion	25
Sandy	Brandt	4	Helen	Simon	15	Tom	Staab	25
Carolyn B	Chesnes	5	Audry	Baucco	16	Barbara	Henry	26
Judith M	Daykin	5	Easter	Kopacka	17	Arleen	Engle	27
Jo Ellen	Premru	5	Brenda	Pintar	17	Joseph	Gagliardi	27
Sandra	Winter	5	Bertha	Riddle	17	Jacqueline	Jaskiewicz	27
Juanita	Cawley	6	Goldie	Tenerove	17	Ona	Labadie	27
Maureene	Beauregard	7	Louise	Winland	18	Karen G.	Carpenter	28
Dennis	Burwell	7	Jackie	Hackathovin	20	Joanne	Rees	28
Cristieann	Sifling	7	Otis	Morony	20	James	Reese	28
Georgeanne	Picu	8	Beatrice	Oliveri	20	Anthony	Sorensen	28
Elaine J.	Emser	9	Walter	Strickland	20	Patrick	Berry	30
Patricia	Farrar	10	Anita	Brice Mason	21	Paul	Cudnik	30
Pat	Nolan	11	Anne	Herpak	21	Freddyan	Socha	30
Magdalene	Wellborn	11	Mary Lou	Kuzel	21	Ronald	Howard	31
Lynda	Hassett	12	Regina	Whittington	21	Jane	Page	31
MaryAnn	Jurick	12	Guerrino	Battaia	22	Charles	Rees	31
Ed	Pavlik	12	Anna	Nevulis	22	Phyllis	Spallone	31

**HAPPY  
BIRTHDAY**

# **INDOOR FLEA MARKET**



## **And Car Boot Sale** **(Junk in the Trunk)**

**SATURDAY JULY 29**  
**EPAL COMMUNITY CENTER**  
**600 EAST 349<sup>TH</sup> STREET**  
**EASTLAKE, OHIO 44095**

**9:00am to 4:00pm**

**Vendors Welcome**  
**\$15 per Indoor spot**  
**\$10 Outdoor spot**  
**Only 50 tables available!**

**INDOOR FLEA MARKET**  
**CAR BOOT SALE (Junk in the Trunk)**  
**PLUS**  
**CHINESE AUCTION**  
**CONCESSION STAND**

**FUN FOR THE WHOLE FAMILY**  
**FIND UNUSUAL GIFTS AND TREASURES**  
**PLUS GOOD FOOD AND GREAT PRICES!**

**ADMISSION IS FREE**

Sponsored by Helping Hands Eastlake Alliance.

Any questions or concerns, please contact

Bonnie Mason (440) 749-1940

Christine Humberson (216) 278-8408

[HelpingHandsEA@gmail.com](mailto:HelpingHandsEA@gmail.com)



# FAIRPORT BEACH PICNIC



**THE DOGS ARE READY, COME AND GET IT**



**VIEWS AROUND FAIRPORT HARBOR**



**Y'ALL COME ON AND JOIN US NOW**