

J.F.K. SENIOR CENTER BULLETIN



APRIL 2017

1580 East 332nd Street Eastlake, Ohio 44095 TEL440-975-4268
Grace Giangiacomo, Senior Center Director E-Mail: gg@eastlakeohio.com
Brochure on line at www.eastlakeohio.com
Hours: 7:30 a.m. - 4:00 p.m.

Monday, Tuesday, Thursday, Friday Wednesday, 7:30 a.m. - 8:30 p.m.
 The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass Music starts at 6:30 p.m. A concession stand and lots of fun.
 Pop in and join us. It's Free to all



**THE CENTER WILL BE CLOSED FRIDAY, APRIL 14TH
 IN HONOR OF GOOD FRIDAY.**



The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00 am to 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9.00 am
ART CLASS	TUESDAY	10.00 am
BINGO	TUESDAY & FRIDAY	12:30-3:00 3¢ per card
COMFORT ELVES	1st & 3rd WEDNESDAY	9:00 am– 11:00 am
LINE DANCING	THURSDAY	1.00 pm
PINOCHLE	FRIDAY	12.30 pm
Chair Yoga with Kate	MONDAY,	9 :00 am
Low Impact Strength Training with Diane	MONDAY,	1.15 pm
Zumba (Low Impact)	WEDNESDAY,	10.00 am
EXERCISE WITH T.V.	TUESDAY,	9.00am
EXERCISE WITH DIANE	THURSDAY,	9.15 am and 10.00am

CENTER NEWS
OUR THOUGHTS

We extend GET WELL WISHES to: Dale Barnhart, and Tony Vitolo, Speedy recovery to both. Condolences to the families of Tom Daly, in the passing of his wife Lois, to Celine Burger in the passing of her sister-in-law, Irene Halaburda, and Eileen Wilder in the passing of her husband Bob.



NATIONAL VOLUNTEER WEEK, APRIL 24-28 2017

It's time to recognize our volunteers, and inspire and encourage others to also utilize their skills in making a difference. Some intangible benefits, like pride, satisfaction, and accomplishment are all worthwhile reasons to serve at your Senior Center. While doing so you help keep your center a welcoming place by contributing to improve services, keep the center clean and organized. All while connecting to others who appreciate your willingness to offer a helping hand. So after participating in your favorite activity, come by and see what you can offer, there is no job to small to be appreciated. Thank you, please take a moment to thank the volunteers around here, either by writing a note or just a verbal Thank You will do!



HAIR SALON

Hop into Spring and freshen up your hair with a hair cut and treat yourself to a manicure. It helps support the Center. The Center will be closed that day, but THE HAIR SALON WILL BE OPEN FOR YOUR CONVENIENCE.



TOPS

Taking Off Pounds Sensibly, meet every Wednesday Night between 5:00pm– 6:30pm.



RECYCLE OLD CELL PHONES

Just a reminder, if you have an old cell phone to get rid of just bring it in. They are being sent to our troops overseas.



TAX AND AARP

AARP will be doing taxes every Tuesday from 9:30am- 3:00pm, starting Tuesday, February 7th through April 11th-Sign up in the office for an appointment.



COMMISSIONER VISIT

Commissioner Jerry Cirino and Alyea Barajas will be visiting us. If you haven't met him come and sit and chat with him. Bring your questions and concerns and he will be happy to answer.

DATE: Tuesday, April 4th

TIME: 11:00am – 12:00pm (in the Lobby)



BUS DRIVER

As you all may know our Bus Driver Tony has been under the weather, but Thankfully he is on the mend. Danny from the City will be doing our driving for the trips that are set up for April. We will be doing some light travel until he is on his feet again. Until then we wish Tony a very speedy recovery and all our many thoughts and prayers are with him and Irene. We miss you Tony!

DAY TRIPS



FISH FRY

One more Fish Fry, let's try Pickles N Pints.

DATE: Friday, April 7th

COST: \$3.00

TIME: 11:15am-1:00pm



PENITENTIARY GLEN RESERVATION

Come and visit the grounds along with viewing their Spring Art Show. We will stop for lunch on your own at Kirtland City Tavern.

DATE: Tuesday, April 18th

COST: 4:00

TIME: 10:00am-1:00pm



SYMPHONY AT MENTOR SPONSOR SPA DAY

The Spa Day at Symphony at Mentor. They will be coming to pick us up.

DATE: Wednesday, April 19th

9:30am Pick-up/Sign up in the office.

10:00am-12:00



ROCKSINO

Incentive will be \$20.00. Grab a friend and go have fun.

DATE: Thursday, April 20th

COST: \$4.00

TIME: 9:30am-2:45pm



MELANIE OUR TECH BUDDY

Melanie will be here for 20 minute one-on-one sessions, to give anyone help on their handheld devices. Set up an appointment and bring in your device and your questions. Whether it is a cell phone, ipad, iphone, or kindle. She will walk you through the unknown.

DATE: Monday, April 24th

TIME: 10:00am-12:00pm



EUCLID CULINARY BISTRO

The Culinary end of the year buffet. Sign up in the office.

DATE: Wednesday May 3rd

COST: \$3.00

TIME: 10:45am-12:30pm

GREAT LAKES THEATER

Forever Plaid, sign up for this Pitch-Perfect Jukebox Musical.

DATE: Wednesday, May 10st COST:22.00 TIME:9:15am – 1:30pm



SENIORS ON THE GO

Travel with confidence using safe, reliable transportation. Laketrans gets you where you need to go. Learn about all the affordable travel options Laketrans have to offer in the choice of a group setting or the convenience of your own home.

DATE:Tuesday, May 2nd TIME:9:30am in the Lobby



GRANDE POINTE

Please join Lynda with Grande Pointe on a talk on GI Concerns. They will supply a lite breakfast, so please sign up in the office for our count.

DATE: Tuesday, May 2nd TIME:9:30am in the Lobby



INFORMATION

The Eastlake Senior Center is funded in part by the Lake County Senior Citizens Levy.



HAPPY EASTER

PARTIES AND GET-TOGETHERS

Let's cheer the Indians on the opening game with Hot Dogs and Peanuts.

Meet in the Lobby and wear your Indian Gear to cheer the Tribe on!

DATE:Tuesday, April 11th COST:\$3.00 TIME: 12:00 Noon in the Lobby



VOLUNTEER LUNCHEON

If you haven't checked into your status for the volunteer luncheon, please do so. You should have, twenty five (25) hours or more in 2016, to attend the luncheon. Please stop by the office to RSVP. If unsure of your hours we will check for you. The Luncheon will be Friday, April 28th at 1:30pm.



HEALTH AND WELLNESS

REIKI

Sign-up in the office with Marla Katz for a Reiki session. Check this out, you will like it!
Wednesday, April 5th & 26th TIME:1:00pm-2:30pm

\$15.00 (PRE-REGISTRATION IS REQUIRED)

UNITED HEALTHCARE

Charles will be here the first week of April. He is from United Healthcare and will be available to provide information on Medicare and Medicare Advantage Plans."

Bring your questions and he will be happy to help you.

DATE: Tuesday, April 4th

TIME: 9:30am-11:00am



LEGACY PLANNING WORKSHOP

Look for Mark Fishwick to learn your rights and options regarding Medical Expenses, Long-Term Care, Final Expenses, and Retirement Income.

DATE: Tuesday, April 11th

TIME: 9:30am In the Lobby



FOOT DOCTOR

Dr. Copper will not be here in the Month of April.

DATE: Wednesday May 3rd & Wednesday, May 31st

TIME: 8:00am – 4:00pm

\$15.00 donation (PRE-REGISTRATION IS REQUIRED)



YOGA

Don't forget we are here on Monday for Chair Yoga. Reduce your stress and don't forget it's a chance to meet people and socialize. We meet at 9:00am on Monday



SIGN UP FOR FUTURE TRIP

Don't forget to hold the date for Senior Day at the Mall, Tuesday, May 16th; Orchestra at Severance Hall on May 19th at 10:00am; Tour of Divine Statues on May 24th



HUMANA

Steve from Humana will be here for any questions you may have on Humana.

Date: Tuesday, April 25th

TIME: 9:30am



EGG HUNT

The City of Eastlake will host their annual Easter Egg Hunt at Classic Park on Sunday, April 9. The event will be hosted in conjunction with the City of Eastlake, the Lake County Captains and Eastlake Police Athletic League.



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Salon 9:15–3:00
3	4 Art Class Jerry Cirino United Healthcare	5 Reike Comfort Elves	6 Salon 9:15–2:00	7 Fish Fry Salon 9:15–3:00
10 Attorney	11 Celina w/COA Go Tribe Board Meeting Legacy Planning	12	13 Salon 9:15–2:00	14 Closed Today Salon 9:15–3:00
17	18 Art Class Peniteniary Glen	19 Comfort Elves Symphony at Mentor	20 Rocksino Salon 9:15–2:00	21 Salon 9:15–3:00
24 Melanie Tech	25 Steve with Humana	26 Reike	27	28 Volunteer Luncheon



APRIL BIRTHDAYS

Wilma Jean Cooper	1	Karen Bucar	14	Kathleen Ogrin	22
Lorraine Longo	1	Sharen McDivitt	14	Jerry Carr	23
Cheryl Wardega	1	Irvin Taylor	14	Olivia Dowling	23
Nellie Hartley	2	Richard Galaida	15	James Lucas	23
Emiko Stidd	3	Louie Lezark	15	Dennis Anderson	24
Anna Zorko	3	James Christian	16	Sharon Hannan	24
Judith Komyati	4	Louis Stromsky	16	Anita Jarvis	24
Sally Cellini	5	Kathleen Becerra	17	George Futkos	25
Florence Lovas	5	Florence Edelman	18	Peter Palicia	25
Linda Abate	7	Virginia (Jean) Lynn	19	Yvonne Sanger	25
Gerry Gillespie	7	Joseph Trunkely	20	Joann Yeckley	25
Jack Godinich	8	Beverly Yando	20	Theresa Phalen	26
Donna Komaromy	8	Kenneth Bruss	21	Gayle Sellitto	27
Fran Pavlik	8	Roseann Crow	21	Mary Ann Thomas	27
Cheryl Wolenski	8	Beverly Ellis	21	Richard Betley	28
Mary Buhner	9	Joan E Reba	21	Precha Khaikeaw	28
Leo Ivec	10	Richard Sabo	21	Jean Zukowski	28
Joanne Suydam	10	Bette Urquhart	21	Mary Hradesky	29
Mary Kosler	11	Orval Vernon	21	Tricia Kostura	29
Dan Lawson	11	Malise (Pixie) Wiles	21	Ruth Ann Stone	29
Randy Bratcher	12	Michael Galgoczy	22	Mary Ann Surtz	30
Savitaben Patel	13			Kim Nobles	

**HAPPY
BIRTHDAY**

WEDNESDAY NITES MARDI GRAS PARTY



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Y'ALL COME ON AND JOIN US NOW