

CENTER NEWS
OUR THOUGHTS

We extend GET WELL WISHES to: Brenda Simpson, Amy Cirino and John Duka.
Condolences to the families of Anthony Angelo in the passing of his brother David,
Marcy Scott in the passing of her Mother-in-law Katie Mae Scott,
Gloria Dibbin in the passing of her son Edwin, Angie Ruggiero in the passing of her brother.



HAIR SALON

Easter is soon, Hop in the Salon for a manicure or hair cut. It helps support the Center.



VOLUNTEER LUNCHEON

Anyone who volunteered to benefit our Center twenty five (25) hours or more in 2017, is invited to our Luncheon. Please stop by the office to RSVP, starting Monday, March 26th.
If unsure of your hours we will check for you.
The Luncheon will be Friday, April 20th at 1:30pm.



LUNCH & LEARN

We will be traveling with Eastlake to Heartland in Mentor for a lunch and an informative presentation on Health Maintenance as we age.
Sign up in the office for their count.

DATE: Wednesday, March 7th

TIME: 11:00am-1:30pm



MARK YOUR CALENDAR

The Captains and Indians openers will be April 6th & 7th respectively.
We will be celebrating here at the Center with Hot Dogs and Peanuts.
Make sure you sign up by March 29th for our count. Don't forget to wear your Indians or Captains gear and support your home team.
DATE: Thurs., April 5th & Fri. April 6th COST: \$2.00 each day. TIME: Noon in the Lobby



PLEASE NOTE

The week of March 12th thru March 23rd, The Center will close at 3:00pm everyday, except for Wednesday, March 14th and March 21st will still be at the same time for Wednesday nights.
The times will resume to the our ordinary times 7:30am – 4:00pm on March 26th.



HARTVILLE

We will resume our monthly trips to Hartville starting the second Monday of April.



HEALTH FAIR

Lake Health System and hChoices will be putting together a health fair on May 11th. Please watch for news on the Kiosk on the particulars. If there is anything that anyone would be interested in having at the health fair here, please let the office know.

HEALTH AND WELLNESS
LEGACY PLANNING WORKSHOP

Mark Fishwick will be here regarding Medical Expenses, Long-Term Care,
Final Expenses, and Retirement Income.

DATE: Tuesday, March 13th

TIME: 9:30am, In the Lobby



GRANDE POINTE

Stephanie will be here with waffles, "Let go of my Eggo"
Please sign up in the office for our count.

DATE: Tuesday, March 13th

TIME: 9:30am, In the Lobby



FOOT DOCTOR

DATE: Wednesday, March 21st & Wednesday, April 18th TIME: 8:00am – 4:00pm
\$15.00 donation (PRE-REGISTRATION IS REQUIRED)



OPIOID DRUG PRESENTATION

As you may know, overdose is now the leading cause of accidental death in Ohio. We need grandparents, aunts, uncles, and other seniors to be in our army as we continue to battle this epidemic. Another key part of the message will be the importance of purging home medicine cabinets of any unused or expired medications, thus keeping them out of the hands of abusers and addicts. RSVP volunteers will be offering a limited amount of drug disposal bags to those who are present through the ADAMHS Board presentation.

Please help by attending this important meeting and learning about this overwhelming problem. Sign up in the office.

Date: Tuesday, March 27th

TIME: 9:30am in the Library



LAKETRAN

Laketran will be here to talk about general ride information and also let you know about
Seniors on the Go! Stop by their table to receive some information.

DATE: Tuesday, April 3rd

TIME: 9:30am-10:30am



TOPS

Taking Off Pounds Sensibly meet every Wednesday Night between 5:00pm– 6:30pm.



RECYCLE

Please don't forget to bring in any pet food coupons, used eye glasses, or Cell Phones.



YOGA

Spring is nature's way of saying "let's party". (Robin Williams) At The Eastlake Senior Center, we say "Let's Yoga!" Spring is a great time to have some fun, explore some poses and breathe! Come in and give it a try. Chair yoga, Monday's 9am



REIKI

Marla Katz would like to continue with Reiki sessions here. If there is anyone still interested, please let the office know.

\$15.00 (PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, March 7th & 28th

TIME: 1:00pm- 2:30pm



Don't forget to spring ahead March 11th



DAY TRIPS

FISH FRY DURING LENT

We will be going to different places on Fridays during lent. Please pick a date or join in on all! March 2nd, @ VFW Post 3863 in Eastlake, 11:30am, \$1.00 charge for bus; March 9th @ Firehouse Grill in Willoughby Hills, 11:00am, \$3.00 for bus; March 16th @ Pickles-n-Pints in Willoughby, 11:00am, \$3.00 for bus; March 23rd @ Kristy Tavern in Euclid 11:00am, \$3.00 for bus.

Sign up for one or all. The cost listed above is for Bus Ride only. Enjoy.



CLEVELAND CAVS GAME

OK, for those of you who have signed up for the Game, get your Fan Gear together, the time is here. Meet at the Willowick Senior Center. The bus will depart at 5:30pm and return about 11pm. Enjoy CAVS vs Detroit Pistons.



TRINITY CATHEDRAL

Come and enjoy Guys with Guitars. Willowick will be driving their bus.

DATE: Wednesday, March 7th

COST: \$4.00

TIME: 11:30am-1:30pm



ROCKSINO

Incentive will be \$20.00. Grab a friend and go have fun.

DATE: Thursday, March 8th

COST: \$4.00

TIME: 9:30am-2:45pm



ETHNIC LUNCH

Cafe Europa, European food at it's best. Menu is in the office, check it out.

DATE: Wednesday, March 21st

COST: 4.00

TIME: 11:15am – 1:15pm



MARCH 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Don't forget</p> <p>March 11th</p>	<p>March 17th</p>		<p>1</p> <p>Salon 9:15-2:00</p>	<p>2</p> <p>Fish Fry Blood Pressure</p> <p>Salon 9:15-3:00</p>
<p>5</p> <p>Cav's Game</p>	<p>6</p> <p>AARP</p>	<p>7</p> <p>Trinity Cathedral Lunch & Learn Comfort Elves</p>	<p>8</p> <p>Rocksino</p> <p>Salon 9:15-2:00</p>	<p>9</p> <p>Fish Fry</p> <p>Salon 9:15-3:00</p>
<p>12</p> <p>Attorney</p>	<p>13</p> <p>Celina w/COA Legacy Planning Grande Pointe AARP</p>	<p>14</p>	<p>15</p> <p>Salon 9:15-2:00</p>	<p>16</p> <p>Fish Fry</p> <p>Salon 9:15-3:00</p>
<p>19</p>	<p>20</p> <p>AARP Spring has arrived</p>	<p>21</p> <p>Ethnic Lunch Comfort Elves Foot Dr.</p>	<p>22</p> <p>Salon 9:15-2:00</p>	<p>23</p> <p>Fish Fry</p> <p>Salon 9:15-3:00</p>
<p>26</p> <p>Sign up for Volunteer lunch Starts today</p>	<p>27</p> <p>Presque Isle Opiad Drug AARP</p>	<p>28</p>	<p>29</p> <p>Lunch Bunch Tri-C</p>	<p>30</p> <p>Closed Good Friday</p>

MARCH BIRTHDAYS

Mary A.	Dietz	1	Sherry	Seeman	10	Dorothy M	Hyder	22
Stanley	Vitovich	1	Carol-Ann	Schindel	11	Somnuk	Khaikeaw	22
William	Perusek	2	Nancy	Goodrich	12	Shirly	Markiewicz	22
Joanne	Sorci	2	Deborah	Ivans	12	Rita	Young	22
Nghia (Tom)	To	2	Donna	Petkus	12	Andrew	Gruber, Jr.	23
John F.	Barbato	4	Samuel	Vitanza	12	Lee	Bidlingmayer	24
Ann	Larkin	5	Wayne	Williams	12	David S.	Broda	24
Eleanor (Ellie)	Sisko	5	Zoe	Haas	13	Darwin (Bud)	Edelman	24
Nancy	Gansey	6	Mary Ann	Hauber	13	Georgeann	Krause	24
Sharon	Gargiulo	6	Leslie	Pernus	14	Annamarie	Paris	25
Joanne	Mohorcic	7	Diane	Raggets	14	Theodore	Jenda	26
Steve	Powell	7	Carl	Bartlebaugh	15	Patricia	Kavalich	26
Lynda	Valletto	7	Sandra	Beard	15	Nancy Carol	Zabjek	26
John	Zaharenwicz	7	Mary Ann	Natran	15	Edward	Pasternak	27
Marge	Dipre	8	Susan	Ciliberto	17	Mary Ann	Slattery	27
Jerome	Golenskie	8	Mary	Betarie	18	Irene P	Vitolo	27
Mate	Kovacevic	8	Mary	Patrick	18	James	Bousquet	28
William	Smith	9	Jozefina	Pavic	18	Janice	Fritsch	28
Carol	Trimboli	9	Thomas L.	Wheaton	18	Walter	Schilling	28
Glenn	Livingston	10	Carol	Clark	20			

**HAPPY
BIRTHDAY**

VALENTINES PARTY 2018



ROSES CHOCOLATES & FOOD