

J.F.K. SENIOR CENTER BULLETIN

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EASTLAKE, OHIO 44095
(440) 975-4268**

Grace Giangiacomo-Senior Coordinator

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Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm

NOVEMBER 2013

**The JFK Senior Center is open to the public every Wednesday Night.
We have live country music, a concession stand and lots of fun.
Pop in and join us, it's Free to all.**



**THE CENTER WILL BE CLOSED
THURSDAY, NOVEMBER 28TH AND
FRIDAY, NOVEMBER 29TH
SEE YOU BACK HERE ON MONDAY, DECEMBER 2ND
"HAPPY THANKSGIVING"**

WEDNESDAY COUNTRY NITE

Don't forget that the Center is open every
Wednesday until 8:30pm.

Live Country and Blue Grass Music will be performed by our band and
special guests (about 10-15 players) plus many theme parties.

Music starts at 6:30pm.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

A Concession stand with coffee, donuts, and other items are
available for purchase.



A NOTE FROM JERRY'S GIRLS

"I want to thank everyone for their kindness to me and to especially thank
you for remembering my husband Jerry, through your participation in the
"Jerry's Girls' Events" held at the center. Jerry would have been so
proud. This remembrance has meant a great deal to me, but it is time for
"Jerry Girls" to retire. It has been a fun time that will be cherished
always". Thank You, Jackie Jaskiewicz.

"Thanks to the team for all you have done".



BREAKFAST FROM BARB'S KITCHEN

Barb would like to carry on in serving breakfast to our members, anyone
interested in joining her, please let the office know. We are having French
Toast Sticks, Sausage Patty, & Scrambled Eggs.

DATE: Monday, November 25th

TIME: 9:15am – 11:00am

COST: \$3:50



TURKEY GET TOGETHER

Let's have some pre-thanksgiving fun! Enjoy a fun game of "Turkey
Bowl" after enjoying a bowl of Turkey Soup and a slice of Pumpkin Pie
and a bit of entertainment from the Mentor Follies Dancers.

DATE: Thursday, November 21st

TIME: 12:15 (after lunch)

COST: \$3.00



HARTVILLE
Weather Permitting

DATE: Monday, November 11th TIME: 8:15am – 3:30pm
COST: \$4.00



TRINITY CATHEDRAL

Enjoy the fabulous musicians of the TOPS Big Band, rock the house with music by George Gershwin and Cole Porter!
Pack a lunch or purchase one there.

DATE: Wednesday, November 13th COST:\$4.00 TIME:11:00am – 1:30pm



PRESQUE ISLE

Weather Permitting: \$35.00 in free play, first come...first serve.

DATE:Thursday, November 14th COST:\$5.00 TIME:9:15am – 4:30pm



HIKE/WALK

We are going to Chagrin River to hike, bundle up and let's go for a brisk walk this month.

DATE: Tuesday, November 19th COST:\$3.00 TIME:10:00am-1:00pm



LUNCH BUNCH

We are having lunch at Balaton in Shaker Heights. It is a Hungarian Restaurant.

DATE: Wednesday, November 20th TIME: 10:45am-1:00pm
COST:\$4.00



X CHRISTMAS CONNECTION

Visit the IX Center for the start of some Christmas Cheer. There are over 500 Vendors to see, Festive Light Entertainment, Wine Cellar and much more. Spend an afternoon of shopping or just looking, sit and listen to the Entertainment, have lunch and Enjoy!

Date:Friday, November 22nd Cost:\$12.00 TIME: 10:00am-2:00pm

The JFK Center offers many programs that meet on a weekly basis.
 These activities are free and pre-registration is not required.
 (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
ZUMBA (Low Impact)	WEDNESDAY	10:00am – 11:00am
BALANCE CLASS	WEDNESDAY	2:30 pm-3:30 pm
COMFORT ELVES	1 st 2 nd & 4 th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

A "BODY IN MOTION" IS A HEALTHY BODY
 Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES

Thursday, November 7th "The Seven Year Hitch" (with Natalie Hall, George Wendt)
 Thursday, November 14th "After all these Years"(with Wendie Malich, Gregory Harrison)
 Thursday, November 21st "A Taste of Romance"(with Teri Polo, James Patrick Stuart)
 Thursday, November 28th **NO MOVIE TODAY, CLOSED FOR Thanksgiving**
 Movie starts at 12:30pm

Check the day before the movie for any changes.

POPCORN INCLUDED!

NOVEMBER 2013

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1
4	5 Voting Day Don't Forget	6 Cleaning Foot Doctor	7 Movie Seven year Hitch	8
11 Hartville Veterans Day Nutrition Site Closed	12 Board Meeting Vote for JFK Board Today	13 Trinity Cathedral Visiting Attorney	14 Movie After all these years Presque Isle	15
18	19 Hike/Walk	20 Cleaning Lunch Bunch	21 Movie A Taste of Romance Turkey Get-Together	22 IX Center
25 Breakfast	26	27 Visiting Attorney	28 Happy Thanksgiving Closed Today	29 Closed Today

**Mark Your Calendar for our Holiday Boutique
November 9th**

FLU SHOTS

Our Thanks to Walgreens for coming every Tuesday in October to ensure everyone got their Flu Shots. The coffee and donuts was a added pleasure.

Thanks for keeping us healthy.



BLOOD PRESSURE CHECK

Sponsored by Interim Healthcare

DATE: Tuesday, November 5th

TIME: 10:00am – 11:30am



FOOT DOCTOR

\$15.00 donation (PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, November 6th

TIME:8:00am – 4:00pm



BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, November 12th

TIME:10:00am – 11:30am



Digital Photography Class

Join Eileen for a program on beginning digital photography. Explore f-stops, shutter speed, ISO and how they relate to camera icons for better control of your final image.

Then enjoy a presentation of Eileen’s work from her favorite collections.

DATE: Friday, November 15th COST:FREE

TIME:9:30am-11:00am



STEPHANIE HEARING

Anyone needing your hearing checked, see Stepahine, she will be in the library.

DATE: Tuesday, November 26th

TIME:10:00am-11:00am



BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE:Tuesday, November 26th

TIME: 10:00am –11:00am

CENTER NEWS

**THE SALON HOURS: THURSDAY 9:15am-2:00pm
& FRIDAY 9:15am-3:00pm**

Fall is here, which means the holiday's are coming up soon, book your appointments early and beat the rush!

The dates Helen has open are:

Nov: 7/8, 14/15 and 21/22.

Dec: 5/6, 12/13, and 19/20.

Helen is sill offering a savings of \$2.00 each!

Pedicure now \$28.00/Shellac now \$23.00/Manicure now \$14.00

\$5.00 Lady Waxing, Eyebrows, Lip, & Chin.

Men....Haircuts \$7.00

New Clients \$10.00 for Ladies Haircuts

**REMINDER:The Salon will be closed the week of Thanksgiving,
November 28th and 29th**



JFK BOARD

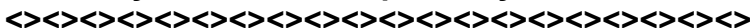
Our election for the JFK Board will be on Tuesday, November 12th . Please take time to check out the candidates who will be running. We will vote between 8:30am and 11:00am that morning in the lobby.



HOLIDAY BOUTIQUE

Don't Forget Saturday, Nov. 9th is our Boutique, tell your family & friends, check out the Green Screen and have your holiday picture taken.

Our Beauty Salon will be open for your convenience.



CHRISTMAS HOLIDAY PARTY

We are having our Christmas Party at Dubrovnik Croatian Lodge in Eastlake. It will be a sit down Family Style Luncheon, with Entertainment by Ron Sluga. The Menu is posted in the office.

DATE: Friday, December 20th COST:\$20.00 TIME:1:00pm-4:00pm



INCLEMENT WEATHER

Just a reminder, if the Willoughby-Eastlake School System is closed due to severe weather, the Nutrition Kitchen is also closed. THAT DOES NOT APPLY TO THE SENIOR CENTER, WE WILL REMAIN OPEN.

NOVEMBER BIRTHDAYS

John	Olwert	1	Hattie	Pizzi	11	Carmen	Tripepi	20
Marlene	Cameron	2	Ida	Vallo	11	Thomas	Fritsch	22
Edward	Legat	2	Donald	Battista	12	Valeria	Korosec	22
Cheryl	Mattice	2	Richard	Kelso	12	Wanda	Marcum	23
Julia	Parker	2	Julie	Scheuer	12	James	Albanese	25
Margene	Calvo	3	Richard	Karlovec	13	Barb	Arbuckle	25
Patricia	Lariccia	5	Bernedette	Izzi	14	Stanley	Good	25
Rita	Clay	6	Rosemary	Glogovsky	15	Betty	Wilson	25
James	Kisela	6	James	St. Clair	15	Linda	Battaia	26
Emilia	Kvasty	6	Karen	Preto	16	Dale	Beckford	26
Richard	Mook	6	Carol	Szymanski	16	Jan	Boyd	26
Paula	Iseman	7	Catherine	Thomas	16	Karen M.	Kolish	26
Carol	Johnston	7	Patricia	Adler	18	Rita	Mzik	26
Ann	Klingman	7	Martha	Pollizi	18	Janet	Pintar	27
Albertine	Unick	7	Anthony	Tarantino	18	Yvette	Ladiha	28
Harry	Zingale	7	Rita	Farley	19	James	Larkin	28
Thomas	Maholivch	8	Larry	Isom	19	Ronald	Hoffman	29
Joe	Petsche	8	Margaret	Ruff	19	Catherine (Ka	Minardo	29
Celine	Burger	10	Catherine	Lewis	20	Arlene	Wagemaker	29
Elaine	Allen	11	Shirley	Markley	20	Catherine	Skrinjar	30
			Bruce	Stevens	20			

**IF YOUR BIRTHDAY IS NOT SHOWN ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2013**

WISHING YOU ALL
A GREAT DAY



J.F.K. CENTER IN PICTURES



CITY OFFICIALS



ALL HELPED WITH FISH FRY



MANY THANKS TO THE EASTLAKE SALMON CLUB



Y'ALL COME AND JOIN US NOW