



**OUR THOUGHTS**

We extend GET WELL WISHES to: Ellie Wiley, George Merritt, Pat Hasset, JoAnn Diluzio, Michele Slokar, hope you are feeling better. Condolences to the families of Mary Uhas & MaryAnn Surtz, to our members Bob Chesnes and Marie Farinacci in the passing of his wife Carol and her sister Jackie Jaskiewicz, Ona Labidie in the passing of her brother Don.



**HEALTH AND WELLNESS**  
**2018 MEDICARE PLANS**

Open enrollment is coming. As a Medicare cardholder this is your opportunity to make plan changes for the coming year. Lori Lipton will be here in the Lobby to help you understand your plans.

DATE: Monday -Friday, October 2<sup>nd</sup>- 6<sup>th</sup> TIME:9:30am-10:30am



**FOOT DOCTOR**

DATE:Wednesday, October 4<sup>th</sup> (TIME:8:00am – 4:00pm) Wednesday, November 15<sup>th</sup>  
\$15.00 donation (PRE-REGISTRATION IS REQUIRED)



**OCTOBER THE BEWITCHING MONTH**

Annamaria is bringing some Hot Apple Cider for your enjoyment to welcome the soon-to-be Fall Season with an Autumn Surprise. IN THE LOBBY. Sponsored by Re/Max. Sign up in the office.

DATE:Friday, October 6<sup>th</sup> TIME:9:30am-10:30am



**GATEWAY**

Beth will be here for a Health Awareness talk on cancer. Join her in the library.  
DATE: Tuesday, October 10<sup>th</sup> TIME:9:30am-10:30am



**BREAKFAST WITH GRAND POINTE**

Lynda is joining us again in the Lobby, she will be here with muffins and yogurt. Be sure to sign-up in the office by October 6<sup>th</sup>.

DATE: Tuesday, October 10<sup>th</sup> TIME:9:30am



**LEGACY PLANNING WORKSHOP**

Look for Mark Fishwick to learn your rights and options regarding Medical Expenses.  
DATE:Tuesday, October 10<sup>th</sup> TIME:9:30am In the Lobby



**MY CHOICE**

MyChoice® is a Multi-Specialty Medical Group Practice that provides health and wellness care to seniors. It specializes in Annual Health and Wellness visits, as well as other medical needs our senior community may have. Instead of going to your Primary Care Providers office for a visit – imagine having a Provider come to you! Come see what this is about.

DATE:Thursday, October 12<sup>th</sup> Sign-up and register for that day for lunch. TIME: Noon

**CENTER NEWS**

**COLUMBUS DAY OCTOBER 9<sup>th</sup>.**

**The center will be open**

The Nutrition Kitchen will be closed. If you plan on having lunch here, please bring one.



**FALL BOUTIQUE...DON'T FORGET**

**MARK YOUR CALENDAR, for another Boutique! Don't forget to tell all your family and friends. Anyone interested in helping with the Bake Sale, sign-up in the office.**

**Date:Sat., Oct. 7<sup>th</sup>.**



**JFK SENIOR CENTER BOARD**

**Want to be a member on the JFK Board, well this is the month to make your move. Nominee's will be taken for the election in November this is your chance to help in the decisions that mold the future of our Center.**

**If you are interested please contact any board member.**



**MITTEN TREE**

**It's that time of year again. Winter is near-by, so the Christmas Tree for Mittens will be up.**

**If you can, please donate any new Hats and Mittens (gloves). Irene and Brenda run this program for the kids of Head Start so that they can stay warm when the chill turns to cold, Brrrrrr.**



**HOLIDAY BOUTIQUE/CHRISTMAS BOUTIQUE**

**Just a reminder to tell all your friends and relatives about our Boutique's on Dates: Sat., Oct. 7<sup>th</sup> Sat., November 4<sup>TH</sup> and Saturday, December 2<sup>nd</sup>. Pick up a copy of the flyer's and leave it at the doctors office, your dentist office, the grocery store...you get it.**

**Help advertise for your Center!**



**LUNCH & LEARN WITH SYMPHONY AT MENTOR**

**Valerie Armstrong from Home Instead will be here to talk about Fraud Prevention. Sign up in the office by Friday October 13<sup>th</sup> for the count.**

**DATE:Monday, October 16<sup>th</sup>**

**TIME:12:15pm in the lobby**



**FUN WITH TECH SUPPORT**

**Bring your phone or ipad Annamaria will be here with Marisa Cornachio to show you some fun techniques with your device. Sign up in the office.**

**DATE:Tuesday, October 17<sup>th</sup>**

**IN THE LOBBY**

**TIME:9:30am – 11:00am**



**Blood Pressure Check with Molly; Thursday, October 19<sup>th</sup> 9:30 in the Lobby.**



# **PARTIES AND GET-TOGETHERS**

National Sausage Pizza Day, Wed., October 11<sup>th</sup>, \$2.00, Sign-up in office.



## **DON'T MISS THIS**

Chagrin River Salmon Association annual fish fry.  
DATE: Sat., Oct. 21<sup>st</sup> TIME: 6:00pm



## **TEA AT HIGH NOON**

Join Judicial Judge Candidate Marica Cornachio for a formal Tea, Sponsored by Custom Cleaning. Wear your finest hat! It will be held in the Lunch Room.

Sign up in the office by October 20<sup>th</sup>.

DATE: Thursday, October 26<sup>th</sup> TIME: 1:00pm-3:00pm



## **HALLOWEEN PARTY**

Come and join us for some fun and treats. We are serving Soup and Wrap.

Wear your funniest Hat or Shirt, and if in a costume...better yet! "Bring out the ghouls in you"  
DATE: Tuesday, October 31<sup>st</sup> Cost: \$4.00 TIME: 12:00pm



## **DAY TRIPS**

### **AMISH HOME COOKED DINNER**

Home cooked Amish Dinner by Maryann. Three Course Dinner in Maryann's home.

We have 5 more seats available

DATE: Tuesday, October 3<sup>rd</sup> COST: \$24.00 TIME: 10:00am-1:30pm



## **HARTVILLE**

DATE: Monday, October 9<sup>th</sup> COST: \$5.00 TIME: 8:15am-3:30pm



## **TRINITY CATHEDRAL**

Come and enjoy Gabriel Horns. Pack a lunch or buy Freewill Offering for \$7.00. Enjoy.

DATE: Wednesday, October 11<sup>th</sup> COST: \$4.00 TIME: 11:30am-1:30pm



## **HOLLYWOOD CASINO**

We are traveling to Youngstown, grab a friend and go have fun.

DATE: Thursday, October 12<sup>th</sup> COST: \$7.00 TIME: 9:15am-4:30pm



## **WINE HOP**

Our venue will be Lunch at Deers Leap, Spring Hill for dessert, Old Mill for a sip or two, and the Lake House for a "Nightcap". (The trip is filled, but you can go on a waiting list.)

DATE: Friday, October 13<sup>th</sup> COST: \$5.00 TIME: 11:00am-4:00pm





**FALL FOLIAGE TRIP!**

We will be able to see the start of the fall foliage. Venue and itinerary to follow.

DATE: Tuesday, October 17<sup>th</sup> COST:\$5.00 TIME:8:00am-4:00pm



**EUCLID CULINARY BISTRO**

Enjoy this all time favorite at the Culinary Opening Day Buffet. Welcome the new class

Date:Wednesday, October 18<sup>th</sup> COST:\$10.00 Time:10:45am-12:30pm



**MIDDLEFIELD HERE WE COME**

Grab your shopping bag and small cooler and off to some bulk food stores, a cheese house, lunch on your own, at Linda's Restaurant. Time willing, maybe some impromptu stops.

DATE:Tuesday, October 24<sup>th</sup> COST:\$5:00 TIME:10:00am-3:30pm



**LUNCH BUNCH**

We are going to the Merwin's Wharf, Menu will be in the office. Enjoy.

DATE:Wednesday, October 25<sup>th</sup> COST:\$4.00 TIME:10:30am – 2:00pm



**CHRISTMAS HOLIDAY PARTY**

Save the date..We are planning the Christmas Party, the time and venue. will be posted. December 15<sup>th</sup>



**PRESQUE ISLE**

DATE: Tuesday, October 26<sup>th</sup> COST:\$7.00 TIME:9:15am- 4:30pm



**SHORE CULTURAL CENTRE**

ANNIE GET YOUR GUN, as written by the New York Post, this production is a musical for all ages. Come and see this well known show! Lunch on your on at The Euclid Culinary School.

DATE: Friday, October 20<sup>th</sup> COST:\$14.00 TIME: 10:00am-1:00pm



**Future Trips**

As the weather changes, we will have fewer trips.

We will still go on our annual Lunch Bunch outings. Casino Trips will continue, weather permitting, to local venues. We will be having lunch and learns, different speakers will be here to help out with some of our needs.

Anyone have any suggestions for a speaker, let the office know.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LORI LIPTON	3 LORI LIPTON	4 Comfort Elves Foot Doctor LORI LIPTON	5 LORI LIPTON Salon 9:15–2:00	6 Hot Apple Cidar LORI LIPTON Salon 9:15–3:00
9 Attorney Nutrition Closed Today	10 Grand Pointe Art Class Celina w/COA Board Meeting Legacy Planning	11 Trinity Cathedral	12 Holiday Casino My Choice Salon 9:15–2:00	13 Wine Hop Salon 9:15–3:00
16 Lunch & Learn	17 Tech Support Fall Foilage Trip	18 Culinary School Comfort Elves	19 Blood Pressure Salon 9:15–2:00	20 Euclid Thearter Salon 9:15–3:00
23	24 United Health Middlefield Trip Gateway	25 Lunch Bunch	26 Tea Party Salon 9:15–2:00	27 Salon 9:15–3:00
30	31 Haloween Party Presque Isle Steve Skelton	DON'T FORGET: BOUTIQUE: SATURDAY, OCTOBER 7, 9-4 FISH FRY, SATURDAY, OCTOBER 21, 6:00PM		



### What would happen without Levy Funds?

The aging population is growing.

The Senior Centers are here to serve the needs of our Seniors.

All Centers rely on Levy funds for running the Centers' operational needs, ie the utilities, maintenance supplies, etc.

The Levy fund has already helped pay for the outside support columns, along with the new doors for our building.

Without Senior Centers many Seniors would not have a place to go that is safe and welcoming.

A lot of the services we provide help them stay active, have lunches, all this stop's them from going to a facility that would cost much more than living in their own homes.

A lot of these services are provided through the Senior Levy, as well as the The Nutrition Site, which is a big part of the Senior Levy. Some Seniors would not have a meal if it were not for the Nutrition Site.

## SUPPORT THE SENIOR LEVY

## OCTOBER BIRTHDAYS

Karen	Eichler	1	Margaret	Reiman	9	Janice	Rinaldi	22
Donna	Hoffman	1	Theodore	Taubert	9	Carmella	DiFrancesco	23
Anne	Lukanc	1	Arthur	Klein	11	Barbara	Emig	23
Margie	Mayne	1	Katherine	Warren	11	Diana	Hiser	23
Bernard	Goodrich	2	Doris	Wright	12	Carol	Luich	23
Diana L.	Helminck	2	Robert	Vidrick	14	Iris	Clarke	24
Rebecca	Podoba	2	Ann	Cinalli	16	Carol	Pietch	24
Patricia	Price	3	Donna	Geer	16	Justine (Kare)	Williams	24
Carol	Thobaben	3	Carol	Hotchkiss	16	Roger	Marin	25
William	Thome	3	Mary Ann	Moore	16	Marie	Daubenmire	26
Nita	Bunt	4	Karen	Liming	17	Barbara	Sutton	26
Rosa	Ortiz	4	Elaine	Marin	17	Darlene	West	26
Dale	Barnhart	5	James	Russell	17	Thomas	Burd	27
Stephen	Ellis	5	Hildy	Dugan	18	David	Fabian	27
Richard	Price	5	Ronald	Mona	18	Jean	Helmick	27
James	Floyd	6	Howard	Eimer	20	Mary	Sheplavy	29
Dorothy	Mance	6	Sheila	Griffin	20	Woodrow	Simpson	29
Dennis	Kytta	7	Connie	Pasko	20	Ruth	Carani	30
Sam	Santangelo	7	Janice	Brewer	21	Michael	Gill	30
Michele	Slokar	7	Patricia A	Kremiller	21	James	Hradesky	30
Alice	Smalley	7	Jeanne	Maloney	21	Hubert (Bert)	Smith	30
Joyce	Creter	8	William	Melson	21	Robert	Panella	31
David	Jacobson	8	Pauline	Barbish	22	Dorothy	Perkins	31
Jeffrey	Simpson	8	Patricia	Burkey	22	Frank	Smoley	31
Karen	Little	9	Allison	Occhionero	22			

**HAPPY  
BIRTHDAY**



# A DAY AT THE ZOO



GREAT DAY TO BE OUT



# END OF SUMMER BASH



**GOOD FOOD GOOD MUSIC GOOD COMPANY PARTY INTO THE NIGHT**  
**Y'ALL COME ON AND JOIN US NOW**