

**J.F.K. SENIOR CENTER BULLETIN**



**JULY 2016**

**CENTER CLOSED JULY 4<sup>th</sup>.**

**IN HONOR OF INDEPENDENCE DAY**

1580 East 332<sup>nd</sup> Street      Eastlake,      Ohio 44095      TEL440-975-4268

Grace Giangiacomo, Senior Center Director      E-Mail: [gg@eastlakeohio.com](mailto:gg@eastlakeohio.com)

Brochure on line at [www.eastlakeohio.com](http://www.eastlakeohio.com)

Hours: 7:30 a.m. - 4:00 p.m.

**Monday, Tuesday, Thursday, Friday      Wednesday, 7:30 a.m. - 8:30 p.m.**

The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass Music starts at 6:30 p.m. A concession stand and lots of fun.

Pop in and join us. It's Free to all



The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00 am to 2:00 pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9.00 am
ART CLASS	TUESDAY	10.00 am
BINGO	TUESDAY & FRIDAY	12:30-3:00 3¢ per card
COMFORT ELVES	1 <sup>st</sup> & 3 <sup>rd</sup> WEDNESDAY	9:00 am– 11:00 am
LINE DANCING	THURSDAY	1.00 pm
PINOCHLE	FRIDAY	12.30 pm
Chair Yoga with Kate	MONDAY,	9 :00 am
Low Impact Strength Training with Diane	MONDAY,	1.15 pm
Zumba (Low Impact)	WEDNESDAY,	10.00 am
EXERCISE WITH T.V.	TUESDAY,	9.00am
EXERCISE WITH DIANE	THURSDAY,	9.15 am and 10.00am

## OUR THOUGHTS

We extend GET WELL WISHES to: Sam Santangelo, hope you are feeling better soon.  
Condolences to the families of Nick Kovacevic, Betty Wilson, Ronney Legan,  
and to Gottfried Barthol in the passing of his son Werner and to Bill and Judy Komyati in the  
passing of their daughter Denise.



## HEALTH AND WELLNESS

### REIKI

Reiki, it encourages relaxation, relieves stress, can reduce pain, balance and strengthen  
one's immune system, improves sleep patterns and promotes an overall sense of well being.  
Maria Katz will be here with 20 minute sessions. Please sign up in the office for an  
appointment.

Wednesday, July 6<sup>th</sup> & 20<sup>th</sup> TIME:1:00pm-2:00pm  
\$15.00 (PRE-REGISTRATION IS REQUIRED)



### FOOT DOCTOR

DATE:Wednesday, July 6<sup>th</sup> (TIME:8:00am – 4:00pm) Wednesday, August 17<sup>th</sup>  
\$15.00 donation (PRE-REGISTRATION IS REQUIRED)



### LIFELINE SUMMER CRISIS PROGRAM

The Summer Crisis Program is designed to help qualified households pay for summer  
cooling. Lifeline will be here to help qualified Seniors apply. Please sign up in the office.  
There will be 8 ½ hour slots starting at 8:30am.

DATE: Tuesday, July 12<sup>th</sup> TIME:8:30am-12:30pm



### WEATHERIZATION

Community Action Home Weatherization Assistance Program, come see if you qualify.  
DATE: Thursday, July 14<sup>th</sup> TIME:10:00am-11:00am



### HOLLY HEARING

DATE: Tuesday, August 2<sup>nd</sup> TIME:10:00am-12:00pm









# JULY 2016

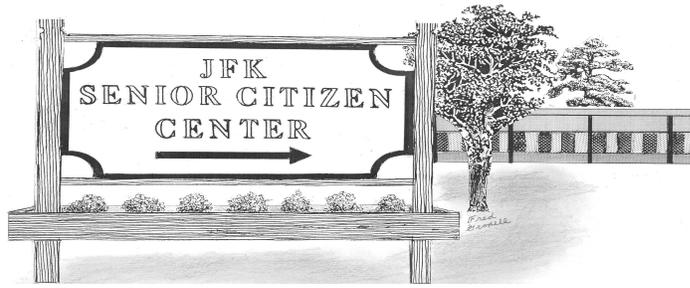
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1  Salon 9:15-3:00
4 Closed Today HAPPY 4TH ENJOY	5	6 Foot Dr. Comfort Elves Reike	7 Rocksino  Salon 9:15-2:00	8 Century Village  Salon 9:15-3:00
11 Hartville Attorney	12 Hike Art Class Board Meeting Celina w/COA Lifeline	13 Summer Shindig	14 Fairport Harbor  Weatherization Salon 9:15-2:00	15 Winery  Salon 9:15-3:00
18	19  Holden Arboratum	20 Reike  Comfort Elves Lollipop Day	21 Summer Travel  Salon 9:15-2:00	22   Salon 9:15-3:00
25	26 Art Class Presque Isle	27 Lunch Bunch	28 Hot Dog Day  Salon 9:15-2:00	29   Salon 9:15-3:00

**HAIR SALON:STOP ON BY...**  
we haven't seen you in a while!

## JULY BIRTHDAYS

Richard	Foxen	1	Ed	Pavlik	12	Thomas	Mospens	24
Frances	Kozitko	1	Ralph	West	12	Mary	Strope	24
Betty	Armelli	2	Catherine	David	13	Jacqueline	Bouha	25
Steve	Rysko	2	Judy	Greger	14	Susan	Filion	25
Linda	Coughlin	3	George	Thompson	14	Tom	Staab	25
Barbara	Dvorak	3	Helen	Simon	15	Barbara	Henry	26
Eloise	Hunt	3	Mary Anne	Ursic	15	Marian	Perusek	26
Carolyn B	Chesnes	5	Audry	Baucco	16	Arleen	Engle	27
Judith M	Daykin	5	Edward	Alberts	17	Joseph	Gagliardi	27
Jo Ellen	Premru	5	Easter	Kopacka	17	Jacqueline	Jaskiewicz	27
Sandra	Winter	5	Brenda	Pintar	17	Ona	Labadie	27
Juanita	Cawley	6	Bertha	Riddle	17	L. June	Smith	27
Frank	Doberdruk	6	Goldie	Tenerove	17	Martha	Westrom	27
Robert	Howiler	6	Louise	Winland	18	Karen G.	Carpenter	28
Maureene	Beauregard	7	Jackie	Hackathovin	20	Joanne	Rees	28
Cristieann	Sifling	7	Otis	Morony	20	Anthony	Sorensen	28
William	Dauenhauer	8	Beatrice	Oliveri	20	Harold	Gearhart	29
Georgeanne	Picu	8	Walter	Strickland	20	Leo	King	29
Elaine J.	Emser	9	Anita	Brice	21	Patrick	Berry	30
Betty	Broos	10	Anne	Herpak	21	Paul	Cudnik	30
Patricia	Farrar	10	Mary Lou	Kuzel	21	William	Hufnagle	30
Harvey	McKnight	10	Regina	Whittington	21	Freddyan	Socha	30
Pat	Nolan	11	Guerrino	Battaia	22	Ronald	Howard	31
Magdalene	Wellborn	11	Lucy	Morris	22	Diane	Meyers	31
Lynda	Hassett	12	Anna	Nevulis	22	Jane	Page	31
MaryAnn	Jurick	12	Marge	Toth	22	Charles	Rees	31
Helen	Leske	12	Shirley	Vandervort	23	Phyllis	Spallone	31

**HAPPY  
BIRTHDAY**



**FLEA MARKET**  
**& CAR BOOT SALE (JUNK IN THE TRUNK)**

**Eastlake Senior Center/Taft**  
**1580 East 332<sup>nd</sup> Street**  
**Eastlake, OH 44095**

**SATURDAY, JULY 23<sup>rd</sup>**  
**9:00am-4:00pm**  
**Admission Free**

**PLUS**  
**BAKE SALE**  
**CHINESE AUCTION**  
**CONCESSION STAND**  
**HOT DOGS, CHILI DOGS & HAMBURGERS**  
**GOOD FOOD AND GREAT PRICES.**

**WILL BE HELD RAIN OR SHINE**  
**INSIDE or OUTSIDE**  
**FIND UNUSUAL GIFTS AND TREASURES**  
**FUN FOR THE WHOLE FAMILY.**

**FLEA MARKET & CAR BOOT SALE (JUNK IN THE TRUNK)**  
**VENDORS WELCOME**  
**Please Call: 440-975-4268**

The JFK Senior Center is a non profit organization.  
Any questions or concerns contact Harry  
at 440-975-4268 or [rusty9421@sbcglobal.net](mailto:rusty9421@sbcglobal.net)

**MANY THANKS THE VOLUNTEERS THEY PAINTED AND CLEANED TO MAKE OUR CENTER LOOK CARED FOR.**



**T.O.P.P.S. PARTY IN THE PAVILION**



## WEDNESDAY NITES CAVS PARTY 2016



### ONE OF OUR TALENTED SENIORS AND HIS CARVINGS

