

J.F.K. SENIOR CENTER BULLETIN

1580 EAST 332 STREET. EASTLAKE, OHIO 44095

(440) 975-4268

Grace Giangiacomo-Senior Coordinator

E-Mail gg@eastlakeohio.com

Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm

MARCH 2013

**The JFK Senior Center is open to the public every Wednesday Night.
We have live country music, a concession stand and lots of fun.
Pop in and join us, it's Free to all.**



**THE CENTER WILL BE CLOSED ON
MARCH 29TH IN OBSERVANCE
OF GOOD FRIDAY.**

SENIOR INFO PAGE

OUR THOUGHTS

GET WELL WISHES are extended to: Nello Chiudioni, Bob Chesnes, Glen Livingston, Judy Matthews, Sue Estep, Karen Preto and Dorothy Jankowski.
Hope you are all feeling better soon.

SYMPATHY is extended to the families of: June Bliss in the passing of her husband Richard, Regina Whittington in the passing of her mother Dorothy Langan, Chuck and Joanne Rees in the passing of Joanne's mom Anne Prekel and to the family of Doris Ullemeyer.



CLEANING THE CENTER

Our cleaning crew meets on every other Wednesday.

DATE: Wednesday, March 13th & 27th

TIME: After Lunch



FREE COMPUTER CLASSES

Monday, March 11th, 18th, 25th 1:30pm – 3:30pm

TAKE ADVANTAGE OF A MONTHLY DRAWING FOR A LEXMARK PRINTER.

Complete all three classes to be entered in the drawing.

CALL THE CENTER OR STOP IN THE OFFICE TO SIGN UP.

NO EVENING CLASSES IN MARCH.

Don't forget if you did complete a class and have not picked up your certificate, please do so. Just stop by the office and we will get it for you.



CHARTER BANK

Tyler and Ivana will be here to talk with you after lunch, their presentation will be Estate Planning. Stay after lunch to listen, it could be beneficial to you.

DATE: Friday, March 29th

TIME: After Lunch



HAPPY EASTER

ENJOY YOUR HOLIDAY

BLOOD PRESSURE CHECK

Sponsored by Interim Healthcare

DATE: Tuesday, March 5th TIME: 10:00am – 11:30am



OSHIIP

Ken Selander will be in the main office, in a private room to help you with any medical billing problems.

DATE: Thursday, March 7th & 21th TIME: 10:00am - 12:00pm



BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, March 12th TIME: 10:00am – 11:30am



BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE: Tuesday March 26th TIME: 10:00am – 11:30am



FOOT DOCTOR

\$15.00 donation (PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, April 3rd TIME: 8:00am - 4:00pm



DAYLIGHT SAVINGS TIME

Don't forget to change your clocks one hour ahead. We must spring ahead, I hope mother nature goes along with us! I am hearing Spring is just around the corner, so just keep looking, it will come!

CHANGE YOUR CLOCKS

DATE: Sunday, March 10th



MARCH 2013

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 Vets Club
4	5 Blood pressure	6	7 MOVIE DAY Lunch and Learn	8
11 computer class Hartville	12 Blood pressure Board Meeting	13 Center Cleaning Lunch Bunch	14 MOVIE DAY ST PATRICKS PARTY	15
18 computer class	19 Red Hats Party	20 Center Cleaning	21 MOVIE DAY	22
25 computer class	26 Blood pressure Breakfast	27 Science Center	28 MOVIE DAY L C R	29 CENTER CLOSED

**HOPE YOU ALL HAVE A GREAT MONTH
HAPPY EASTER**

PARTIES AND COOKOUTS
WEDNESDAY COUNTRY NITE

Don't forget that the Center will be open on
Wednesdays until 8:30pm.

Live Country and Blue Grass Music will be performed by an array of
special guests (about 10-15 players) every Wednesday.

Music starts at 6:30pm.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

A Concession stand with coffee, donuts, and other items are
available for purchase.



BREAKFAST WITH JERRY'S GIRLS

We are now going to have breakfast on the last Tuesday of every month,
hope you can join your fellow seniors for a relaxing breakfast.

This month it will be a Hard Boiled Egg Casserole with Ham & Potatoes,
accompanied by Juice and Coffee.

(SIGN UP IN THE OFFICE)

DATE Tuesday March 26th

TIME:9:15am – 11:00am

COST: \$2.50



ST. PATRICK DAY PARTY

Corn Beef Sandwich, Cabbage and Noodles, "WEE BIT O' Refreshments"
Wear your green and come and celebrate with us. The Polka Pirates will
be here to bring us some Festive Irish Music. **SIGN UP IN THE OFFICE.**

COST:\$4.00

DATE: Thursday, March 14th

TIME: 12:30pm



FISH SANDWICH ON FRIDAY'S

Barb will be selling Fish Sandwiches on Friday's during Lent.

Come and enjoy. **SIGN UP IN THE OFFICE.**

DATE: Friday, March, 1st, 8th, 15th, 22nd

TIME:After Lunch

COST:\$2.00



DAY TRIPS AND OUTINGS

LUNCH & LEARN

A one-hour presentation by Tom Strong will be given at Manor Care in Willoughby. A light lunch will be served followed by his presentation on Vitamins and Dietary Supplements, what supplements do and which one should you take.

DATE: Thursday, March 7th

TIME: 11:00am – 1:30pm

COST:\$3.00



HARTVILLE

DATE: Monday, March 11th

TIME: 8:15am – 3:30pm

COST: \$4.00

We will be going to Hartville the first Monday of every month, if you would like to mark your calendar.



LUNCH BUNCH

Auburn Career Center, A Set Menu of Breaded Chicken Breast, Soup, Vegetable, Roll & Butter, and your Drink.

Sign up by March 13th

COST:\$16.00 (Lunch & Transportation)

DATE: Wednesday, March 20th

TIME: 11:00am – 2:00pm



GREAT LAKE SCIENCE CENTER

Enjoy the Special Exhibition of Lost Egypt. Sign up for the first of our museum trips to the Cleveland area. Sign up by March 20th

(Anyone interested in seeing the Omnimax Movie will add \$4.00 to the Cost)

DATE: Wednesday, March 27th

TIME: 10:00am – 1:00pm

COST: \$12.00 (Ticket & Transportation)



HIKE

Anyone interested in hiking, please let the office know, we would like to start this up again if there is an interest. It would be the fourth Tuesday every month. A packed lunch on your own can be included and enjoyed at the sight or you may want to stop somewhere afterward, you make the plans! Warm weather will be upon us soon. Something to think about!

SENIOR TRAVEL PAGE
CASINO AND VACATION TRIPS

Page 12

The Historic Yankee Lake Ballroom, Yankee Lake, Ohio

Welcomes OZARK JUBILEE ON:

Saturday, April 10, 2013

Cost Includes:\$49.00

Show

Lunch

Transportation

Taxes & Gratuity

Departs:9:30am

Returns 5:00pm

COME AND PICK UP A FLYER AT THE CENTER.

Sign up at the JFK Center.

While every effort to provide refunds are made, if a replacement cannot be found, we may not be able to make a refund. Additionally, you can't just be a no show, if possible a 24 hour notice is required. No refunds are made until AFTER the trip has been completed. The only exception is if the trip is canceled by the Center. Once the trip is over, contact Celine Burger or Irene Vitolo about the possibility of a refund.

Please sign up early to assure Trips go out and are **NOT CANCELLED.**

Also, please check with the office for any cancellations on trips, or if any partnered trips come up with other Centers

MARCH BIRTHDAYS

Stanley	Vitovich	1	Glenn	Livingston	10	Winnie	Rutherford	20
Jackie	McIntire	2	Janice	Quinlivan	11	George	Whaley	20
William	Perusek	2	John	Cirino	12	William	Ruby	21
John F.	Barbato	4	Nancy	Goodrich	12	Somnuk	Khaikeaw	22
Ann	Larkin	5	Donna	Petkus	12	Clara	Seese	22
Phillip	Willoughby	5	Janet	Malloy	13	Nancy Carol	Zabjek	26
Carl	Adler	6	Diane	Raggets	14	Joyce	Hall	27
Ronald M.	Zabjek	6	Susan	Ciliberto	17	Irene P	Vitolo	27
Charlene	Zabivnik	7	Alfred	Klug	17	Walter	Schilling	28
John	Dolce	9	Thomas	Wheaton	18	Marie	Snodgrass	30

PLEASE DON'T FORGET TO RENEW YOUR
MEMBERSHIP

**IF YOUR BIRTHDAY IS NOT SHOWN ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2013**

J.E.K. CENTER IN PICTURES



VALENTINE'S PARTY



PIG'S B/ DAY 4 YEARS OLD



PIG KISSING FOR ROSES



Y'ALL COME AND JOIN US NOW

