

J.F.K. SENIOR CENTER BULLETIN

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Brochure on line at www.eastlakeohio.com

Hours: 7:30am - 4:00pm

SEPTEMBER 2012

The JFK Senior Center is open to the public every Wednesday Night.

We have live country music, a concession stand and lots of fun.

Pop in and join us, it's Free to all.



**JUST A REMINDER THE CENTER WILL BE CLOSED ON
MONDAY, SEPTEMBER 3RD IN OBSERVANCE OF
LABOR DAY, LAKETRAN IS ALSO OBSERVING THE
HOLIDAY AND WILL NOT BE RUNNING.
HAVE A GREAT LABOR DAY WEEKEND.**

The JFK Center offers many programs that meet on a weekly basis.
 These activities are free and pre-registration is not required.
 (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY	8:30 am
COMFORT ELVES	1 st 2 nd & 4 th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES SEPTEMBER MOVIES

September 6th "New in Town"(With Renee Zellweger, Harry Connick Jr. Comedy)

September 13th "The Edge of Reason"(With Renee Zellweger, Colin Firth, /Comedy)

September 20st"The Accidental Husband " (With Uma Thurman, Jeffrey Morgan/ Comedy)

September 27th "Leap Year" (With Amy Adams, Matthew Goode/ Comedy)

The Movie will start again at 12:30

Check the day before the movie for any changes.

SENIOR INFO PAGE OUR THOUGHTS

GET WELL WISHES are extended to:

Bob Yarker, Paul Cudnik, Jim Lucas, Marlene Roach, Ann Layman, and Gloria Insana .

Hope you are all feeling better soon.

SYMPATHY is extended to the families of: Joyce Hall's husband Corby, Doris Sraj's son Michael, Clyde Gray wife Dolores and Paul W. Priebe, dear friend of Mary Phillips.



CLEANING THE CENTER

Our cleaning crew meets on every other Wednesday.

DATE: Wednesday, September 12th & 26th

TIME: After Lunch



FREE COMPUTER CLASSES

The JFK Center and Tech Wise have partnered with Connect Ohio to bring "Every Citizen Online" training program to Lake County Seniors. There will be a series of three classes, Understanding your Computer, The Internet, and e-mail. You will be registering for all three.

DATE: Monday, September 10th 17th & 24th

TIME: 9:30am – 11:30am

NO EVENING CLASSES IN SEPTEMBER



VISITING ATTORNEY, FRANK MANNING

DATE: Monday, September 24th

TIME: 1:30pm to 3:30pm

REGISTER IN OFFICE



RECYCLING

Don't forget we are recycling paper, we have a green and yellow bin outside in front of the building. We also have a cardboard box outside the main office to put any old papers in...that box is emptied out daily.

HOPE EVERYONE "CONTRIBUTES TO OUR PAPER BIN"

SENIOR HEALTH AND WELLNESS
SENIOR INDEPENDENCE

OSHIIP

Ken Selander will be in the main office, in a private room to help you with any medical billing problems.

DATE: Thursday, September 6th & 20th TIME: 10:00am - 12:00pm



BLOOD PRESSURE CHECK

Sponsored by Senior Independence

DATE: Tuesday, September 11th TIME: 10:00am – 11:30am



FOOT DOCTOR

\$15.00 donation

(PRE-REGISTRATION IS REQUIRED)

DATE: Wednesday, September 19th TIME: 8:00am - 4:00pm



HOMESTEAD SENIOR CARE

How to De-Junk your life with a lifetime a possessions. Come and Listen.

DATE: Friday, September 21st TIME: 9:30am-10:30am



BLOOD PRESSURE CHECK

Sponsored by Embassy Homecare

DATE: Tuesday, September 25th TIME: 10:00am – 11:30am



FLU SHOTS

The Health Department will be here to administer flu shots. Sign up in the office.

DATE: Tuesday, September 25th TIME: 9:30am – 11:00am



JEAN KING

Jean King, Resource Specialist with the Lake County Council on Aging, will be here with a new subject, check the info board for her new topic.

(Meet in the Library)

DATE: Tuesday, September 25th TIME: 10:30am – 11:30am

DAY TRIPS AND OUTINGS

HARTVILLE

DATE: Monday, September 10th

TIME: 8:15am – 3:30pm

COST: \$4.00



LAKE FARM PARK

Sign up in the office, we will be traveling with the Willowick Senior Center on this trip. There will be an itinerary on the info board of what is happening that day. The lunch that day will be hot dogs, chips & a drink.

DATE: Thursday, September 13th

TIME: 9:00am – 1:00pm

COST: \$4.00



HIKE

The Hike will be at Hidden Valley Park, bring a packed lunch and enjoy a nice hike.

DATE: Tuesday, September 18th

TIME: 11:00am – 2:00pm

COST: \$4.00



CLEVELAND INDIANS BASEBALL GAME

(Seats are 6 rows from the field...Sign up in the office)

You can bring a packed lunch that day and have lunch before the game in their picnic area. Indians VS Twins 12:05 start.

DATE: Thursday, September 20th

TIME: 10:30am – 3:00pm

COST: \$19.00



MYSTERY LUNCH/DESSERT

Come and join in...no hints...just be a good sport and be adventurous!

DATE: Friday, September 21st

COST: \$16.00

TIME: 11:30am – 2:30pm



Holden Arboretum

DATE: Tuesday, September 25th

COST: \$4.00

TIME: 11:00am-3:00pm

Bring a Lunch



MYSTERY TRIP

This trip will involve about one mile of walking! Lunch on own.

DATE: Wednesday, September 26th

COST: \$4.00

TIME: 9:00am – 1:00pm



WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday. Music starts at 6:30pm. **ALL ARE WELCOME, SO BRING YOUR FRIENDS.**

A Concession stand with coffee, donuts, and other items are available for purchase.



BREAKFAST WITH JERRY'S GIRLS

Relax have a cup of coffee and enjoy your friends.

We are having pancakes in the pavilion again, let's take advantage of the nice outdoors before the colder weather arrives!

(Sign up in the office)

DATE: Wednesday, September 12th

TIME: 9:15am – 11:00am

COST: \$2.50



END OF THE SUMMER PICNIC

Join in on an end of the summer picnic!

Hot Dogs, Hamburgers, Potato Salad, & Dessert.

(Sign up in the office)

Bring a dessert to share if you would like.

DATE: Friday, September 28th

TIME: 12:30pm – 3:00pm

COST: \$3:00



SENIOR TRAVEL PAGE CASINO AND VACATION TRIPS

DATE	INFORMATION
Wednesday, September 12th \$25.00 Sign up in office	Rivers Casino Trip: <ul style="list-style-type: none"> ◆ Casino Bonus \$15.00 Free Play ◆ \$5.00 Food Coupon. ◆ Report 7:30am Sears, Leave Casino 5:30pm
Sunday, Nov. 4th – Saturday, Nov 10th 2012 \$599.00pp with Diamond Tours Pick up a Flyer	Branson Show Extravaganza: <ul style="list-style-type: none"> ◆ 6 Nights Lodging ◆ 10 Meals, 6 Breakfast & 4 Dinners ◆ Admission to 7 Shows Featuring Tony Orlando ◆ Motor Coach Driver Gratuity Included ◆ \$75.00 Deposit upon signing
Friday, Nov. 30th Presque Isle and Station Dinner Theater \$48.00pp	Presque Isle Casino & Station Dinner Theater: <ul style="list-style-type: none"> ◆ Leave JFK Center 10:00am ◆ Arrive Presque Isle 11:30am ◆ Casino Bonus, \$20.00 Free Play ◆ \$5.00 Food Coupon ◆ Depart for Station Theater 5:30pm ◆ Sit Down Family Style Dinner with a Christmas Memories Show. ◆ Arrive Home Approximately 10:30pm

- **Please sign up early to assure Trips go out and are NOT CANCELLED.**
- **Please check the office for any cancellations on trips, or if any partnered trips come up with other Centers.**

FUTURE TRIPS/DAY PARTIES (Info to follow on all trips)

- **Thursday, October 18th Progressive Wine Tour**
- Tuesday, November 6th Amish Christmas Trip**

CHANGING TIMES

I know it's only September and I have no wish to rush your life along, but, as I look back at this year, so far, I see many changes in our center, and some of them are not good. The participation in our trips and activities has to say the least been poor.

As a center we have always been together on the things that matter here, it would be a very sad day for us all if we all started going our separate ways. I have always considered us a family and I know families go through tough times, I hope we can overcome these times and come out of it on the other side as a strong and friendly center once again.



BITS OF INFORMATION

I would like you all to know that our bus as had a complete checkout, and although the service department found nothing seriously wrong they did a oil change and fluid checks, installed new tires and front end alinement after that they took it on the freeway at speeds above what we normally travel. I should say at this point that rumors spread about our bus, or indeed about anything else negative about our center are both costly and damaging to us all, so please be sure of your facts before you speak.



Nearly every week I am asked about our board members and whether or not any JFK member is allowed at board meetings. I am always pleased to answer any of your questions concerning the center so please don't stop.

On the matter of board meetings, any JFK member can observe at any board meeting however if you wish to talk at any meeting you need to inform the president or vice president before the meeting starts so that time can be allotted at that meeting.

You are allowed three minutes talk time at any meeting, the board holds it's meetings every second Tuesday of the month at 9.00am followed by the Lunch room open meeting at 11.00am here you are all asked if you have any questions.

SEPTEMBER

MON	TUE	WED	THU	FRI
3 Center Closed Happy Labor Day	4	5	6 Movie New in Town Oshiiip	7 Veterans Meeting Salon Open 9:15am-2:30pm
10 Computer 9:30am-11:30am Hartville	11 Blood Pressure Board Meeting	12 Cleaning Breakfast Pavilion Rivers Casino	13 Movie The Edge of Reason Golf Outting Lake Farmpark	14 Salon Open 9:15am-2:30pm
17 Computer 9:30am-11:30am	18 Red Hats Hike	19 Foot Dr.	20 Movie Accidental Husband Oshiiip Indians Game	21 Speaker Mystery Lunch Salon Open 9:15am-2:30pm
24 Computer 9:30am-11:30am Attorney	25 Blood Pressure Flu Shots Jean King Holden Arboretum	26 Cleaning Mystery Trip	27 Movie Leap Year LCR	28 Picnic Salon Open 9:15am-2:30pm

HOPE YOU HAVE A GREAT MONTH.

SEPTEMBER

BIRTHDAYS

George	Burrington	1	Mary	Uhas	10	Helen	Beckford	19
Myra	Headington	1	Shirley	Zaucha	10	Lucy	Boxier	19
Paul	Korecko	1	Marie	Farinacci	12	John	Chase	19
Kenneth	Pilotti	1	Ronald	Stark	12	Ralph	Ferrara	19
Scott	Shaw	1	Joyce	Livingston	13	Bedelia	Metz	19
Tina	Valentic	1	Draga	Mujic	13	Mary Ann	Minich	19
Juanita	Gates	2	Pauline	Dixon	14	James	Caddell	20
Pat	Dula	3	Anne	Novince	14	Helen	Lucci	20
Catherine	Ruggeri	3	Barbara	Roberts	14	Bette	Pollino	21
Judy	Berquist	4	Jane	Stern	14	Alice	Buccilli	22
Etta	Shank	4	Trilba Sue	Estep	15	Mary	Dombroski	22
Ann	Schembre	5	James	Orr	15	Josephine	DiSanto	23
Sally	Yount	5	Allan	Rose	15	Antonetta	Koenig	23
Eleese	Gosselin	6	Maxine	Hutchison	16	Verdie	Miller	24
Bertha	Palicia	6	Madonna	Knaus	16	Virginia	Thompson	24
Rudolph	Floran	7	Kate	Pilotti	16	Maria	Middleton	26
Trixee	Moran	7	Cindy	Quinn-Hopkins	16	Margherita	Newman	27
Lucille	Powers	8	John	Siefert	17	Oakie	Weaver	27
Patricia	Talladino	8	Barbara	Whaley	17	Barbara	Clarke	28
Michael	Calvo	10	Robert	Wilder	17	Antoinette	Stanisa	28
Olga	Grund	10	William G	Balch	18	Sharon	Paciorek	29
Norma	Reaville	10	Janet	Sorz	18	Alice	Petkus	30
Jean	Spehar	10	Gottfried	Barthol	19			

PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP
IF YOUR BIRTHDAY IS IN SEPTEMBER 2012
AND IS NOT ON THIS SHEET
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED
MEMBERSHIP FOR 2012

J.F.K. CENTER IN PICTURES



EASTLAKE PARADE



GRANDPARENT DAY



Y'ALL COME AND JOIN US NOW