

J.F.K. SENIOR CENTER BULLETIN

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Brochure on line at www.eastlakeohio.com

Hours: 7:30am – 4:00pm

JULY 2012



The JFK Senior Center is open to the public every Wednesday Night.
We have live country music, a concession stand and lots of fun.
Pop in and join us, it's Free to all.



HAPPY JULY 4TH

THE CENTER WILL BE CLOSED ON WEDNESDAY, JULY 4TH
HAVE A FUN AND SAFE DAY.

COME AND SEE US AT THE CAPTAIN'S STADIUM, THEY WILL
HAVE A FIREWORK'S DISPLAY. GATES OPEN AT 7:00pm.
(There will be free parking)

The JFK Center offers many programs that meet on a weekly basis.

These activities are free and pre-registration is not required.

(Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY	8:30 am
COMFORT ELVES	1 st 2 nd & 4 th WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30 pm

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

THURSDAY AFTERNOONS AT THE MOVIES

SOME COMEDY FOR THE MONTH OF JULY!

July 5th "Joyful Noise"(With Queen Latifah, Dolly Parton. Comedy/Drama PG-13)

July 12th"A Little Bit of Heaven"(With Kate Hudson, Kathy Bates, Drama/Comedy,PG-13)

July 19th "One for the Money" (With Katherine Heigl, Action/Comedy PG-13)

July 26TH "Heaven is Waiting"(With Melanie Nelson, Michelle Money, Comedy/Drama PG-13)

The Movie will start again at 12:30

Check the day before the movie for any changes.

SENIOR INFO PAGE

OUR THOUGHTS

GET WELL WISHES are extended to: Lorraine Longo, Judith Selander, Carol Trimboli, Joan Kelso, Nancy Bryson, Tina Sherrick, Adeline Grum, Clara Seese, Paul Cudnik, Joe Galvan, John Russ, Ken Hope, Elsie Perry.

Hope you are all feeling better soon.

SYMPATHY is extended to the families of: Barbara Wright's son Michael, Lenny Mullen's Mother in law, Grace Yoho, and Alexandro Ragozzino.

Thanks to Edith Di Renzo our "Sunshine Girl" for all our updates.

Please help us keep Edith informed.



CLEANING THE CENTER

Our cleaning crew meets on every other Wednesday.

VOLUNTEER...VOLUNTEER...VOLUNTEER...VOLUNTEER...VOLUNTEER

DATE: Wednesday, July 25th

TIME: After Lunch



FREE COMPUTER CLASSES

The JFK Center and Tech Wise have partnered with Connect Ohio to bring "Every Citizen Online" training program to Lake County Seniors. There will be a series of three classes, Understanding your Computer, The Internet, and e-mail. You will be registering for all three.

DATE: Monday, July 16th 23rd & 30th

TIME: 9:30am – 11:30am

Wednesday, July 11th, 18th & 25th

TIME: 6:00pm – 8:00pm



VISITING ATTORNEY, FRANK MANNING

DATE: Monday, July 30th

TIME: 1:30pm to 3:30pm

REGISTER IN OFFICE



IMPORTANT PLEASE READ

We still are looking for your signatures! Any ideas on how we can make sure we get signatures...let us know...we are always up for ideas or suggestions. **YOUR SIGNATURE HELPS OUR FUNDING.**

Please **REMEMBER** to **SIGN IN...regardless** of what door you enter through...It is so important to "YOUR" Center.

SENIOR HEALTH AND WELLNESS SENIOR INDEPENDENCE

BLOOD PRESSURE CHECK (Check Time Change)

DATE: Tuesday, July 10th

TIME: 10:00am – 11:30am



OSHIIP

Ken Selander will be in the main office, in a private room to help you with any medical billing problems.

DATE: Thursday, July 12th & 26th

TIME: 10:00am - 12:00pm



FOOT DOCTOR (PRE-REGISTRATION IS REQUIRED)

\$15.00 donation

DATE: Wednesday, July 18th

TIME: 8:00am - 4:30pm



Senior Savings, Part 2

Are you looking for some fun and different ways to spend your time, but your budget seems to limit the choices? Do you enjoy going out to eat, but don't want to pay full price for your meal? Come hear some ideas from Jean King, Resource Specialist at Lake County Council on Aging. We will discuss free and low-cost activities to which you can ride Lake Tran.

Information packets will be provided to take with you.

DATE: Tuesday, July 24th

TIME: 10:30am – 11:30am



TOM STRONG

Vitamins and Dietary Supplements, confused with all the vitamins and supplements on your drug store shelves? Do you wonder what these supplements do, and which ones should I take? Medical lecturer, Tom Strong, will explain what works and what doesn't, to be an informed consumer. SPONSORED BY GRANDE POINTE HEALTHCARE

DATE: Tuesday, July 24th

TIME: 1:00pm



EMBASSY HOMECARE

BLOOD PRESSURE CHECK

DATE: Tuesday, July 30th

TIME: 10:00am – 11:30am

GROUPS AND CLUBS
BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, July 10th at 9:00am.

The Open Meeting will be at 11:00am.



GOLF CLUB

Every Thursday Morning during the summer months, weather permitting.
The golfers had a great start, keep on coming. Come and join in the fun.

TIME: Leave at 9:30am.



RED HAT PEARL BELLES

Are having the Annual Lunch at the Lake Front Lodge. Please bring a
dish to share, the Club will provide the meat.

Call Queen Millie if you have any questions.

DATE: Tuesday, July 17th

TIME: 12:30pm



L.C.R.

Join us to play a fun game of L.C.R. Beginners are encouraged to join in
the fun and it's easy too! \$5.00 will allow you to play 6 games.

DATE: Thursday, July 26th

TIME: 12:30pm



WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card
player, all are welcome. Just show up or call the center for more info .



MEMBERSHIP RENEWAL

We hope everyone has renewed their membership...we are more than half
way through the year...if anyone has been thinking about joining...what
are you waiting for..come and join the fun!



Thanks to all who have helped in all our gardens to make them look so
beautiful...a lot of work has been done, if you haven't stopped to
"smell the roses" please do so. Enjoy the courtyard, Barb our newest
addition to our "Secret Gardeners" has done a great job!

DAY TRIPS AND OUTINGS

HARTVILLE

DATE: Monday, July 9th COST: \$4.00 TIME: 8:15am – 3:30pm



HIKE

Hidden Valley Park, in Madison, get your walking sticks and join in.

DATE: Monday, July 16th COST: \$4.00 TIME: 11:00am – 2:00pm



LUNCH BUNCH

Mexican it is, Jalisco Restaurant, Enjoy their \$5.00 Lunch Specials. Their menu will be in the office.

DATE: Wednesday, July 18th COST: \$3.00 TIME: 11:00am – 2:30pm



WESTERN RESERVE HISTORICAL SOCIETY

Tying the Knot Exhibit, 150 years of wedding attire worn by Cleveland Brides, along with their trousseau. Plus a tour of the Hay McKinney house. Bring a bag lunch and enjoy the use of their Lobby Tables.

DATE: Friday, July 20th TIME: 9:15am- 3:00pm

COST: \$10.50 (Transportation & Ticket)



PUT IN BAY

Enjoy Christmas in July, a guided tour of the island and then free time on your own to visit shops and enjoy some live entertainment. A fun filled day of sight seeing, shopping and food, all followed by a Wine tasting treat on the way home at Paper Moon Winery. Itinerary will be posted on the info board.

DATE: Thursday, July 26th COST: \$33.00 TIME: 7:45am – 6:00pm



WINERY TRIP

Grand Rivers Cellars Winery, Spaghetti Dinner, Information to Follow.

DATE: Friday, August 27th COST: \$4.00 TIME: 11:00am -3:00pm



Holden Arboretum

DATE: Tuesday, July 31st COST: \$4.00 TIME: 10:00am-2:00pm

PARTIES AND COOKOUTS

WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday. Music starts at 6:30pm. ALL ARE WELCOME, SO BRING YOUR FRIENDS. A Concession stand with coffee, donuts, pizza and other items are available for purchase.



BREAKFAST WITH JERRY'S GIRLS

Relax have a cup of coffee and enjoy your friends.

DATE: Wednesday, July 11th TIME: 9:15am – 11:00am
COST: \$2.50 (Sign up in the office)



PANCAKES IN THE PARK

It's that time again, sponsored by LCCOA, Lake Metroparks and Laketrans. Wednesday, July 18th & Thursday, August 16th July will be at Fairport Harbor...Sign up in the office.

DATE: Thursday, July 18th LAKETRAN PROVIDING TRANSPORTATION



MENTOR HEADLANDS

A trip to Mentor Headlands, for a fun get together at the Beach. Sign up in the office. More information to follow.

DATE: Monday, July 23rd COST: \$6.00 TIME: 9:30am – 2:30pm



Once again A Big Thank You to the anonymous "Gift Giver" in the Bingo Room, this time the Bingo Players received a cute little manicure case. All the Bingo Players Thank You.



Stay hydrated this summer, drink plenty of water, wear light clothing and wear sun screen when you are out and about...enjoy the warmth... THE COLD WILL BE HERE SOON!



DON'T FORGET THE DINNER/ENTERTAINMENT

DATE: Saturday, July 21st (info in office) TIME: 4:00pm-8:00pm

JUNE OUR PAGE

Many of our centers members have been asking, who are our new board members, what will they do for the center and what improvements do they hope to make. and to have their permission to print them during the coming months. I asked them all a series of questions and decided it would be more interesting if I just put them together in a short paragraph.



TINA SHERRICK

Tina said she ran for the board because she wanted to help the center and she would listen to what the members wanted, she say's she is excited about being on the board and she would help solve problems if possible, but she gets upset with complainers.

When asked what she would like to see in her term of office she say's being new to the board she is not sure yet.

Tina's reply to the question on what she thought would pull the center's members together as a family , she replied, don't criticize and do nothing.

Tina volunteers seven hours per week at the office desk she say's that any question she is asked she will do her best to find a answer.

Thank you Tina.

Recently Tina was injured. We wish her a speedy recovery.

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Well folks that's all my interviews with the JFK board members. Two other new board members, Ken Bruss (president) never did get back to me, and John Olwert declined to be interviewed.

I hope this gave you all a little insight into our new board members.

interviews by Brenda

JULY

MON	TUE	WED	THU	FRI
2	3	4 CLOSED HAPPY 4TH "See you at the captain's"	5 golf Movie Joyful Noise	6
9 Hartville	10 Blood Pressure Board Meeting	11 Computer 6-8 Breakfast	12 golf Movie A little bit of Heaven Oshipp	13
16 Computer 9:30-11:30 Hike	17 Red Hats	18 Computer 6-8 Metro Pancake Lunch Bunch	19 golf Movie One for the Money	20 Tying the knot
23 Computer 9:30-11:30 Mentor Headlines	24 Jean King Tom Strong	25 Computer 6-8 Cleaning	26 Put N Bay golf/ LCR Movie Heaven is Waiting Oshipp	27 Winery
30 Computer 9:30-11:30 Attorney	31 Blood Pressure			

HOPE YOU HAVE A GREAT MONTH.

DON'T FORGET SATURDAY, JULY 21ST IS OUR

DINNER/ENTERTAINMENT

JULY BIRTHDAYS

Richard	Foxen	1	Helen	Leske	12	Shirley	Golden	22
Frances	Kozitko	1	Ed	Pavlik	12	Glen	Hensley	24
Betty	Armelli	2	Ralph	West	12	Delores	Chase	25
Eloise	Hunt	3	Patricia	Workman	12	Tom	Staab	25
Carolyn B	Chesnes	5	Catherine	David	13	Marian	Perusek	26
Judith M	Daykin	5	Ronald	Crothers	14	Donald	Doptis	27
Edward	Jonas	5	Edith	DiRenzo	14	Jacqueline	Jaskiewicz	27
Juanita	Cawley	6	Vincent	Krawulski	14	L. June	Smith	27
Robert	Howiler	6	Helen	Simon	14	Charles	Kehoe	28
Clarence	Svoboda	6	Martha	Takacs	14	Joanne	Rees	28
Cristieann	Sifling	7	Audry	Baucco	16	Gary	Sanders	28
Georgeanne	Picu	8	Allan	Tamblyn	16	Brad	Brinizer	29
Elulis	Smith	8	Easter	Kopacka	17	Harold	Gearhart	29
Marcy	Plesko	9	Stephanie	Miller	17	Leo	King	29
Richard	Joranko	10	Ray	Toplak	17	Isabelle	Lazarus	29
Ronney	Legan	10	Otis	Morony	20	Paul	Cudnik	30
Harvey	McKnight	10	Beatrice	Oliveri	20	Joe	Kirk	30
Pat	Glavan	11	Walter	Strickland	20	Dolores	Hrusch	31
Doris	Ullemeyer	11	Mary Lou	Kuzel	21	Jane	Page	31
Magdalene	Wellborn	11	Guerrino	Battaia	22	Charles	Rees	31
Lynda	Hassett	12	Dorothy E	Dunn	22	Phyllis	Spallone	31

PLEASE DON'T FORGET TO RENEW YOUR
MEMBERSHIP

J.F.K. CENTER IN PICTURES



MEMORIAL GARDEN



KEY BANK VOLUNTEERS



AT&T VOLUNTEERS DAY OF SHARING PLUS JUNE'S BIRTHDAY



Y'ALL COME AND JOIN US NOW