

J.F.K. SENIOR CENTER BULLETIN

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EASTLAKE, OHIO 44095

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Brochure on line at "www.eastlakeohio.com"

Hours: 7:30am – 4pm

SEPTEMBER 2011



The JFK Senior Center is open to the public every Wednesday Night.
We have live country music, a concession stand and lots of fun.
Pop in and join us, it's Free to all.



CENTER CLOSED
MONDAY SEPTEMBER 5th
FOR LABOR DAY

The JFK Center offers many programs that meet on a weekly basis.

These activities are free and pre-registration is not required.

(Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	\$12/12 Week Session
EXERCISE ROOM	MONDAY - FRIDAY	\$12.00 per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY	8:30 am
LINE DANCING	THURSDAY	1:00 pm
LCR DICE GAME	4 th THURSDAY	12:30 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
PINOCHLE	THURSDAY & FRIDAY	12:30:00 PM

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

MOVIE THURSDAY: (movies begin at 12:30pm)

Movies and Popcorn are FREE, so come & ENJOY!

September 1st ... Six Days, Seven Nights

September 8th ...Sleeping with the Enemy

September 15th ...Run Away Bride

September 22nd ...Rain Man

September 29th ...Pay it Forward

A special Thank You to Marylou Kuzel for supplying the movies for us and

Ann Layman and Vickie Yaksic for making that delicious popcorn!

Anyone interested in bringing in a movie they would like to see,
please do so.

SENIOR INFO PAGE



OUR THOUGHTS:

GET WELL WISHES are extended to: Fran Stark's sister and nephew, Joice Creter, and Ann Layman. Hope you are all feeling better soon.

SYMPATHY is extended to the family and friends of Chet Dull, Pete Gammiero, Guinaeth Fritsch, Ruth Halbert, Carol LaManna, Frank Rozinsky, and Jim Strand.

Thanks to Edith Di Renzo our "Sunshine Girl" for all our updates. Please help us keep Edith informed.



VISITING ATTORNEY:

Frank Manning we will be taking appointments again starting this month.

DATE: Monday, September 26th **TIME:** 8:00am to 4:00pm

REGISTER IN OFFICE



OSHIIP:

The Ohio Senior Health Insurance Information Program is a powerful resource. Ken Selander will be in the main office, in a private room.

DATE: Thursday, September 8th & 22nd **TIME:** 10:00am til 12pm

COST: FREE



Don't forget to check out the **COIN CLUB** on the 4th Tuesday of the month at 7:15 pm and **T.O.P.S. CLUB**, every Wednesday Night between 5-6pm., they are still looking for more members.



FREE COMPUTER CLASSES

The JFK Center and Tech Wise have partnered with Connect Ohio to bring "Every Citizen Online" training program to Lake County Seniors. There will be a series of three classes, Understanding your Computer, The Internet, and e-mail. You will be registering for all three.

DATE: Monday, September 12th, 19th, & 26th **TIME:** 1:30pm - 3:30pm

Wednesday, September 7th, 14th, 26th **TIME:** 6:00pm – 8:00pm`

GROUPS AND CLUBS

BOARD AND LUNCH ROOM MEETINGS:

The Board Meeting will be Tuesday, September 13th at 9:00am.
The Open Meeting will be at 11:00am.



FRIENDLY VISITORS:

This rewarding and fun filled program goes to Willoughby emeritus to talk and socialize with different residents. We are looking for more volunteers for a few hours a month. Please help us make this program grow, we had 20 volunteers when we first started, we now have 3, Joan Kelso, Helen Mason & Emiko Stidd, who are willing to tell you all about it! Come here on any given Wednesday and go with them one day. They will tell you all about everything they do and you can see how rewarding this can be. THANKS AGAIN JOAN, HELEN, AND EMIKO.

DATE: Wednesday, September 14th, 28th TIME: 9:00AM



CLEANING THE CENTER:

Our Volunteer Cleaning Group meets every other Wednesday in the Cafeteria after lunch.

DATE: Wednesday, September 14th and 28th TIME: 12:00PM

THANKS FOR A JOB WELL DONE



RED HAT PEARL BELLES:

The Red Hat Pearl Belles are going to Cruisin 50's Diner on Mentor Avenue for lunch. REMINDER TO "RED HATS" TO PAY DUES.

Call Queen Millie if you have any questions.

DATE: Tuesday, September 20th TIME: 12:30PM



L.C.R.:

Join us to play a fun game of L.C.R. Beginners are encouraged to join in the fun and it's easy too! \$5.00 will allow you to play 6 games.

DATE: Thursday, September 29th TIME: 12:30PM



WEDNESDAY NIGHTS PINOCHLE:

Players meet at 6:00pm in the card room. Must have some skills as a card player, all are welcome. Just show up or call the center for more info.

DAY TRIPS AND OUTINGS

BREAKFAST BRIGADE:

We can go to Perkins on their Senior Day, breakfast ranges between \$3.99 & \$5.99 off the senior menu with an additional 10% off the senior menu price...coffee and juice extra.

DATE: Wednesday, September 7th TIME: 8:30am – 10:30am
COST: \$3.00 (Trans)



HIKE:

Gully Brook the new Park for Metro that opened August 11th, is where we are hiking this month, so get your walking sticks and picnic lunch and off we go!

DATE: Friday, September 9th TIME: 10:30am – 2:30pm
COST: \$3.00 (Trans)



HARTVILLE FLEA MARKET:

SIGN UP IN THE OFFICE

DATE: Monday, September 12th TIME: 8:15am – 3:00pm
COST \$3.00 (Transportation)



LUNCH BUNCH

Our request this month is to BRAVO'S in Mentor, so Mangia Mangia.

DATE: Wednesday, September 14th TIME: 11:00am -2:30pm
COST \$3.00 (Trans)



LAKE METROPARKS FARMPARK

Senior Day at the Farmpark with regular demos and added senior activities and vendors. There will be Health Screenings and Estate & Guardianship Issues both with pre-registration. Ask for phone number in the office when registering.

DATE: Thursday, September 15th TIME: 8:30 – 2:00pm
COST \$3.00 (Trans)



GOLF:

There will NO Golf this month. See you next month.

AVIATION MUSEUM/ART MUSEUM

Women in space, a short visit to the aviation museum and off to the Art Museum to explore on your own and lunch on your own in the Museum Cafe.

DATE: Friday, September 16th TIME: 9:30am – 2:00pm
COST: \$3.00 (Trans)



KING NUT/STOUFFERS

Stock up your cupboards, we will do a little shopping and then stop for lunch which is on you.

DATE: Tuesday, September 20th TIME: 9:30am – 2:00pm
COST: \$3.00 (Trans)



WHOLE FOODS/TRADER JOES

We are shopping on Chagrin Blvd. and then have lunch at Heinens Cafe

DATE: Wednesday, September 21st TIME: 10:30am – 2:00pm
COST: \$3.00 (Trans)



WEST SIDE MARKET

Another shopping trip, this time downtown to the West Side Market. Gather your shopping bags and enjoy of afternoon of shopping, good eats, and some leisurely walking. Lunch on your own.

DATE: Wednesday, September 28th TIME: 9:30am–2:00pm
COST: \$3.00 (Trans)



SENIOR INFO

There will be an indoor Bocce Club starting at Freeway Lanes in Wickliffe, (they are using old bowling lanes) it can be a mixed league, if interested information is located on the bulletin board in front of the office.



Please check on the bulletin board near the office window and the one on the easel next to sign-in for further information and up dates on any new or upcoming trips.

PARTIES AND COOKOUTS
WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

Music starts at 6:30pm

A Concession stand with coffee, donuts, pizza and other items are available for purchase.



SPA DAY

SPA DAY by WANDA sponsored by WELL CARE OF OHIO, mini manicure or hand massage.

REGISTER IN THE OFFICE

COST: FREE

DATE: Thursday,

September 22nd

TIME:9:00am-11:30pm



WELCOME FALL

Sponsored by Aimee Butler of Mutual of Omaha who specializes in Long Term Care Benefits.

DATE: September 23rd

COST: FREE

TIME: After Lunch in the Cafeteria



GRILLING UNDER THE PAVILION

Italian Sausage Sandwich, Potatoes, & Coffee

Tuesday,

September 27th

Time: 9.30am

COST: \$2.50



SENIOR INFO

We have VHS Movies that a senior has brought in, if you would like to view them and bring them back to be borrowed by someone else. If interested, check in the office.



Eastlake Historical Society will be set up at the 911 event at City Hall. Let's support them in their efforts. Call John Olwert at (440) 946-7909.

A WORD FROM YOUR BOARD PESIDENT

For the past few months our coordinator and your board members have spoken to you to advise you on the state of the declining budget and its' affects on our center. During this time your board has been working hard on ways to meet the budget and at the same time keep the center running to the standards we have become accustomed to, however, we still have a long way to go. We have talked with organizations to donate or to provide programs, activities, food and etc. We have also held raffles, hosted a flea market, cut down on spending and found more efficient ways of handling things, plus we have more plans for the future to make or save money. All we have asked of our Center members is cooperation in our efforts. We have asked that you conserve power, pay for your coffee and papers on an honor system and respect the organizations that are providing services for us. We do applaud our members and volunteers that have complied with these simple requests, but still we have members amongst us that steal the coffee and papers, leave lights and air running when they leave the rooms, there are members that do not sign the attendance or activity sheets and all this adds to our extra costs. Now for the icing on the cake and a reward for all our efforts, a couple of weeks ago Grace and myself were called to the office at the request of two ladies from Gateway and Senior Independence, (you have known these people for years, they have come to the center with craft programs, Ice Cream Socials, Birthday Cakes, Bingo, Blood Pressure checks etc. all at no cost and all for the centers benefit). The ladies sat there with two bags full of gifts they had intended to give out as prizes in a activity program, however, a group of our members had different ideas and after a confrontation, an argument, or just down right rudeness, (call it what you like) on behalf of the group...the ladies left. Apologizes from Grace and myself, plus several follow-up apologizes after the fact, all fell on deaf ears. The two organizations are debating any future support for the JFK.

I thank you on behalf of the rest of our members that care.

Board President Harry Simpson.

SEPTEMBER OUR PAGE

A WORD OF THANKS

We would like to thank all the people that helped with the Flea Market,
Many of you gave donations of items for sale or donations of money.

Some of you took the time and cost to bake for the Bake Sale.

Others spent money on the making of baskets for the Chinese Auction,
We also want to thank the many volunteers that did the work to make
this possible, the set up and tear down, the sales people, the BBQ cooks
and all of you that did the tasks that go unnoticed plus our vendors,
without them and our volunteers this event would not have be possible.

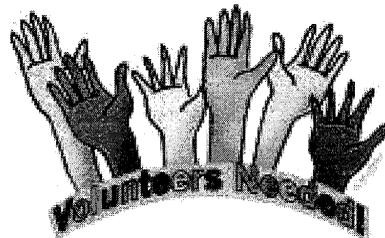
Thank you all Grace & Harry

G N C P Y F X E T E T K A O E M
 P T K E S E E I H S T H C A Y E
 S S G T E C M P T I Y S H N G N
 N M A I V A L O O U C C A K N C
 C I L T E D A U S R E P O G E H
 G L A E R U T L U C T B S F S W
 D E U L E E M S F K S R W P J S
 E C S D P A T C F B I C A D U K
 N A C E I N S O R A N R N I S S
 O M O C A I G N A I G U D V T R
 T P A L L N R T G R I M E E I W
 E H P A E G A R E V E B R R C F
 I O A R A I I O L M R M E S E T
 B R W E X N N L M W O O M E W L
 S L S B S E H K C W F B J S E L
 H I F W M B C S T Q E H S N D E

Please find the following words: Also hidden is our coordinators surname ????
 foreign, denote, benign, wander, plants, plain, diverse, persuade,
 declare, cruise, justice, crumb, beverage, grain, camphor, portrait,
 yacht, petite, chaos, smile, swap, control, bomb, suffrage, severe,
 culture,

Words by Brenda

WHY OUR SENIOR CENTER NEEDS YOU



Are you aware of how vital volunteers are to the functioning of our Senior Center? We have only ONE full time paid staff member, our Senior Coordinator, who plans and conducts a variety of programs for our enjoyment. Additionally, we have a part-time maintenance position that provides for keeping the rest rooms clean and stocked . It is our **volunteers** who sweep, dust, vacuum, wash windows, take out trash, and support the many activities of our Center (including, but not limited to escorting trips, calling bingo, assisting in ceramics, etc.).

Volunteers are the backbone of our Center and we have been blessed with many wonderful members who have contributed untold hours to keeping "Our Center" clean, attractive and functioning. Unfortunately, we have also lost some of our most dedicated volunteers due to illness, death, and moving from the region.

If we want our Senior Center to continue to function as we are accustomed, we need more new volunteers to add to our dedicated existing core. There are all kinds of tasks that need help, for all levels of physical ability and available time. The most needed are those who can provide at least one half-day once a week, but any help would be welcomed.

Following is just a sampling of volunteer opportunities:

- coffee making
- join our cleaning crew every other Wednesday "many hands make light work"
- office secretary
- gardening/courtyard maintenance
- monthly bulletin assembly
- organize library

Please consider joining our team of volunteers!



I am interested in volunteering:

NAME _____ PHONE NUMBER _____

DAYS & HOURS AVAILABLE _____

VOLUNTEER WORK INTERESTED IN _____

September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Movie Day Golf OSHIIP	2
5 CLOSED LABOR DAY	6	7 Breakfast Brigade	8 Movie Day Golf OSHIIP	9 HIKE
12 Hartville	13 Board Meeting Blood Pressure	14 Center Cleaning Friendly Visitors Lunch Bunch	15 Movie Day Farmparks	16 Art Museum
19	20 Stouffers Red Hats	21 Dr. Coppers Traders Joes	22 Movie Day Golf OSHIIP Spa Day	23 Fall Day Mutual of Omaha
26 Attorney	27 Grilling Outside	28 Center Cleaning Friendly Visitors West Side Market	29 Movie Day Golf	30

SEPTEMBER BIRTHDAYS

Paul	Korecko	1	Robert	Decker	11	Bedelia	Metz	19
Kenneth	Pilotti	1	Carolyn	Markel	11	Mary Ann	Minich	19
Diana	Vidrick	1	Marion	Slejko	11	James	Caddell	20
Jeffrey	Beam	2	Mike	Lukas	12	Helen	Lucci	20
Juanita	Gates	2	Dolores	Velichka	12	Helen	Kudzus	21
Roseann	Turner	2	Joyce	Livingston	13	Bette	Pollino	21
Pat	Dula	3	Ruth	McCord	13	Harry	Warik	21
Jean	Grabowski	3	Draga	Mujic	13	Alice	Buccilli	22
Catherine	Ruggeri	3	Pauline	Dixon	14	Donna	Gedeon	22
Etta	Shank	4	Anne	Novince	14	Josephine	DiSanto	23
Isabella	Kasunic	5	Barbara	Roberts	14	Mary Ellen	Isom	23
Ann	Schembre	5	Jane	Stern	14	Antonetta	Koenig	23
Susan	Trimble	5	Trilba Sue	Estep	15	Verdie	Miller	24
Sally	Yount	5	Allan	Rose	15	Carol	Morgan	24
Eleese	Gosselin	6	Helen	Dayok	16	Virginia	Thompson	24
Bertha	Palicia	6	Maxine	Hutchison	16	Jean	Lanigan	26
Doris	Fousek	8	Kate	Pilotti	16	Maria	Middleton	26
Lucille	Powers	8	Cindy	Quinn-Hopkins	16	Margherita	Newman	27
Michael	Calvo	10	John	Siefert	17	Oakie	Weaver	27
Elizabeth	Dravecky	10	Robert	Wilder	17	Jessie	Artino	28
Olga	Grund	10	William G	Balch	18	Barbara	Clarke	28
Norma	Reaville	10	Janet	Sorz	18	Mary Jo	Ginevra	28
Jean	Spehar	10	Louise	Upchurch	18	Marilyn	Murawa	28
Mary	Uhas	10	Gottfried	Barthol	19	Eleanor	Davenport	29
Shirley	Zaucha	10	Helen	Beckford	19	Jan	Sustarsic	29
Edward	Baisel	11	John	Chase	19	Betty J	Sutton	29
			Ralph	Ferrara	19			

IF YOUR BIRTHDAY IS IN SEPTEMBER 2011 AND IS NOT ON THIS SHEET IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED MEMBERSHIP FOR 2011

J.F.K. CENTER IN PICTURES



JFK FLEA MARKET



WEDNESDAY NITE ALOA PARTY

COME AND JOIN US
PLEASE DON'T BE LEFT OUT THIS SUMMER