

J.F.K. SENIOR CENTER BULLETIN

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Hours: 7:30am – 4pm

OCTOBER 2011



The JFK Senior Center is open to the public every Wednesday Night.
We have live country music, a concession stand and lots of fun.
Pop in and join us, it's Free to all.



IMPORTANT PLEASE READ

Please REMEMBER to SIGN IN...regardless of what door you enter through...It is so important to "your" Center...Show that you Care and let us know you are here.

REMINDER TO LAKETRAN RIDERS

There will be no buses on MONDAY, OCTOBER 10TH, COLUMBUS DAY

The JFK Center offers many programs that meet on a weekly basis.
 These activities are free and pre-registration is not required.
 (Unless noted below)

CERAMICS	MON. TUES. WED. FRI.	\$12/12 Week Session
EXERCISE ROOM	MONDAY - FRIDAY	\$12.00 per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
TAI CHI	WEDNESDAY	8:30 am
LINE DANCING	THURSDAY	1:00 pm
LCR DICE GAME	4 th THURSDAY	12:30 pm
CRAFTY CROCHETERS	FIRST & THIRD THURSDAY	9:00am-11:00am
PINOCHLE	FRIDAY	12:30:00 pm

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Sit Down Exercise	Monday, 12:45pm	Thursday, 9:15am
Low Impact Aerobics	Monday, 1:30pm	Thursday, 10:00am
Stretch & Tone	Tuesday, 9:15am	

TIME CHANGE

MOVIE THURSDAY (MOVIES ARE GOING TO BEGIN AT 12:15pm)

Movies and Popcorn are FREE, so come & ENJOY!

October 6th ... In Love & War

October 13th ...The Mirror Has Two Faces

October 20th ...The Family Man

October 27th ...The Terminal

A special Thank You to Marylou Kuzel for supplying the movies for us and Ann Layman and Vickie Yaksic for making that delicious popcorn!

We'd like to see more members involved in movie day, colder weather will be here soon so, if anyone is interested in seeing a particular movie, just bring it in and we will show it!

GROUPS AND CLUBS

BOARD AND LUNCH ROOM MEETINGS

The Board Meeting will be Tuesday, October 11th at 9:00am.

The Open Meeting will be at 11:00am.



FRIENDLY VISITORS:

This rewarding and fun filled program goes to Willoughby emeritus to talk and socialize with different residents. We are looking for more volunteers for a few hours a month. Please help us make this program grow, we had 20 volunteers when we first started, we now have 3, Joan Kelso, Helen Mason & Emiko Stidd, who are willing to tell you all about it! Come here on any given Wednesday and go with them one day. They will tell you all about everything they do and you can see how rewarding this can be. THANKS AGAIN JOAN, HELEN, AND EMIKO.

DATE: Wednesday, October 12th , 26th TIME: 9:00am



RED HAT PEARL BELLES

The Red Hat Pearl Belles are going to The Olive Garden on Mentor Avenue for lunch.

Call Queen Millie if you have any questions.

DATE: Tuesday, October 18th TIME: 12:30pm



L.C.R.

Join us to play a fun game of L.C.R. Beginners are encouraged to join in the fun and it's easy too! \$5.00 will allow you to play 6 games.

DATE: Thursday, October 27th TIME: 12:30pm



WEDNESDAY NIGHTS PINOCHLE

Players meet at 6:00pm in the card room. Must have some skills as a card player, all are welcome. Just show up or call the center for more info



BINGO

SENIOR INDEPENDENCE/GATEWAY

will be here to play bingo in the bingo room after lunch.

DATE: Tuesday, October 11th COST: FREE TIME: 12:00 – 2:30pm

DAY TRIPS AND OUTINGS

CROONERS AND THEIR MUSIC

Enjoy an afternoon of Lunch and a Show at the Croatian Lodge.

DATE: Wednesday, October 5th TIME: 11:30am – 3:30pm
COST: \$48.00



HARTVILLE FLEA MARKET

SIGN UP IN THE OFFICE

DATE: Monday, October 10th TIME: 8:15am – 3:00p
COST \$3.00 (Trans)



TRINITY CATHEDRAL BROWN BAG CONCERTS

Cleveland's premier "TOPS Big Band" plays tunes from the "Golden Years" Enjoy your lunch while listening to some Big Band sounds.

DATE: Wednesday, October 12th TIME: 11:00am -1:30pm
COST \$5.00 (Trans & Lunch)



BREAKFAST BRIGADE

This is an old time favorite, breakfast will be egg or pancake breakfast with your choice of coffee or tea for under \$4.29, HINT: you can buy a Big Boy Sandwich any time of the day...this Big Boy Restaurant is in Brook Park.

DATE: Monday, October 13th COST: \$3.00 (Trans) TIME: 9:am – 11:am



SWING'S THE THING

The Fine Arts Association is performing the sounds of swing. Come and join us for an afternoon of song and dance.

DATE: Wednesday, October 19th COST: \$13.00 TIME: 12:30pm – 3:30pm



AMISH TRIP TO BERLIN

We are going on an excursion...details to follow.

DATE: Thursday, October 20th TIME: 8:30am – 5:00pm
COST: \$3.00 (Trans)



MIDDLEFIELD

We can enjoy another lunch at LINDA'S RESTAURANT, and do some shopping at various shops...another excursion!

DATE: Monday, October 24th TIME: 10:30am–3:00pm

COST \$3.00 (Trans)



HIKE

It is getting to be Fall, so we are hiking at Orchard Hills Park/Patterson Fruit Farm. Do a little walking, view the beautiful fall leaves, then you can do a little shopping at the farms. You can either pack a lunch or get something there to eat, they have a beautiful outdoor patio with a great view.

DATE: Tuesday, October 25th TIME: 10:30am – 2:30pm

COST: \$3.00 (Trans)



LUNCH BUNCH

How about a "Wine and Dine" at Grand River Cellars, an afternoon bus ride enjoying the sights and seeing the leaves that should be at their peak of color!

DATE: Thursday, October 27th TIME: 11:30am – 2:30pm

COST: \$3.00 (Trans)



PARTIES AND COOKOUTS

WEDNESDAY COUNTRY NITE:

Don't forget that the Center will be open on Wednesdays until 8:30pm. Live Country and Blue Grass Music will be performed by an array of special guests (about 10-15 players) every Wednesday.

ALL ARE WELCOME, SO BRING YOUR FRIENDS.

Music starts at 6:30pm

A Concession stand with coffee, donuts, pizza and other items are available for purchase.



HAPPY HALLOWEEN

We are having a party...details to follow!

DATE: Monday, October 31st Time: 12:00pm after lunch

COST: \$3.00

SENIOR MESSAGE BOARD



BEAUTY SALON

**NOW OPEN...NOW OPEN...NOW OPEN...NOW OPEN...NOW OPEN
FALL SPECIAL BLOWOUT...EVERY FRIDAY IN OCTOBER
TEN DOLLAR..TEN DOLLAR..TEN DOLLAR**

Shampoo & Set \$10.00

Shampoo & Blow Dry \$10.00

Manicure \$10.00

\$10.00 off Perm...now only \$40.00

Don't forget some of the proceeds go back to the Senior Center.

WE WELCOME WALK IN'S!



FLU VACCINATION INFORMATION

Don't forget to get your flu vaccination...it's the most important step in preventing the sickness that can come from getting the flu.

All adults are encouraged by the Health /District:

High Dose Flu – designed for individuals 65 years of age and older.

Seasonal Flu – for individuals 18 – 64 years of age.

The cost of the Flu Vaccine from the Health District is \$22.00 for people without insurance. There will be a flu schedule posted on the times and places the Lake County Health District will administer the shots. Most Drug Stores in this area will also give shots including Wal Mart in Eastlake.



REMINDER

Get ready for our Hat & Mitten Tree for Christmas for under- privileged children. It will be taking place in November.

OCTOBER OUR PAGE

JUST A REMINDER

You should have all seen by now the nominee sheets for our 2012 J F K Senior Board, just to remind you any center member can apply to be voted for, if you don't want to fill in the sheet or have your photo displayed just tell any board member to add your name to the voting list. This year you will be able to cast your votes for up to eight people. One person on the 2011 board will carry through plus one member Dorothy Jankowski (Board Secretary) will be up for re-election The voting will take place in the lobby on Tuesday November 8nd. Time 8.00am to 11.00am. (there will be no early voting) and you must vote in person. This is your chance to pick who will help make the decisions on the future of the center and how it's run and operates.

PLEASE DON'T FORGET TO VOTE

Harry

WHAT'S GOING ON AT THE CENTER

Phase two of the roof project is now completed, this means the center now as a completely new roof over the whole building. It also means Tech Wise will be moving back to their old room and we will soon be arranging the room at the back of the Library of other activities for your use. The North parking lot is slowly being redone by the City and should soon be finished. The South parking lot torn up by the removal of a dumpster is still under discussion and hopefully can be resolved before the snow fly's. Our hair saloon is now open every Friday and appointments can be made in the office any time so now you can have your beauty needs taken care of and at the same time you will be supporting your Center. Fall is already here we hope you all take advantage of the trips and activities that are planned before the winter months keep us indoors. Wednesday Nites are still going strong and we are planning more parties for the upcoming seasons if you have never been, give us a try. In last months bulletin we asked for volunteers to help in the Center's and your needs to keep the center the way we have become accustomed to. We only had three replies.

I hired a carpenter to help repair my old farmhouse. After he had just finished a rough day on the job a flat tire made him lose an hour at work, his electric saw quit and now his old pickup truck refused to start. As I drove him home he sat in stony silence, as we arrived he invited me in to meet his family, walking towards the front door, he paused briefly at a small tree and touched the tip of the branches with both hands. When opening the door he underwent an amazing transformation. His tanned face was wreathed in smiles, he hugged his two small children and gave his wife a kiss.

As he walked me back to the car and passed the tree my curiosity got the better of me and asked him about what I had seen him do earlier. " Oh, that's my trouble tree " he replied. " I know I can't help having troubles on the job, but one thing for sure, troubles don't belong in the house with my wife and kids, so I hang them on the tree every night, then in the morning I pick them up again".

"Funny thing is" he smiled " when I pick them up in the morning they ain't nearly as many as there was the night before"

Helen Simon author unknown.

X N E T S O B S M C V D G E B I
A X R E G W L U L U Y E D Z M E
A E E N C E E O H C R I M E S C
M H R I V S C B L E U V T L M O
M N A A U O P R V G N S U G B H
Q I R M T M O A E Y Y K T N E F
J T L O Z C L V N S R S T U D Y
Y O R D I C I E I A C O S J L E
C P T D N B T L U S R E T U O N
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A E S P I L C E M E M K H C V O
C R F K N T O A R H E E Q E H E
Z T P A F W T P P T G V M L H G
C Y G P J T G A A S C S I F S D

Please find the hidden words:

area, ruins, domain, jungle, bravely, heroes, crime, justice, system, eclipse, archive, museum, enclave, dessert, guide, polite, policy, equine, travel, protocol, property, history, regime, crescent,

Words by Brenda

OCTOBER

MON	TUE	WED	THU	FRI
3 Computer 1.30 to 3.30pm	4	5 Crooners & Their Music	6 Movie:Love & War OSHIIP	7
10 Computer 1.30 to 3.30pm Hartville	11 Brd Meeting Open Meeting BINGO 12:00pm Blood Pressure	12 Friendly Visitors 9:00 Cleaning 12:00 Trinity Cathedral	13 Movie:The Mirror has two faces Breakfast Brigade	14
17 Computer 9:30-11:30 Computer 1:30-3:30	18 Red Hats Tom Strong	19 Foot Dr. 8:00-4:30 Fine Arts	20 Movie:The Family Man OSHIIP Amish Trip	21
24 Computer 9:30-11:30 Attorney Middlefield	25 HIKE	26 Friendly Visitors 9:00 Cleaning 12:00	27 Movie: The Terminal LCR Wine & Dine	28
31 Computer 9:30-11:30 Halloween Party				

HAVE YOURSELF A GREAT MONTH

OCTOBER BIRTHDAYS

Donna	Hoffman	1	Robert	Winland	9	Marge	McNamara	21
Vicki	Joyce	1	Ellen	Downer	10	Thomas	Adamson	22
Anne	Lukanc	1	Sue	Eshelman	10	Patricia	Burkey	22
Margie	Mayne	1	Barbara	Meckley	10	Mary Ann	D'Amico	22
George	Phillips	1	Pamela	Vaccariello	11	Carol	Luich	23
Marlene	Trivisonno	1	Katherine	Warren	11	Emily	Weiss	23
Christina	Jaskiewicz	2	Doris	Wright	12	Marge	Bakale	24
Cornelius	Anderson	3	Victor	McIntire	14	Helen	Bergen	24
Rosa	Brunstetter	3	Ronald	Antonick	15	Iris	Clarke	24
Carol	Thobaben	3	Robert	Russell	15	June	Lesica	24
Carl	Hill	4	Mary Ann	Batton	16	Gert	Lowther	24
Dale	Barnhart	5	Donna	Geer	16	Mary	Zagar	24
Reenie	DeMay	5	Carol	Hotchkiss	16	Robert	Reed	25
Richard	Szereto	5	Misty	McKain	16	Renee	Bals	26
Judy	Deaner	6	Patrice	Delventhal	17	Lorraine	Bolin	26
Dorothy	Mance	6	Karen	Liming	17	Jeanette	Irvin	26
Julia	Stuart	6	Carole	Williams	17	Barbara	Sutton	26
Philip E	Barr	7	Norma	Klug	18	Thomas	Burd	27
Arnold	Galati	7	Raymond	Kuhel	18	Andy	Gruber	27
Dennis	Kytta	7	Ann	Parsons	18	Robert	Gates	29
Sam	Santangelo	7	James	Russell	19	Mary	Sheplavy	29
Michele	Slokar	7	Ailene	Meintel	20	Michael	Gill	30
Alice	Smalley	7	Janice	Brewer	21	Hubert	Smith	30
Joyce	Creter	8	Raymond	Kaluga	21	Michael	Hanlon	31
Vic	Salotto	8	Patricia A	Kremiller	21	Robert	Panella	31
Elsie	Perry	9	Jeanne	Maloney	21	Dorothy	Perkins	31
Theodore	Taubert	9						

J.F.K. CENTER IN PICTURES

WEDNESDAY NITE HOEDOWN



EASTLAKE REMEMBERS 911



COME AND JOIN US
PLEASE DON'T BE LEFT OUT THIS SUMMER