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**ALL THURSDAYS ARE MOVIE NIGHTS**

Enjoy our 50" DHTV. All movies begin at 12:30pm

- January 6<sup>th</sup> Knight and Day (Adventure)
- January 13<sup>th</sup> Air Bender (Action)
- January 20<sup>th</sup> Eat, Pray, Love (Love)
- January 27<sup>th</sup> Going The Distance (Love)

All Movies are FREE! Popcorn included.

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**OUR THOUGHTS**

This section is reserved for our members who are ill. Please help us keep it updated.

Get well wishes are extended to :Sam Santangelo, Anne Frances, Juanita Gotes, Gussie Finotti, Carol Lamanna, and Joan Roman. We offer our sympathy to: Sandy Fischer's sister, Mamie, Anne King's Son, Frank Sraj, Valerie Olivore's Mom, and John Hunt's brother, Charlie.

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**JFK LIBRARY**

We are now looking for donations of books. We ask that the books are new or slightly used. Please, **NO** outdated magazines or encyclopedias.

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**SENIOR HEALTH AND WELLNESS**

**FOOT DOCTOR**

\$15.00 donation is to be paid at the appointment. **EXACT** amount is required. Change cannot be made. Dr. Coppers will be here Wednesday, January 5<sup>th</sup> from 8:00am to 4:30pm  
LOCATION: TV Room. **PRE-REGISTRATION IS REQUIRED** COST: \$15.00

**OSHIIP**

The Ohio Senior Health Insurance Information Program is a powerful resource. Ken Selander will be in the main office, in a private room on the following dates:  
DATE: Thursdays, January 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, and 27<sup>th</sup> TIME: 10:00am COST: FREE

**EVENING PROGRAM FOR THE WORKING SENIORS**

This program is called "Organizing Your Financial Life" sponsored by Michael Douglas from New York Life. Do you know where all of your critical documents are located? If a death in the family were to occur, could you locate the will, bank documents, insurance policies and investment documents? Getting organized not only helps you identify what you have-it will help your financial professional to identify what you need and help you bridge and gaps in your financial strategy. Organizing your financial life may be one of the easiest, but most important gifts you can give yourself and your family. Free after dinner desserts and booklet. **PRE-REGISTRATION IS REQUIRED. CALL 975-4268.**  
DATE: Wednesday, January 5<sup>th</sup> TIME: 6:30pm COST: FREE

**NEW YEAR'S RESOLUTION #1: "GET FIT"**

So join our exercise room. It's just \$12.00 a calendar year. Look at it as an investment of \$1.00 a month for the "New and Improved You." Special Note: The exercise room will be open on Wednesday Nights from 6:00 to 8:00pm, thanks to Ken Bruss.

**"FREE" CELEBRATE NUMBER ONE**

This is a once in your lifetime program. Because you are wonderful, because you are one-of-a-kind, this celebration is for you. So in the spirit of Number "1", wear a "1" and if you are number one, you are a winner. Every hour at one minute after the hour, we will be giving away a lottery ticket. At 11:01am the number one team from Northeastern Ohio, The Captain's mascot "Skipper" will be here to give new schedules and free giveaways. The at 1:01pm Free Bingo in the Dining room. Eleven games with eleven prizes valued at \$111.11. So come, join the FUN! **PRE-REGISTRATION IS NOT REQUIRED.**  
DATE: Tuesday, January 11<sup>th</sup> TIME: 11:01am COST: FREE

**MASSAGE THERAPY**

Massages begin at 9:00am  
DATE: Wednesday, January 12<sup>th</sup>

COST: \$10.00 for 15 minutes  
**PRE-REGISTRATION IS REQUIRED**

**GRANDE POINTE**

Free tour of Grande Pointe, Healthcare Community, Assisted Living Facility and Nursing Home. Along with the tour are snacks and a beverage. **PRE-REGISTRATION IS REQUIRED.**

DATE: Wednesday, January 19<sup>th</sup>      TIME: 10:00 to 11:30am      COST: \$3.00

**FRIENDLY VISITORS**

We have trained volunteers who, as a group, visit people in nursing homes. This is a very rewarding and fun-filled program. We are looking for more volunteers for a few hours a month.

Call or stop in the office for more information.

VISIT DAYS: Thursday, January 13<sup>th</sup> and 27<sup>th</sup>      TIME: 9:00am

**LAKE TRAN TOKEN PROGRAM**

LakeTran for years has charged \$1.00 for the "Dial-a-Call program. In 2009 they increased it to \$1.50 per ride and in 2010, the cost was \$2.50 per ride. The Center, in the past, paid the full amount for Eastlake members to ride to and from the Center. Unfortunately, we will not be able to pay the full amount. We have a new policy in place that will require riders to contribute \$1.00 for each ticket. Therefore, the cost of a ride ticket from LakeTran is \$2.50, the Center will pay \$1.50 and the rider pays \$1.00. As an example, 4 tickets equal 4 bus rides and will cost you \$4.00. Payment will be required at the time you receive your tickets. This is effective as of January 3, 2011.

These tickets are for rides to and from the Center **ONLY**

**ATTORNEY AVAILABLE**

Frank Manning, a local attorney, is offering free 20-minute appointments. Appointments are at 1:30, 1:50, 2:10, 2:30, 2:50, and 3:10 pm. **PRE-REGISTRATION IN OFFICE REQUIRED**

DATE: Monday, January 24<sup>th</sup>      COST: **FREE**

**TOM STRONG – TOPIC IS "OSTEOPOROSIS"**

As we age, bones can become weak and brittle and are more likely to break. Learn strategies for protecting your bones through diet, exercise and medication and how you can prevent falling.

DATE: Tuesday, January 25<sup>th</sup>      TIME: 1:00pm      COST: **FREE**

**SPA SERVICE AT JFK**

Manicures, pedicures and mini-manicures are available. See the price list in the Office.

DATE: Wednesday, January 26<sup>th</sup>      TIME: 9:00am to 1:00pm      COST: Varied

**SCHEDULE YOUR APPOINTMENT IN THE OFFICE**

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**CASINO TRIPS AND VACATION TRIPS**

When signing up for casino trips, it is very important that you provide your player card number if you have one. This is needed by the motor coach company so they can provide the manifest requested by the casinos. Another piece of information that is needed is your birth date. We're not being nosy; this is currently required by the casinos. If you do not provide this information when you sign up, it means extra work and phone calls by our trip volunteers and you may not get your trip incentives.

**SPECIAL REMINDER**

**REMEMBER AND BE ADVISED:** It is a privilege to participate in the Center and the Bus Trips. Please don't abuse this privilege. When you are asked to return to the bus/motorcoach, be on time! We notify you when the bus will be leaving and the bus arrives at the departure point 15 minutes prior to that. We make every effort to locate you, but if after 15 minutes, you are still not there, we will leave for home. Then you will be responsible for your own return.

**A NOTE ON MOTOR COACH TRIPS**

If you are interested in any announced trip, please let Doris know as early as possible, even if you can't make a deposit at the time. If we know there is interest, we can hold off canceling trips. If you need to cancel a motor coach trip, call Doris at home at 951-9210 or cell phone 478-1802.

**REMINDER**

You may also bring a friend on these trips. They do not have to be a member of the Senior Center.

**PREVIEW OF TRIPS FOR 2011**

All are invited to the trip presentation for the upcoming day trips, multi-day trips,concerts and shows.  
**FREE LUNCH...**

**Date: Friday, February 25**

**Time:1pm**

**Free**

**PARTIES AND COOKOUTS**

**CENTER POLICY FOR TRIPS, PARTIES AND ACTIVITIES**

There has been a lot of confusion about the JFK policy on sign ups and refunds for trips, parties and activities. The following is not a new policy but a clarification of the policy we already have in force.

When a new monthly bulletin comes out, the first two days of registration are reserved for VOLUNTEERS only. This does not include spouses or friends of volunteers. On the third day registration is open to all JFK members.

We encourage you to check your schedules before signing up and paying for any JFK activities as a REFUND can be made only if both of the following conditions are met:

**YOU MUST GIVE AT LEAST 24 HOURS NOTICE, AND A REPLACEMENT MUST BE FOUND FOR YOUR PLACE.**

In the event that the Center cancels the activity, A REFUND will be automatic. Only the Center Treasurer can give a REFUND and this can take up to one week after the date of the activity. You may ask an Office Secretary to take down your cancellation information and give it to the Treasurer for you or put it in the Treasurer's box.

Non-JFK activities ( such as motorcoach trips ) have their own rules for REFUNDS which may differ from these.

Any other decision on JFK activities REFUNDS can be made only by the Center's Coordinator after review.

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**WEDNESDAY NIGHTS AT THE CENTER**

Don't forget that the Center will be open on Wednesdays until 8:30pm.

Live country and blue grass music will be performed by an array of special guests (about 10-15 players) each and every Wednesday. All are welcome, so bring your friends. Music starts at 6:30pm.

We have a concession stand with coffee, donuts, pizza and other items available for purchase.

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**DAY TRIPS AND OUTINGS**

**WILLOUGHBY FINE ARTS**

Be treated to a lunch and the music of Jim Fatica-"A Man and His Music." Enjoy the beautiful sounds of the Cello and Saxophone. Menu: Roast Pork Loin with Apricot Sauce. Parsley and Buttered Red Skin Potatoes, Green Beans, Yellow Beans and Baby Carrot Medley and Boston Cream Pie. Catered by The Kirtlander.

**DATE: Wednesday, January 12<sup>th</sup>**

**TIME: 10:30am to 2:00pm**

**COST: \$18.00**

**LUNCH BUNCH**

Travel with us to Painesville Twp to The Harry Buffalo. Separate checks.

**DATE: Friday, January 14<sup>th</sup>**

**TIME: 11:00am**

**COST: \$3.00 for transportation**

**DISNEY ON ICE**

Enjoy Disney On Ice, Toy Story 3

DATE: Monday, January 17<sup>th</sup>

TIME: 12:00 noon to 4:00pm

COST: \$21.00

**SEEKER'S CAFE LUNCH SHOW**

Travel with us to "Cabin Fever Karaoke and Lunch." We will be eating "Brunch for Lunch". Yes!

Menu: Quiche Lorraine and Spinach Cheese Quiche, Fruit Salad, Hash Browns and Scone Wedges for dessert. Includes beverage. Sing along with Julie Slattery!

DATE: Tuesday, January 18<sup>th</sup>

TIME: 11:30am to 2:30pm

COST: \$13.00

**HOME AND GARDEN SHOW**

"Beautiful Canada," the official 2011 theme. Prominently resonate amongst the high-end gardens and landscapes. An abundance of more fresh flowers and more green space will be integrated throughout the entire venue to further enhance the January. Location: Great Lakes Expo

DATE: Friday, January 21<sup>st</sup>

TIME: 10:45am to 3:30pm

COST: \$11.00

**HIKE**

This is the year to try something new... **SNOWSHOEING..** that's right it looks like a lot of fun and it is easy. This is the time to try it .... in the winter. If the weather is not favorable for this activity, then we'll hike. Rental for snowshoes is just \$3. Lunch is in the Chapin Forest Pine Lodge

DATE: Tuesday, January 25<sup>th</sup>

TIME: 10:00am til 1:30pm

COST: \$4.00

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**GROUPS AND CLUBS**

**BALLROOM DANCE LESSONS FOR JANUARY**

Increase your self-confidence and make that special person happy, relieve stress and just get out. Sign up for ballroom dancing lessons at the Senior Center.

Week 1	Waltz, Hustle and Merangue	Week 2	Foxtrot and ChaCha
Week 3	Rumba and Swing, Mambo/Salsa	Week 4	Tango and Samba

DATE: Tuesdays- 1:30pm til 2:30pm – January 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup>  
Thursdays – 6:30pm til 7:30pm – January 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, and 27<sup>th</sup>  
COST: \$20.00/per person or \$30.00 per couple for either the day or evening series.  
Make checks payable to the instructor: Andy Calori.

**RED HAT PEARL BELLES**

The Red Hats will not be meeting in January. Hope all of you have a great Christmas.

**PINOCHLE CLASS**

Pinochle players meet on Fridays at 12:30 pm. If you need a refresher before joining in the regular play, come at 10:30am for a practice session before lunch. This is a refresher course, not intended for beginners.

**WEDNESDAY NIGHT PINOCHLE**

Players meet at 6:00pm in the card room. All are welcome. Must have some skills as a card player. Just show up or call the center for more information.

**L.C.R.**

Join us to play a fun game of L.C.R. (Left, Center, Right). Beginners are encouraged to join in the fun. And it's easy too! The \$5.00 will allow you to play 12 games.

DATE: Thursday, January 27<sup>th</sup>

TIME: 12:30pm

COST: \$5.00

**MARTIN LUTHER KING LUNCHEON**

We are open....on Monday on January 17, 2011 and I am sure your hungry!!

The menu for the day is as follows:

- vegetable soup
- turkey sandwiches
- dessert

COST IS \$3.00, PRE-REGISTRATION REQUIRED

# JANUARY BIRTHDAYS

Barb	Edwards	1	Anna	Zadzora	10	Emily	Maher	20
Karl	Elbrecht	1	Elizabeth	Kuhel	11	Pauline	McLaughlin	20
Henry	Simmons	1	Sam	Kopacka	12	Richard	Taylor	20
Frances	Steffee	1	Leslie	Miller	12	Kathryn	Ludwick	21
Thomas	Adams	2	Patty	Watson	12	Donald	Sabolsky	21
Mildred	Hood	2	Delores M	McConnell	13	Sarah	Burd	23
Diane	Morony	2	Mary	Powell	13	Marge	Gole	23
Patricia A	Hoppert	3	Robert	Schulz	13	Virginia	Leonard	23
Eugene	Jakulis	3	Judy Ann	Kozitko	14	Sandie	Mahler	23
Dorothy	Sklenar	3	Margaret	Simpson	14	Dora	Petrich	23
Ted	Scott	4	Francine	Vitale	14	Marie	Wilson	23
Gladys	Spencer	4	Eleanor	Ambrose	15	Irene	Cudnik	24
Anthony	Vitolo	4	Lenora	Brown	15	Jane	Kadonick	24
David T.	Wayner	4	Janet	Cerri	15	Dorothy	Laurence	24
Mary Ann	Yeckley	4	Edith	Insana	15	Nance	Moyer	24
Iona	Fish	5	Patricia	Jones	15	Susan	Bencina	25
Helen	Jacobs	5	Robert	Pengal	15	Barbara	Chester	25
Janet	Kovach	5	Leslie	Collins	16	Marion	Hanna	26
Kurt	Schmeider	5	Robert	Kness	16	Eileen	Kovacevic	26
Lou	Adams	6	Diane	Less	17	Lynne	Sestak	26
Joyce	Crease	6	Ruth	Trennel	17	Louise	Tavoletti	26
Angela	Connavino	8	Russell	Insana	18	Anita	Matz	27
Patti	Hanley	8	Nickola (Nick)	Kovacevic	18	Barbara	Wright	27
Barbara	Strickland	9	Drusilla	Pasiadis	18	Jack	Mason	28
Lois	Wood	9	Helen	Rigotti	18	Julie	Millican	29
Helen	Bacon	10	Dolores	Dull	19	Gerry	Staab	29
Elaine	Delzoppo	10	George	Fischer	20	Ruth	Arbuckle	30
Gloria	Insana	10	Sue	Grochowski	20	Robert	Perkins	31
Nancy	Siefert	10				John	Simpson	31

**IF YOUR BIRTHDAY IS IN JANUARY 2011  
AND IS NOT ON THIS SHEET  
IT IS BECAUSE WE HAVE NO RECORD OF YOUR RENEWED  
MEMBERSHIP FOR 2010**

**WISHING YOU ALL  
A GREAT DAY**





**WANTED**

My name is Denise, I am a volunteer driver for Meals On Wheels, I would like to ask if anyone has any extra shower bars or chair that goes in the tub that you don't need any more. I wear foot orthosis ( braces on the ankles ). My feet suction to the floor, so it's hard for me get in and out of the tub, I am not old enough for Council On Aging to help me so I would be very grateful. Thank you, Call Denise at 440-946- 0818.

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**DO NOT FORGET**

Membership Dues for 2011 will be taken in the Lobby each day during the month of January, starting on the 3<sup>rd</sup>. At 8.30am. To 3.00pm and on Wednesdays at 5.00pm To 7.30pm.

**YOU WILL NEED TO BRING YOUR YELLOW MEMBERSHIP CARD WITH YOU plus any new information you may have, eg. ( phone number. Address, etc..).**

**ONLY NEW MEMBERSHIP WILL BE TAKEN IN OFFICE.**

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**WEDNESDAY NITES 6-00pm to 8-30pm**

December 22<sup>th</sup> Country Christmas Party Free  
December 29<sup>th</sup> Country New Year Party Free

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**LETS LAUGH**

Sunday School Teacher asks, "Now, Johnny, tell me do you say prayers before eating?" "No sir," Little Johnny replies, "I don't have to, my mom is a good cook!".

Teacher wrote on the blackboard: "I ain't had no fun in months." Then asked the class, "How should I correct this sentence?" Little Johnny raised his had and replied, "Get yourself a new boyfriend."

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T V D R U J P O T L I P N T E T G W T P O C N D  
Y M L T Z U O L L V A T R C I G A A O R F L U X  
W E H T P V R M E M V O I V I G I C N A E C O S  
V C H Q A E U Q L F N E V N C I S I L I P C M S  
H X H W I P N S G R C E E A E E D F W R I T E R  
A E L L L O E H I A R C D X R H E L C I H E V H  
C W N D W B J T G R L E E C I F F O E E E L D E  
D P G R W S S W R A Y A T A A A K W M D L G S I  
D F H E P O T A Q L T B G P P E G E L L O C R S  
P C I N S R R L P I C N I C R H Q R L M S M M S  
M A S F C E A L E S I C R E X E E S E I V O M O  
E N L T R A I E G K Y P T E D E C C U Z U D F E  
S A G E U S N T L X R H L T I U R F E N G E F V  
D S B I I I J A A N G W P E H J C D T S R E T S  
R L G S S A W L A U O M N S A A I A Z U E N P I  
O C I E E E A R A L A I Y E A S I E T H S E V O  
C K C Y M G D L L R Z A T S Y N A C A I S M R E  
O A O O I N H E G A D K C R S T A N G F O A H Q  
S F M M L I M O G I T M T O E F D O T D A N B E  
S Z M U B P R A L H E N E H U X P S H C C L R H  
E R E T U P M O C O U F F N N S E H C A E B C S  
C T R E S O H A N O I T A R T N E C N O C W P S  
Q O C A P H Y C C A R M F I G T Z E S D F L K R  
C G E G N S H U T T L E N S W M E E A G O R T C

Please find the following hidden words:

- sublime, flowers, wallet, picnic, holiday, laughter, pleasant, movies, education, college, train, countryside, mellow, fruit, walking, exercise, exertion, concentration, office, vehicle, beaches, mountains, horses, prairie, ocean, yacht, cruise, writer, magazine, program, computer, commerce, design, model, shopping, manufacture, galaxy, shuttle,

# J.F.K. CENTER IN PICTURES



A HAPPY NEW YEAR FROM FRANK

TOYS FOR KIDS WEDNESDAY NITE



SANTA VISITS THE EXERCISE PARTY



POP IN AND JOIN US OR CALL 440-975-4268