

J.F.K. SENIOR CENTER BULLETIN

1580 EAST 332 STREET

EASTLAKE, OHIO 44095

440 - 975 - 4268

Frank Doberdruk-Senior Coordinator

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Brochure on line at "www.eastlakeohio.com"

Hours: 8 am. - 4 pm.

SEPTEMBER 2009

The JFK Center offers many programs that meet on a weekly basis.
These activities are free and pre-registration is not required. (Unless noted below)

TAI CHI	WEDNESDAY	8:30 A.M.
WOODBURNING	TUESDAYS	9:00 A.M.
CRAFTY CROCHETERS	FIRST & THIRD THURS.	9:00 -11:00 A.M.
SENIOR SINGERS	MONDAY	10.00 A.M.
LCR DICE GAME	4 th THURSDAY	
PINOCHLE	FRIDAY	12:30 P.M.
(BEGINNERS AT 10:30 AM WITH LORRAINE LONGO)		
LINE DANCING	THURS.	1:00 P.M.
BINGO	MON, TUE, WED, FRI,	12:30AM—3:00 P.M \$.03 per CARD
CERAMICS	MON., TUES., WED, FRI.	\$12/12 WEEK SESSION
EXERCISE ROOM	OPEN MON. THRU FRI.	\$12. PER YEAR

A BODY IN MOTION

EXERCISE WITH STEPHANIE ALL FREE PROGRAMS

SIT DOWN EXERCISE MONDAYS 12:45 P.M. & THURSDAYS 9:15 A.M.

IMPACT AEROBICS MONDAYS 1:30 P.M. & THURSDAYS 10:00 A.M.

STRETCH & TONE TUESDAYS 9:15 A.M.

Stop in & try a class.

ALL THURSDAYS ARE MOVIE DAY!

Enjoy our new 50" DHTV. All movies begin at 12:30 pm.

September 3	Obsessed
September 10	Race to Witch Mountain
September 17	Duplicity
September 24	X-Men Wolverine

FREE! Popcorn included.

CLEANING THE CENTER

OUR VOLUNTEER CLEANING GROUP MEETS IN THE LUNCH ROOM AFTER LUNCH
Wednesday, September 2 and 16

BOARD AND OPEN MEETINGS

Our Board meeting will be held at 9:30 a.m. on Tuesday, September 15 with the Open Meeting at 11:00 a.m.

ATTENTION

You must be a current member to sign up for Center trips. You will be asked to show your card when you sign up.

When signing up for trips, please be considerate and don't register (or cancel if you already have) for lunch at the Nutrition Site.

CENTER POLICY:

ANYONE WHO SUBMITS A CHECK FOR DEPOSIT MUST HAVE THE MONEY IN THE BANK
TO COVER THAT CHECK. NO EXCEPTIONS.

LABOR DAY CLOSING

Both the Center and the Lunch Site will be closed on Monday, September 7 while we all celebrate Labor Day.

CASINO TRIPS

When signing up for casino trips, it is very important that you provide your player card number if you have one. This is needed by the motor coach company so they can provide the manifest requested by the casinos. Another piece of information that is needed is your birth date. We're not being nosy; this is currently required by the casinos. If you do not provide this information when you sign up, it means extra work and phone calls by our trip volunteers and you may not get your trip incentives.

MOUNTAINEER CASINO

This trip will leave at 8:00 am. on Thursday, September 17 and return at 8:30 pm. Cost is \$26 with a casino bonus of \$15 in coin (subject to casino policy and may change or cancel without notice). All passengers must have a driver's license or State ID with them. See flyer for details. This trip is half filled at this time; but it will have to be canceled if additional sign-ups are not received.

PRESQUE ISLE DOWNS & CASINO

Join us on Friday, October 23 for our trip to Presque Isle Downs & Casino in Erie, PA. Cost is \$23 with a casino bonus of \$20 slot play and \$5 food (subject to casino policy and may change or cancel without notice). We will be leaving at 8:00 am. and returning at 6:00 pm. All passengers must have a driver's license or State ID with them. See flyer for details.

WHEELING CASINO AND OGELBAY

Mark your calendar for Wednesday, November 18 for this fun trip, which includes casino gambling, live racing program and the famed Oglebay Festival of Lights. Cost will be \$31.00. There will be a Casino bonus of \$10 in coin and \$5 food coupon (subject to Casino policy and may change or cancel without notice). See flyer for details. We will be leaving the Kmart parking lot at 7:30 a.m. and return at 11:15 p.m.



VACATION TRIPS

CANADIAN ROCKIES LECTURE

Join us in the TV Room as T.B.I. Presents a slide show of the beautiful Canadian Rockies. This is a proposed trip for 2010 that was a great success in 1999.

DATE: Tuesday, September 15 TIME: 10:30 a.m.

A NOTE ON MOTOR COACH TRIPS

If you are interested in any announced trip, please let Doris know as early as possible, even if you can't make a deposit at the time. If we know there is interest, we can hold off canceling trips. If you need to cancel a motor coach trip, call Doris at home at 951-9210 or cell phone 478-1802.

AUTUMN BEAUTY OF THE FINGER LAKES

Come join us for two spectacular days and nights in Central New York's Finger Lake region. Tour includes deluxe motor coach transportation, two nights lodging, two breakfasts, two dinners, admission to a wide range of attractions, local guide, Group tours director, all taxes, gratuities and handling. Cost per person is \$515 for double, \$485 for triple and \$695 for single. See flyer for details.

DATES: October 13-15

BRANSON SHOW EXTRAVAGANZA

For one low price of \$619 (double occupancy) enjoy deluxe motor coach transportation, 6 nights lodging, 6 breakfasts, 4 dinners, and admission to 7 Fabulous Branson Shows. See flyer for details.

DATES: November 29-December 5

STEVE HALL & SHOTGUN RED AT THE YANKEE LAKE BALLROOM

A regular on Nashville Now! Shotgun Red has been entertaining country music fans for more than 20 years. Join us in the historic Yankee Lake Ballroom as Red emcees the band. Come for the laughs, music and stay for the included dinner.

DATE: Wednesday, September 23

TIME: 9:30 am. - 5:00 pm.

COST: \$50

CHRISTMAS WITH CAHAL DUNNE

Join us for a magical Holiday performance in the historical Yankee Lake Ballroom, located near Youngstown. Spend the day with Cahal Dunne, Ireland's "Happy Man." Cahal is a composer, storyteller and pianist. He will be sure to fill your soul with music, laughter and the Christmas spirit. Lunch is included.

DATE: Tuesday, November 17

TIME:

COST: \$50.00 (Includes meal, show, and transportation)

DAY TRIPS AND OUTINGS

LUNCH BUNCH

This month the Lunch Bunch will be going to the Terrace Club at Progressive Park. "It's a buffet."

DATE: Friday, September 18

TIME: 11:00 am.-2:00 pm.

Cost: \$14.00

HARTVILLE FLEA MARKET

DATES: Monday, September 14

Thursday, September 24

TIME: 8:15 a.m. - 3:30 p.m.

COST: \$2.00

HIKE

Penitentiary Glen is located in the rolling hills of Kirtland and hosts a beautiful Nature Center. We will hike about 1-1/2 miles. Then we will enjoy a lunch of pizza and a cold beverage. Dessert will be extra, at an ice cream store.

DATE: Tuesday, September 29

TIME: 10:00 am. - 2:00 pm.

COST: \$4.00

Wii BOWLING COMPETITION

You can represent our Center in the Lake County Wii Bowling Competition, which will be held in Mentor. We need 2 teams with 2 members on each team.

DATE: Thursday, September 3

TIME: 10:00 am. - 2:00 pm.

COST: FREE, lunch is extra @ Mentor Senior Center

PARKER PLACE

Tour the newest senior living facility in Lake County, located on Rt. 615 south of Rt. 84. A free lunch is included.

DATE: Tuesday, September 22

TIME: 11:45 a.m. - 2:00 p.m.

COST: FREE

FAIR TIME

We will be traveling to the Great Geauga County Fair and it's free for Seniors.

DATE: Friday, September 4

TIME: 9:30 am to 3:30 pm.

COST: \$2.00

STATION DINNER THEATRE

Neil Simon's "Fools" will be featured. Leon Tolchinsky is ecstatic! He got a teaching job in an idyllic Russian town. There's just one catch... the town is filled with chronically stupid people. To add to his dilemma, he has fallen in love with beautiful Sophia and has just 24 hours to overcome a curse. Show and a great lunch are included.

DATE: Tuesday, October 27

TIME: 10:00 am - 4:00 pm

COST: \$34

2009 CHRISTMAS SPECTACULAR

This heartwarming, fast paced musical celebration of Christmas features The Swing City Orchestra. You will enjoy dazzling production numbers, superb musical arrangements, beautiful costumes and more. An appearance by Santa Claus adds to the festivity. And add in a great Croatian Lodge meal.

DATE: Wednesday, December 9

Time: 11:00 am. - 1:30p.m.

Cost: \$45.00 (includes lunch, show, tax, gratuity and transportation)

PARTIES AND COOKOUTS

WEDNESDAY NIGHTS AT THE CENTER

Don't forget that the Center will be open on Wednesdays until 8:30 pm. Live country and blue grass music will be performed by an array of special guests (about 10-15 members) each and every Wednesday. All are welcome, so bring your friends, music starts at 6:30pm. We have a concession stand with coffee, donuts, pizza and other items available for purchase.

WEDNESDAY NIGHT PINOCHLE

Players meet at 5:30pm in the card room. All are welcome must have some skills as a card player.. Just show up or call the center for more information.

LAKE METROPARK SENIOR DAY

Join us for a busy, fun-filled day including free health screening for cholesterol, glucose and blood pressure, free chair massages, the Showbiz Kidz, fishing, canoeing, ice cream, Farm Park demos---even a free lunch in the picnic shelter (at 11:15 a.m.).

DATE: Thursday, September 10

TIME: 8:30 am. - 1:00 pm.

COST: \$2.00 (for transportation)

ICE CREAM SOCIAL

Sundaes filled with ice cream and toppings, sponsored by Continuum Home Care of Ashtabula!

DATE: Tuesday, September 8

TIME: 12:30 p.m.

COST: FREE, but pre-registration is required

SENIOR LEVY FUND RAISER

There will be a "Grandparents Day Pancake Breakfast" sponsored by Perkins Restaurant at the Fairport Harbor Senior Center on Sunday, September 13 from 8:00 a.m. to noon. There will be a Chinese Auction drawing at 11:30 a.m. Pre-sale ticket price is \$5.00. Our J.F.K. Bus will be leaving at 9:30 a.m. and will be FREE. You must pre-register for the bus.

GROUPS AND CLUBS

RED HAT PEARL BELLES

Tuesday, September 15, the Red Hats are planning their monthly gathering. We will be going to the Putt Putt behind Dairy Queen at 7695 Lake Shore Boulevard in Mentor (weather permitting) or if heavy rain, we will stay at the Center. Sign up to car pool from J.F.K.

Also see the bulletin board for information on the Red Hat Pajama Party (\$18.00) at Kirtlander Party Center, Friday, October 2. Money must be in by September 10th to Pat or Millie. Sign up in our meeting room for reservations. See flyer for additional details.

Any questions, call Queen Pat at (440) 527-8019 or (216) 408-3464.

PINOCHLE CLASS

Pinochle players meet on Fridays at 12:30 pm. If you need a refresher before joining in the regular play, come at 10:30 am. for a practice session before lunch. This is a refresher course, not intended for beginners.

PING PONG ROOM

Hey!! We have a ping pong table set up in a room on the other side of the building. It's open to any of you. We have several people playing a couple of times a week. Just ask!

GARDEN CLUB

Our next meeting will be Monday, September 14th at 9:30 am. Everyone is invited to join the fun. Please come and help for an hour or whatever time you can spare. As always, we will have good snacks and great company. Try it out!!!

SEPTEMBER BIRTHDAY PARTY

Attention September birthday people we are having a party and your invited.

Date: Sept 25 Time: 12:30 Free!!!!

RSVP in office to register.

COMPUTER CLASSES

Computer Terminology

Come learn what makes up a computer. We'll discuss things like what is a flash drive, what parts of the computer is hardware vs. software, what's an operating system, what makes the whole thing run. Learn about the different parts of your computer.

DATES: Monday, September 14

TIME: 9:30-11:30 am. Cost: free!

Basic Computers with Windows XP 1 & 2

No previous computer knowledge is required. Basic computers will provide hands on experience. The first class will explain how to turn a computer on and off, the basic functions of the mouse and keyboard, how to use windows, search menus and more. The second class will provide time for review and progress to understanding scroll bars, using drop down menus and other ways to interact with your computer.

DATES: Monday, September 21 and 28

TIME: 9:30 - 11:30 a.m. cost:\$39.

L.C.R.

Summer's over and it's time to play L.C.R. (Left, Center, Right). Beginners are encouraged to join in the fun. And it's easy too!

DATES: Thursday, September 24

TIME: 12:30 p.m. Cost \$5.

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**J.F.K. SENIOR CENTER
PRESENTS**



A WINE TASTING EVENING

FRIDAY SEPTEMBER 25th

AT 6.30 pm to 11.00pm

HOSTED BY CHALET DEBONNE WINERY

COST WITH BE ONLY \$ 5.00

FOR A FULL EVENING OF FUN

BREAD AND CHEESE WILL BE SERVED TO COMPLIMENT THE WINE

IMMEDIATELY AFER THE TASTING YOU WILL BE ABLE TO

PURCHASE BOTTLES OF WINE

ENTERTAINMENT WILL BE PROVIDED

BY THE VERY SAME

AWARD WINNING COUNTRY PARADE BAND



J.F.K. CENTER IN PICTURES

JFK JOINS THE EASTLAKE PARADE



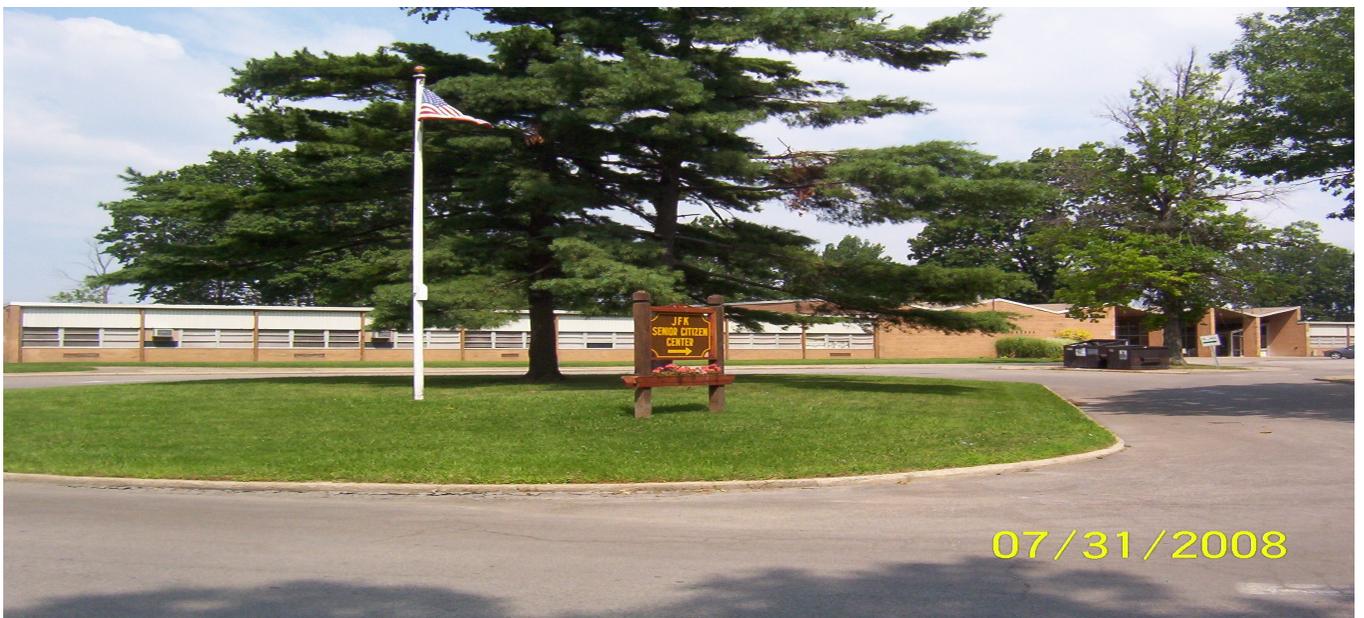
SETTING UP THE FLOAT

ON THE PARADE ROUTE



OUR COUNTRY PLAYERS

OUR BEST CIVIC FLOAT TROPHY



07/31/2008

POP IN AND JOIN US OR CALL 440-975-4268