

BASIC DRAWING & WATER COLORS CLASS

New! Work at your skill level. All levels of skill welcome. See the Display Board for more information.

Session I: Nov. 6, 13, 20

Session II: Dec. 4, 11, 18

Time: 10:00 – 11:20 a.m.

Cost: \$8.00 per session

“MAKE A DIFFERENCE DAY”

This day is sponsored by North High School as a volunteer service for our seniors. The student volunteers will perform yard work, household chores, and more, **FOR FREE.**

Register at the Office.

Date: Saturday, November 8

SENIOR HEALTH AND WELLNESS

FRIENDLY VISITORS

We have approximately twenty trained volunteers who as a group, visit people in nursing homes. This is a very rewarding and fun-filled program. We are looking for more volunteers for a few hours a month. Call or stop in the office for more information.

Visit Days: Wednesday, November 12 and 26 Time: 9:00 a.m.

FOOT DOCTOR

Dr. Coppers will be in the T.V. room

\$10.00 DONATION IS PAID AT APPOINTMENT.

Date: Wednesday, November 19 Time : 8:00 to 4:00 p.m.

CLEVELAND SIGHT CENTER

This is a support group meeting for those with visual problems.

Date: Monday, November 10 Time: 10:30 a.m. Cost: FREE

BLOOD PRESSURE

A volunteer nurse is here every **Thursday from 9:00-11:00 a.m.** to take blood pressure readings.

“OSHIP” (OHIO SENIOR’S HEALTH INSURANCE INFORMATION PROGRAM)

A trained counselor will be here at the Center , he will help explain your health care (hospital and doctor) bills. He will also make the necessary calls to help you get answers.

Dates Thursday, November 6 and 20 Times: 10:00 -11:30 No appointment necessary.

LUNCH & LEARN

Join us at Tizzano's Party Center for lunch. Then hear Dr. Ray discuss “shingles,” the symptoms, methods of treatment, and after effects of the disease.

Date: Friday, November 7 Time : 11:00 a.m – 2:20 p.m. Cost: \$2.00 for transportation

FLU SHOT CLINIC AT J.F.K.

Date Wednesday, November 5.

Time: 1:00 – 3:30 p.m.

Cost: Bring Medicare card or \$20.00

Sign up with June Taylor in Nutrition at 440-946-8822.

YOGA CLASS

Beginners yoga will be held on Mondays beginning November 3rd. This class is specifically designed for seniors. The class will be held in the Card Room. Register now, don't delay! We must have at least 10 students in order to conduct the class.

Dates: Monday, November 3,10,17,24 Time: 2:30-3:00 p.m. Cost: \$20.00 for the series of classes



INFORMATION LECTURES

ESTATE PLANNING/AVOIDING PROBATE

This program is sponsored by New York Life.

Date: Wednesday, November 12 Time: 12:15 p.m. Cost: Free

MEDICAL LECTURE

“Understanding Your Medications” is Tom Strong's next lecture. Are you concerned about the safety issues with the drugs you are taking? Explanations will be given on why drugs are so expensive, side effects of drugs, and are generic meds as good as the name brands.

Date: Thursday, November 13 Time:1:00 p.m. Location: TV Room Cost: FREE
Sponsored by Grande Point of Richmond Heights.



CASINO TRIPS

CASINO TRIP NOTES

When signing up for casino trips, it is very important that you provide your player card number if you have one. This is needed by the motorcoach company so they can provide the manifest requested by the casinos. Another piece of information that is needed is your birth date. We're not being nosy; this is currently required by the casinos. If you do not provide this information when you sign up, it means extra work and phone calls by our trip volunteers and you may not get your trip incentives.

WHEELING ISLAND CASINO AND FESTIVAL OF LIGHTS

Join us for a busy day of gambling, eating and more,. Cost includes a casino bonus of \$10 coin and subject to casino policy that may change or cancel without notice. Included in this wonderful trip is the Festival of Lights tour with a step on guide at Oglebay Park of Lights. See flyer for additional information

Date: Thursday, November 20, Bus leaving at 8:15 a.m. and returning at 10:45 p.m. Cost is \$30.



VACATION TRIPS

THE BEST OF ALASKA AND THE YUKON

Ten nights land tour plus 4 nights on the Holland America’s “The Zuiderdam” and post-cruise night in Vancouver. Explore Alaska by ship, comfortable McKinley Explorer railcars, historic narrow gauge railroad, and luxurious motor coach. Highlights include: extra day in Denali, 102 mile cruise on the Yukon Queen on the Yukon River, Dawson City, Glacier Bay with on-board Park Ranger, and more.

Dates are June 25 – July 9, 2009.



SPECIAL EVENTS

BAKERS NEEDED

We will be having a bake sale on **Tuesday, November 4**. The sale will start at 6:30 a.m. when the polls open and voters begin arriving. The sale will benefit Hospice and the JFK Center. We will need lots of “goodies” to make this sale a success!! Please do whatever you can to help. Many of you have special items which sell well. We will also need help to price, set-up, sell, etc. Goodies can be brought in beginning **Monday, November 3**. Thanks in advance to bakers, helpers, and buyers!! JFK people always come through.

COMMUNITY SHRED DAY

For Eastlake residents only: Bring as much as 5 small storage boxes or 2 garbage bags of documents to be destroyed. Take them to Eastlake City Hall.

Date: Saturday, November 15
Time: 9:00 a.m. - 12 noon
FREE

COME SUPPORT THE COMFORT ELVES

The Comfort Elves will have a table with many home made crafts at the Holiday Craft Fair at St. Mary Magdalene on Vine Street.

Date: Saturday, November 29 Time: 9:00 a.m. to 4:00 p.m.

DAY TRIPS AND OUTINGS

BROWN BAG CONCERT

Join us as we travel into Cleveland for an "Organ Recital" at the Trinity Cathedral. Music will include pieces by Buxtehude, Bach, Mozart, and improvisations. Box lunch will be provided.

Date: Wednesday, November 12 Time: 11:00 a.m. – 2:00 p.m. Cost : \$3.25

LUNCH BUNCH

Travel with us to Madison's wine country to Grand River Cellar's Winery for a spaghetti and meatballs lunch and a free wine tasting.

Date: Thursday, November 13 Time: 11:00 a.m – 2:00 p.m.

Cost: \$10.00 (includes food and transportation)

CHRISTMAS STOCKING STUFFER AMISH TRIP

Travel with us into Amish country for a brown bag day of collecting goodies. We will be stopping at the following locations:

*Red Maple Inn Play Christmas trivia for gifts and receive a Christmas decoration for your stocking

*Buckeye Chocolate Factory A box of chocolates for your stocking

*Mary Yoder's Amish Bakery Christmas cookies for you stocking

*Emma's home for Christmas dinner of baked turkey, stuffing, real mashed potatoes and gravy, vegetable, salad, fresh bread and Amish pies

*Settler's Village Visit the shops and receive homemade Amish Christmas cards

Date: Friday, November 21 Time: 9:00 a.m. – 5:30p.m. Cost: \$38.00

SHOWTIME AT HIGH NOON

Enjoy a noontime program called "fusion jazz," presented at Playhouse Square (Ohio Theatre) by Tri-C's Performing Arts Division.

Date: Friday, November 14 Time: 11:00 a.m. Cost: \$2.00

OZARK JUBILEE PRESENTS: A BRANSON COUNTRY CHRISTMAS

Travel to Yankee Lake to the Yankee Lake Ballroom to see Branson's Funniest Comedian and world class fiddler. Cost includes the meal, show and transportation.

Date: Wednesday, November 19, Time: 10:am-3:30pm Cost: \$45.00

HARTSVILLE FLEA MARKET

Back by popular demand. Join us for a day of shopping and dining in a country style.

Date: Thursday, November 20 Time: 8:15 a.m.-3:30 p.m. Cost : \$2.00

HIKE

This month we are traveling into Geauga County to Middlefield Swine Creek Park. We will be lunching at Linda's (Amish style restaurant) on you.

Date: Tuesday, November 18 Time: 10:00 a.m.-2:00 p.m. Cost: \$2.00

PARTIES AND COOKOUTS

EASTLAKE AND WILLOWICK UNITED FOR A HALLOWEEN PARTY FUNDRAISER

"Live United" is United Way's theme for the '08 campaign. So Eastlake and Willowick have united to host a Halloween fund raiser. Lunch is first on the agenda and includes homemade chili (not too spicy), corn bread and taffy apple pie for dessert, to be washed down with apple cider. Then let the party begin with Rob Shuss playing "Music of Now and Then." During the party, you can ride the Euclid Beach "Thriller" car for \$1.00. Join the fun and participate in the costume parade with cash prizes (scariest, funniest, cutest, most original and best overall). There will be a 50/50 raffle with three winners. All profits will be donated to United Way..

Date: Friday, October 31th Time: 12 noon Cost: \$5.00

CHRISTMAS DINNER PARTY

Enjoy the holidays and join us for the annual Christmas dinner at the Patrician Party Center. The dinner will be served family style and includes: roast beef, chicken marsala, breaded pork chops, O'Grady potatoes, mixed vegetables, tossed salad, rolls and butter, coffee or tea, and dessert. Doors open at 12 noon; meal served at 12:30 p.m. Music will be provided by the Ron Stark Orchestra.

Date: Sunday, December 14th Time: 12:00 noon Cost: \$19.00

BREAKFAST FOR LUNCH

The Nutrition Site will be closed on Veteran's Day. Therefore, we will provide "Breakfast 4 Lunch." The meal will include 3 pancakes, 3 sausages and fruit for three bucks. Eat inside or outside.

Date: Tuesday, November 11 Time: 11:30 a.m. Cost:\$3.00

NEW YEAR'S EVE PARTY

Celebrate 2009 with us! Join the party at our Center. It will be a night of dinner, dancing and fun. Dinner will be catered by G G White (they catered the clam bake). Menu includes chicken marsala and roast pork, potatoes, vegetables, tossed salad, rolls and butter, and dessert, all served on china. Entertainment will be provided by the Ron Stark Orchestra. So get a group together for a table and be part of the fun. Party hats/favors and a champagne toast at midnights are included.

**Date: Wednesday, December 31
Time: Doors open 7:00 p.m Dinner served at 7:30 p.m.
Cost: \$25.00 per person**

THANKSGIVING GATHERING

This is a first time event for us, so give it a try! Sometimes you're up and sometimes you're down. But we all have something to be thankful for...friends, family, a pet, warm hat and gloves on a cold day. So at this event, you will be asked to reflect and answer the question: What are you thankful for? After we've had a chance to respond the this question, then let the party begin. It will be a Thanksgiving Party with music and pumpkin pie and special guest, Tom Lanigan.

**Date: Tuesday, November 25
Time: 12:30 – 2:00 p.m.
Cost: \$2.00**



GROUPS AND CLUBS

RED HAT PEARL BELLES

We will be having a "High Tea." Please dress for the occasion in "Red Hat Attire," with fancy hats and clothes for pictures. Also, please bring cookies or small tea cakes. Tea sandwiches will be provided by the club.

**Date: Monday, November 17 Time:12:30 p.m.
Any questions call Queen Pat @216-408-3464 or 216-261-6778**

COLLINWOOD GROUP

The next meeting of our group will be on **Monday, November, 10 at 12:30 p.m.** We are trying a new day, hoping more members will find this a convenient day and time. Our members are not showing up for the meetings; and this is one last effort to continue getting together. If we still don't have a good attendance, we will have to discontinue the meetings altogether.

PINOCHLE CLASS

Pinochle players meet on Fridays at 12:30 p.m. If you need a refresher before joining in the regular play, come at 10:30 a.m. for a practice session before lunch. This is a refresher course, not intended for beginners.

SENIOR SINGERS

The Senior Singers need music to help our group sing better. A volunteer who can play an instrument for one hour a week on **Monday mornings from 10:00-11:00 a.m.** is needed. Please see Marylou Hillyer or Sylvia Mocariski for more details. Please join us! We want to make our Center proud of us!

PING PONG ROOM

Hey!! We have a ping pong table set up in a room on the other side of the building. It's open to any of you. We have several people playing a couple of times a week. Just ask!

J.F.K. CENTER IN PICTURES



GOOD FRIENDS MUSIC, GAMES, AND DANCING INTO THE NIGHT



ALL PART OF A GREAT CLAMBAKE IN THE PAVILION



pop in and join us or call 975 = 4268